



From the Rector: END OF LIFE CONVERSATIONS

*"Who will rescue me from this body of death?
Thanks be to God through Jesus Christ our Lord!"*

The apostle Paul in Romans 7:24-25

From the first moment of conception, each one of us is on a journey toward death. There is no denying this as the most fundamental reality of human existence. As friends, as loved ones, as family members, as fellow believers, our basic task is to serve those around us as companions on the road toward death. All of the time, each and every day, we are helping one another to prepare for a good and holy death because none of us know when we will see our last glimpse of sunlight. On the basis of this uncertainty, it is important to have clear conversations with those around us about our goals and hopes for the end of life. Vital questions that need to be answered include:

What do you want to happen to your body? Who will clean and dress your body after death?

Where will your body be interred in its final resting place?

What happens to your possessions? If you have minor children, who will care for them?

Will you donate your organs and body tissues after death to others who may benefit from them?

How do you want your family and friends to be notified if you die? By Facebook, via email, in person, or by telephone?

Who will be the beneficiary of any memorial gifts given in your honor? Will you leave a bequest to the church?

Who do you want to speak or read at your funeral? Do you have favorite flowers that you want used at your funeral?

Will there be a permanent marker of your life, such as a gravestone or some other monument?

These are just a few of the myriad questions that someone will need to answer when you die. It is, in fact, an act of love toward your family and friends when you make sure that they know your answers beforehand. And it may be unpleasant for some, but to never address such matters is a form of neglect and cruelty toward your loved ones. These are vital matters which affect every single human being and about which each person has had their entire lives to consider. It is impossible for death to catch anyone by surprise! To be thoughtful, conscious and aware of the reality of your death is a sign that you have tended carefully to all of the various relationships

in your life: with God, with yourself, with others, with creation. It is a hallmark of spiritual maturity.

Because of Christ, we know that death is not the end of our stories. But it does await each one of us, and we have no other task more important in life than preparing ourselves and our loved ones for its arrival. Do not delay these crucial conversations, and do not procrastinate. God's beautiful gift of life to you deserves far better than that.

Nathan W. Ferrell +



Inside this edition

From the Rector:	1
Deacon's Corner	2
First Holy Communion	2
Preparation for Baptism	2
Vestry Highlights	3
Diocesan Training	3
HS & Young Life	4
Bion Camp	4
Guiding RAY Update	4-5
Outreach Ministry	6
Bridge-a-thon	6
Haiti Mission	7
Storytellers Wanted	8
The Casco Bay 21K Info	8
B & G Update	9
Adopt-a-Bed	9
Habitat Race Info	9
Souper Supper/Cinema	10
Bishopswood	10
Katahdin in August	11
Sweetest in the Gale	11
Casco Bay CAN April Tip	11
Kudos, Thanks & Notes	12
Parish Happy dates	13
April 2016 Calendar	14
Apr Worship Server sched	15

From the Deacon's Corner:



Dear Ones,

Allelulia! Christ is risen! The Lord is risen indeed! Allelulia!!

It feels so good to have the allelulias back after forty days of Lenten quiet and penitence. We often describe our spiritual life as a journey, and we have been on a journey with Jesus during this past week from Jesus' triumphant entry into Jerusalem to His tragic, painful, humiliating death on the Cross at the hands of his enemies. As we know from years of living this story and walking this walk with Jesus every spring, the celebration of Pascha is the joyful celebration of the miracle of Christ's resurrection from the dead. Jesus has kept His promise to his disciples when He told them He would rise again.

As hard as it is for our scientifically-oriented minds to wrap themselves around the idea of Jesus coming to life again, our faith is strengthened every time we walk with Jesus through the scriptures, every time we hear Jesus' promises to us, and every time we celebrate the Eucharist together. Jesus' resurrection is the greatest gift humankind has ever been given. It is the greatest gift God has ever given to me and to you. Our journey through our lives with the risen Christ with us and in us calls us out into the world to do as Jesus did: to love as He loved, to serve His people and to share His word of hope and peace. Allelulia, Christ is risen. The Lord is risen indeed! Allelulia!!

In His Love, Deacon Christine



The Episcopal Church in Maine

Spring Training 2016

gather learn share

Saturday, April 9, 2016 9 AM to 3 PM

St. Paul's Episcopal Church, 27 Pleasant Street, Brunswick, Maine

Gather with Bishop Steve Lane and Episcopalians across the diocese for a day of learning, sharing and growth.

A church leader? A clergy person? Someone interested in spiritual growth or community outreach?

With 20 workshops to choose from, you'll find what you're looking for.

A morning snack and refreshments provided; please bring your own bag lunch and a name tag.

Because space is limited, registration is required.

For event FAQs, full worship descriptions and registration, visit www.episcopalmaine.org

Or register directly at www.tinyurl.com/springtraining2016

Workshop Session I

Spiritual Practices for a Time of Change
Wardens and Vestries
Singing for Social Justice
Love Heals: Ministries of Compassion
Children's Ed without a Big Sunday School
God Quest – Holy Journeys

Workshop Session II

Conflict in the Congregation: Part One
Offering Pastoral Care for Everyone
Where Religion and Democracy Meet: Our Call to Engagement
Discernment, Transition, Finding the Way
Centering Prayer
Church Communications in the Digital Age
Stealth Formation

Workshop Session III

Changing Church Culture - Experiments in Getting Out
Conflict in the Congregation: Part Two
Music for Any Kid of Any Age: An Approach to Congregational Singing
Living Compass in Faith Formation
Church Leadership: Business Practices
Faith-Based Advocacy: How to Frame the Message
Spiritual Practice: Reflection

Vestry Highlights from your Wardens

The Vestry met on March 16th for the first time since our February retreat. Our meeting focused on the Mutual Study of Ministry (MSM) planned for this spring. For those of you who don't know, a MSM is a process of structured conversations that helps us celebrate and enhance those things that are going well, and at the same time identify and address those things that need attention. It helps us hold ourselves and one another accountable to the high calling given to us by Christ. It helps us remember that we are all members of one Body, yet with different gifts. MSM calls us to look not at one part of the Body, but at the whole: at the ministry we share, our mutual ministry. Typically we would undertake this process just after calling a new rector. We chose not to do that when Father Nathan joined us because we had recently completed a MSM and were in the midst of completing our construction and renovation projects.

We are fortunate to have help with this project. The Reverend Canon Michael Ambler, Canon to the Ordinary for the Diocese, joined our meeting to help us understand the process, set a timeline and prepare

the questions we will ask. In the coming weeks, Vestry members will be reaching out

to conduct interviews with approximately 50 parishioners, a cross section of the parish. Our goal is to complete the interviews before the lovely months of summer arrive! We'll work over the summer with Michael to analyze the information, and we plan to share the results with the Parish on Welcome Back Sunday in September. This timing will also allow us to use this information for our budget preparation.

Thank you in advance for your help with this project. Thank you to Michael Ambler for his assistance. Thank you to the Vestry members for devoting time and energy to this process.

Your Wardens,
Jim Kane & Janet Bowne



Janet Bowne, Jr. Warden and Jim Kane, Sr. Warden

The Catechumenate Process

In April, we will launch a process for the preparation of families for Holy Baptism. The ancient church called these people "catechumens" which comes from a Greek word meaning "one receiving instruction." As we prepare for Baptism in the Bay on June 12, the following rites of instruction will be taking place (primarily at the 10 AM Sunday liturgies):

April 3: The Enrollment of Candidates for Baptism

April 10: The Presentation of the Creed (the Symbol of Faith)

April 17: The Presentation of the Lord's Prayer (the Act of Faith)

April 30: First Holy Communion Retreat (the Sacraments)

Let us all encourage, support, congratulate and pray for those who have heard and responded to the Spirit's call by seeking to be baptized. If you also hear this call, or know of anyone else who has, please have them speak with Fr. Nathan right away. There is always enough water to baptize all who are called to Christ!



Saint Mary's Acolyte Ministry

An acolyte is someone who helps the clergy lead a church service. Saint Mary's Acolytes are a faithful and dedicated group of 18 adults and young people. During the school year, our acolytes quietly assist Father Nathan and Deacon Christine during our 10am worship service and during Christmas and Easter. Three acolytes serve together at each service. We have a Crucifer, a Gospel Acolyte and an Epistle Acolyte. The Crucifer carries the cross. The Gospel and Epistle Acolytes are the torch-bearers who carry the candles. The Crucifer and Acolytes lead the opening procession at the start of the service, lead the procession for the reading of the Gospel, lead the recession at the end of the service and they help Father Nathan and Deacon Christine lead the service by saying the prayers and joining in the singing of the hymns. It is a fun way for young people to serve God and our Church, to make new friends and to actively participate in our worship service. The training is quick and easy and most acolytes serve once a month. We invite you to join our very important ministry! FMI: Tricia Wheeler at tjwheeler@maine.rr.com



Christian Formation ~ High Schoolers & Middlers



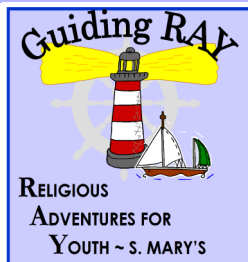
Young Life Casco Bay: Club on Mondays at 7:31 PM

All area high schoolers are invited to crash the Herdrich's home at 2 Town Landing Rd in Falmouth (the corner of Foreside Rd and Town Landing). Park in the corner lot. Bring ALL of your friends!

Saint Mary's Middlers are in Transition: The Middlers program is on hold until two new leaders are found. We are hoping soon to hire two young adults to lead the group every Sunday from now until June. Until then, youth are welcome to hang out in the Youth Room. But they are asked not to stay there during the Eucharist, but rather come and join their families in the liturgy. Thank you!

<p>BION camp</p> <p>A Maine Episcopal Youth Event on Lake Megunticook at Camp Bishopswood, near Camden Maine</p> <p>for kids completing grades 6-12 Tuesday – Saturday • August 16-20, 2016</p>	<p>fun compassion friendship God's love generosity community Jesus adventure joy wisdom peace</p> <p>Register before June 20 for a \$30 DISCOUNT Don't let money stop you!</p> <p>Email for financial aid info FMI on Maine Episcopal Youth Events www.maine youth.org</p> <p>Info about Camp Bishopswood regular camping season www.bishopswood.org</p>	<p>Summer fun at BION Camp...</p> <p>Sports and Games • Ultimate Frisbee Nature • Theatre Games • Archery Creative Crafts • Cabin Challenges Swimming • Canoes • Kayaks Music • Campfires & S'mores Teen-led Worship • Focus Groups High School Coffee House Middle School Games Nights</p> <p>maineyouth.org</p>
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Christian Formation ~ RAY Beams ~ April 2016



Spring has been rolling in earlier this year, admittedly hitting a few climatic speed-bumps along the way! How glorious it is to enjoy the warmer weather patterns and the arrival of crocuses as we celebrate our own spiritual rebirth. The Guiding RAY program joins this hopeful and upbeat spring tempo as, in addition to our usual Sunday curriculum, we offer Singing with Mrs. Stoddard on April 17, the First Communion Retreat and **Sunday** (April 30 and May 1), and opportunities to serve

others as a family by participating in the Falmouth Foreside Walk for Habitat for Humanity on Saturday, May 14 and on Mission Morning on Sunday, May 22. We invite all families to share these wonderful opportunities with their children!



Guiding RAY in April

Sunday, April 3: Pre K thru 1: The Good Shepherd and World Communion

2-5: Knowing Jesus in a New Way Part I

Sunday, April 10: Pre K thru 1: Parable of the Sower

2-5: Knowing Jesus in a New Way, Part II

Sunday, April 17: All: Singing with Mrs. Stoddard

Sunday, April 24: Pre K thru 1: The Story of Baptism

2-5: Circle of the Holy Eucharist

Christian Formation - RAY Beams - April 2016

April 30, May 1: First Communion Retreat and Sunday

This experience is open to all of our young people (including those who have already been receiving Communion), but it is designed primarily for those in 2nd and 3rd grades in school. On Saturday, there will be a Retreat in the Parish House with Father Nathan from 11 AM until 5 PM. The Retreat will include bread-making, candle-making, writing prayers, and a time for the children to experience Reconciliation, as well as time for lunch and some fun! At 5 PM, the entire families of our First Communicants are invited to join together for a potluck supper. At that time, we will discuss what we learned in the Retreat and go over all of the details for the next day.



The last First Holy Communion Class - May 2014

On Sunday, May 1 at 10 AM, our First Communicants will be “the stars of the show” as they process into the church, help to lead us in our worship, and be the first ones on this day to receive Communion, using the bread that they made the previous day! Do you want your child to participate? Please contact Father Nathan ASAP at fathernathan@smary.org or at the parish office, 781-3366

May 14, 9-11am – Annual 5K Falmouth Foreside Walk-Run for Habitat for Humanity

You can walk, run, skate, cycle or crawl! Cash and other prizes! Great family event! Pets welcome! Registration and “continental breakfast” at Saint Mary's! FMI and Register:

www.habitatportlandme.org.



Mission Mornings

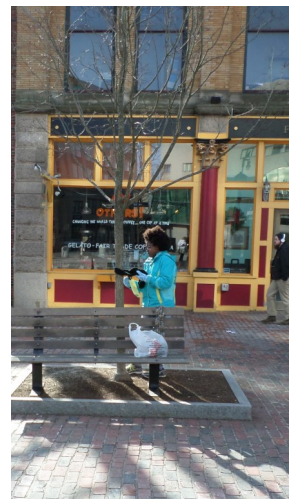
Thank you to all who participated in March! A wonderful time for sharing, learning—and fun! ! Here are some comments from two of the families who participated in March:



“We have a tradition at dinner of sharing what we are grateful for that day. BOTH of my children - unprompted - reported last night that they were grateful to have helped support the children in Head Start that day. It's hard for busy families to find time and opportunities to have children participate in community service and appreciate their blessings. I LOVE that Saint Mary's is offering that opportunity to give back to our communities and witness how powerful their service can be in impacting others.”

“Both of my kids remarked that they enjoyed [distributing scarves in Portland]. They had questions as they saw some things when we were on Cumberland Avenue in Portland that they could not quite understand, and it provided a good opportunity to talk about why we were doing what we were doing. I mentioned the next service date, and they definitely want to do it again. “

Mark your calendars now for the next Mission Morning on May 22



Guiding RAY Leadership Team

Jennifer Gregg: Communication: jenniferanngregg@gmail.com, 781-2665

Elizabeth Heinzman: Bulletin Boards: theheinzmans@hotmail.com, 797-6867

Aleece Herlihy: Curriculum, Teacher Development: aleece.herlihy@gmail.com, 899-1030

Denise Lund: Outreach/Service: Dnslund@gmail.com, 207-233-4669

Julie Otte: Nursery Coordinator: juliemomotter@aol.com, 207-781-2322

Guiding RAY Teachers and Volunteers

Monique Brown, Sandy Couch-Kelly, Jennifer Curran, Heather Gale, Penny Guyton, Alison Hayward (Nursery), Julie Otte, Roberta Stothart, Heather Teng, Carolyn Thomas

Outreach Ministry - All Ages Serving Near and Far

Outreach Committee widens its mission

The Outreach Committee helps to connect the church to the community. Appointed by the vestry, the committee distributes the funds that are set aside in the church budget to support local non-profits, as well as church mission work. Last year, we gave funds to a group of mostly local non-profits that included the Falmouth Food Pantry, the Center for Grieving Children, Saint Elizabeth's Essentials Jubilee Center, and Learning Works, among others.

Committee members also work with other parishioners to expand our mission work, using our time, talents and skills in the larger community. With mission, we hope to get more involved in community work and see the work of Christ reflected in our own efforts.

One of these new mission commitments is Milestone Foundation in Portland, a long-standing agency that serves those who are dealing with addiction. We made a sizeable grant last year that helped them buy new bedding for their overnight shelter on India Street in Portland. That commitment was continued as several Saint Mary's parishioners volunteered at Milestone during the February mission morning. We are looking to continue that relationship and plan to have Milestone staff members come speak to the Parish, perhaps in the early fall. The Mission mornings have also included visits to local nursing homes, as well as trash clean-up efforts in Falmouth.

Another longstanding commitment is the Long Creek Youth Development Center in South Portland, the state's major juvenile correction facility. Saint Mary's sponsors the Maple Unit, which houses kids that have been detained for trial, but not yet placed or committed. Some of these boys are as young as 11. We do barbecues there during the summer.

We have also worked in Haiti, for many years, fulfilling our church's obligations as a partner diocese to Haiti. We support a school there, the Institution Univers, and parishioners have made the trip from Maine every other year. This year's Haiti mission group, including Jim Kane, Erin and Sé Ferrell, and Tommy Martin, will report on their activities at the coffee hour on Sunday, April 3. Funds from our annual and highly successful Book, Bake and Soup sales have been used to support our work in Haiti.

These are just some of the groups we support, and we look for suggestions from parishioners as to groups we should consider helping. The Outreach Committee meets monthly (except during the summer) and includes Becky Pride, Harold Otte, Mac Hinkel, Marian McCue, Margaret Fast, Betsy Elliman, and Judith Brooks.

Marian McCue, Chairperson



**Help to BE
the difference**

Save the Date and reserve your table before they are all gone!

Saint Mary's Annual

BRIDGE-A-THON

Friday, May 20th 12:30-4 PM

Contract Bridge enthusiasts of all levels are invited

to form a table for an afternoon of friendly bridge, cards or table game of your choice.

**Tea, coffee and sumptuous refreshments included in price of admission.
20 tables available.**

Admission: \$48 per table / \$12 per person

Reserve your table by calling Beth Shaw 781-3366



Outreach Ministry - All Ages Serving Near and Far

Our Mission work in Haiti Continues

The Episcopal Church of Saint Mary commissioned and sent four parishioners to Haiti from February 27 to March 5.

Jim Kane, Erin McGee Ferrell, Se' Ferrell, and Tommy Martin carried art supplies, art education books, toothbrushes, soccer balls, TOEFL training packets, and lots of bug spray to Institution Univers in Ouanaminthe, Haiti.

The main objectives of the trip were teaching TOEFL test prep exercises for students to study in an American university; teaching English language prep, an art education component, and painting classes.

Our team worked together with twenty other missionaries from Bar Harbor, Ohio, and Pennsylvania, to meet these objectives. The Falmouth team worked specifically with TOEFL tutoring and English language clubs as well as headed up the Art Education aspect of the trip.

Within the week, we worked together to create an organized art space, stocked with art supplies and Haitian art books. An artist and former graduate of Institution Univers was mentored as an art instructor to set up a newly established "Art Club".

On Sunday April 3, at Saint Mary's the team will present a more detailed presentation of the trip along with photos. We look forward to sharing many stories with the parish and are deeply grateful for all the generosity that made the trip and the completion of the mission objectives possible.

Information About Institution Univers:

Institution Univers educates over 2,300 students, pre-school through grade 13. Ranked as a top-ten school in Haiti, the program provides educational, spiritual, and vocational support for all of its students. IU graduates more than 50 students each year.

The school was started in 1994 in the border town of Ouanaminthe by the current director Hugues Bastien, a native of Haiti. Since then, Institution Univers has grown from a one-room preschool into a campus of multiple buildings employing over 150 local professionals and support personnel.

Pre-school and Kindergarten of Institution Univers:

The Pre-school and Kindergarten program of Institution Univers serves over 600 children ages 3-5 years old, with four classrooms at each grade level. Children learn to read, write, and recite basic French.

Primary and Secondary School of Institution Univers:

The Primary and Secondary school of Institution Univers educates students in grade levels 1st-13th. All grades adhere strictly to the curriculum standards mandated by the Haitian educational guidelines and are supplemented with biblical coursework. College Univers serves nearly 900 students in the primary grades (1st through 6th) and 800 in the secondary (7th through 13th).



And a Little Child Will Lead Them (Isaiah 11:6)

Do you have *three Sundays a year* to devote to exploring your faith through the eyes of our children? If so, we invite you to join us in the Guiding RAY program during the 10am service. Yes, you read correctly—3 Sundays a YEAR is the commitment we seek. And even on those Sundays, you will be back in church in time to celebrate the Eucharist.

Do you like to tell stories? If so, we'll provide the story and help with as much or as little training as you wish/need. Or would you like to sit quietly in the classroom, listening to the story with the children and helping as necessary? Or would you like to help with singing with the children, or with in-classroom service projects? **Or perhaps you have another gift or idea to help our children grow spiritually?**

Our children need you. And we suspect you will learn what our Guiding RAY team has learned: You need those children. Join us!

Curious about the Godly Play practice and curriculum? You're invited to learn more through a short video [Welcome to Godly Play at Saint Mary's FMI](#): jenniferanngregg@gmail.com



The Casco Bay 21K Half Marathon & Relay Race SATURDAY, May 14, 2016

- ⇒ 9 AM start in Payson Park, Portland
- ⇒ Open relay race: no supervised relay points
- ⇒ All proceeds support Young Life Casco Bay

- ♦ We'll run 13 miles from Payson Park in Portland to the Big Indian in Freeport, including all of Route 88. Return transportation will be available upon request.
- ♦ **OPEN RELAY:** if you want, create your own team and divide the distance in any way. Set your own relay exchanges. Each family can split the miles as one relay team.
- ♦ All proceeds go toward supporting the work of Young Life Casco Bay with youth in all Casco Bay communities.
- ♦ T-shirts, goodie bags, official timing and results with awards for best times
- ♦ FMI, contact jordandroge@gmail.com



REGISTER NOW at www.runinarace.com/CascoBay

Buildings & Grounds Update

by Jim Stoddard

Looks like Spring has come early this year although we could still be in for a few surprises. March was unseasonably warm with little snow accumulation. Hopefully we will soon see lovely flowers, green grass and leaves on the trees. Because of the warmer weather, B&G was able to complete some outdoor projects: mini-cleanup before Easter, removal of banner on the Church, and splitting of logs for firewood to name a few. Much more needs to be done. On colder days, we were able to complete some indoor projects such as upgrading thermostats, installing new storeroom signs, and new lighting in the church, and more.

Summit Gas has again contacted Saint Mary with new incentives that can lower our costs to convert to natural gas. We will weigh pros and cons to see if it might be advantageous to do the conversion at this time. Stay tuned. With Spring upon us, B&G must undertake the bidding process to hire a new lawn maintenance company.

As mentioned earlier, we are splitting wood (our Norway Maple wood) which will be auctioned off at the Eleventh Annual Lobster Bake/Auction.

Jim Stoddard B&G Chairman



Adopt a Bed

Interested in “adopting” a bed on our beautiful campus? Pick any area and think of it as your own! Your commitment would simply be to keep an eye on it and weed it, as needed. Note that this work does not include the formal beds behind the chapel that are beautifully maintained by members of St. Mary’s Garden Club. Contact Lucy Ellis, Landscape Team (cell) 450-3650.

Falmouth Foreside 5K Run and Walk

Saturday, May 14, 2016



Habitat
for Humanity®
of Greater Portland

Join us for a family-friendly 5K run and walk along Falmouth's Foreside Rd . 8am registration/9am start

\$25 Pre-registration for individuals, \$30 race day

\$10 - Student registration

PRE REGISTER www.habitatportlandme.org, click “Events” or click here

PRE-REGISTER!

Community Souper Supper

April 8 and 22



Enjoy this community-wide fellowship offering, dining in a relaxed, candle-lit atmosphere. You will be feted with a complimentary main course, salad, rolls, dessert and beverage. Wonderful for singles and families alike!
Offered twice each month on the 2nd and 4th Fridays from 5-7 PM in the parish house auditorium.
No reservations required. Just bring your family and friends and enjoy! It's a blast!



Support "Souper Supper" Buy Fair Trade "Coffee by Design" Coffee!

Casco Bay - a medium roast

Black & Tan - a slightly darker roast

"Coffee by Design" 12 oz. bags of ground fair-traded, organic, delicious coffees are on sale at Saint Mary's for \$10 a bag (Decaf is \$11). ...and support fair trade practices ...and a locally-owned business... and get GREAT organic coffee! Win! Win! Win!

Classic Cinema

presenting classic films on the 2nd Friday of every month.

Presents on April 8 - "The Yearling"

(1946) Starring Gregory Peck, Jane Wyman, Claude Jarman Jr. A boy persuades his parents to allow him to adopt a young deer, but what will happen if the deer misbehaves?

Movie begins at 7pm in the Parish House, and it's free!



Camp Bishopswood

Youth Camp, ages 8-16
Mini Camp, ages 6-8
CIT, ages 16 and up

Director, Mike
Douglass visit
s with S. Mary's
on April 10

Register NOW for the Summer 2016 at CAMP BISHOPSWOOD

Located on the shores of Lake Megunticook in the Camden Hills, Bishopswood is one of the best kept secrets among Maine summer camps. Operated by the Diocese of Maine since the early 1960s, Bishopswood is affordable, safe, well-managed, beautiful – and great fun for all young people. There are mini-sessions for first-time campers, multi-week sessions, and a family weekend. This year, there is also going to be an Alumni Weekend over Labor Day for those adults who want to go back and re-capture some of the old Bishopswood fun.

Register your child or yourself now at www.bishopswood.org.

Youth Camp - Ages 8-16

Session 1

YC 1: June 26th – July 2nd *Western Week*
YC 2: July 3rd – July 9th *Holiday Week*
YC 3: July 10th – July 16th *Color Wars* *
YC 4: July 17th – July 23rd *Bishopswoodstock*

* This week will have a modified schedule.

Session 2

YC 5: July 24th – July 30th *Big Freeze*
YC 6: July 31st – Aug 6th *Pirate Week*
YC 7: Aug 7th – Aug 13th *Cartoon Week*

MiniCamp - Age 6-8

MC I: June 26th – June 28th
MC II: June 30th – July 2nd
MC III: August 7th – August 9th



Arts & Crafts
Camp Craft (Nature Studies)
Low Ropes Challenge Course
Archery
G's Camper Kitchen
Performing Arts
Sports & Games
Swimming
Swimming Lessons
Canoeing
Rowing
Kayaking
Sailing
Chapel Service
Campfire

All kids need the opportunity of camp, and our tiered pricing is one of the ways we strive to get more kids outdoors, active, and of course, have ridiculous amounts of fun! Realizing that families have different abilities to pay, Bishopswood is offering a **voluntary** three-tier pricing schedule. You may choose the tier that is most suitable for your family. Check it out now at www.bishopswood.org. Scholarships available.

Zenith Journey up Katahdin: August 4 - 6

We are going back! For two nights in August, everyone is invited for an adventure to the most beautiful spot in Maine, Baster Peak and Chimney Pond. Preference will be given to those who have never been before because space is limited. All those interested in joining Nathan+ for a climb to the TOP of Maine, let him know right away! Everyone is welcome. Nathan's cell# 310-0268 or email nathanferrell@smary.org



“To Sing Above as Angels do ”

[Sweetest in the Gale](#), the Oratorio Chorale's new women's chorus directed by Emily Isaacson presents a vocal survey of works by women composers from 12th-century Hildegard von Bingen to contemporaries Meredith Monk and Libby Larsen.



Saturday, April 2, 7:30 p.m., Saint Mary's Episcopal Church, Falmouth

Sunday, April 3, 3:00 p.m., St. Paul's Episcopal Church, Brunswick
with [Mary Sullivan](#), soprano soloist, and [Derek Herzer](#), pianist

Advance tickets: \$20 adults, \$10 students, children under 12 free but ticket required

OUR MISSION

At The Episcopal Church
of Saint Mary,
we are building authentic,
vibrant, Christ-centered
community as we ...

Celebrate the goodness of
God and the gift of life,

Honor the presence of
Christ in one another, and

Serve the world in the
power of the Holy Spirit.



SENIOR CITIZENS: PRESCRIPTION DRUG SAFETY EVENT

April 2016
Tip of the
Month

Casco Bay CAN and Law Enforcement representatives will present information on how to track, lock and dispose of drugs properly

[Yarmouth](#): April 5th at 12 noon Casco Lodge, 20 Mill Street

[Gray/New Gloucester](#): April 13th at 11 AM Gray Library, 5 Hancock Street

[Falmouth](#): April 13th at 2 PM OceanView at Falmouth, 3 Marion Way

[Freeport](#): April 14th at 11 AM Freeport Community Center, 53 Depot Street

[Pownal](#): April 28th at 12 noon First Parish Church, 461 Elmwood Road

[Cumberland/North Yarmouth](#): May 12th at 9:30 AM
Val Halla Golf Course, 60 Val Halla Road


Casco Bay CAN
CREATE AWARENESS NOW
TOGETHER, PREVENTING YOUTH SUBSTANCE USE

**** Bring any expired or unwanted drugs for law enforcement to dispose**

News, Notes, Kudos, Dates & Reminders

(Send your 1-3 line notes, announcements or thanks to Beth at admin@smay.org by the 20th of the previous month)

Thank you to all who served as hosts (or planned to) for our Foyer Project:

Gary and Susan Conway,
Priscilla and Rod McGarry,
Mary Lalumiere,
Priscilla Rigg,

Jane and Tom Stegemann,
Rick and Portia Hirschman,
Charlie & Meg Hurdman,
Doug & Becky Pride,
Melissa and Jim Kane,
Maura and Peter Fitch,
Ruth Kimball,
Terry and Monique Brown,
Jennifer Gregg,
Janet and Garry Bowne.

Danke



Special thank you to Quinn Hagerty, Samantha Heinzman, Sarah Kelly, Julia Stinneford and Emily Stinneford for serving multiple times in March. And an extra special thank you to Maggie Gardner for serving at every service in March including Holy Week!

Thank you to everyone who helped before, during and after the Book, Bake and Soup Sale to make it so successful. Enormous thanks to Becky Pride, Babs Bell and Elizabeth Heinzman for heading up each area and the many workers who made it all possible for Outreach to raise this money toward our mission.

Thanks to Maggie Gardner for cleaning and organizing the volunteer room and the robing room. Much needed and much appreciated!

THANKS!

Blessings to all who work so hard to make Lent, Holy Week and Resurrection Sunday so special: Bruce Fithian and our Choir, the Altar Flower Guild, our Ushers, Acolytes, Crucifiers, Readers and Eucharistic Ministers, Altar Guild, Beth Shaw, our Guiding RAY Team and, our Clergy!

Heartfelt good wishes to our Haiti missionaries, Jim, Sé, Erin & Tommy, for sharing their time and many talents with Institut Univers and for their enthusiasm, sharing their experiences with us. Thank you to all the parishioners who donated toward books and supplies for our mission.

A Matter of Balance: Managing Concerns About Falls

Location – United Methodist Church, 52 Tuttle Road, Cumberland

Date: Tuesday, April 5th – May 24th

Time: 10:30 am - 12:30 pm (Max 15)

A Matter of Balance is designed to reduce fear of falling and increase activity levels among older adults who manifest this concern. A Matter of Balance acknowledges the risk of falling, but emphasizes practical coping strategies to reduce this concern. Trained facilitators conduct eight two-hour sessions designed for groups of 10 – 12 participants. During the class, participants learn to view falls and fear of falling as controllable and set realistic goals for increasing activity. They also find ways to change the environment to reduce fall risk factors and learn simple exercises to increase strength and balance.

Registration Required – For More Information Call Southern Maine Agency on Aging at 800-427-7411 X583 or 207-396-6583 or Visit their Website at <http://www.smaaa.org/> www.smaaa.org .



Mornings With Friends

April 20, 10:00-11:30 am

United Methodist Church, 52 Tuttle Road
Cumberland

Staying Safe and Independent at Home

Presented by Annemarie Catanzaro, SMAA
Family Caregiver Specialist

Come join us for a morning with friends!
Socialize, enjoy goodies, and learn how
you or someone you care about can safely
remain in your own home.

FMI: deborah.gray48@gmail.com

or AIPCumberland.org

AIP: 207-829-2205 For Rides, call 829-3367
Free and Open to the Public * Coffee, Tea & Goodies

Merci



April 2016 AVE

Here are some important dates in our Saint Mary's parish family

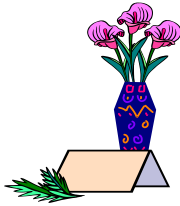
Happy April Birthdays to:



1	Olivia Kennedy	15	Jo Mirschel		
1	Lester Evans	15	Alden Record		
3	Piper Bickerstaff	15	Jeannie Gulliver		
3	Chris McGonigle	16	Sara Fallon	22	Hannah Russell
3	Tim McGonigle	16	Trey Fallon	23	Dan Funk
3	Skylar Spaulding	16	Jacob LaPlante	24	Samantha Galbraith
4	Mark Stimson	17	Alexis Lindberg	24	Jared Hourihan
7	Bexie Knowles	17	Ginny Stelk	25	Kue John Lor
7	Rose Barrett	18	Cayman Bickerstaff	25	Jordan Otte
8	Alice Hendry	18	George Kendall	25	Jane Sawyer
8	Bennett Smith	19	Connie Stimson	27	Gordon Payne
10	Charlotte Brunelle	20	Mallory Ianno	27	Andrew Taylor
13	Harry Sawyer	21	Rebecca Nuzzi	27	Lanny Wenthe
14	Kaylee Demers	22	Angelica Barrett	28	Betsy Stoddard
14	Evelyn Thurston	22	Katalina Echavarri	29	Sarah Brown
15	Dorothy Fay	22	Grace Payne	29	Sarah Greenlaw

We'd love to include good wishes on your birthday and anniversary. If we don't yet have the dates, please send your and your family's special dates into the parish office and we'll be sure to include them on your special month. admin@smary.org or call 781-3366 or drop a note to the church. Thanks!

HAPPY APRIL ANNIVERSARY WISHES TO:



12	Nikki & Lester Evans	17	Jane & Harry Sawyer
12	Pam Peeler & Richard Casselman	19	Angelica & George Barrett
15	Meg & Charlie Hurdman	27	Elizabeth & Jack Heinzman
15	Julie & Harold Otte		



Saint Mary's is looking to replace an old and tattered oriental rug in the Church Sacristy (Nathan's robing room). Size is 3x5.

Anyone who has a rug to donate please contact Beth. Thank you for considering this as a donation.



The Episcopal Church of Saint Mary
 Worship Leader Schedule: April - May 2016

	8am Ushers	8am EM/Lectors	10am Ushers	10am Lector	10am Euch Minister	Acolytes	Altar Flowers	Flower Delivery
	<i>Baptism at 10</i>							
3-Apr Easter 2	Baer Connard Mac Hinkel	Lad Taylor	Chuck Horton Aaron Splint	Megan Akers	Tom Pettingill Greg Unfricht	tbd	Easter flowers	~
	<i>Habitat Sunday</i>							
10-Apr Easter 3	Ed Ainsworth Rayle Ainsworth	Mary Ann McLean	Andrew McIntosh Tom LaPlante	Jennifer Gregg	Jim Stoddard David Robinson	tbd	Easter flowers	~
17-Apr Easter 4	Jim Kane John Fournier	Mac Hinkel	Harold Otte Jack Heinzman	Stan Eaton	Linda Eaton John Fournier	tbd	Jan M.	The Stoddards
24-Apr Easter 5	Charlie Hurdman Al Ahlers	Len Taylor	Megan Akers Jack Heinzman	Gail Carter	Nadine Timberlake Jeff Campbell	tbd	Hannah & Helga	The Hortons
	<i>1st Communion</i>							
1-May Easter 6		Becky Pride		Marian McCue	Andrea M-H Terry Brown	tbd	Onnie H	Ruth Kimball
	<i>Mother's Day</i>	<i>Schola Concert</i>						
8-May Easter 7		Mary Ann McLean		Erin Ferrell	Ginny Stelk Stan Eaton	tbd	Jan M.	Mark Stimson
15-May Pentecost		Lad Taylor		Betsy Stoddard	Maggie Gardner Tom Pettingill	tbd	Hannah & Helga	The Stoddards
		9am lector		12noon EM				
22-May Mission Morning		Jennifer Gregg ~ L						
29-May Pent 2		Mac Hinkel		Ginny Stelk	Greg Unfricht Jim Stoddard	tbd	Hannah & Helga	Ruth Kimball

If unable to fulfill your scheduled duty on the assigned day, please find your own replacement and inform Beth in the office of the change, 781-3366



April 2016

The Episcopal Church of Saint Mary



Sun	Mon	Tue	Wed	Thu	Fri	Sat
3/27 The Sunday of the Resurrection 9am - Holy Eucharist followed by coffee hour 11am - Holy Eucharist followed by coffee hour	3/28 12 - Noonday Prayer	3/29 9-12 Art Group in Aud 10:30am - Wisdom Seekers 12 - Noonday Prayer 1pm - Staff Meeting 1pm - Get Starching 7pm AA in Auditorium 7:30 AllAnon (6:30 beginners)	3/30 12 - Noonday Prayer 6-8 Chorale rehearsal in Sanctuary	3/31 12 - Thursday Eucharist 4pm BSM rehearsals 6:15pm Dowzers 7pm SM Choir Rehearsal	4/1 Office Closed 12 - Pray wherever you are 5:30pm AllAnon	4/2 9am BSM 7:30pm Sweetest in the Gale Concert (Women's Ontario Gr)
8 The Second Sunday of Easter 8am - Traditional Eucharist 9:30am Family Chapel 9:45am Guiding RAY begins 10:00am Contemporary Eucharist & Baptism followed by coffee hour 11:15am Haitian trip Presentation	4 12 - Noonday Prayer 3:30 - 6:30 - Math is Fun	5 9-11am St Elizabeth's 9-12 Art Group in Aud 10:30am - Wisdom Seekers 12 - Noonday Prayer 1pm - Staff Meeting 1pm - Get Starching 3:30pm Excom 4pm - Outreach meeting 7pm AA in Auditorium	6 10a - Mainly Weavers 12 - Noonday Prayer 6-8 Chorale rehearsal- Aud	7 12 - Thursday Eucharist 4pm BSM rehearsals 7pm SM Choir Rehearsal	8 Office Closed 12 - Pray wherever you are 5-7pm Community Souper Supper 5:30pm AllAnon	9 9am BSM 9a-3p Diocesan Spring Training in Brunswick
10 The Third Sunday of Easter Preacher: Becky Pride Habitat Sunday 8am - Traditional Eucharist 9:30am Family Chapel 9:45am Guiding RAY begins 10:00am Contemporary Eucharist followed by coffee hour Bishooswood's Director, Mike Douglass, is here	11 9:30 - Garden Club meeting 12 - Noonday Prayer 3:30 - 6:30 - Math is Fun	12 9-12 Art Group in Aud 10:30am - Wisdom Seekers 12 - Noonday Prayer 1pm - Staff Meeting 1pm - Get Starching 7pm AA in Auditorium 7:30 AllAnon (6:30 beginners)	13 12 - Noonday Prayer 4pm Recovery Yoga 6-8 Chorale rehearsal- Aud	14 12 - Thursday Eucharist 4pm BSM rehearsals 7pm SM Choir Rehearsal	15 Office Closed 12 - Pray wherever you are 5:30pm AllAnon	16 8am-3pm AllAnon Work-shop, Aud & GR
17 The Fourth Sunday of Easter 8am - Traditional Eucharist 9:30am Family Chapel 9:45am Guiding RAY begins 10:00am Contemporary Eucharist followed by coffee hour Public School vacation week	18 Office closed for Patriot's Day 12 - Pray wherever you are	19 9-12 Art Group in Aud 10:30am - Wisdom Seekers 12 - Noonday Prayer 1pm - Staff Meeting 1pm - Get Starching 3pm - Pastoral Partners 7pm AA in Auditorium 7:30 AllAnon (6:30 beginners)	20 AVE deadline 12 - Noonday Prayer 4pm Recovery Yoga 6pm - Vestry Meeting 6-8 Chorale rehearsal- Aud	21 12 - Thursday Eucharist 7pm SM Choir Rehearsal	22 Office Closed 12 - Pray wherever you are 5-7pm Souper Supper 5:30pm AllAnon	23
24 The Fifth Sunday of Easter 8am - Traditional Eucharist 9:30am Family Chapel 9:45am Guiding RAY begins 10:00am Contemporary Eucharist followed by coffee hour	25 12 - Noonday Prayer 3:30 - 6:30 - Math is Fun	26 9-12 Art Group in Aud 10:30am - Wisdom Seekers 12 - Noonday Prayer 1pm - Staff Meeting 1pm - Get Starching 7pm AA in Auditorium 7:30 AllAnon (6:30 beginners)	27 12 - Noonday Prayer 4pm Recovery Yoga 6-8 Chorale rehearsal- Aud	28 12 - Thursday Eucharist 4pm BSM rehearsals 6:15pm Dowzers 7pm SM Choir Rehearsal	29 Office Closed 12 - Pray wherever you are 5:30pm AllAnon	30 9am BSM 11am-5pm First Holy Communion retreat 1-3pm Jane Austin Soc in Aud, kit



THE EPISCOPAL CHURCH OF SAINT MARY

43 Foreside Road
Falmouth, ME 04105
207-781-3366 www.smary.org

Our Worship Schedule

Regular SUNDAYS

8:00AM - Traditional Eucharist

10:00AM - Contemporary Eucharist

MONDAY - FRIDAY

Noon Day Prayer in the Chapel
and wherever you find yourself

THURSDAYS

12noon - Holy Eucharist

CELEBRATE ∞ HONOR ∞ SERVE

THE EPISCOPAL CHURCH OF SAINT MARY

**43 Foreside Road
Falmouth, Maine 04105**

Tel: 207-781-3366

E-mail: smary@smary.org

Website: www.smary.org

The Rev. Nathan Ferrell, *Rector*

The Rev. Christine Bennett, *Deacon*

Bruce S. Fithian, *Organist & Choirmaster*

Beth Shaw, *Parish Administrator*

Office Hours: Monday - Thursday
9:00 am to 4:30 pm

Copy deadline May AVE is **Apr 20**

Your 2016 Saint Mary's Vestry

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Cell phone number 310-0268

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