

## From the Rector: On Fasting and Feasting

Do you know why we gather for Coffee Hours after our Sunday morning Eucharists? Yes, these provide us with opportunities for social interaction, for fellowship, for meeting new people and building community. However, the practice has much deeper roots. By the fourth century, it was a universal practice in the Church for people to fast before the Eucharist. As Augustine of Hippo taught: "It pleased the Holy Spirit to appoint, for the honor of so great a sacrament, that the body of the Lord should take the precedence of all other food entering the mouth of a Christian" (Letter to Januarius). In ordinary practice, this has become a fast of at least three hours before the Eucharist. After receiving Communion, it only makes sense to continue the celebration with more ordinary food. This has grown into our contemporary Coffee Hour gatherings.

Someone will ask: "Isn't that old-fashioned and out-of-date? Why does this kind of fasting even matter?" So let's be clear: God does NOT require anyone to fast in this way or any other. But the Church has recognized this as a useful tool for encouraging greater devotion to the Lord. How? By gathering together before God in a state of physical hunger, we acknowledge our dependence upon our Creator and our deep spiritual hunger for Truth. "Lord, I hunger and thirst for you" becomes our heart-felt prayer when we gather for worship. Yes, this practice may be old-fashioned, but I will argue that it is even MORE important in our age when food of all kinds is so abundant and our ultimate dependence upon God is so easily forgotten. Real, concrete practices of this type become more important when we are so easily distracted by a thousand different devices and screens. For me, every time my stomach growls with hunger, it prompts me to pray: "Lord, truly I do not need more food. We have more than enough. What I need is more of your grace and power and energy and wisdom. I need more of you."

This weekly "mini-fast" before Eucharist is only a reflection of the large cycles of fasting and feasting that frame the entire Christian year. Each major feast is preceded by a period of fasting. The primary example, of course, is the fast of Lent before the Feast of the Resurrection. The pivot between each fast and feast takes place in a special liturgy called a vigil. Each vigil takes place after nightfall (when the new day of the feast has begun in biblical time-keeping) and grows directly out of the Jewish practice of Havdalah, the ceremony marking the end of Shabbat.

Our Great Vigil this year, marking the transition from the Lenten fast to the Paschal feast, will take place on Saturday, April 15. It will begin at 7:24 PM, the time of sunset. And this year's Vigil will be even more memorable with one adult baptism, that of Averyl Dawn Hill.

I hope that all of you will consider these ancient fasting practices, especially as we move toward Holy Week. And consider joining together to mark the transition from fast to feast at the Great Vigil. All are invited. Children who make it through are given a special treat at the end, and adults get a glass of champagne or sparkling cider. And, yes, they can have some chocolate as well. After all, at that point we will be in the Great Fifty Days of feasting and celebration! And that is something I'm sure we are all anticipating eagerly.

"Therefore, let us keep the feast! Alleluia!"

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*Nathan W. Ferrell +*

# Holy Week & Pascha 2017 at Saint Mary's

## THE SUNDAY OF THE PASSION:

### PALM SUNDAY, APRIL 9

8 AM and 10 AM: Palm Sunday entrance, Passion reading, and Eucharist

*The 10 AM Celebration begins in the Auditorium*

## MONDAY, TUESDAY & WEDNESDAY IN HOLY WEEK

12 Noon: Holy Week Prayers in the Fr. James Chapel

## TUESDAY IN HOLY WEEK: APRIL 11

11 AM: Chrism Eucharist with Bishop Steve at St. Luke's Cathedral

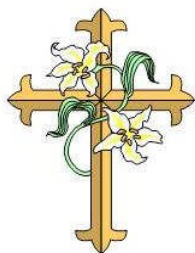
## MAUNDY THURSDAY, APRIL 13

12 Noon: Maundy Thursday Eucharist in the Chapel

6 PM: *Agapé* meal in the Auditorium: *Readings and Footwashing*

7 PM: Holy Communion in the Sanctuary

8 PM - FRIDAY, 12 NOON: ALL-NIGHT PRAYER WATCH  
with the Body of Christ in the Chapel



## GOOD FRIDAY, APRIL 14

8AM - 1PM: Blood Drive in the Auditorium

12 Noon: Good Friday Liturgy in the Chapel

4:30PM: Family Stations of the Cross

6 PM: Good Friday Liturgy in the Sanctuary

*The Chanting of the Passion according to Saint John and the Veneration of the Cross.*

## HOLY SATURDAY, APRIL 15

### THE GREAT VIGIL AT 7:24 PM

THE HIGHLIGHT OF THE ENTIRE CHURCH YEAR!

*The blessing of the New Fire and lighting of the Paschal Candle. The chanting of the Exsultet.  
The history of Salvation. Renewal of our Baptismal Covenant. The first Paschal Eucharist.*

## THE SUNDAY OF THE RESURRECTION:

### PASCHA: EASTER DAY, APRIL 16

**9:00 AM and 11:00 AM:** Two grand and joyful Celebrations of the Holy Eucharist  
with flowers, organ, brass, choir, and lots of singing!

## *"Be Still"*

Parishioners and friends are warmly invited to gather in the Father James Chapel on Mondays during Lent for silent reflection, contemplation or meditation. Come for five minutes or come for an hour. Bring something to read...or not. There will be readings available for your use. A fellow parishioner will always be in the Chapel to "be" with you, but this is for YOU: An opportunity for you to "Be Still" with God.

**Father James Chapel : Mondays in Lent 5:30 - 6:30 PM**

**March 27, and April 3 and 10**



## Vestry Highlights from your Wardens

The new Vestry met for our first meeting on March 15th. We welcomed members of the Outreach Committee who came to present an update to discussions from the Annual Vision Meeting. They shared plans to reach out to new Mainers settling in Portland. Watch the AVE for more details on how each of us can become involved with this enriching program.

We reviewed the budget report and heard a stewardship update. Pledges are still coming in. We are short of our goal of \$285,000 but hope that the remaining pledges will come in before Easter. Saint Mary's has been notified that we were granted a New Initiatives Grant by the Maine Episcopal Diocese for the Royal School of Church Music program which will start later this year. The grant is for \$7,606 and will go toward start-up costs.

We approved the memberships of Building and Grounds, Churchyard, Budget and Finance and Outreach Committees as required by our by-laws.

Vestry members will be calling parishioners with children who are eligible for confirmation. We also discussed the importance of being hospitable to people with disabilities like hearing issues and vision problems.

The Long Range Financial Planning Ad Hoc committee is being formed by the Budget and Finance Committee and hopes to begin work soon.

Respectfully, Jim Kane and Janet Bowne



Janet Bowne, Jr. Warden and Jim Kane, Sr. Warden

### *Lenten Small groups: 5 weeks March 7 - April 6*

## LEARNING THE ART OF FORGIVENESS

**TUESDAYS at 10:30AM** IN THE PARISH HOUSE WITH WISDOM SEEKERS

**WEDNESDAYS AT 6PM** IN THE PARISH HOUSE LED BY FR NATHAN

**THURSDAYS AT 3PM** AT OCEANVIEW LED BY THE TROEGERS

### The Wednesday evening format is as follows:

- 6:00 Dinner: Bring a soup, salad or bread to share. Sign-up at the table.
- 6:30 Discussion begins
- 7:30 Closing prayer and clean-up and home by 8pm



### **Honor someone's birthday, graduation, any special day**

Sign-up to have the altar flowers in their honor. Attached to this AVE is a form that anyone can fill out to honor the memorial of a loved one or to honor and celebrate a special event, or that special someone whom you would like to recognize.

**See the attached Altar Flower Fund form**



# Outreach Ministry - All Ages Serving Near and Far

## WELCOME, NEW MAINERS!

Please join us on May 3 from 6:30~8pm  
at Saint Mary's in the Auditorium to  
meet and hear from some of our *newest Mainers*

Learn about their journeys, hopes, and dreams.  
Learn how you can help.

Coffee, tea and dessert offered for all!

Questions? More information?, contact, Jennifer, Becky or Anne  
Saint Mary's Church, 43 Foreside Road, Falmouth, 781-3366



**American  
Red Cross**

*Together, we can save a life*

## **Good Friday Blood Drive: Friday, April 14, 8:00am - 1:00pm**

Christ gave his blood for you.

Will you give your blood for others?

Sign-up today to be a blood donor and help give to those who need your blood to survive!

Go to [www.redcrossblood.org](http://www.redcrossblood.org) and use sponsor code "SMary" to make your donor appointment. Contact our Coordinator, Jana Burke, at [jana.burke@gmail.com](mailto:jana.burke@gmail.com) or 272-4535.

Can you help our donors at the drive? Could you help distribute flyers or posters? Volunteers are needed. Call Jana Burke (272-4535) or email Beth in the parish office [admin@smary.org](mailto:admin@smary.org)

## **Community Souper Supper April 14 and 28**

Enjoy this community-wide fellowship offering, dining in a relaxed, candle-lit atmosphere. You will be feted with a complimentary main course, salad, rolls, dessert and beverage.

Wonderful for singles and families alike!

Offered twice each month on the 2nd and 4th Fridays from 5-7 PM in the parish house auditorium. No reservations required.

**PLUS, on the 2nd Friday, stay for the FREE Classic Movie**

Just bring your family and friends and enjoy! It's a blast!



### **Support "Souper Supper" Buy Fair Trade "Coffee by Design" Coffee!**

**Casco Bay - a medium roast OR Black & Tan - a slightly darker roast**

"Coffee by Design" 12 oz. bags of ground fair-traded, organic, delicious coffees are on sale at Saint Mary's for \$10 a bag (Decaf is \$11). ...and support fair trade practices ...and a locally-owned business... and get GREAT organic coffee! Win! Win! Win!



# Outreach Ministry ~ All Ages Serving Near and Far

*... Come, you who are blessed by my Father, inherit the kingdom prepared for you from the foundation of the world. For I was hungry and you gave me food, I was thirsty and you gave me drink, I was a stranger and you welcomed me.... Matthew 25: 36*

*The two great commandments: And you shall love the Lord your God with all your heart and with all your soul and with all your mind and all your strength. You shall love your neighbor as yourself. ~ Mark 12:30-31*

The Bible offers us dozens of instructive words inviting us to hear and follow God's call to us.

At our Annual Meeting, one of the table discussions we had was how we might reach out to our local immigrant community, how we might get to know them and build relationships with them. With this in mind, this is a good time to meet several of our neighbors from Portland, all of whom are Becky's new friends....

**Immaculee and Vincent** are from the Democratic Republic of Congo. They live with their three children in South Portland. In Congo, Vincent worked as a customs agent, and Immaculee was in communications, marketing and public relations, and journalism. Because of her schooling and career, Immaculee has really fine English skills. She and Becky are working together to hone those skills; she is also eager to learn Excel programming. Immaculee's big news is that she just received her worker's permit since she has been in the country for 6 months now.

**Constant and Prisca** are from Burundi. Constant is a lawyer and businessman who founded Confident Translation Solutions in his home country. He worked for the African Union and the United Nations as an interpreter. His wife Prisca is a Social and Clinical Psychologist who was Project Manager working with international NGOs involved in fighting against human



**Immaculee and Yohane**

trafficking in Burundi, Rwanda, and

Congo. Constant has recently earned several interpreters' certificates; he is applying for a job as an interpreter at Maine Medical Center. Excitingly, their son Jelfa [Jesus ~ love ~ faith] is "on the way!"

**Johnny** is from Congo; he has been in America for 13 months. He is a geologist and an interpreter of English, French, Russian and Lingala. He served as an official interpreter in Russia for 8 years prior to coming here. He has just received certification to be an interpreter for other immigrants and us English-speaking folks. He is looking to find a good job.



**Constant, Christina, Abdi, Johnny, and our Becky**

**Antonio** is from Angola, and **Abdifatah** is from Djibouti: both men are learning English at Learning Works, initially with Becky and now with Constant and Johnny as their teachers.

*Becky's life is SO MUCH RICHER because she has these new, inspiring friends in Portland.*

*Anne LaFond, Jennifer Gregg, and Becky Pride are excited for you to meet them and others in person on **Wednesday night, May 3rd, from 6:30 to 8 pm at the Parish House.** We'll have dessert treats to eat and information to impart on how you, too, can work with these wonderful new Mainers, if you so choose. Come meet our new neighbors and join in this exciting new opportunity for ministry.*



**Constant, Abdi, Becky and Antonio**

# Playing with Fire: The Parables of Jesus

An Adult Retreat hosted by the Diocese of Maine at Camp Bishopswood

**June 9 - 11, 2017**

**HEART + MIND + SOUL**

**Hosts: Rev. Bill Blaine-Wallace, Merle Marie Troeger and Jane Hartwell**

Join us for a weekend on beautiful Lake Megunticook near Camden, Maine. This retreat is for everyone who has wondered what Jesus had in mind when he told a parable. Moral teaching? Confounding truth? Topsy-turvy gospel? Read, pray, sing and embody the parables of Jesus with others who are wondering the same things. Discover the truth of the parables for your life today. Experience God's love as revealed in the natural beauty of Camp Bishopswood, scripture and our lives.  
*Retreat cost: \$95 including 2 nights lodging and meals. Financial Aid*

## To Register:

[www.tinyURL.com/AdultRetreat2017](http://www.tinyURL.com/AdultRetreat2017) Please try to register by May 28.

**For information:** contact Jane Hartwell at [jhartwell@episcopalmaine.org](mailto:jhartwell@episcopalmaine.org)



## Thank you, Louise Downs

Many in our parish remember Louise Downs who passed away at age 100 in August 2015. She joined our parish in 1988 following the death of her husband, The Reverend Francis Downs. Louise was involved in much of our parish life over the years. She was a member of the choir and often joined in family pot luck suppers and talent shows in the Parish Hall. These events were very casual and involved lots of families with young children. She joined in the fun. A tall and elegant woman, she lived a wonderful life. We are thankful that Louise planned for Saint Mary's in her will. In January, we received \$50,000, which has been added to our Building and Grounds Endowment fund. As the wife of an Episcopal priest, Louise knew first hand the needs of a busy church. We are grateful to her for giving this gift to support our endowment.

If you've planned for Saint Mary's in your will, thank you! Did you know that by doing so, you're automatically a member of the Alida Greely Brown Heritage Society. As a member, you'll be invited to an annual lunch featuring a speaker or special program. Be sure to let Beth Shaw, our Parish Manager, know that you've made plans to include Saint Mary's in your will and she'll be sure you receive an invitation. If you'd like help on how you can structure your gift to support the Saint Mary's programs closest to your heart, [let us know](#).



The Episcopal Church in Maine

## Spring Training 2017

**Saturday, April 29, 2017 9 AM to 3 PM**

**St. Paul's Episcopal Church, 27 Pleasant Street, Brunswick, Maine**

Gather with Bishop Steve Lane and Episcopalians across the diocese for a day of learning, sharing and growth.

A church leader? A clergy person? Someone interested in spiritual growth or community outreach?

**With 20 workshops to choose from, you'll find what you're looking for.**

A morning snack and refreshments provided; please bring your own bag lunch and a name tag.

*Because space is limited, registration is required.*

For event FAQs, full worship descriptions and registration, visit [www.episcopalmaine.org](http://www.episcopalmaine.org)



*Two incredible reasons to Run, Race or Walk*

## Falmouth Foreside 5K Run and Walk

**Saturday, May 6, 2017**



**Habitat**  
for Humanity®  
of Greater Portland

Join us for a family-friendly 5K run and walk along Falmouth's Foreside Rd . 8am registration/9AM start

**\$25 Pre-registration for individuals, \$30 race day**

**\$10 - Student registration Cash prizes!**

PRE REGISTER [www.habitatportlandme.org](http://www.habitatportlandme.org), click "Events" or click here to

**PRE-REGISTER!**



## The Casco Bay 21K

### Half Marathon & Relay Race

### **SATURDAY, May 20, 2017**

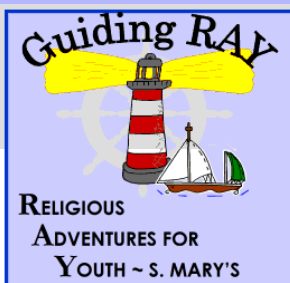
9 AM start at Saint Mary's  
All proceeds support Young Life Casco Bay

- ♦ We'll run 13 miles up Route 88 and Route 1 to the Big Indian in Freeport. Return transportation will be available upon request.
- ♦ All proceeds go toward supporting the work of Young Life Casco Bay with youth in all Casco Bay communities. Early entrance discounts!
- ♦ T-shirts, goodie bags, massages, official timing and results with awards for best times
- ♦ FMI, contact [jordandroge@gmail.com](mailto:jordandroge@gmail.com)



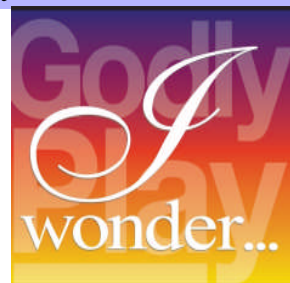
REGISTER NOW at [www.younglifeCB.com](http://www.younglifeCB.com)

# Christian Formation - RAY Beams - Spring 2017



(Luke 9:47- 48)

*But Jesus, knowing the reasoning of their hearts, took a child and put him by his side and said to them, "Whoever receives this child in my name receives me, and whoever receives me receives Him who sent me. For he who is least among you all is the one who is greatest."*



The Guiding RAY kids have been very busy this Lenten season preparing for the mystery of Easter. Here they are burning last year's palms for this year's ashes and burying their alleluia banner in the Saint Mary's crypt. They are waiting for the special time when we will resurrect the alleluia at the Great Vigil of Easter.

Burning last year's palms for this year's Ash Wednesday service.

The younger children are spending the six weeks of Lent revisiting pivotal moments in the life of Jesus and his journey from birth to the cross and beyond. We add a little more to the story each week as we learn how the end of one story is the beginning of another – that is the mystery of Easter!



The older Guiding RAY kids have been learning about King Solomon and the building of the Temple. While learning the origins of the Temple and of Jesus's teachings in the Temple, they are also learning some of the history of Saint Mary's. All during Lent, the kids will spend some time making a model of the Temple to burn in the new fire during the Easter Vigil. They are very excited and proud of their model Temple!



## **Coming Up: Save the dates !!!**

**April 9:** Passion or Palm Sunday: All go to church together

**April 14 at 4:30:** Family-Walking the Stations of the Cross

**April 15** at 7:24PM or **April 16** at 9 or 11AM: Easter Service

**April 29-30:** We host RSCM St. Cecilia Chorus from RI  
Host...sing...learn...fun...

**May 6:** Habitat Walk/Run - Great for families!

## **Guiding RAY Coordinators**

Megan Akers: *Director*,

GuidingRAY@smary.org, 415-4260

Julie Otte: juliemomotter@aol.com, 207-781-2322

## **Guiding RAY Teachers and Classroom Volunteers**

Sandy Couch-Kelly, Hannah de Sorbo,

Dee Dee Fournier, Heather Gale,

Penny Guyton, Julie Otte, Vanessa Record,

Roberta Stothart, Heather Teng



# Christian Formation ~ High Schoolers & Middlers



Every single high school student in the Casco Bay area is INVITED to gather for an amazing club at Laine Legere's house (56 Quiet Lane in Portland). This is crazy fun and growing each week. FMI: visit [www.younglifecb.com](http://www.younglifecb.com)

**Young Life Club: Monday nights at 7:31 PM!**



## SENIOR CITIZENS: PRESCRIPTION DRUG SAFETY EVENT

April 2017  
Tip of the  
Month

Casco Bay CAN and Law Enforcement representatives will present information on how to track, lock and dispose of drugs properly

**Freeport:** April 13<sup>th</sup> at 12 noon Freeport Community Center, 53 Depot Street  
\*Potluck, call Freeport Elders Association

**Cumberland/North Yarmouth:** April 19<sup>th</sup> at 10 AM United Methodist Church, 55 Tuttle Rd, Cumberland

**Falmouth:** April 26<sup>th</sup> at 11 AM OceanView at Falmouth, Hilltop Community Room, 18 Blueberry Lane

**Gray/New Gloucester:** April 27<sup>th</sup> at 9 AM First Congregational Christian Church, 19 Gloucester Hill Rd, New Gloucester

**Pownal:** April 27<sup>th</sup> at 12 noon First Parish Church, 461 Elmwood Road

**Yarmouth:** May 2<sup>nd</sup> at 12 noon Casco Lodge, 20 Mill Street \*Call 846-6693

**\*\* Bring any expired or unwanted drugs for law enforcement to dispose**



## Register NOW for the Summer 2017 at CAMP BISHOPSWOOD

Located on the shores of Lake Megunticook in the Camden Hills, Bishopswood is one of the best kept secrets among Maine summer camps. Operated by the Diocese of Maine since the early 1960s, Bishopswood is affordable, safe, well-managed, beautiful – and great fun for all young people. There are mini-sessions for first-time campers, multi-week sessions, and a family weekend. This year, there is also a free Work Weekend (May 19-21) when anyone can stay and eat at camp by helping prepare it for summer.

Register your child or yourself now at [www.bishopswood.org](http://www.bishopswood.org). See the website for more information.



## St Cecilia Choir joins us in late April

The RSCM (Royal School of Church Music) chorus from Saint Luke's, East Greenwich, Rhode Island is coming to Saint Mary's! The young choristers will arrive Saturday, April 29. Children and their parents can observe their rehearsal Saturday afternoon at 2:00 PM in the sanctuary, followed by a fun event.

The whole parish is invited to join our guests for the Saturday dinner at 6:15 PM in which the Saint Cecilia Choir (as they are known) will sing for us! Sunday we will welcome them as they sing during our 10 a.m. liturgy.

Volunteers for hosting and helping with the dinner will be most appreciated. FMI, contact, Bruce Fithian



## *The St. Mary Schola Lenten Concert*

### *'As Pants the Hart'*

This concert features some sublime music, including Bach's poignant aria from Cantata 42, for mezzo soprano, oboe, violin and strings as well as a rousing sinfonia for the instrumental ensemble.

There are two major master works by Gesualdo (*'O vos omnes'* Oh ye people, see if there is any sorrow like my sorrow) and Lassus (*'Timor et tremor'* Fear and trembling) that are profoundly moving.

Another Bach aria for bass, oboe and strings ushers us into the passion week.

The final works from the first half include a mysterious medieval setting of 'Ave Regina Caelorum' by Guillaume Dufay and an absolutely radiant five-part setting of the famous 'Ave Maria' text by Palestrina.

The second half presents Handel's Chandos Anthem number six called 'As Pants the Hart' based on the text from Psalm 42. It begins with a vigorous sinfonia for oboe and strings and continues with a six-part setting of the opening lines with contrapuntal majesty equal to Bach's great choral writing. Handel's genius for writing for the human voice includes some heartfelt arias and duets for soprano and tenor and a final vigorous fugue for the whole ensemble.

The dates of the concerts are: March 31, 7:30 PM - Cathedral of the Immaculate Conception

**April 2, 4:00 PM - Church of Saint Mary, Falmouth**

April 4, 7:30 PM - Cathedral Church of St. Luke, Portland

For more information about this program please visit [stmaryschola.org](http://stmaryschola.org).

## Buildings & Grounds Update

by Jim Stoddard, Chair

It has been a cold, snowy winter, but we were kept warm by natural gas heat in all three Saint Mary's buildings. The gas conversion and new furnace in the rectory were completed in late November. We have received rebates in the amount of \$19,500, thus Saint Mary's cost was somewhere between \$10,000-\$15,000. Hopefully, we all agree that the decision to convert to natural gas was wise. The buildings are toasty warm, and we are saving money as well. In the next issue of the AVE - once the colder weather has ceased, - we will give a fuller accounting of the savings.

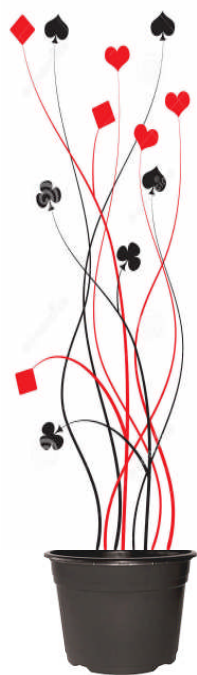
We have had a lot of snowy weather, and Bill's Maintenance has been very prompt in plowing the roadway and sidewalks for our weekly events and services. Kudos!! This report is being written on the first day of Spring (March 20). Hopefully, we are about through with the white stuff, and we can move forward to warmer weather and Easter. It will be a breath of fresh air. In anticipation, we are calling for a Spring Cleanup on Saturday, April 8, beginning at 8AM. Please mark your calendars and join in the fun; we want a beautiful campus for Easter.

## Navy Reserve Chaplain Commissioning: Date to be determined

Plans are being made for Fr. Nathan to be commissioned as a Chaplain in the Navy Reserves. Final approval has not yet been announced, but all signs point toward a successful outcome of the application process. The US Navy has a great need for Chaplains to serve in New England. As a reservist, Fr. Nathan will serve for approximately two days each month and two weeks each year. For Chaplains, the Navy provides a "flex-drill" arrangement that does not require weekend drilling. His duties will vary each month according to the needs of the Navy and the Sea Services, but it is likely to include veterans' funerals and visits at the VA Hospital in Togus. He will be required to attend a two-week DCOIC (Direct Commission Officer Indoctrination Course) at the Navy Education and Training Center in Newport, Rhode Island in July. Fr. Nathan was recruited by our own (USN Lieutenant) Shea Bickerstaff. In addition, our own (USN Captain) Mark Winter will administer the oath of office at the brief Commissioning Ceremony. Afterward, there will be a celebratory reception in the Auditorium. All are welcome to come and join the celebration!







## Save the Date and reserve your table for Saint Mary's Annual

# BRIDGE-A-THON

**Friday, April 21 12:30-4 PM**

join us for an afternoon of friendly bridge, mahjong,  
or any card or table game you choose to play!

Tea, coffee and sumptuous refreshments  
included in price of admission.

Admission: \$48 per table / \$12 per person.

20 tables available.

**Prizes & raffles!**

Reserve your table by calling Beth Shaw 781-3366



Oratorio Chorale's Women's Chorus

*Sweetest in the Gale* presents

## BAROQUE BEAUTIES

Saturday, April 8, 7:30 PM - Episcopal Church of Saint Mary, Falmouth

Sunday, April 9, 3:00 PM - St. Paul's Church, Brunswick

with Mary Sullivan, soprano, and Jenna Guiggey, alto, and the Maine Chamber Ensemble

Tickets: advance \$20 adults, \$10 students; door tickets \$25 adults, \$12.50 students



## Couleur Collection

*College Club of Portland in partnership with Couleur Collection of Falmouth,  
home of Fine women's apparel for every season  
presents a workshop for your closet*

**HOW TO MAKE EVERYTHING OLD LOOK NEW AGAIN!**

**SATURDAY, APRIL 8, 2017, 2 - 4PM \$25 at the door**

to benefit the College Club Scholarship fund - plus enter a raffle for \$200 Gift Certificate

At The Church of Saint Mary, 43 Foreside Road, Falmouth ME 04102

FMI or advanced tickets, contact Shirley Pyles (781-2321) pebbles1551@aol.com



# News, Notes, Kudos, Dates & Reminders

(Send your 1-3 line notes, announcements or thanks to Beth at [admin@smary.org](mailto:admin@smary.org) by the 20th of the previous month)

The Churchyard Committee extends KUDOs to Jean Wilkinson for seven years of dedicated service on the fabulous Churchyard Committee. Thank you, Jean!

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**Thanks to Len Taylor for his guidance and inspiration to bury the alleluia banners during the Lenten season!**

Thanks to Issie Gale for enriching the lives of our younger Guiding RAY kids. You are AWESOME!

"Did you know we have a notary among us?" **Becky Pride** is available if you need one, and the price is right...free!

Dee Dee Fournier and Julie Otte - Thank you for teaching the Guiding RAY kids and adults about Ukrainian eggs and how the tradition of coloring eggs at Easter began.

**Thank You to all who donated the wood scrap; the model Temple is under construction!**

# THANKS!

To anyone who has helped shovel, sand, salt and otherwise help keep our sidewalks, parking lots and steps safe for our parishioners and visitors this winter!

Our appreciation to the Episcopal Diocese for granting us a New Initiatives Grant to support the start up of our Saint Cecilia Choir under the umbrella of the Royal School of Church Music. We value your confidence as we build this new ministry.

**To the Ushers, Choir, Eucharistic Ministers and Acolytes—thank you for making our liturgy complete by serving, singing, welcoming, and ministering.**

Julie Otte - thanks for all of the wonderful nursery care and creative crafts.

**Meg Hurdman - thank you for the amazing wood scraps from Thomas Moser, but even more, the guidance, dedication and love that you share with the children of Saint Mary's.**

*To all of our pledging parishioners: Thank you for sharing your intention with us so we can better plan the use of our resources. If you haven't pledged but wish to do so, contact Beth Shaw confidentially and she'll help you get started.*

**Thanks to the Guiding RAY Team—thank you for your enthusiasm and creativity.**

Thanks to all who worked to make this year's **BOOK, BAKE, and SOUP SALE** another huge success. We raised more than \$2,000 for our mission work.

Special mention to: Elizabeth Heinzman for organizing the bake sale and publicity; Babs Bell for doing all that producing soups and focaccia bread entails; Jan, Jana and Kathy for Sparkles sales; Garry Bowne for serving as treasurer; and A WHOLE CREW of wonderful volunteers who baked, donated books, lugged books, packed up books, and cashiered ~ with special thanks to Nece, Maggie, Garry, Mac, Aaron, and Will who seemed to live the event for several days!!



## Going to the Hospital?? Having surgery??

If you are planning a trip to any of the area hospitals, please call the office and let us know so that we can pray for you, and the clergy and/or perhaps a member of the pastoral partners group can visit you.

If your trip to the hospital is unplanned, ask someone to call for you. When you register, indicate that you are a member of Saint Mary's in Falmouth. How you are doing matters a great deal to your S. Mary's family!





April 2017 AVE

## Here are some important dates in our Saint Mary's parish family

### Happy April Birthdays to:



1	Lester Evans	14	Evelyn Thurston		
3	Piper Bickerstaff	15	Jo Mirschel	22	Katalina Echavarri
3	Chris McGonigle	15	Alden Record	22	Hannah Russell
3	Tim McGonigle	15	Jeannie Gulliver	23	Dan Funk
3	Skylar Spaulding	16	Sara Fallon	24	Samantha Galbraith
4	Mark Stimson	16	Trey Fallon	24	Jared Hourihan
7	Bexie Knowles	16	Jacob LaPlante	25	Kue John Lor
7	Rose Barrett	17	Alexis Lindberg	25	Jordan Otte
8	Alice Hendry	17	Ginny Stelk	25	Jane Sawyer
8	Bennett Smith	18	Cayman Bickerstaff	27	Andrew Taylor
10	Charlotte Brunelle	18	George Kendall	27	Lanny Wenthe
10	Rick Hirschman	19	Connie Stimson	28	George Dougan
10	Richard Kourinos	20	Mallory Ianno	28	Betsy Stoddard
10	Ella Brown - 11years old	21	Rebecca Nuzzi	29	Sarah Brown
13	Harry Sawyer	22	Angelica Barrett	29	Sarah Greenlaw
14	Kaylee Demers	22	Luca Cianchette		

**We'd love to include good wishes on your birthday and anniversary. If we don't yet have the dates, please send your and your family's special dates into the parish office and we'll be sure to include them on your special month. [admin@smary.org](mailto:admin@smary.org) or call 781-3366 or drop a note to the church. Thanks!**

### HAPPY APRIL ANNIVERSARY WISHES TO:

12	Nikki & Lester Evans	17	Jane & Harry Sawyer
12	Pam Peeler & Richard Casselman	19	Angelica & George Barrett
15	Meg & Charlie Hurdman	27	Elizabeth & Jack Heinzman
15	Julie & Harold Otte		



### *"Color Gardens: Beautiful Perennial Combinations from Spring through Frost"*

April 6, 2017 (Snow Date: April 7)



**Maria von Brincken**, principle of Maria von Brincken Landscape Garden Design, is an award-winning certified designer (APLD and LI) celebrating over 20 years in professional practice. Maria specializes in beautiful spaces and colorful flower gardens using native and ornamental plants. Trained as a fine artist, color theorist, and organic gardener, Maria brings years of critical design thinking to her landscape solutions. See her website [www.mariavonbrincken.com](http://www.mariavonbrincken.com) for her design portfolio and blog.



great  
gardener  
series

5 pm Social • 6 pm Presentation      Tickets: \$20, complimentary wine and hors d'oeuvres

Auditorium in the Parish House • Saint Mary the Virgin Episcopal Church

# The Episcopal Church of Saint Mary Worship Leader Schedule: April - May 2017

	8am Ushers	8am EM/Lectors	10am Ushers	10am Lector	10am Euch Minister	10am Acolytes	Altar Guild	Altar Flowers	Flower Delivery	Coffee Hour Host
<b>2-Apr Lent 5</b>	Charlie Hurdman Al Ahlers	Len Taylor	Tom Stegemann Ryan Stinneford	Jim Stoddard	Jim Stoddard Nadine T	Maggie G Sam xx	Betsy E Mary L	bare		OPEN
<b>9-Apr Passion</b>	Ed Ainsworth Rayle Ainsworth	passion reading	Jack Heinzman Tom LaPlante	Maureen Manetti	Andrea M-H Stan E	Maggie G. Michael Maggie H.	Jana B Kelly I Necce C	palms		Hot Cross Buns
<b>13-Apr Maundy Thursday</b>			6pm Ushers Jack Heinzman Charlie Hurdman	6pm lector Rod McGarry	6pm EM Stan Eaton	6pm acolytes Maggie G	Garden of Repose			
<b>14-Apr Good Friday</b>			6pm Ushers Jim Kane	6pm lector Maggie Gardner			bare			
<b>15-Apr Great Vigil</b>		7:24pm	Tom Donaldson Len Taylor Jack Heinzman	7:24 lector Megan Akers Andrea M-H	7:24 EM Andrea M-H	7:24 Acolytes Maggie G Sam & xx				Chocolates & Sparkling drinks
<b>16-Apr Easter/ Pascha</b>	9am Ush Tom Donaldson John Fournier Baer Connard	9am EMs Al Ahlers Len Taylor	9am Acolytes Maggie G Joseph Joshua	11am Ush Jack Heinzman Chuck Horton Tom LaPlante	11am EMs Ginny Stelk David Robinson	11am Lector Paul Engel Maggie G Sam Joseph	11am Acol Maggie G	AFG Easter		OPEN
<b>23-Apr Easter 2</b>	Dave Fenderson Len Taylor	Mary Ann M.	Tom Stegemann Ryan Stinneford	David Robinson	Maggie Gardner David Robinson	Maggie Joseph Joshua	Mary L Necce & Portia	Easter flowers	~	Habitat Sunday
<b>30-Apr Easter 3</b>	Charlie Hurdman Jim Kane	Becky Pride	Aaron Splint Jack Heinzman	Erin Ferrell	Tom Pettingill Terry Brown	Maggie Sam & Joseph	Kelly I Tric & Susie			Herlithy Fam
<b>7-May Easter 4</b>	Ed Ainsworth Rayle Ainsworth	Mary Ann M.	Chuck Horton Tom LaPlante	Rod McGarry	Jim Stoddard Nadine T		Mary S. Katie & Betsy	Onnie & Maura	The Stoddards	The Vereys
<b>14-May Easter 5</b>	tbd	Al Ahlers	tbd	Ginny Stelk	Ginny Stelk Greg Unfricht		Maggie Trish & Janet	?	Ruth Kimball	The Fultons
<b>21-May Easter 6</b>	tbd	Lad Taylor	tbd	Betsy Stoddard	Maggie Gardner Terry Brown		tbd	Jan & Jana	The Hortons	Mission Morn
<b>28-May Easter 7</b>	tbd	Len Taylor	tbd	Andrea M-H	Andrea M-H Stan Eaton		tbd	Melissa K.	The Stoddards	OPEN

If unable to fulfill your scheduled duty on the assigned day, please find your own replacement and inform Beth in the office of the change, 781-3366





# April

## 2017

The Episcopal Church of Saint Mary



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>26 The Fourth Sunday in Lent</b> <b>Rev. Rob Voyle</b> 8:00am - Contemplative Eucharist followed by coffee hour 9:30am Family Chapel 9:45am Guiding RAY begins 10:00am Choral Eucharist followed by coffee hour	27 11am - Book discussion 12 - Noonday Prayer 5:30 - Be Still 6pm - Tai Chi class in aud	28 10:30am - Wisdom Seekers 12 - Noonday Prayer 1pm - Get Sticking 1pm - Staff meeting 7pm AA in Auditorium 7:30 A/Anon (6:30 beginners)	29 8:30-10:30 BNI in Aud. 12 - Noonday Prayer 6pm SinG rehearsal 6pm Lenten Program in PH	30 12 - Chapel Eucharist 6:15pm - Downers 3pm Lenten at Oceanview 7pm SM Choir rehearsal	31 Office Closed 9am - 5pm Lifeline Screening 12 - Play where you are 5:30pm Alanon	4/1 
<b>2 The Fifth Sunday in Lent</b> 8:00am - Contemplative Eucharist followed by coffee hour 9:30am Family Chapel 9:45am Guiding RAY begins 10:00am Choral Eucharist followed by coffee hour 4pm - Schola Lenten Concert Donor reception to follow	3 12 - Noonday Prayer 5:30 - Be Still 6pm - Tai Chi class in aud	4 9:30am Art Group in Aud 10:30am - Wisdom Seekers 12 - Noonday Prayer 1pm - Get Sticking 1pm - Staff meeting 3:30pm - ExCom 6pm Schola rehearsal 7pm AA in Auditorium 7:30 A/Anon (6:30 beginners)	5 8:30-10:30 BNI in Aud. 12 - Noonday Prayer 6pm ORI in aud 6pm Lenten Program in PH	6 12 - Chapel Eucharist 1pm - Caring Circle 3pm Lenten at Oceanview 5pm Great Gardener Event 7pm SM Choir rehearsal	7 Office Closed 12 - Play where you are 5:30pm Alanon 6pm SinG rehearsal 6pm SinG rehearsal	8 8am - Spring Clean-Up 1:5pm College Club in auditorium 7:30pm Sweetest in the Gale Concert in the church building
<b>9 The Sunday of the Passion: Palm</b> 8:00am - Contemplative Eucharist followed by coffee hour 9:30am Family Chapel 9:45am Guiding RAY begins 10:00am Choral Eucharist followed by coffee hour	10 10-a2p Garden Club 12 - Noonday Prayer 5:30 - Be Still 6pm - Tai Chi class in aud	11 9:30 Art Group in Aud 10:30am - Wisdom Seekers 12 - Noonday Prayer 1pm - Get Sticking 1pm - Staff meeting 4:30pm - Outreach meeting 6pm Schola & OC rehearsal in church 7pm AA in Auditorium 7:30 A/Anon (6:30 beginners)	12 8:30-10:30 BNI in Aud. 12 - Noonday Prayer 6pm SinG rehearsal	<b>13 Maundy Thursday</b> 12 - Thursday Eucharist 6pm - Agape Meal Followed by Maundy Thursday Liturgy (7:00) 8pm - 12am Prayer Watch in the Fr. James Chapel	<b>14 Good Friday</b> 12am - 12noon - Prayer Watch continues-Chapel 8am-1pm Blood Drive 12noon - Good Friday Liturgy & Comm 4:30pm Stations of the Cross 5-7pm Souper Supper 5:30pm Alanon 6pm - Good Friday Liturgy with choir	<b>16 Holy Saturday</b> 7:24pm - The Great Vigil
<b>16 The Sunday of the Resurrection</b> 9am - Holy Eucharist followed by coffee hour 11am - Holy Eucharist followed by coffee hour	17 Office Closed Patriot's Day 12 - Noonday Prayer 6pm - Tai Chi class in aud	18 8:30 St Elizabeth's 9:30 Art Group in Aud 10:30am - Wisdom Seekers 12 - Noonday Prayer 1pm - Get Sticking 1pm - Staff meeting 7pm AA in Auditorium 7:30 A/Anon (6:30 beginners) Public	19 8:30-10:30 BNI in Aud. 12 - Noonday Prayer 6pm SinG rehearsal 6pm - Vestry meeting School	20 12 - Chapel Eucharist 5-9pm Trout Unlimited-Aud 7pm SM Choir rehearsal MayAVE deadline Vacation	21 Office Closed 12 - Play where you are 12:30 - 4pm Bridge-a-Thon 5:30pm Alanon Week	22 5-9pm Alanon Potluck in Aud
<b>23 The Second Sunday of Easter</b> 8:00am - Contemplative Eucharist followed by coffee hour 9:30am Family Chapel 9:45am Guiding RAY begins 10:00am Choral Eucharist followed by coffee hour	24 12 - Noonday Prayer 5:30 - Be Still 6pm - Tai Chi class in aud	25 10:30am - Wisdom Seekers 12 - Noonday Prayer 1pm - Get Sticking 1pm - Staff meeting 7pm AA in Auditorium 7:30 A/Anon (6:30 beginners)	26 8:30-10:30 BNI in Aud. 12 - Noonday Prayer 6pm SinG rehearsal	27 9a-3p Longfellow GC 12 - Chapel Eucharist 6:15pm - Downers	28 Office Closed 9am - 5pm Lifeline Screening 12 - Play where you are 5-7pm Souper Supper	29 Diocesan Spring Training St. Cecelia Choir arrives
<b>30 The Third Sunday of Easter</b> 8:00am - Contemplative Eucharist 10:00am Choral Eucharist	5/1	5/2	5/3 6:30pm Welcome new Mothers	5/4	5/5	5/6 Habitat Run/Walk



## THE EPISCOPAL CHURCH OF SAINT MARY

43 Foreside Road  
Falmouth, ME 04105  
207-781-3366 [www.smary.org](http://www.smary.org)



### Our Worship Schedule

#### SUNDAY Hours

8:00am - *Contemplative Eucharist*  
10:00am - *Choral Eucharist*

#### MONDAY ~ WEDNESDAY

Noon Day Prayer in the Chapel  
and wherever you find yourself

#### THURSDAYS

12noon - *Holy Eucharist*

CELEBRATE    ❧    HONOR    ❧    SERVE

## THE EPISCOPAL CHURCH OF SAINT MARY

**43 Foreside Road  
Falmouth, Maine 04105**

**Tel: 207-781-3366**

**E-mail: [smary@smary.org](mailto:smary@smary.org)**

**Website: [www.smary.org](http://www.smary.org)**

The Rev. Nathan Ferrell, *Rector*  
Bruce S. Fithian, *Organist & Choirmaster*  
Megan Akers, *Dir. of Christian Formation*  
Beth Shaw, *Parish Manager*

**Office Hours:** Monday - Thursday  
9:00 am to 4:30 pm

Copy deadline May 2017 AVE is **Apr. 20**

### Your 2017 Saint Mary's Vestry

Nathan Ferrell, Rector, 899-2543, [nathanferrell@smary.org](mailto:nathanferrell@smary.org)  
Cell phone number 310-0268

Jim Kane, Sr. Warden, 329-1764, [melissa1959@earthlink.net](mailto:melissa1959@earthlink.net)

Janet Bowne, Jr. Warden, 318-7045, [janetbowne@maine.rr.com](mailto:janetbowne@maine.rr.com)

Bill Gowen, Treasurer, 415-1412, [wwg914@aol.com](mailto:wwg914@aol.com)

Ed Ainsworth, 846-3191, [rayleanded207@gmail.com](mailto:rayleanded207@gmail.com)

Barbara Bell, 653-4320, [habsi821@gmail.com](mailto:habsi821@gmail.com)

Terry Brown, 310-877-0121, [terryeverettbrown@gmail.com](mailto:terryeverettbrown@gmail.com)

John Fallon, 508-776-3792, [jtf199@gmail.com](mailto:jtf199@gmail.com)

Peter Fitch, 576-0346, [pfitch@leeautomall.com](mailto:pfitch@leeautomall.com)

Maggie Gardner, 617-921-1266, [magardner@maine.rr.com](mailto:magardner@maine.rr.com)

Rick Hirschman, 219-8444, [rrhirschman@msn.com](mailto:rrhirschman@msn.com)

Mary LaLumiere, 829-33212, [marylalumiere@gmail.com](mailto:marylalumiere@gmail.com)

Julie Otte, 450-5029, [juliemomotter@aol.com](mailto:juliemomotter@aol.com)

Tim Record, 781-0242, [trecord@llbean.com](mailto:trecord@llbean.com)

Len Taylor, 829-3395, [latmit@aol.com](mailto:latmit@aol.com)

Nadine Timberlake, 508-648-4734, [ntimberlake@aol.com](mailto:ntimberlake@aol.com)



## Saint Mary's Altar Flower Fund 2017



Through the Altar Flower Fund, contributions are provided for the altar flowers that are given in memory or in thanksgiving or celebration throughout the year as well as for the special decorations at Easter, Thanksgiving, Christmas, and other occasions. (In the summer, flowers and greens from our gardens, fields and woods are often used).

As Easter (April 16) approaches, we ask for your support of the Altar Flower Fund.

*Important:* Whether you are making a first-time offering or regularly support the Flower Fund, please fill out this form so that your requests can be fulfilled.

1. Enclosed is my contribution to Saint Mary's Altar Flower Fund: \$ \_\_\_\_\_

Name \_\_\_\_\_

Telephone \_\_\_\_\_ E-mail \_\_\_\_\_

\_\_\_\_ Yes, I would like to join the Altar Flower Guild (training provided).

2. Please include these names among the Easter Memorials (requests must be received by Monday, April 10, 2017):

Name \_\_\_\_\_

Name \_\_\_\_\_

Name \_\_\_\_\_

3. Please provide flowers during the year *In Memoriam* (NO flowers are placed on the Altar during Lent or Advent with the exception of Rose Sunday during that season):

Name \_\_\_\_\_ on or a Sunday close to \_\_\_\_/\_\_\_\_/\_\_\_\_

Name \_\_\_\_\_ on or a Sunday close to \_\_\_\_/\_\_\_\_/\_\_\_\_

Name \_\_\_\_\_ on or a Sunday close to \_\_\_\_/\_\_\_\_/\_\_\_\_

4. Please provide flowers during the year in Thanksgiving for and celebration of (NO flowers are placed on the Altar during Lent or Advent with the exception of Rose Sunday during that season):

Name \_\_\_\_\_ on or a Sunday close to \_\_\_\_/\_\_\_\_/\_\_\_\_

Name \_\_\_\_\_ on or a Sunday close to \_\_\_\_/\_\_\_\_/\_\_\_\_

Name \_\_\_\_\_ on or a Sunday close to \_\_\_\_/\_\_\_\_/\_\_\_\_

Please return this form either by mail, in the offering plate or to the office with your check payable to:  
The Episcopal Church of Saint Mary, Attn.: Altar Flower Fund, 43 Foreside Road, Falmouth, ME 04105