



From the Rector: The Art of Forgiveness

It is impossible to overstate the importance of forgiveness in the life of the Church and of each individual Christian. The teachings of Jesus abound with direct statements and imaginative parables that reinforce the centrality of forgiveness to life in the kingdom of God. The self-emptying death of the Lord on the cross is understood by the Church as opening the door of God's forgiveness to all people. The Letters of the New Testament call us to "forgive each another, just as the Lord has forgiven you, so you also must forgive."

(Colossians 3:13)

And yet, in spite of this foundational importance, the Church has done a poor job in teaching people HOW to forgive. The call to forgiveness was never intended by God to be a source of guilt and despair, as if it were some kind of unattainable ideal designed only for special "holy" people. Instead, the Lord offers forgiveness as the path that leads each person to increasing spiritual freedom and joy, if they are willing to walk in this way.

Here at Saint Mary's, our goal during Lent this year is to remedy some of this historical shortcoming by helping everyone to learn the art of forgiveness. Yes, this is a life practice that YOU can learn! We will begin Lent once again with **the ancient Rite of Forgiveness** borrowed from the Eastern churches. **Three Lenten Groups** will meet on weekdays to go through specific teaching practices on forgiveness. **Sunday sermons** in Lent will build upon these teachings and incorporate some of them into the message. And, most fantastic of all, the author of our Lenten resources will be visiting us on **the weekend of March 24-26!** The Rev. Dr. Rob Voyle is an Episcopal priest, licensed psychologist, executive coach, writer and author, and a gifted retreat leader. Please clear your calendar now to take advantage of this unique opportunity to learn from an internationally known teacher. See inside this AVE for event details. Don't let financial concerns keep you away, as we have discretionary funds that can assist with event costs. And please invite your friends and neighbors! Everyone is welcome to benefit from this special gift.

The life of each Christian and the shared life of each Christian community ought to be marked by the most profound practices of forgiveness known to humanity. Let's raise the bar together this Lent and see if we can all learn the art of forgiveness in the way that God intended.

Nathan W. Ferrell +



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Ash Wednesday, March 1, 2017

The Ash Wednesday Liturgies will be as follows:

12noon: The Ash Wednesday Liturgy in the Father James Chapel

4:00pm: Ash Wednesday Gathering for Families & Children in the Chapel

6:00pm: The Ash Wednesday Liturgy with music in the sanctuary

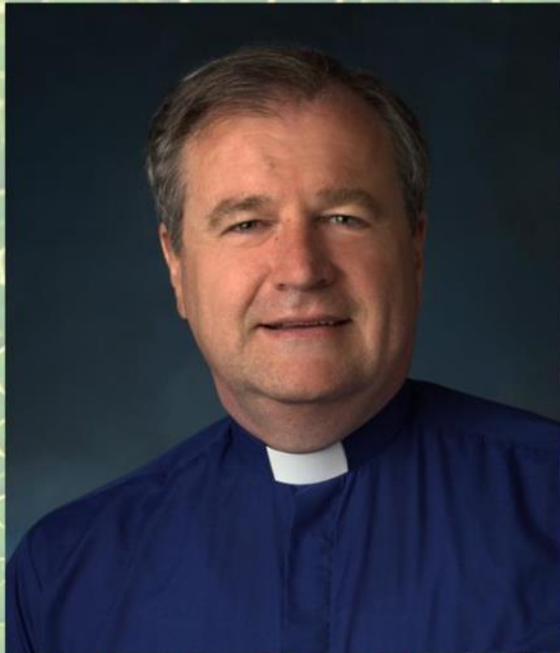
FAMILIES!! At 4:00 pm on Ash Wednesday, Father Nathan will hold a special Children's Service. It will be approximately 30 minutes long and will include an imposition of ashes, but no Eucharist; it is specially designed to be *child friendly*.



Learning HOW to FORGIVE *and* Discovering your CORE PURPOSE

*a special weekend at Saint Mary's
with the Rev. Dr. Rob Voyle*

March 24 - 26, 2017



Rob Voyle is an Episcopal priest, executive coach, licensed psychologist, author, storyteller, and a leader in the development and use of Appreciative Inquiry in church and coaching settings.

Rob's approach to teaching is

- Helpful: Training must provide practical, sustainable solutions for today's challenges.
- Humorous: Creativity and humor go together as people enjoy new insights.
- Healing: Rob creates opportunities for people to experience transformational insights that lead to new ways of living, working, and being in the world.

WEEKEND PLAN

Friday, March 24: Teaching Others How to Forgive - a continuing education day for counselors, social workers and clergy

Saturday, March 25: Discovering Your Core Purpose - a retreat for lay people

Sunday, March 26: I Was Blind, Now I See - Sunday morning preaching and Eucharist with Fr. Voyle

FMI: contact Saint Mary's Parish Office at smary@smary.org or 781-3366

Vestry Highlights from your Wardens

The Vestry did not have a regular meeting this month. February is our annual retreat. The goal of this event is to spend time getting to know one another and looking at our goals and plans for the year. The day runs from 9-3 and the extra time allows us to dig a little deeper into our opportunities and challenges. Father Nathan uses the time to offer some instruction. We began in the Father James Chapel with Morning Prayer and learned about Fanny Crosby (1820-1915), an American mission worker, poet, lyricist and composer. Blind from infancy, she wrote over 8,000 hymns. She rose to fame so much so that by the end of the 19th century, hers was a household name. Father Nathan led us in an exercise designed to have us become better acquainted.



Janet Bowne, Jr. Warden and Jim Kane, Sr. Warden

We reviewed our goals and recapped the discussions held to date with the Parish Council and at the Annual Vision Meeting. We also reviewed and approved the Parochial Report to be sent to the Diocese by March 1st.

Mid-week Lenten Series: Join a small group! *March 7 - April 6*

LEARNING THE ART OF FORGIVENESS

TUESDAYS at 10:30AM IN THE PARISH HOUSE WITH WISDOM SEEKERS

WEDNESDAYS AT 3PM AT OCEANVIEW LED BY THE TROEGERS

WEDNESDAYS AT 6PM IN THE PARISH HOUSE LED BY FR NATHAN
(EXCEPT: Wednesday, Mar. 15 has been moved to **Thursday, March 16**)

On Wednesday evenings we'll gather for supper and discussion in the Parish House.
(Note the change of date for March 15)

The Wednesday evening format is as follows:

- 6:00 Dinner: Bring a soup, salad or bread to share. Sign-up at the table.
- 6:30 Worship and Discussion
- 7:30 Closing prayer and clean-up
- 7:45 Out the door!



Navy Reserve Chaplain Commissioning: Palm Sunday, April 9, 1 PM

Plans are being made for Fr. Nathan to be commissioned as a Chaplain in the Navy Reserves. Final approval has not yet been announced, but all signs point toward a successful outcome of the application process. The US Navy has a great need for Chaplains to serve in New England. As a reservist, Fr. Nathan will serve for approximately two days each month and two weeks each year. For Chaplains, the Navy provides a "flex-drill" arrangement that does not require weekend drilling. His duties will vary each month according to the needs of the Navy and the Sea Services, but it is likely to include veterans' funerals and visits at the VA Hospital in Togus. He will be required to attend a two-week DCOIC (Direct Commission Officer Indoctrination Course) at the Navy Education and Training Center in Newport, Rhode Island in July. Fr. Nathan was recruited by our own (USN Lieutenant) Shea Bickerstaff. In addition, our own (USN Captain) Mark Winter will administer the oath of office at the brief Commissioning Ceremony on April 9. Afterward, there will be a celebratory reception in the Auditorium. All are welcome to come and join the celebration!



Outreach Ministry ~ All Ages Serving Near and Far

Our Annual BOOK, BAKE, and SOUP SALE!

Saturday, March 4, 2017 9am - 1pm

The Outreach Committee is once more holding its annual event in the dark days of March to gather us together as a parish family for a heartwarming day of good food and good reads available at practically give-away prices. As many parishioners will remember ~ and for those who are new to the parish, the dual purposes of this major activity are *fellowship*, the coming together of many parishioners and community members ~ not to mention book dealers from as far away as Presque Isle and New Hampshire ~ and *raising money for our mission work!!*. All books that are not sold are donated to the Salvation Army, so this entire event is a charitable cause!!

Sign-up sheets are outside the Guild Room. Please consider how you can help!

donate books • sort books • sell books
greet folks • help in the kitchen • bake for the bake sale

This event will benefit Saint Mary's Charities

Classic Cinema

Our monthly *FREE* in-house movie

Presents on March 10 "The Seventh Seal"

(1957) A man seeks answers about life, death, and the existence of God as he plays chess against the Grim Reaper during the Black Plague.
 Director: Ingmar Bergman Stars: Von Sydow, Bjornstrand

Movie begins at 7PM in the Parish House, and it's free!



Community Souper Supper

March 10 and 24

Enjoy this community-wide fellowship offering, dining in a relaxed, candle-lit atmosphere. You will be feted with a complimentary main course, salad, rolls, dessert and beverage.

Wonderful for singles and families alike!

Offered twice each month on the 2nd and 4th Fridays from 5-7 PM in the parish house auditorium.

No reservations required. Just bring your family and friends and enjoy! It's a blast!



Support "Souper Supper" Buy Fair Trade "Coffee by Design" Coffee!

Casco Bay - a medium roast OR Black & Tan - a slightly darker roast

"Coffee by Design" 12 oz. bags of ground fair-traded, organic, delicious coffees are on sale at Saint Mary's for \$10 a bag (Decaf is \$11). ...and support fair trade practices ...and a locally-owned business... and get GREAT organic coffee! Win! Win! Win!



Winter Mission Morning at Saint Mary's

"WHAT DO YOU SEE GOD GROWING AROUND YOU TODAY?"

Bone-chilling temperatures and an impending snow storm were not enough to keep some 35 Saint Marians from participating in Mission Morning on February 12th, setting off from our campus at 9:30 following a short lesson and blessing to witness what God was "growing" in our community.

A small group bearing coffee and donuts sang and met with senior residents of the Village Green apartments in Cumberland; others traveled to the substance-abuse emergency shelter operated by Milestone Foundation in Portland to help tidy and organize the premises. Still others took flowers and spent time at the skilled nursing care facility of The Cedars in Portland, sharing with and learning life lessons from those with whom they conversed. An intrepid group of families distributed or tied fleece scarves to trees and lightposts in downtown Portland; these scarves had been handcrafted by our Guiding RAY children and adult volunteers earlier in the year. Another group traveled to the Falmouth Food Pantry to tidy up to ensure that the premises would be clean and welcoming to its clients. Back on the home front, a multi-generational group remained at Saint Mary's to craft potholders (to be offered to clients of the Falmouth Food Pantry) as well as color drawings of candles for participants of the Interfaith Prayer Vigil at the Statehouse on February 22. Bishop Lane will be one of the prayer leaders.

All returned at 11:30 am to enjoy a light lunch of wrap sandwiches – special thanks to Elizabeth Heinzman for her logistical help with this feast!

Through all these activities, participants took the opportunity to very intentionally seek and see God at work in and through the eyes of others. We hope you will join us for the **Spring Mission Morning on Sunday, May 21, 2017.**



Bringing song and cheer



Saint Marians at work at Milestone



Our in-house project for FFP clients



Our missionaries get ready to handout scarves.

An email note of thanks received on February 14

Good afternoon,

I'm writing to thank your church for the soft, warm scarf they handed our friend on High Street in Portland last week during the stormy weather. He was out shoveling the driveway when a member of your church gifted him with a beautiful fleece scarf. What a kind gift of comfort!

When our friend came into the apartment building, he gave the scarf to me, as I was going out to find parking for my car during the snow ban. I kept thinking, "It's so soft"! When I returned and had dried it, I wrapped it around my son's neck, and he instantly smiled. He is 12 and has sensory integration trouble, so the softness wrapped around his neck and draped down his chest felt secure and comforting.

My son and I have been homeless for the past couple weeks, due to mold in our South Portland rental and have

been staying with friends in Portland until our next apartment is ready in one month. It's tight quarters in a one bedroom with the friends we are with but are grateful and trying to remain positive. I tell you this because the scarf you gave us made us all smile, feel comfort and joy at receiving a useful gift at that perfect timing. God's love is always good and in perfect timing, I believe.

From my son and me, and our neighbor as well, thank you for your gift of warmth, comfort and love. I pray all these blessings return to you good people. What a welcome ray of light during our dim time. Thank you. With love, W

Saint Mary's newest Outreach/Mission Opportunity: Helping our immigrant community transition to life in Maine.

It is hard to believe that only five minutes from Saint Mary's is a city that has over 60 different languages spoken in the schools and on the streets! Quite a statistic for Portland, a city of 70,000!

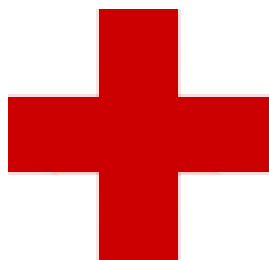
Becky Pride, Jennifer Gregg and Anne LaFond - and no doubt others - have been participating in volunteer programs with the immigrant and refugee community as tutors and mentors. Anne has been a citizenship tutor at Portland Adult Education for the past seven years, helping immigrants and refugees prepare for their citizenship test. Becky volunteers at Learning Works as an English teacher and occasionally participates as a conversation leader in the "In her Presence" group that convenes Mondays at the Greek Orthodox Church. Jennifer is a literacy tutor at Learning Works working with an Iraqi refugee. They are finding that the time spent with their new friends is enormously rewarding, joyful, and fulfilling.

There are many opportunities for S. Marians who are interested in learning about our brothers and sisters in the Portland area. The immigrants and refugees have come from all over the world - Burundi, Somalia, Sudan, Republic of Congo, Djibouti, Angola, Vietnam, as well as other countries to live here. Their determination, their work ethic, their love of community and of this country and their desire to learn are inspiring and uplifting. To be in their presence is truly humbling.

Over the next few months Becky, Jennifer and Anne will introduce you to the volunteer opportunities AND to their students and colleagues at the 10 am coffee hour. **On May 3, from 6:30 – 8 pm**, we will have a dessert/coffee evening in the Parish House, inviting representatives from the Portland immigrant community to tell their stories of their singular experiences.

. You are all cordially invited to attend and learn about these new Mainers and how we at Saint Mary's might help them transition into their new life.

So, it is with great joy and anticipation that we look forward to introducing our friends from different cultures and sharing our volunteer experiences and opportunities with Saint Mary's.



**American
Red Cross**

Together, we can save a life

Good Friday Blood Drive: Friday, April 14, 8:00am - 1:00pm

Christ gave his blood for you. Will you give your blood for others? Sign-up today to be a blood donor and help give to those who need your blood to survive!

Go to www.redcrossblood.org and use sponsor code "SMary" to make your donor appointment. Contact our Coordinator, Jana Burke, at jana.burke@gmail.com or 272-4535.

Can you help our donors at the drive? Could you help distribute flyers or posters? Volunteers are needed. Call Jana Burke (272-4535) or email Beth in the parish office admin@smary.org

Coffee Hour – Hosts Needed

We need volunteers for the 10:00 service Coffee Hour. Please keep in mind that Coffee Hour is meant to be a quick parish gathering with coffee and juice available for children, along with a couple of store bought or home baked treats. Most Sundays, coffee is already made (thanks to Hugh & Mary Smith!) so hosts would do a simple set up and clean up. Remember the importance of Coffee Hour is the gathering together of our parish family.

We need your involvement – Ask another person or family to host with you!!

Coffee Hour can't happen every Sunday unless we have more volunteers. The sign-up sheet is on the Ryder table outside the Guild Room.

Kindly consider this ministry once or twice a year. Contact Betsy Stoddard, 829-2026 or jbstod@myfairpoint.net if you have questions. Thanks.



Two incredible reasons to Run, Race or Walk



The Casco Bay 21K

Half Marathon & Relay Race

SATURDAY, May 20, 2017

9 AM start at Saint Mary's
All proceeds support Young Life Casco Bay



- ♦ We'll run 13 miles up Route 88 and Route 1 to the Big Indian in Freeport. Return transportation will be available upon request.
- ♦ All proceeds go toward supporting the work of Young Life Casco Bay with youth in all Casco Bay communities. Early entrance discounts!
- ♦ T-shirts, goodie bags, massages, official timing and results with awards for best times
- ♦ FMI, contact jordandroge@gmail.com

REGISTER NOW at www.younglifeCB.com

Falmouth Foreside 5K Run and Walk

Saturday, May 6, 2017



Habitat
for Humanity®
of Greater Portland

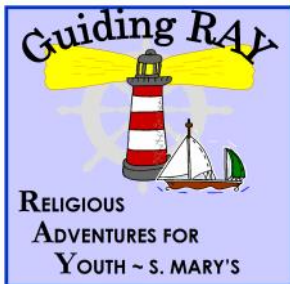
Join us for a family-friendly 5K run and walk along Falmouth's Foreside Rd . 8am registration/9AM start

\$25 Pre-registration for individuals, \$30 race day
\$10 - Student registration Cash prizes!

PRE REGISTER www.habitatportlandme.org, click "Events" or click here to

PRE-REGISTER!

Christian Formation - RAY Beams - Winter 2017



Lent is the season when we prepare for Easter. The following weeks are a solemn time, overflowing with meaning, when we view life from the perspective of our existential limits and the sacrifice of Christ.

Guiding RAY Lessons and times of Service & Fellowship in March



Sunday, March 5: Mystery of Easter This lesson gives an introduction to the relationship of Lent to the Mystery of Easter as well as how Easter overflows into the season of Easter.

Sunday, March 12: Faces of Easter We move toward the Mystery by hearing the stories of Christ's journey toward the Cross and resurrection. This week's presentation focuses on the face of Christ as a newborn child.

Sunday, March 19: Faces of Easter This week's presentation focuses on the face of Christ as the One who was lost and found and on the face of Christ as healer and parable-maker.

Sunday, March 26: Easter Eggs This week's lesson will introduce the children to the eggs of Eastern Europe. Introducing children to these eggs is a way to reclaim a wonderful sign of new life in Easter for the children.

Sunday, April 2: Resurrection Gardens Children will create their own Resurrection gardens to enjoy the beauty growing and to pray, thanking God for new life.



Creating and praying at a single prayer station



Making Saint Valentines for veterans



SAVE THE DATES!

March 1, 4pm: Family Ash Wednesday Service

April 14, 4pm: Family Stations of the Cross

Lenten Lego Lessons

Third, Fourth, and Fifth graders are invited to a special series of Lenten bible lessons using Legos. The youth will meet in the Guiding RAY space downstairs and will follow the same schedule as Guiding RAY and be in church to join their families for the Eucharist. Lenten Lego Lessons offers a hands-on way to explore faith stories that empower our youth to receive and respond to God's love. If any adults would like to share their love of Legos and God with the kids, we are in need of facilitators.

Guiding RAY Coordinators

Megan Akers: Director, GuidingRAY@smayr.org, 415-4260

Julie Otte: juliemomotter@aol.com, 207-781-2322

Guiding RAY Teachers and Classroom Volunteers

Monique Brown, Sandy Couch-Kelly, Jennifer Curran, Hannah de Sorbo, Heather Gale, Penny Guyton, Alison Hayward (Nursery), Julie Otte, Vanessa Record, Roberta Stothart, Heather Teng, Carolyn Thomas



Christian Formation - High Schoolers & Middlers

Winter Middle School Event

For Maine Episcopal Youth and their friends
St. Paul's, Brunswick, 27 Pleasant St.

March 10-12
2017

Hear music..talk to God

Participants arrive Friday, March 10 at 6:30
(after dinner) until Sunday, March 12 at 1:30.
Families welcome to closing program at 1pm

FMI,
Maineyouth.org
and
register

Play games... swim... do skits

For Kids
6th-8th
grades

Fun!

Also check out the **TEC weekend** for High Schoolers all over Maine
March 23 - 25 at Trinity - Portland Maineyouth.org



Every single high school student in the Casco Bay area is INVITED to gather for an amazing club at Laine Legere's house (56 Quiet Lane in Portland). This is crazy fun and growing each week. FMI: visit www.younglifecb.com

Young Life Club: Monday nights at 7:31 PM!

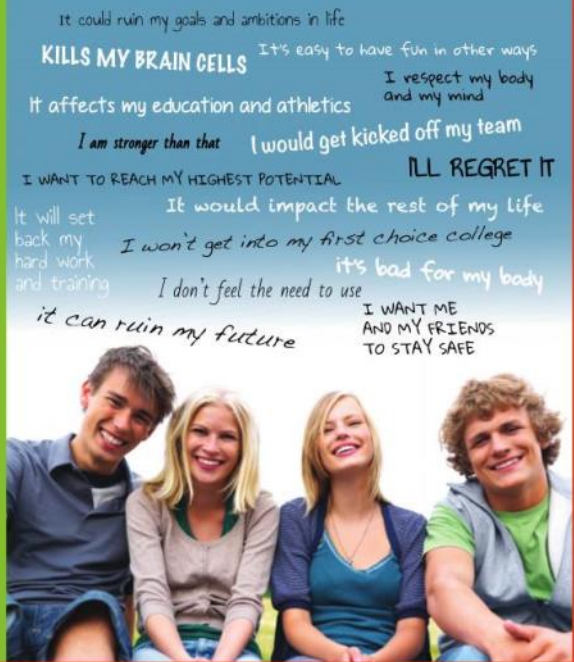
MOST CASCO BAY TEENS CHOOSE NOT TO USE ALCOHOL OR DRUGS FOR GOOD REASONS

Think about the consequences before you use

www.cascobaycan.org



March 2017
Tip of the Month



A grant funded project sponsored by Cumberland County Government
www.cumberlandcounty.org SAMHSA #1H7aSP016497

Register NOW for the Summer 2017 at CAMP BISHOPSWOOD

Located on the shores of Lake Megunticook in the Camden Hills, Bishopswood is one of the best kept secrets among Maine summer camps. Operated by the Diocese of Maine since the early 1960s, Bishopswood is affordable, safe, well-managed, beautiful – and great fun for all young people. There are mini-sessions for first-time campers, multi-week sessions, and a family weekend. This year, there is also a free Work Weekend (May 19-21) when anyone can stay and eat at camp by helping prepare it for summer.

Register your child or yourself now at www.bishopswood.org. See the website for more information.



Notes from our Music Ministry

Lenten Beauty The season of Lent is a wonderful time for quiet devotion and for peaceful prayer. The music for this period is especially important for our grounding and aid to quiet meditation. The choir will be singing 'a cappella music (unaccompanied singing) in the chancel, leading the congregation in the ancient practice of psalmody. Also in honor of the emphasis on Moses and the commandments, we will all be singing the 'Shema Yisrael' (Hear, O Israel), drawn from our Hebrew heritage. This prayer is sung at the morning and evening services of the Jewish prayer services and the words are fundamental to our faith:

Sh'ma Yisrael, Adonai Eloheinu, Adonai echod.

Hear, O Israel: the Lord is our God, the Lord alone.

Baruch shem ch'vod, ch'vod malchuto l'olam vaed.

Blessed be his glorious name, his glorious kingdom which is eternal.



The choir will also prepare the mood of quiet reflection with anthems like the serene 'If ye love me, keep my commandments' by the great master of Anglican music, Thomas Tallis; a stunning version of 'God so loved the world' by Bob Chilcott; a wonderful setting of 'There is a green hill far away' by Michael Bedford; and a stirring anthem by Carolyn Johnson, 'Spread branches' for Passion Sunday (Palm Sunday). In addition we will be singing a famous Welsh hymn - in Welsh! It is called 'Calon lân,' and besides the sheer beauty of the melody, the song has powerful words:

I don't ask for a luxurious life,
The world's gold or its fine pearls;
I ask for a happy heart,
An honest heart, a pure heart.

Refrain: A pure heart full of goodness
Is fairer than the pretty lily;
None but a pure heart can sing,
Sing in the day and in the night.

*Nid w'yn gofyn bywid moethus
Aur y byd na'i berlau mân
Gofyn rwyf am galon hapus
Calon onest, calon lân.*

*Calon lân yn llawn daioni,
Tecach yw na'r lili dlos:
Dimond calon lân all ganu
Canu'r dydd a chanu'r nos.*

The St Mary Schola will also participate in the Lenten tradition with a program called '*As Pants the Hart.*' This concert features some sublime music, including Bach's poignant aria from Cantata 42, for mezzo soprano, oboe, violin and strings as well as a rousing sinfonia for the instrumental ensemble.

There are two major master works by Gesualdo ('*O vos omnes*' Oh ye people, see if there is any sorrow like my sorrow) and Lassus ('*Timor et tremor*' Fear and trembling) that are profoundly moving. Another Bach aria for bass, oboe and strings ushers us into the passion week.

The final works from the first half include a mysterious medieval setting of 'Ave Regina Caelorum' by Guillaume Dufay and an absolutely radiant five part setting of the famous 'Ave Maria' text by Palestrina.

The second half presents Handel's Chandos Anthem number six, called 'As pants the hart,' based on the text from Psalm 42. It begins with a vigorous sinfonia for oboe and strings and continues with a six-part setting of the opening lines with contrapuntal majesty equal to Bach's great choral writing. Handel's genius for writing for the human voice includes some heartfelt arias and duets for soprano and tenor and a final vigorous fugue for the whole ensemble.

The dates of the concerts are: March 31, 7:30 PM - Cathedral of the Immaculate Conception

April 2, 4:00 PM - Church of Saint Mary, Falmouth

April 4, 7:30 PM - Cathedral Church of St. Luke, Portland

For more information about this program please visit stmaryschola.org.

"Color Gardens: Beautiful Perennial Combinations from Spring through Frost"

April 6, 2017 (Snow Date: April 7)



Maria von Brincken, principle of Maria von Brincken Landscape Garden Design, is an award-winning certified designer (APLD and LI) celebrating over 20 years in professional practice. Maria specializes in beautiful spaces and colorful flower gardens using native and ornamental plants. Trained as a fine artist, color theorist, and organic gardener, Maria brings years of critical design thinking to her landscape solutions. See her website www.mariavonbrincken.com for her design portfolio and blog.

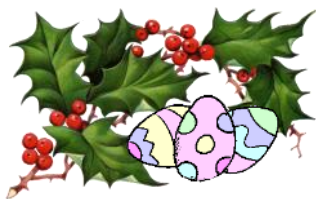


5 pm Social • 6 pm Presentation Tickets: \$20, complimentary wine and hors d'oeuvres
Auditorium in the Parish House • Saint Mary the Virgin Episcopal Church

Think Sparkles First ... Even in Spring!

In February, we held our Sparkles Wrap-Up Party/Meeting. Every year we discuss what went well at Sparkles that year and what we could do better the following year. As always, the Saint Mary's Sparklers were enthusiastic and full of ideas for Sparkles 2017! While most of our traditions will remain the same, we have a few new surprises in store.

One of the areas we hope to increase is the inventory in our Boutique. The Boutique is the anchor of Sparkles, and we are hoping to increase the number of donations. To make things easier for parishioners, we will be taking donations *year-round*! If you have something you'd like to donate in the spring or summer, and don't want to store it until fall, please contact Onnie Hastings (HASTBOBON@msn.com or 671-6073) or Kathy Galen (kathleendaisy@aol.com or (603) 723-5145) or Jana Burke (jana.burke@gmail.com or 272-4535) to make arrangements. We also offer pick up services if you need help with items.



Please, when you have items to donate any time of the year, think Sparkles first!

As a reminder, we love gently used household items, family treasures, holiday decorations, silver, linens and china for the Boutique. We also take gently used toys and small pieces of furniture. But please no rummage, books, magazines or clothing.

We also collect jewelry – antique, vintage, handmade, unique - any kind of jewelry. These items are cleaned, repaired, or repurposed and sold.

At the Knitters Corner, we take knitted, crocheted, woven, and felted items. Mittens, hats, scarves, and felted items are excellent sellers. Also, if you are cleaning out your stash of yarns, buttons, notions, or fabric, please consider donating them. We also take wool sweaters. They are repurposed for their yarn or felted items. For more information, please contact Barbara Murray (murray@maine.rr.com or 799-1326).

"Be Still"

Parishioners and friends are warmly invited to gather in the Father James Chapel on Mondays during Lent for silent reflection, contemplation or meditation. There will be no presentation or service. Come for five minutes or come for an hour. Bring something to read...or not. There will be readings available for your use. A fellow parishioner will always be in the Chapel to "be" with you, but this is for YOU: An opportunity for you to "Be Still" with God.

Father James Chapel : Mondays in Lent 5:30 - 6:30 PM
March 6, 13, 20, 27, and April 3 and 10

News, Notes, Kudos, Dates & Reminders

(Send your 1-3 line notes, announcements or thanks to Beth at admin@smary.org by the 20th of the previous month)

To the Vestry members for sharing their thoughts and vision at the Vestry retreat. Welcome to new Vestry members: Maggie Gardner, Peter Fitch, Len Taylor and Ed Ainsworth.

Thank you for serving.

Congratulations to
Chuck & Cindy Horton on the 50th
wedding Anniversary!

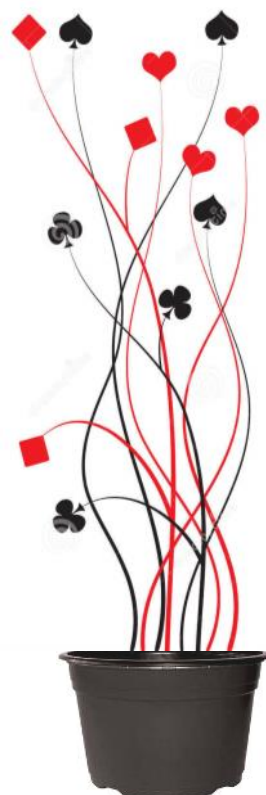
To everyone who helped make the Annual Vision Meeting successful, especially Barbara Bell and Anne LaFond who organized the brunch.

Thanks to everyone who organized our February Mission Morning - especially Jennifer Gregg. The big blizzard threatened to crush attendance but we had a good crowd to go out and see God at work in our community.

THANKS!

Yay!

M



**Save the Date and reserve your table for
Saint Mary's Annual**

BRIDGE-A-THON

Friday, April 21 12:30-4 PM

Join us for an afternoon of friendly bridge, mahjong,
or any card or table game you choose to play!

Tea, coffee and sumptuous refreshments
included in price of admission.

Admission: \$40 per table / \$10 per person.

20 tables available.

Prizes & raffles!



Reserve your table by calling Beth Shaw 781-3366

Falmouth Congregational Church (267 Falmouth Road, Falmouth, 781-3413)

invites all to their monthly **Coffee House**

Friday, March 10 - Doors open at 6:30pm

Enjoy a specialty coffee and snack while listening to

Mark Horton & Friends

Mark Horton, Chris White and Joe Blinick provide the accompaniment while Peggy Horton, Jess Collins and Kristen Coleman provide the vocals. The music will consist of two 40-minute sets of acoustic and electric from several genres: folk, rock and roll classics, blues, and in the second set some sing-along tunes, so people are encouraged to bring their voices and at least their toe-tapping shoes if not their dancing shoes.

Bring your friends and neighbors for a relaxed evening out. All welcome!

Refreshments. Free, but donations accepted.



March 2017 AVE

Here are some important dates in our
Saint Mary's parish family

Happy March Birthdays to:



1	Halley Taylor	7	Maureen Manetti	20	Nolan Browne
2	Janet Bowne	7	Annie Mead	21	Cole Buchanan
2	Emmett Frueh	9	Carson Gall	21	Elizabeth Heinzman
2	Tricia Wheeler	9	Grace Richards	23	Sophia Bisson
3	David Squire	12	Peter Fitch	23	Ryan Stinneford
3	Andrea Myles-Hunkin	12	Sam Hyland	24	Rayle Ainsworth
4	Al Ahlers	13	Talie Harris	25	Will Winter
4	Joshua Herlihy	14	Derrick Buckspan	26	Cole Teng
5	Rachel McGonigle	14	Judy Oliver	27	Lilly Young
6	John Brooks	15	Gratia Banta	28	Justine Means
6	Adrian Kendall	15	Bonny Rodden	28	Will Velek
6	Frederick Goodrich	17	Ciara Mokeme	29	Thomas Gale
6	Bev Knudsen	17	Richard Trudo	31	Sam Claytor
6	Anne LaFond				

We'd love to include good wishes on your birthday and anniversary. If we don't yet have the dates, please send your and your family's special dates into the parish office and we'll be sure to include them on your special month. admin@smary.org or call 781-3366 or drop a note to the church. Thanks!



HAPPY MARCH ANNIVERSARY WISHES TO:

28 Onnie & Bob Hastings

Honor someone's birthday, graduation, or any special day

Sign-up to have the altar flowers in their honor. Attached to this AVE is a form that anyone can fill out to honor the memorial of a loved one or to honor and celebrate a special event, or that special someone whom you would like to recognize.

See the attached Altar Flower Fund form



2017 Class for Confirmation, Reception, and Reaffirmation

This is a wonderful time to learn about the Church, the Episcopal Church and reaffirm your Christian faith. Anyone who might be interested in discussing preparations to be confirmed or received into the Episcopal Church, please contact Fr. Nathan. Then a meeting date will be announced following the expressed interest.

Who should state their interest to join this class? Those who wish:

To confirm their baptismal identity as followers of Christ

To be received into the fellowship of The Episcopal Church from another denomination

To reaffirm their trust in God and their commitment to life in Christ



The Episcopal Church of Saint Mary Worship Leader Schedule: March - April 2017

	8am Ushers	8am EM/Lectors	10am Ushers	10am Lector	10am Euch Minister	Acolytes	Altar Guild	Altar Flowers	Flower Delivery	Coffee Hour Host
1-Mar	Ash Wed	Noon: Ginny		6 p.m. MAMM						
5-Mar Lent 1	Al Ahlers Len Taylor	Becky Pride	Tom Stegemann Ryan Stinnerford	Rod McGarry	Maggie G David Robinson	Michael Maggie Sam	Portia Nece Kelly	bare	~	Galli & Timberlake
12-Mar Lent 2 DsT	Ed Ainsworth Rayle Ainsworth	MA McLean	Aaron Splint Jack Heinzman	Jennifer Gregg	Terry Brown Jim Stoddard	Maggie Sarah xx	Janet Maggie	bare	~	OPEN
19-Mar Lent 3	Jim Kane Baer Connard	Al Ahlers	Chuck Horton Tom LaPlante	Terry Brown	Nadine Timberlake Tom Pettingill	Maggie Julia Emily	Jana Tricia Kathy	bare	~	OPEN
26-Mar Lent 4	John Fournier Len Taylor	Lad Taylor	Jack Heinzman Rudy Israel	Marian McCue	Greg Unfricht Ginny Stelk	Maggie Michael xx	Mary S Katie Susie	bare	~	OPEN
2-Apr Lent 5	Charlie Hurdman Al Ahlers	Len Taylor	Tom Stegemann Ryan Stinnerford	Jim Stoddard	Jim Stoddard Nadine T	tbtd	Betsy E Mary L			OPEN
9-Apr Passion	Ed Ainsworth Rayle Ainsworth	passion reading	Jack Heinzman Tom LaPlante	Maureen Manetti	Andrea M-H Stan E		Jana B Kelly I Nece C			Hot Cross Buns
13-Apr Maundy Thursday			6pm Ushers xxx xxx	6pm lector Rod McGarry	6pm EM Stan Eaton	6pm acolytes xxx		~	~	
14-Apr Good Friday			6pm Ushers xxx	6pm lector Maggie Gardner			bare		~	
15-Apr Great Vigil		7:24pm	7:24 Ushers xxx xxx xxx	7:24 lector Megan Akers Andrea M-H	7:24 EM Andrea M-H	7:24 Acolytes xxx xxx, xxx				Chocolates & Sparkling drinks
16-Apr Easter/ Pascha	9am Ush xxx xxx xxx	9am EMs Al Ahlers	9am Acolytes xx xx xx	11am Ush xx xx xx	11am EMs Ginny Stelk Len Taylor	11am Lector Paul Engel	11am Acol xxx xxx xxx	AFG Easter		
23-Apr Easter 2		xx		David Robinson	Maggie Gardner David Robinson		Mary L Nece & Portia	Easter flowers	~	
30-Apr Easter 3		Becky Pride		Erin Ferrell	Tom Pettingill Terry Brown		Kelly I Tric & Susie			Habitat Sunday Herilhy Fam

If unable to fulfill your scheduled duty on the assigned day, please find your own replacement and inform Beth in the office of the change, 781-3366



March

2017

The Episcopal Church of Saint Mary



Sun	Mon	Tue	Wed	Thu	Fri	Sat
26 Last Sunday of Epiphany 8:00am - Contemplative Eucharist followed by coffee hour 9:30am Family Chapel 9:45am Guiding RAY begins 10:00am Choral Eucharist followed by coffee hour	27 12 - Noonday Prayer 6pm - Tai Chi class in aud 6:30p - Guiding RAY discussion groups in guild	28 10:30am - Wisdom Seekers 12 - Noonday Prayer 1pm - Get Stitching 1pm - Staff meeting 7pm AA in Auditorium 7:30 AA/Anon (6:30 beginners)	3/1 ASH WEDNESDAY 8:30-10:30 BNI in Aud 10-2pm Mainely Weavers 12 - Ash Liturgy 4pm Children's 6pm Sing rehearsal 6pm OR in GR	3/2 12 - Noonday Prayer 1pm CARE Group 7pm SM Choir rehearsal	3/3 Office Closed 12 - Play where you are 5:30pm Alanon	3/4 BOOK, BAKE & SOUP SALE 9AM - 1PM
5 The First Sunday in Lent <i>The Great Litany & Rite of Forgiveness</i> 8:00am - Contemplative Eucharist followed by coffee hour 9:30am Family Chapel 9:45am Guiding RAY begins 10:00am Choral Eucharist followed by coffee hour	6 12 - Noonday Prayer 5:30 - Be Still 6pm - Tai Chi class in aud	7 8:30-11a St Elizabeth's 9:30a Art Group in Aud 10:30am - Wisdom Seekers 12 - Noonday Prayer 1pm - Get Stitching 1pm - Staff meeting 3:30pm - ExCom 6pm Scholar rehearsal 7pm AA in Auditorium 7:30 AA/Anon (6:30 beginners)	8 8:30-10:30 BNI in Aud. 12 - Noonday Prayer 6pm Sing rehearsal 6pm Lenten Program in PH	9 12 - Chapel Eucharist 3pm Lenten at Oceanview 7pm SM Choir rehearsal	10 Office Closed 12 - Play where you are 5-7pm Souper Supper 5:30pm Alanon 7pm Classic Cinema Dio Middle School Event	11
12 The Second Sunday in Lent DST 8:00am - Contemplative Eucharist followed by coffee hour 9:30am Family Chapel 9:45am Guiding RAY begins 10:00am Choral Eucharist followed by coffee hour	13 10-a2p Garden Club 12 - Noonday Prayer 5:30 - Be Still 6pm - Tai Chi class in aud	14 9:30 Art Group in Aud 10:30am - Wisdom Seekers 12 - Noonday Prayer 1pm - Get Stitching 1pm - Staff meeting 4:30pm - Outreach meeting 6pm Scholar & OC rehearsal in church 7pm AA in Auditorium 7:30 AA/Anon (6:30 beginners)	15 8:30-10:30 BNI in Aud. 12 - Noonday Prayer 6pm Sing rehearsal 6pm - Vestry meeting Note: Lenten program on Thursday	16 12 - Chapel Eucharist 3pm Lenten at Oceanview 6pm Lenten Program in PH 7pm SM Choir rehearsal	17 St. Patrick 18 Office Closed 12 - Play where you are 5pm Rehearsal 5:30pm Alanon 4pm Capozza wedding (outside SM)	18
19 The Third Sunday in Lent 8:00am - Contemplative Eucharist followed by coffee hour 9:30am Family Chapel 9:45am Guiding RAY begins 10:00am Choral Eucharist followed by coffee hour	20 12 - Noonday Prayer 5:30 - Be Still 6pm - Tai Chi class in aud April AVE deadline	21 9:30 Art Group in Aud 10:30am - Wisdom Seekers 12 - Noonday Prayer 1pm - Get Stitching 1pm - Staff meeting 7pm AA in Auditorium 7:30 AA/Anon (6:30 beginners)	22 8:30-10:30 BNI in Aud. 12 - Noonday Prayer 6pm Sing rehearsal 6pm Lenten Program in PH	23 12 - Chapel Eucharist 3pm Lenten at Oceanview 7pm SM Choir rehearsal	24 Office Closed Rob Voyle 12 - Play where you are 5-7pm Souper Supper 5:30pm Alanon 9:30am 3:30pm: Discerning Your Core Purpose Weekend	25
26 The Fourth Sunday in Lent Rob Voyle 8:00am - Contemplative Eucharist followed by coffee hour 9:30am Family Chapel 9:45am Guiding RAY begins 10:00am Choral Eucharist followed by coffee hour	27 12 - Noonday Prayer 5:30 - Be Still 6pm - Tai Chi class in aud	28 10:30am - Wisdom Seekers 12 - Noonday Prayer 1pm - Get Stitching 1pm - Staff meeting 7pm AA in Auditorium 7:30 AA/Anon (6:30 beginners)	29 8:30-10:30 BNI in Aud. 12 - Noonday Prayer 6pm Sing rehearsal 6pm Lenten Program in PH	30 12 - Chapel Eucharist 6:15pm - Downers 3pm Lenten at Oceanview 7pm SM Choir rehearsal	31 Office Closed 9am - 5pm Lifeline Screening 12 - Play where you are 5:30pm Alanon	4/1 LENT



THE EPISCOPAL CHURCH OF SAINT MARY

43 Foreside Road
Falmouth, ME 04105
207-781-3366 www.smary.org

Our Worship Schedule

SUNDAY Hours

8:00am - *Contemplative Eucharist*
10:00am - *Choral Eucharist*

MONDAY ~ WEDNESDAY

Noon Day Prayer in the Chapel
and wherever you find yourself

THURSDAYS

12noon - *Holy Eucharist*



CELEBRATE ❧ HONOR ❧ SERVE

THE EPISCOPAL CHURCH OF SAINT MARY

**43 Foreside Road
Falmouth, Maine 04105**

Tel: 207-781-3366

E-mail: smary@smary.org

Website: www.smary.org

The Rev. Nathan Ferrell, *Rector*
Bruce S. Fithian, *Organist & Choirmaster*
Megan Akers, *Dir. of Christian Formation*
Beth Shaw, *Parish Manager*

Office Hours: Monday - Thursday

9:00 am to 4:30 pm

Copy deadline April 2017 AVE is **Mar. 20**

Your 2017 Saint Mary's Vestry

Nathan Ferrell, Rector, 899-2543, nathanferrell@smary.org
Cell phone number 310-0268

Jim Kane, Sr. Warden, 329-1764, melissa1959@earthlink.net

Janet Bowne, Jr. Warden, 318-7045, janethowne@maine.rr.com

Bill Gowen, Treasurer, 415-1412, wwg914@aol.com

Ed Ainsworth, 846-3191, rayleanded207@gmail.com

Barbara Bell, 653-4320, habsi821@gmail.com

Terry Brown, 310-877-0121, terryeverettbrown@gmail.com

John Fallon, 508-776-3792, jtf199@gmail.com

Peter Fitch, 576-0346, pfitch@leeautomall.com

Maggie Gardner, 617-921-1266, magardner@maine.rr.com

Rick Hirschman, 219-8444, rrhirschman@msn.com

Mary LaLumiere, 829-33212, marylalumiere@gmail.com

Julie Otte, 450-5029, juliemomotter@aol.com

Tim Record, 781-0242, trecord@llbean.com

Len Taylor, 829-3395, latmit@aol.com

Nadine Timberlake, 508-648-4734, ntimberlake@aol.com

Saint Mary's Altar Flower Fund 2017



Through the Altar Flower Fund, contributions are provided for the altar flowers that are given in memory or in thanksgiving or celebration throughout the year as well as for the special decorations at Easter, Thanksgiving, Christmas, and other occasions. (In the summer, flowers and greens from our gardens, fields and woods are often used).

As Easter (April 16) approaches, we ask for your support of the Altar Flower Fund.

Important: Whether you are making a first-time offering or regularly support the Flower Fund, please fill out this form so that your requests can be fulfilled.

1. Enclosed is my contribution to Saint Mary's Altar Flower Fund: \$_____

Name_____

Telephone_____E-mail_____

____Yes, I would like to join the Altar Flower Guild (training provided).

2. Please include these names among the Easter Memorials (requests must be received by Monday, April 10, 2017):

Name_____

Name_____

Name_____

3. Please provide flowers during the year *In Memoriam* (NO flowers are placed on the Altar during Lent or Advent with the exception of Rose Sunday during that season):

Name_____ on or a Sunday close to ____/____/____

Name_____ on or a Sunday close to ____/____/____

Name_____ on or a Sunday close to ____/____/____

4. Please provide flowers during the year in Thanksgiving for and celebration of (NO flowers are placed on the Altar during Lent or Advent with the exception of Rose Sunday during that season):

Name_____ on or a Sunday close to ____/____/____

Name_____ on or a Sunday close to ____/____/____

Name_____ on or a Sunday close to ____/____/____

Please return this form either by mail, in the offering plate or to the office with your check payable to:
The Episcopal Church of Saint Mary, Attn.: Altar Flower Fund, 43 Foreside Road, Falmouth, ME 04105