



The Episcopal Church of Saint Mary - Falmouth, Maine



## From the Rector: *The Letter of James: Faith In Action*

Throughout the Autumn season – beginning on Welcome Home Sunday on September 13 and continuing until Advent, I will offer a sermon teaching series on the Letter of James. If you don't know James, it is found in the section of the New Testament called the "General (or Catholic) Epistles". It is usually placed right after Hebrews and before 1 Peter. It is only 5 chapters long, but what an amazing depth of spiritual insight and guidance is found in this little letter!

In case you miss any of these teaching sermons, they will all be found afterward on our website: [www.smary.org](http://www.smary.org). And if you want to plan ahead and prep yourself each week, here is the outline of readings (approved in advance by Bishop Lane as a variance from the Revised Common Lectionary, while the Psalms and Gospel readings will remain the same):

9/13 WELCOME HOME SUNDAY: James 1:1-16

9/20: James 1:17-27

9/27: James 2:1-13

10/3: SATURDAY – Day of Service / SUNDAY – 5 PM Baptism & Eucharist

10/11: James 2:14-26

10/18: James 3:1-12

10/25: James 3:13-4:8

11/1: ALL SAINTS' DAY

11/8: James 4:8-17

11/15: James 5:1-12

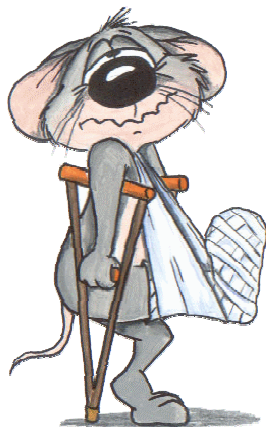
11/22: James 5:13-20

Come and learn more about our Sacred Scriptures, how James has inspired people for thousands of years, why some thought that it ought not to be included in the Bible, and what God is saying to us right now through this ancient epistle. I look forward to learning together with all of you!

*Nathan W. Ferrell +*

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## HOSPITAL VISITATIONS & PATIENT CONFIDENTIALITY

Policies about patient confidentiality continue to change and become more restrictive. Maine Medical Center (MMC) will no longer keep or share generalized information on a patient's religion. If someone registers as "Episcopalian", this information will no longer be communicated to anyone else. They will only share information with a minister from our parish if a patient specifically registers as a member of "The Episcopal Church of Saint Mary in Falmouth" or "Saint Mary's, Falmouth". If you or a member of your family need to be admitted into a hospital for care, please register specifically as a member of our parish community so that we can support you with care, love and sacramental support.

## From the Deacon's Corner:

Dear Friends,

Summer goes by much too quickly! With our children back in school, and our wonderful Guiding Ray program beginning again, it's the perfect time to think about our own continuing education and growth as life-long learners. I want to tell you about two opportunities that I will be offering beginning in September.

On **Wednesday, September 23 from 6:30 PM to 8:00 PM**, there will be a discussion group using **"Prayer" by Richard Foster**. The book is a classic on every kind of prayer from adoration to contemplation. Whether you are an experienced pray-er or someone exploring the idea of prayer there will be much to explore together. We may even try our hand at writing our own prayers. The group will continue for six weeks.

Also, on **Tuesday, September 22, at 10:30 AM**, the Wisdom Seekers group invites one and all to join them for a six week study of **Bishop Steven Charleston's book "The Four Vision Quests of Jesus"**. This book offers us a new perspective on four of the key events of Jesus' ministry through the lens of native American spirituality.

There will be sign-up sheets available in the parish house. Please sign up right away so that I will know how many books to order and can have them on hand before the first meeting of each group. I am looking forward to sharing these two books with you.

Faithfully,

Deacon Christine



Another Autumn Study Group ~ also to start on September 23rd led by Nathan **Laudato Si': On Care for Our Common Home** by Pope Francis. Led by Fr. Nathan (time and place TBD). This is the Pope's new encyclical (teaching document) which will become a classic. In it, he calls on every human being to join together in a "global ecological conversion".



# Ready, Set...and **Not Going Yet!**

Thought about your final arrangements?  
Care to custom design your funeral?

This event offers you a **quick, fun** forum for selecting  
your preferences regarding final arrangements.

**Spare your family the angst of reading your mind!**

**Spend less than an hour, save money, and cross this off your life list!**

## Sunday, September 20<sup>th</sup>

**9 am to 12:30 pm after (and during for community friends) church services**

## Vestry Highlights from the August meeting

Your vestry held their August meeting on Monday the 6th. Good fellowship and a cooperative spirit were present as they have been all year. Attendance was very strong.

All is going well, participation in our services, our various committees, guilds, activities and programs is strong and our finances are OK (though a little behind) as we head into the busy fall season ... thank you.

Vestry discussion highlights included:

\* Guiding RAY (youth programs) ... The Vestry recognizes this very important initiative to be a "shinning star" for Saint Mary's and the community at large. We are blessed to have such fine leadership and participation. The many interactive aspects of our curriculum called "Godly Play" will continue to strengthen our program.

\* Finances ... Our financial situation is currently strong, and it will be important for pledges to continue to come in thru the fall ... thank you in advance. As planned, we conducted our 6-month review of our calendar year operational budget, and although pledges are a little behind, we are in pretty good shape and have not had to dip into savings as we have the last few years. Minor downward adjustments to expenses are under discussion.

\* Lower level repairs ... Repairs to the lower level of the Parish House are completed short of a hallway adjustment; occupancy will resume in early September and periodic air quality testing will continue into the fall.

\* Oil vs. Propane ... We continue to explore the pros and cons of converting some or all of our facilities from our aging oil furnaces to propane. More on this in the early fall.

\* Rectory second story windows ... we are moving forward to replace 8 second-story bedroom windows with 4 modern double width windows that will preserve the cherished character of the building.

\* Vestry openings for 2016 ... Our Vestry nomination committee is hard at work and recruiting is underway for the 4 vestry seats with expiring terms ... more information will be forthcoming elsewhere in this AVE and weekly in church and eNEWS.

Father Nathan led us in our continued discussion of the rich history of the Episcopal Church and our year-long discussion of "Renewing The Episcopal Identity". Themes included: "change", "relevance", "growth" and "getting out and meeting people in Gods community". More on this exploration in future AVE's.

Please read through our AVE for the specifics on our many activities and initiatives that are made possible by the dedicated work of so many ... truly "many hands make for lighter work".

Janet and I want to thank all of the vestry and our parish family for your continued support and to thank Father Nathan for his inspiration and leadership. We look forward to summer and all of our planned and unplanned Fall activities. The first half of 2015 closed with the joyful celebration of our 125th anniversary and a very fun Lobster Bake reinforcing our Mission to CELEBRATE, HONOR and SERVE. We are humbled to be your wardens and appreciate the trust you have granted us!

Jim Kane and Janet Bowne



Janet Bowne, Jr. Warden and Jim Kane, Sr. Warden

## Mental Hygiene Prayer *from John Ortberg*

Here is a simple alphabet prayer tool that has helped other disciples to draw near to God when troubling circumstances arise in their lives. It is a 5-step process of spiritual re-centering.

**Antecedent** – notice the circumstance that is troubling you or is causing your emotional response, notice it and name it to God (i.e., negative criticism from others)

**Beliefs** – write down or verbalize all the troubling beliefs that this triggers (i.e., they don't like me, people think I'm not competent)

**Consequences of these beliefs** – ask the Holy Spirit to help you face the root concerns behind these beliefs (i.e., am I good enough or smart enough for this work, perhaps I am in over my head, I am afraid to fail and let people down)

**Dispute these beliefs** – name the unchangeable truths of God that you can stand firm upon, the realities that truly matter (i.e., I am a unique treasure of God, nothing can separate me from the love of God in Christ, my value is determined by who I am and not what I do)

**Energized outcome** – thank God for the hope and encouragement that you find in focusing more upon God's faithful goodness and less upon your anxieties and insecurities (i.e., God's goodness and love surround me in this present moment and every moment, I am never alone)



## *Outreach Ministry - Saint Mary's Parish Mission: Haiti*

### Who

Nearly 20 volunteers of all backgrounds and ages, from Saint Mary's Parish and the Bar Harbor Congregational Church, UCC (Bar Harbor, Maine) will travel to work alongside students, teachers, and administrators at Institution Unvers, a K-13 school in Ouanaminthe [pronounced Wanna-mint], Haiti. Trip co-leaders Marti Torbeck and Becky Pride have worked closely for many years with COCINA, a U.S. Board supporting the Haitian-founded non-profit organization that was started in the mid nineties.

The organization was the vision of Hugues Bastien, a native of Ouanaminthe who felt God's call to improve education in Haiti. His goal was to enable his students to go on to higher education and return to Ouanaminthe prepared to become leaders in their community, improve the economy, and make better lives for themselves, their families and their fellow Haitians.



### What

The main emphasis of this Mission trip is instruction in ESL [English as a Second Language] and TOEFL [Test of English for Foreign Language] prep classes. TOEFL is the standard admission test for non-native English speakers; its corollary in the US is the SAT and ACT, and a good TOEFL score allows students to be sponsored for higher education in the US.

Team members will also help with medical needs and possibly building repair/painting. When not doing these, we'll be involved in cultural immersion activities such as attending church, visiting the local market, learning the culture, visiting historical sites, and getting to know our Haitian hosts.

Though our primarily work will be at Institution Unvers, our deeper aims are to build relationships with the people of Ouanaminthe and to learn about the work of Institution Unvers and its many entities [a medical clinic, bakery, poultry farm, etc.]. We'll teach, learn, make new friends, and bring our stories back to Maine!



# Outreach Ministry - Serving Near and Far

**When**  
**February 27 - March 6, 2016**

## Where

Ouanaminthe is in northeast Haiti, almost 100 miles from Port-au-Prince. It's a border town located across the Massacre River from Dajabon, Dominican Republic. Its population of 100,000 people is spread out over a large area, so it feels like a much smaller town. We'll fly into Cap Haitien, the second largest city in Haiti, and travel an hour to reach Ouanaminthe. The team will be staying in a mission house built on school grounds.



**Want to see and support  
the work of the Chris-  
tian school Institution  
Unvers in person?**

There will be a brief meeting  
of all those potentially in-  
terested in the Haiti trip be-  
tween the liturgies on  
**Sunday, September 13 at  
9:15 AM** in the Auditorium.

Kelly Ianno and Becky Pride  
will be there to answer any  
questions you may have. Folks  
will need to decide if they  
plan to go on the trip by No-  
vember 1.

FMI: contact Kelly  
(mianno@maine.rr.com)  
or Becky  
(rebeccapride1@gmail.com).



## You Can Help

Your prayers and financial support of  
Mission: Haiti 2016 are greatly appreciated.

Please make checks payable to:  
**Bar Harbor Congregational Church /  
Haiti Mission Trip**





## *Let the Nominations begin!!*

The Nominating Committee is ready to convene to do its important work for Saint Mary's. It is our charge, with your help, to fill several key Vestry positions as well as select representatives to attend the 2016 Diocesan Convention.

This year the Nominating Committee is requested to recruit parishioners to fill the following 2016 positions: four (4) three year-terms on the Vestry; and four (4) delegates and three alternates to the 2016 Diocesan Convention. For the Nominating Committee to be successful in its task, we need your input with nominations of eligible parishioners who you believe to be best suited for these key parish leadership positions. If you are interested, please nominate yourself!

Nominations will be accepted through September 27, 2015. Ballots and a ballot box will be placed in the Guild Room and the Narthex of the church for your use. The qualifications for these vestry or delegate positions include: 15 years of age or older and a communicant in good standing, which means regular attendance and financial support. The Nominating Committee is responsible for ensuring that candidates meet those qualifications.

Serving on the Vestry is fulfilling, challenging and rewarding. It is a significant opportunity to serve and be stewards of our parish family. We need your input with nominations of wonderful candidates for the Vestry. If you have any questions, please feel free to contact any member of the Nominating Committee whose names are listed below. Thank you in advance for your assistance.

Warmest regards,

Anne LaFond, Mary Ann McLean, Jim Stoddard, and Shelly Maher



## **SAVE THE DATE FOR THE FREE COMMUNITY SUPPER IN SUPPORT OF THE FALMOUTH FOOD PANTRY**

**Thursday, October 15, 2015**, is the date of the seventh annual Harvest Community Supper, which has become popular as a community get-together and a way to support the Falmouth Food Pantry. The roast turkey supper is hosted by Falmouth's churches and the Falmouth Jewish community and will be held at the Falmouth Congregational Church, 267 Falmouth Road, from 4:30 p.m. to 7:00 p.m.

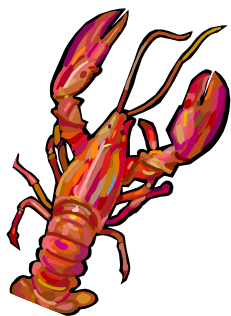
The purpose of the supper is both to bring Falmouth residents together to break bread as a community and also to ask for free-will donations to support the Falmouth Food Pantry, given the great need of many of our neighbors for the Food Pantry's help.

Please volunteer with your time, talent, or treasure! We will have sign-up sheets in the church, or you may contact John Brooks [brooksik@maine.rr.com](mailto:brooksik@maine.rr.com). Thanks for your willingness to help those in need.

## **PLEASE Plan on attending the Annual Welcome Home Sunday - September 13th,**

**With Picnic (Hospitality provides burgers & dogs)  
bounce house and frolicking following the 10am service.  
Bring a salad, side dish or dessert to share**





# Saint Mary's 11<sup>th</sup> Annual Lobster Bake & Auction A Wild Success!!



A perfectly lovely evening attracted our largest gathering yet to Saint Mary's annual Lobster Bake and Auction on August 8<sup>th</sup>. Parishioners, neighbors and those from 'away' came for a luscious feast of a classic New England Lobster Bake or BBQ. Eager bidders thronged to the silent auction tables while the four live auction items garnered much excitement as well. Also how nice it was to see many happy children frolicking between tables and playing games. We were happy to welcome **Little Black Dress** trio, featuring Melinda Torrens, Dan Loan and Tom Douglas. The committee is pleased to announce the net income from this event was over \$13,000. Thank you all for this outpouring of support for Saint Mary's and for our community outreach projects.

Many thanks are in order to so many people who contributed their time and talent in making this event so successful. Thanks to Jack & Susan Thomas and Chris & Missy Smithwick for providing the 'feasting' portion of the evening. Many thanks to Elizabeth Heinzman for purchasing, prepping and manning the kitchen fare. Many thanks to Angela & George Barrett, Linda & Stan Eaton, Nikki & Lester Evans, Jennifer Gregg, Annie Johnson, Mary Ann McLean, Pat Mordecai, Debbie Nicholson and Bob and Nadine Timberlake who contributed their time to the auction efforts. Thanks to John Day, Auctioneer Extraordinaire, Jim Kane and Father Nathan for playing Masters of Ceremonies. Grateful thanks to Hugh & Mary Smith, George and Angela Barrett and Wendy Payson Kerr (in memory of her Dad, Eliot B. Payson) for underwriting portions of this event. AND certainly, last but not least, thank you to all those generous parishioners and Friends of Saint Mary's who offered 62 silent and 4 live auction items.

To those who attended, you MADE the evening that it was! See you next year.

## *Buildings & Grounds Update*

by Jim Stoddard

Summer is nearing the end. B&G has been enjoying a respite though projects are calling. Lucy Ellis and her crew have been busy tending to the churchyard; weeding, planting, pruning and mulching. Looks great! New windows were installed in the basement of the church due to rotting of existing frames. Also, the church steps are to be repaired (recalced) to prevent moisture seeping into the slabs and causing dangerous footing. New windows are to be installed in upstairs of the Rectory to meet fire safety code. There are more projects on the drawing board.

Of greatest importance is the work being done to prepare for the possibility of natural gas conversion. We have asked for bids from three different companies; all bids are now in and now will be analyzed. Further research must be done, with more questions to be asked and answered. Once all the information is in, the facts will be presented to Vestry who will make that all important decision as to whether Saint Mary stays with heating oil or converts to natural gas. We will keep you informed. Enjoy what remains of summer as we prepare for fall.



## Legacy Project- Post Construction Notes

by Jennifer Gregg



We are pleased to confirm that the downstairs Choir, Guiding RAY and MIDDLE spaces are again officially open for business!

As reported last month, Saint Mary's brought in Air Quality Management Services on June 9th for a re-test of the spaces following the installation of the new "floating floor" in the Guiding RAY spaces. At that time, TVOC levels had dropped significantly, from the "elevated" level to the "moderate" level, indicating to experts that the air quality issues caused by moisture mixing with adhesives of the old flooring had been resolved and that residual TVOC levels were likely an indicator of "off gassing" of the new flooring. Re-testing on August 7th served to confirm this finding. Though we had not received the written report by press time, AQMS advised orally that TVOC levels again dropped by a third. AQMS again counseled that we can expect even this level to drop

further as the off-gassing continues to dissipate naturally. (This story will resonate particularly with those parishioners who encounter similar levels of off-gassing in their homes with the installation of new carpeting/flooring/furniture as well as those with new cars!)

As a precaution, we still plan to test periodically throughout the coming year to confirm that TVOC levels continue to drop as anticipated. (A reminder that there are no formal regulatory guidelines for TVOCs, since results are a mixture of different chemicals (with many often unknown) in varying proportions. Recommended levels vary widely across the world.) The June and August testing once again determined that formaldehyde levels were below OSHA limits and mold levels were "trace" and "pose no risk."

One remaining issue, that poses no health risks, is the new flooring in the foyer of the Guiding RAY spaces that is buckling in some spots. The sub-contractor has determined that these were incorrectly installed and will re-install by September 1. That work should pose no inconvenience for any ongoing programs.

Once again, we thank all parishioners and those groups who use this space for their formidable patience and understanding as we have worked with our partners and the sub-contractor to resolve these post-Legacy construction issues. We again also thank Scott Simons Architects and Ledgewood Construction for their support in achieving that resolution without any additional financial cost to Saint Mary's.

## Christian Formation ~ Middle & High School

### Saint Mary's High School COMMUNITY SERVICE Group!

This group serves as a vehicle for service, fellowship and spirituality for high schoolers.

This group is focusing on one of Saint Mary's popular and established outreach programs:

#### Souper Supper

on the 2nd & 4th Fridays of each month.

FMI, contact Anne LaFond, 781-8820 or ([alafond@maine.rr.com](mailto:alafond@maine.rr.com)) with any questions you might have.



Young Life is making a difference in the lives of millions around the world because we are supported by adults who care about kids in their community. For every talented Young Life staff person (ours is Jordan Droge), there are hundreds of supporters in each community — comprised of parents, pastors and other concerned adults — who provide a foundation of financial, administrative and moral support for the local Young Life outreach ministry.

Casco Bay Young Life will be starting back up in September; keep watching the weekly news for details.

All high schoolers are invited to come and bring a friend!

CELEBRATE



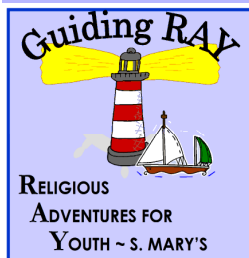
HONOR



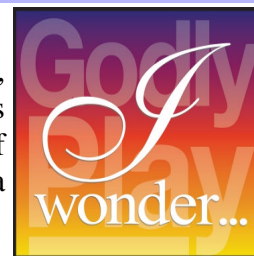
SERVE



# Christian Formation - RAY Beams - September 2015



The Guiding RAY program is gearing up for September 13th, Welcome Home Sunday, with excitement and great anticipation! It has been a wonderful summer, and we can't wait to see the shiny faces of our youngest parishioners and embark on what we are hoping will be a fun and inspiring year with them all!



We are delighted to report that we will be returning to our wonderful Guiding RAY spaces downstairs in the Parish House, spaces that the children will once again be able to call their own. New flooring is in place and the air has been tested twice in the last six weeks to ensure that these spaces are ready for use. (See Legacy Project: Post Construction Report in this AVE for further details.) We will continue to test periodically throughout the year to confirm continued good air quality. Guiding RAY teachers are busily cleaning and straightening three classrooms that will be dedicated to the Nursery, Pre-School through 1st grades and Grades 2-5. The fourth classroom will be used as office/meeting space, available to the entire parish.

Guiding RAY will offer a three-pronged program this year, focusing on Service/Outreach, the Godly Play bible study curriculum and Music.

Denise Lund will be coordinating family and child-friendly outreach projects. Guiding RAY families will be invited to participate in three Parish-wide "Sunday Service" days and, in addition, Guiding RAY students will be introduced to at least three other projects during the year, all intended to reinforce the understanding of God's call to "loving others as ourselves." Of course, the bi-monthly Souper Supper will also continue to joyfully welcome family participation.

Aleece Herlihy is again coordinating the Godly Play curriculum. We have purchased additional new and fresh stories for our older children and are looking forward to being able to use our sacred spaces and full expanse of material in support of stories for all our children. This curriculum is specially designed to help children become comfortable with the substance and ritual of their worship and the language of our church through the telling of stories from the Old and New Testaments and about liturgical traditions, all the while providing them with giving them the time and "permission" to enter into an ever-more profound relationship with God.

Last, but definitely not least, we give thanks for and to Betsy Stoddard who will again be offering opportunities for our children to encounter God through music periodically throughout the year.

Alison Hayward will again be leading the Nursery, ably assisted by Rose Claar. Our youngest parishioners (and their parents!) will find comfort in their quiet, capable and consistent care and attention. We are delighted to welcome Elizabeth Heinzman to our Guiding RAY team. Elizabeth will be managing our bulletin boards and seeking opportunities to bring parents together in fellowship throughout the year.

## **So MARK YOUR CALENDARS for Welcome Home Sunday, September 13!**

**9:30-9:45: Registration**, Guiding RAY spaces, downstairs in the Parish House (Take the "goat path" in good weather or the elevator/stairs in the Parish House)

**9:45-10:40: Your children will enjoy getting to know each other better through team-building activities**

**10:40: Your children will be escorted to church to join parents for the Holy Eucharist**

**11:00: ALL-PARISH BBQ PICNIC AND FRIVOLITY** (including, of course, the ubiquitous Bounce-House!)

### **Guiding RAY Leadership Team**

Jennifer Gregg: Communication: [jenniferanngregg@gmail.com](mailto:jenniferanngregg@gmail.com) 207-781-2665

Elizabeth Heinzman: Artwork and Family Liaison: [theheinzmans@hotmail.com](mailto:theheinzmans@hotmail.com) 207-797-6867

Aleece Herlihy: Curriculum, Teacher Development: [aleece.herlihy@gmail.com](mailto:aleece.herlihy@gmail.com), 207-899-1030

Denise Lund: Outreach/Service: [Dsnlund@gmail.com](mailto:Dsnlund@gmail.com) 207-233-4669

# SPARKLES NEWS



Summer is here---time to think  
and prepare for the Sparkles Fair  
on December 5th



Sparkles Events on  
Advent 1, 2, 3 and 4!  
There's something for Everyone!



## STAY COOL....THINK SPARKLES.....December 5th, 2015

Please stop by the Sparkles Table at the Welcome Back picnic to pick up a 2015 Newsletter and get any questions answered you may have. This will be our 13th year of observing the Advent Season with our three Sparkle Events---the Memorial Tree Ceremony and making of Advent Wreaths, the Boutique and Fair, and the Schola Concert and Reception.

For the past six years, we have had beautiful themed boxes for sale, and we will have those boxes available for you to take home and fill at the Welcome Back Table. This gives you plenty of time to fill them and get them back to the office where they will be wrapped and ready for sale on December 5th. They will be in the auditorium after the picnic as well.

As always at the fair we will be offering for sale a variety of lovely, gently used items that are donated by parishioners. Knitters are busy creating a wide assortment of hand crafted goods for all ages. We will again have our St. Mary's Gems corner where you may buy new or repurposed used jewelry.

The cafe will have our delicious Lobster Stew and Tomato Basil Soup to eat in or take out. The Bake Sale and Cookie Walk are always a big hit and we need lots of cooks to bake cookies and goodies. We will again have St. Mary's Friendship Soup to take home and make yourself. As always there will be a wide offering of holiday decorations as well as freshly made boxwood trees and centerpieces.

The first drop off date is Saturday, October 10th, followed by the 24th, the 31st and November 7th and 21st. PLEASE NO rummage, books or clothing.

To create our soup we will need donations of dried beans (any type or color but no lentils). We will also ask for donations of flour and sugar to aid in cookie baking.

If you are interested in becoming part of the planning for Sparkles, please join us for our first planning meeting on Thursday September 10th in the Guild Room at 6:30.

As events draw closer, we will have sign-up sheets to help with volunteering. For more information please call Jan Mordarski (899-4099) or Onnie Hastings (671-6073) your Sparkles Co-Chairs.

## Community Souper Supper September 11<sup>th</sup> and 25<sup>th</sup>

Enjoy this community-wide fellowship offering, dining in a relaxed candle-lit atmosphere. You will be feted with a complementary main course, salad, rolls, dessert and beverage. Wonderful for singles and families alike!  
Offered twice each month on the 2nd and 4th Fridays from 5-7pm in the parish house auditorium.  
No reservations required. Just bring your family and friends and enjoy! It's a blast!



### Support "Souper Supper" Buy Fair Trade "Coffee by Design" Coffee!

Casco Bay - a medium roast  
Black & Tan - a darker roast

"Coffee by Design" 12 oz. bags of ground fair-traded, organic, delicious coffees are on sale at S. Mary's for \$10 a bag (Decaf is \$11). ...and support fair trade practices ...and a local parishioner-owned business... and get GREAT organic coffee! Win! Win! Win!



## Classic Cinema on August 14 The feature will be "The Killing"

(1956) Crooks plan and execute a daring race-track robbery. Starring: Sterling Hayden, Coleen Gray.  
Directed by: Stanley Kubrick

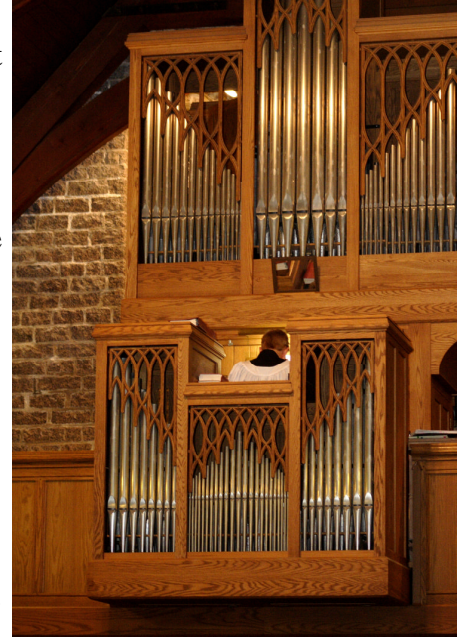


## Soli Deo Gloria

J. S. Bach wrote S.D.G. at the end of all of his church compositions (some 200 church cantatas, masses, motets and passions). It translates as: 'Glory to God alone,' and is a good motto for the role of music in the church. Each week at Saint Mary's, we all lift our voices in praise and when the choir sings, it is not a performance, but a humble offering for just what Bach treasured: our needs and desires are nothing compared to the glory of God.

We are very fortunate to be blessed with an instrument that aids us in our worship at Saint Mary's. Our Casavant organ is a unique masterwork built by a master craftsman, Gerhard Brunzema. What you may not know, is that our organ is virtually identical to an organ from Bach's time - that is, it is a fully mechanical instrument whose only modern addition is the wind source (an electronic bellows).

I would like to invite you all to learn more about this beautiful treasure by attending an organ tour on **Sunday, October 18 at 9 AM**. The outside walls of the organ casing will be removed, so that you can see the pipes, and mechanical action inside- and I will explain how the organ stops work and provide diagrams on mechanical organs. Afterwards I will play a magnificent work by Bach, his Toccata in F major. All Saints Day occurs on **Sunday November 1**, and the choir will be assisting in a special evensong service at 4 PM. We will sing great hymns like *Who are these like stars appearing* (#286), *Christ, mighty Savior* (#34 the *Phos Hilaron*), and *Abide with me* (#662), and the choir will sing a very moving work by Gabriel Fauré, *the Requiem*. This music is greatly loved and will offer a tribute to the memory of our loved ones.



### Sing to the Lord

Please consider joining the choir! We are a merry band who love praising God through music and enjoy a weekly dose of warm fellowship. During the program year, we meet on Thursdays at 7PM in the Choir Room on the lower level of the Parish House. We are looking forward to our weekly anthems and service music as well as a special All Saints Evensong on Sunday, November 1, when we will sing a great masterpiece, Fauré's Requiem. Please do not hesitate to contact Bruce after worship or by phone or email (831-7113, bsfithian@aol.com)

## Our Great Hymn Heritage

We are blessed to be able to lift our voices in praise each Sunday and sing the amazing treasury of hymns from our hymn book. It's amazing how these songs can be sung hundreds of times and still retain their power. We probably all have our favorite hymns, and I thought it would be interesting to explore the history of these wonderful melodies and texts. Here is an example of what we hope to share each week about the hymns we will be singing. As an example on September 6, we will be singing Hymn #618 Ye watchers and ye holy ones

**Hymn 618 "Ye watchers and ye holy ones."** This is certainly a favorite hymn since its introduction in 1916. We are indebted to Ralph Vaughan Williams, who as co editor prepared the English Hymnal from 1906. Our present day Episcopal hymnal has had three revisions: 1916, 1940 and currently 1982.

The words reflect the interest in the eastern church: verse 1 mentions the nine orders of angels codified by an important leader in the Byzantine church (pseudo-Dionysius); verse 2 is a paraphrase of the *Theotokion*, the "Greek Hymn to the Mother of God;" verse 3 calls upon the the saints at rest, patriarchs, prophets, the apostles and martyrs to praise the Lord; and verse 4 is in invitation to the saints on earth to join this song of praise to the most Holy Trinity. The melody, "*Lasst uns erfreuen*," again thanks to Vaughan Williams, was taken from a German Catholic hymn from 1623, that in turn was taken from a 1525 French hymn from Strasbourg. What magnificent and enduring music.





# News, Notes, Kudos, Dates & Reminders

(Send your 1-3 line notes, announcements or thanks to Beth at [admin@smary.org](mailto:admin@smary.org) by the 20th of the previous month)

**THANKS to Hugh Smith for all of his work in re-finishing all of our outdoor benches!**

***Danke***

**A HUGE thank you to Jack and Susan Thomas for donating the lobsters and for cooking them!**

*Many thanks to Jim Stoddard and the B&G committee for gathering the information on converting to gas. It's a complex process. We appreciate your guidance.*

Thanks to the Claar girls for doing so many things for us...nursery duty, weeding, mulch spreading!

Thanks, once again, to Betsy & Jim Stoddard for a fabulous, fun and delicious Lobster Bake & Auction. More people attended than ever and we know how much work it takes to get the auction items together, presented and listed in the catalog; you are so appreciated!

Kudos to the Chris and Missy Smithwick for purchasing and manning the BBQ pit at the Lobster Bake. Delish!



**T H A N K S !**

**Thank you to Nathan for listening to the suggestions in the parish survey and for planning fun and different worship events on the lawns of our campus. They were different, educational and inspiring us to see God and the good in all things**

**M e r c i**

Thanks Elizabeth Heinzman in the kitchen and to those who helped out with any number of tasks big or small at the Lobster Bake & Auction! It takes a village!

**Thanks to Andrew McIntosh who offered a visiting couple a ride back to Portland after church. They'd taken a taxi to be with us as they were stranded by an air traffic glitch. Andrew saved them the return fee!**

## PRAYER SHAWLS AND SCARVES UPDATE

We have recently received lovely yarn donations from Kathryn Street, Beth's mother, and Susan Coes. The yarns are beautiful, and there are also wooden needles from Kathryn. Please consider making a prayer shawl for our dwindling supply or prayer scarves for the Prebble Street area and for our May graduates. I will be happy to show you the yarn and let you choose. Please contact Ginny Stelk at 847-3602 or

[lstelk@maine.rr.com](mailto:lstelk@maine.rr.com).



207.272.2285  
photo@emilieinc.com  
emilieinc.com

**emilie inc.**  
PHOTOGRAPHY

## "Be Still"

Saint Mary's offers treatment for 21<sup>st</sup> century stresses and offers multiple ways for all to seek, hear, experience God. One such way is to stop...and give ourselves an opportunity to listen.

Parishioners and friends are warmly invited to gather in the Father James' Chapel on the first Monday each month between 7PM and 8PM for silent reflection, contemplation or meditation. Come for five minutes or come for an hour. This is for YOU: An opportunity for you to "Be Still" with God.

**"Be Still"**

**Father James Chapel : 7- 8 PM on  
September 7,  
October 5, and November 2**



## Here are some important dates in our Saint Mary's parish family

### Happy September Birthdays to:

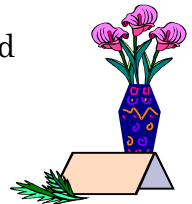


1	Deacon Christine Bennett	10	Meredeth Winter	22	Jana Burke
1	Sam Bessey	11	Samantha Means	22	Kim Diamond
2	Grace Leschey	12	Matthew Grace	24	Nate Buchanan
3	Lynne Hanhilammi	12	Ben Velek	24	Nick Horton
5	Elizabeth Gulliver	14	Jane Ferrante	24	Alexis Madigan
5	Anne Hyland	14	Grace Wiley	25	John Maher
8	Sarah Beattie	16	Jennifer Gregg	26	Malia Pelletier
8	Robert Bowen	18	Larry Bennett	26	Anne Wood
8	Mike Edwards	18	Emily Follo	27	Cindy Horton
8	Robin Gauvreau	18	Lad Taylor	28	Emily Otte
8	Debby Hammond	19	Nate Smithwick	29	Julia Bisson
9	Sam Brown	21	Sabel Camp	30	Bryan Dench
9	Geoff LaFond	21	Myles Nuzzi	30	Ibe Mokeme

***We'd love to include good wishes on your birthday and anniversary. If we don't yet have the dates, please send your and your family's special dates into the parish office, and we'll be sure to include them on your special month. [admin@smary.org](mailto:admin@smary.org) or call 781-3366 or drop a note to the church. Thanks!***

### HAPPY SEPTEMBER ANNIVERSARY WISHES TO:

3	Elise & Neil Kiely	19	Beth & Rob Baldacci
4	Paul & Joann Varga	19	Margaret & David Fenderson
8	Elise & Dick Allen	19	Tricia Wheeler & Ryan Stinneford
9	Ana Cairns & Rich Bazarian	24	Talie & Joel Harris
10	Sheila & Tom Donaldson	24	Grace & David Robinson
10	Jan & Scott Searway	25	Judy & Gordon Olive
13	Mike & Cara Pelletier	29	Jamie & Lisa Conway
14	Grace & Tony Payne	30	Julie & Wayne Woodworth



### Welcome to our Newly Baptized

Jordan David Hanson, born September 14, 2014

Child of David and Cara Hanson. Baptized on August 9, 2015

William 'Liam' McKesson Camp, born on December 29, 2014

Child of Matthew & Jane Camp and brother to Sabel

Baptized on August 16, 2015

Barrett Emerson Rose, born on April 7, 2008

Child of Jody and Shannon Rose

Baptized on August 13, 2015





# September 2015

The Episcopal Church of Saint Mary

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>8/30 The 4th Sunday after Pentecost</b> 8am - Traditional Eucharist followed by coffee hour 9:30am Contemporary Eucharist followed by coffee hour	<b>8/31 Flooring</b> 12 - Noonday Prayer Hallway flooring	<b>1</b> 12 - Noonday Prayer 1pm - Staff Meeting 1pm - Get-Stitching 3:30pm Excom meeting 7pm AA in Auditorium 7:30 AIA non (6:30beginners)	<b>2</b> 12 - Noonday Prayer	<b>3</b> <b>8:30am Wedding rehearsal</b> 12 - Noonday Prayer 4pm BSM rehearsals 7pm SM Choir Rehearsal	<b>4</b> Office Closed 12 - Noonday Prayer 5:30pm Alanon	<b>5</b> 9am Boy Singers 12:30pm Purington Wedding
<b>6 The 15th Sunday after Pentecost</b> 8am - Traditional Eucharist followed by coffee hour 9:30am Contemporary Eucharist and followed by coffee hour 4:00pm Kyros/ riddle Wedding	<b>7</b> Parish building closed for the Labor Day Holiday	<b>8</b> 8:30 - 30 Marygoats & Elizabeth's 9-12 Art Group in Auditorium 11am - Wisdom Seekers 12 - Noonday Prayer 1pm - Staff Meeting 1pm - Get-Stitching 7pm AA in Auditorium 7:30 AIA non (6:30beginners)	<b>9</b> 12 - Noonday Prayer	<b>10</b> 12 - Noonday Eucharist Resumes 4pm BSM rehearsals 6:30pm Sparkles kick-off 7pm SM Choir Rehearsal	<b>11</b> Office Closed 12 - Noonday Prayer <b>5-7pm Community Souper Supper</b> 5:30pm Alanon 7pm - Classic Cinema	<b>12</b> 9am Boy Singers <b>Welcome Home! Cookout &amp; Festival is tomorrow September 13th</b>
<b>13 The 16th Sunday after Pentecost</b> 8am - Traditional Eucharist followed by coffee hour 10:00am Contemporary Eucharist followed by our annual All-Parish <b>Welcome Home Picnic BBQ</b>	<b>14</b> 11am - Garden Club 12 - Noonday Prayer <b>4:30pm Outreach?</b>	<b>15</b> 9-12 Art Group in Auditorium 11am - Wisdom Seekers 12 - Noonday Prayer 1pm - Staff Meeting 1pm - Get-Stitching 7pm AA in Auditorium 7:30 AIA non (6:30beginners)	<b>16</b> 12 - Noonday Prayer 2-5 Beth at PA meeting in Beth <b>6pm - Vestry</b>	<b>17</b> 12 - Noonday Eucharist 4pm BSM rehearsals 7pm SM Choir Rehearsal	<b>18</b> Office Closed 12 - Noonday Prayer 5:30pm Alanon	<b>19</b> 9am Boy Singers
<b>20 The 17th Sunday after Pentecost</b> 8am - Traditional Eucharist followed by coffee hour and <b>Ready, Set, Not Going Yet, 9-12</b> 10:00am Contemporary Eucharist followed by coffee hour <b>Ready, Set, Not Going Yet, 9-12</b>	<b>21</b> 12 - Noonday Prayer AVE Deadline	<b>22</b> 9-12 Art Group in Auditorium 11am - Wisdom Seekers 12 - Noonday Prayer - Book 1pm - Staff Meeting 1pm - Get-Stitching 1:30pm Food for the Soul 4pm PP 7pm AA in Auditorium 7:30 AIA non (6:30beginners)	<b>23</b> 12 - Noonday Prayer 8am - 5pm Lifeline Screening in auditorium 6:30 - Book Study begins	<b>24</b> 12 - Noonday Eucharist 12-3pm College Club Tea 4pm BSM rehearsals 6:30pm Downers 7pm SM Choir Rehearsal	<b>25</b> Office Closed 12 - Noonday Prayer 5-7pm Community Souper Supper 5:30pm Alanon	<b>26</b> 9am Boy Singers
<b>27 The 18th Sunday after Pentecost</b> 8am - Traditional Eucharist followed by coffee hour 10:00am Contemporary Eucharist followed by coffee hour 2016 Vestry Nominations close	<b>28</b> 12 - Noonday Prayer	<b>29</b> 9-12 Art Group in Auditorium 12 - Noonday Prayer 1pm - Staff Meeting 1pm - Get-Stitching 7pm AA in Auditorium 7:30 AIA non (6:30beginners)	<b>30</b> 12 - Noonday Prayer 6:30 pm Downers	<b>10/1</b> 12 - Noonday Eucharist 4pm BSM rehearsals 7pm SM Choir Rehearsal	<b>10/2</b> Office Closed 12 - Noonday Prayer 5:30pm Alanon	<b>10/3</b> 9am Boy Singers <b>9am - 12noon Day of Service</b>



## The Episcopal Church of Saint Mary

Worship Leader Schedule: September - October 2015

	8:00am Ushers	8:00am EM/Lectors	9:30am Ushers	9:30am Lector	9:30am Euch Minister	Acolytes	Altar Flowers	Flower Delivery	Coffee Hour Host
<b>30-Aug Pent 14</b>	Jim Kane Tom Donaldson	Len Taylor	Tom LaPlante Charlie Hurdman	Greg Unfricht	David Robinson Linda Eaton	~	Alison H	The Stoddards	OPEN
<b>6-Sep Pent 15</b>	Baer Connard Dave Fenderson	Mac Hinkel	Lowell Brown Harold Otte	Jennifer Gregg	Jeff Campbell Ginny Stelk	~	Jessica L	The Nicholsons	OPEN
<b>Welcome 13-Sep</b>	8am Ushers Len Taylor	8am EM	10am Ushers	10am Lector	10am EM	10am Acolytes			
<b>Pent 16</b>	Mac Hinkel	Al Ahlers	Jack Heinzman Andrew McIntosh	Ella Brown	Jim Stoddard Tom Pettingill	Michael Grace Elizabeth	Jan M.	Mark Stimson	Welcome Picnic
<b>Ready, Set 20-Sep</b>	Ed Ainsworth	Lad Taylor	Chuck Horton	Lowell Brown	Terry Brown	Michael Grace George	Onnie H	Edie Tucker	Host Coffee Hour.
<b>Pent 17</b>	Rayle Ainsworth		Charlie Hurdman		Nadine Timberlake				It's fun
<b>27-Sep Pent 18</b>	Jim Kane Al Ahlers	Mary Ann McLean	Tom LaPlante Lowell Brown	Marian McCue	Stan Eaton Greg Unfricht	Kevin Julia Emily	Melissa K.	Ruth Kimball	to do with a friend
<b>3-Oct</b>	Day of Service	9am-12:30pm lunch							or on
<b>4-Oct</b>	ME Marathon - No morning service, but let's cheer on the runners!				<b>HE and Baptism at 5pm</b>				your own, FMI
<b>11-Oct Pent 20</b>	Tom Donaldson Baer Connard	Alison Hayward	Jack Heinzman Andrew McIntosh	Ginny Stelk	David Robinson Linda Eaton	tbd	Onnie H.	Debbie Nickerson	Contact Betsy Stoddard
<b>18-Oct Pent 21</b>	Dave Fenderson Mac Hinkel	Len Taylor	Harold Otte Chuck Horton	Betsy Stoddard	Andrea M-H Ginny Stelk	tbd	Alison H	The Stoddards	
<b>25-Oct Pent 22</b>	Ed Ainsworth Rayle Ainsworth	Mac Hinkel	Charlie Hurdman Lowell Brown	Greg Unfricht	Jeff Campbell Tom Pettingill	teb	Jan M.	Mark Stimson	

If unable to fulfill your scheduled duty on the assigned day, please find your own replacement and inform Beth in the office of the change, 781-3366

CELEBRATE



HONOR



SERVE



## THE EPISCOPAL CHURCH OF SAINT MARY

43 Foreside Road  
Falmouth, ME 04105  
207-781-3366 [www.smary.org](http://www.smary.org)

### Our Worship Schedule

#### SUNDAY Hours

8:00am - Traditional Eucharist  
10:00am - Contemporary Eucharist  
(9:30am on Sept. 6)

#### MONDAY - FRIDAY

Noon Day Prayer in the Chapel  
and wherever you find yourself

#### THURSDAYS

Holy Eucharist - 12noon

## Where did Labor Day come from?

Labor Day was created as a way to acknowledge and pay tribute to the workforce for all that they have done to make our country prosperous and strong.

The first Labor Day was celebrated in New York City, and other cities followed this example in the following years. It was in 1894 that Congress passed a law making the first Monday of September a legal holiday.

## Now that you know... have a great Labor Day!

# CELEBRATE



# HONOR



# SERVE

## THE EPISCOPAL CHURCH OF SAINT MARY

**43 Foreside Road  
Falmouth, Maine 04105**

**Tel: 207-781-3366**

**E-mail: [smary@smary.org](mailto:smary@smary.org)**

**Website: [www.smary.org](http://www.smary.org)**

The Rev. Nathan Ferrell, *Rector*

The Rev. Christine Bennett, *Deacon*

Bruce S. Fithian, *Organist & Choirmaster*

Beth Shaw, *Parish Administrator*

**Office Hours:** Monday - Thursday

9:00 am to 4:30 pm

Copy deadline Oct. AVE is Sept. **20**

## Your 2015 Saint Mary's Vestry

Nathan Ferrell, Rector, 899-2543, [nathanferrell@smary.org](mailto:nathanferrell@smary.org)  
Cell phone number 310-0268

Jim Kane, Sr. Warden, 775-3968, [melissa1959@earthlink.net](mailto:melissa1959@earthlink.net)

Janet Bowne, Jr. Warden, 318-7045, [janetbowne@maine.rr.com](mailto:janetbowne@maine.rr.com)

Bill Gowen, Treasurer, 415-1412, [wwg914@aol.com](mailto:wwg914@aol.com)

Barbara Bell, 653-4320, [babsi821@gmail.com](mailto:babsi821@gmail.com)

Terry Brown, 310-877-0121, [terryeverettbrown@gmail.com](mailto:terryeverettbrown@gmail.com)

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Mac Hinkel, 829-3578, [clebbyh@yahoo.com](mailto:clebbyh@yahoo.com)

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Mary Ann McLean 781-4871, [mmclean3@maine.rr.com](mailto:mmclean3@maine.rr.com)

Patricia Mordecai, 396-4233, [pcmordecai@gmail.com](mailto:pcmordecai@gmail.com)

Jim Stoddard, 829-2026, [jbstod@myfairpoint.net](mailto:jbstod@myfairpoint.net)

Nadine Timberlake, 508-648-4734, [ntimberlake@aol.com](mailto:ntimberlake@aol.com)

Mark Winter, 865-6766, [mwinter@nmic.navy.mil](mailto:mwinter@nmic.navy.mil)