



"GREETINGS, MARY, FULL OF GRACE."

The Episcopal Church of Saint Mary - Falmouth, Maine

From the Rector: 2018 Sabbatical Adventure



In keeping with a practice that is becoming increasingly common throughout The Episcopal Church, the policy of the Diocese of Maine is that all clergy in charge of congregations are allowed a sabbatical leave of 4 months after every 5 years in service. Since November 2017 marked 5 years since I began as Rector of Saint Mary's, plans have been prepared for me to take this leave in 2018. As I'm sure you can tell, the word *sabbatical* comes from sabbath which comes from the ancient Hebrew word for rest. A clergy sabbatical is intended to be a time for study and continuing education, rest and

refreshment, and also for travel to gain a new perspective. By God's grace, it looks like I will be able to cover all three of these aspects this year, but this sabbatical will occur in three blocks of time rather than in a continuous four months away.

Beginning March 12, the first block will be a month at Fort Jackson, South Carolina to attend the Basic Leadership Course for Professional Chaplains at the Naval Chaplaincy School and Center. One of the great benefits of serving as a Navy officer is the kind of regular leadership training that courses like this provide. I have also

heard that at Fort Jackson we will have our morning physical training guided by Marines. If you know me, then you will know how excited I am about this!

After a brief return in late April and early May, the second block of time away will be focused on time with family. Angus will graduate from West Point on May 26, although this will actually be one full week of events and festivities. A few weeks later in June, Angus will marry his fiancée whom he met at Falmouth High School. Needless to say, there will be a lot going on in our household! Between these events is the Trek Across Maine. We have registered a Godspeed team from Saint Mary's for this adventure, and there is certainly room for anyone else who may be interested!

In July, the final block of time will be one month of travel as a family to the Amazonian region of Ecuador. We have secured a cottage in the small city of Tena where we will stay. I will work on some personal study and research projects, Erin will paint and create beautiful art, Se' will work as an intern with a public health NGO, and Fiona will be learning about dance in the local Kechwa culture. We are all learning some Spanish in anticipation of this once-in-a-lifetime adventure.

God willing, I will return in August ready for a great autumn season and for another five years of authentic, vibrant, Christ-centered community with all of you here at Saint Mary's! May God be honored and glorified by all that takes place among us over these next few months. I'm sure that you will have a great time with Pastor Sara as your temporary leader. Be kind to her, and to one another, and thank you for providing me with this sabbatical experience!

Nathan W. Ferrell +

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Holy Week & Pascha 2018 at Saint Mary's

THE SUNDAY OF THE PASSION:

PALM SUNDAY, MARCH 25

8 AM and 10 AM: Palm Sunday entrance, Passion reading, and Eucharist

The 10 AM Celebration begins in the Auditorium

MONDAY, TUESDAY & WEDNESDAY IN HOLY WEEK

12 Noon: Holy Week Prayers in the Fr. James Chapel

TUESDAY IN HOLY WEEK: MARCH 27

11 AM: Chrism Eucharist with Bishop Steve at St. Luke's Cathedral

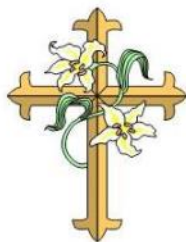
MAUNDY THURSDAY, MARCH 29

12 Noon: Maundy Thursday Eucharist in the Chapel

6 PM: *Agapé* meal in the Auditorium: *Readings and Footwashing*

7 PM: Holy Communion in the Sanctuary

8 PM - FRIDAY, 12 NOON: ALL-NIGHT PRAYER WATCH
with the Body of Christ in the Chapel



GOOD FRIDAY, MARCH 30

8 AM - 1 PM: Blood Drive in the Auditorium

12 Noon: Good Friday Liturgy in the Chapel

4:00 PM: Family Stations of the Cross

6 PM: Good Friday Liturgy in the Sanctuary

The Chanting of the Passion according to Saint John and the Veneration of the Cross.

HOLY SATURDAY, MARCH 31

THE GREAT VIGIL AT 7:06 PM

THE HIGHLIGHT OF THE ENTIRE CHURCH YEAR!

*The blessing of the New Fire and lighting of the Paschal Candle. The chanting of the Exsultet.
The history of Salvation. Renewal of our Baptismal Covenant. The first Paschal Eucharist.*

THE SUNDAY OF THE RESURRECTION:

PASCHA: EASTER DAY, APRIL 1

9:00 AM and 11:00 AM: Two grand and joyful Celebrations of the Holy Eucharist
with flowers, organ, brass, choir, and lots of singing!



Deacon Christine is back!

Beginning March 11, Christine Bennett will return to serve as deacon in our community during the time of Nathan's sabbatical. She retired from diaconate ministry in 2016 but has received approval from Bishop Steve to return on a short-term basis. She will assist Pastor Sara with the Holy Eucharist on Sundays, during the many liturgies of Holy Week, and be generally available to our parish family to assist with emergency needs. Please give Deacon Christine a hearty Saint Mary's welcome back and let her know how much we all appreciate her ministry!

Highlights from your Wardens

by Janet Bowne & Jim Kane

On Saturday, February 10th, the Vestry gathered in the Guild Room for the annual retreat. Father Nathan led a short Bible study on a text of Isaiah. We reviewed the Parochial Report for 2018. We approved the report as presented and will send it on to the Diocese. Sandy Couch Kelly was nominated to serve as Vestry Clerk and was elected unanimously. Thank you, Sandy!

We had a general discussion about revenue. Our revenue comes primarily from pledge income. We also receive revenue from fundraisers, investment income, rental income, and loose offerings. One suggestion was to create a printed brochure outlining our rental program for visitors. We also talked about advertising if a cost-efficient option is available.

Merle Marie Troeger, parishioner and member of the Bishop Discernment Committee, asked for our input on various components of bishop leadership. She also mentioned there's a link to a survey on the diocesan website

until the end of February. All are welcome to take the survey and share their thoughts.

Father Nathan led us in a leadership and planning exercise he participated in during his January Naval training.

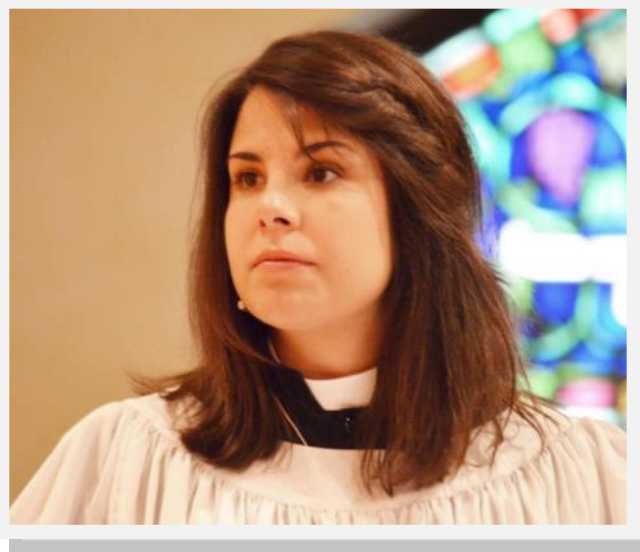
We discussed Father Nathan's sabbatical. Below, you will find biographical information on the Rev. Sara D'Angio White, or 'Pastor Sara' as she prefers to be called. Pastor Sara will join us on Palm Sunday for the first time. She'll be covering most Thursdays and Sundays while Father Nathan is away. She'll work with the Pastoral Partners to assist on pastoral issues as needed. Be sure to wear name tags so Pastor Sara can get to know our names.

Thank you to the Vestry for their service and sharing so generously of their time to serve as our leadership body. Our next meeting is Wednesday, March 7, at 6 PM. All are welcome to join us.

Meet Pastor Sara D'Angio White

Sara D'Angio White is an Episcopal priest who recently arrived in Maine from away. Prior to moving to Vacationland, Sara was living in the Diocese of Rochester in upstate New York, where she worked in a partnership of parishes and helped to coordinate diocesan youth events. She has transferred that love of working with youth to her life here in Maine and is coordinating our upcoming diocesan youth events, including Finale Week at Camp Bishopswood this summer. Sara received a BA in Linguistics from Bryn Mawr College, and an MDiv at Virginia Theological Seminary.

Sara is married to Andrew, who is also an Episcopal priest. They live in Kennebunk with Maggie and Charlie, their two liturgically-infused children, and they worship together at St. David's, where Andrew serves as rector. In her spare time, Sara likes to cook, and she was both bewildered and overjoyed when her first attempt at gardening this past summer actually yielded vegetables. Sara enjoys listening to people's stories and discovering where God is woven into the fabric of their lives.



Grieving, Healing and Believing

When your life partner dies the world as you know it changes forever. No matter how long that relationship has been or the circumstances surrounding the death, the common elements of grief can be overwhelming. After the activity of the memorial service or funeral, the attention from family and friends, and the business of settling the estate, we are left with the question, *what now?* Our feelings can be difficult to navigate. The opportunity to gather with a small group of people who have had similar experiences can provide support and healing in a safe and confidential environment. If you would be interested in being part of a group which would meet once a week for six weeks beginning in April, please call Deacon Christine at 653-2448.

How will you observe your 2018 Lent?



COFFEE AND A PRAYER - FRIDAYS DURING LENT

Why not start your day with a few quiet moments in the Father James Chapel on Fridays during Lent? The chapel will be open at 7 a.m. so you can drop by for a time of quiet prayer. You may want to participate in silent guided centering prayer. Or you might just want to enjoy the simple silence as the morning sunlight begins to fill the chapel. We'll also have a poem or two to contemplate if that's more your style. However you spend your time or however long your stay, give yourself the Lenten gift of quiet prayer time with God in sacred space. And grab a cup of coffee too.



THE
GOOD BOOK
CLUB

Beginning February 11, all around the world, Episcopalians will read the Gospel according to Luke during Lent and the Book of Acts during the Great 50 Days. Join the movement as we explore the entire story of Jesus' life as told by Luke and the experiences of the earliest disciples as shared in Acts. There are a ton of resources available to assist and inspire you at this website: www.goodbookclub.org. Be on the lookout for more resources soon. To start, here is the reading list for March:

Thursday, March 1	Luke 10:1-20.	
Friday, March 2	Luke 10:21-42.	
Saturday, March 3	Luke 11:1-13.	
Sunday, March 4	Luke 11:14-54.	3 Lent
Monday, March 5	Luke 12:1-21.	
Tuesday, March 6	Luke 12:22-59.	
Wednesday, March 7	Luke 13:1-21.	
Thursday, March 8	Luke 13:22-35.	
Friday, March 9	Luke 14:1-24.	
Saturday, March 10	Luke 14:25-35.	
Sunday, March 11	Luke 15:1-10.	4 Lent
Monday, March 12	Luke 15:11-32.	
Tuesday, March 13	Luke 16:1-18.	
Wednesday, March 14	Luke 16:19-31.	
Thursday, March 15	Luke 17:1-10.	
Friday, March 16	Luke 17:11-37.	
Saturday, March 17	Luke 18:1-17.	
Sunday, March 18	Luke 18:18-43.	5 Lent
Monday, March 19	Luke 19:1-27.	Saint Joseph
Tuesday, March 20	Luke 19:28-48.	
Wednesday, March 21	Luke 20:1-47.	
Thursday, March 22	Luke 21:1-38.	
Friday, March 23	Luke 22:1-23.	
Saturday, March 24	Luke 22:24-46.	
Sunday, March 25	Luke 22:47-71. Palm Sunday:	
Monday, March 26	Luke 23:1-25. Monday in Holy Week	
Tuesday, March 27	Luke 23:26-43. Tuesday in Holy Week	
Wednesday, March 28	Luke 23:44-56. Wednesday in Holy Week	
Thursday, March 29	Luke 24:1-12. Maundy Thursday	
Friday, March 30	Luke 24:13-35. Good Friday	
Saturday, March 31	Luke 24:36-53. Holy Saturday	

... BE STILL ...

Through Guided Centering Prayer
Mondays in Lent 5:30-6:30pm

There is no more precious season than Lent to search for moments of peaceful communion with God. And what better place at the end of the day to do that than a candlelit Father James Chapel!

So come to BE STILL every Monday during Lent from 5:30 to 6:30. Give yourself the gift of the refreshing silence offered by a guided practice of Centering Prayer. We will begin with a few minutes of accompanied Taize chanting before entering into 20 minutes of meditation. We will then offer Lectio Divina, during which we listen and silently contemplate a brief scriptural reading, ending with the opportunity to share, if desired, our feelings that this reading evokes. We can promise that you will leave the chapel with a sought-for peace, calm and renewal. Please join us!

...and know that I am God.

2018 Lent - There's something for everyone



Learn about the Saints!

Pick your brackets!

Vote online!

Could your pick win the Golden Halo?!

Join the journey toward Resurrection!

Pray that through this online devotion, you will be drawn ever closer to the risen Christ.



Honor your loved one! Remember their birthday, graduation, or any special day

Sign up to have the altar flowers in their honor. Attached to this AVE is a form that anyone can fill out to honor the memorial of a loved one or to honor and celebrate a special event, or that special someone whom you would like to recognize or memorialize.

See the Altar Flower Fund form on page 14 or find them at the doors to the Parish House and church narthex.



Outreach Ministry ~ All Ages Serving Near and Far

Community Souper Supper March 9 and 23

Enjoy this community-wide fellowship offering, dining in a relaxed, candle-lit atmosphere. You will be feted with a complimentary main course, salad, rolls, dessert and beverage. Wonderful for singles and families alike! Offered twice each month on the 2nd and 4th Fridays from 5-7 PM in the parish house auditorium. No reservations required.

PLUS, on the 2nd Friday, stay for the **FREE Classic Movie**

Just bring your family and friends and enjoy! It's a blast!



**Support "Souper Supper" Buy Fair Trade
"Coffee by Design" Coffee!**

Casco Bay - a medium roast OR

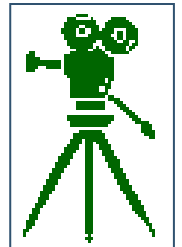
Black & Tan - a slightly darker roast

"Coffee by Design" 12 oz. bags of ground fair-traded, organic, delicious coffees are on sale at Saint Mary's for \$10 a bag (Decaf is \$11). ...and support fair trade practices ...and a locally-owned business... and get GREAT organic coffee! Win! Win! Win!

Classic Cinema

Our monthly FREE in-house movie

On March 9



Check the eNEWS for this month's featured movie

Movie begins at 7PM (after Souper Supper) in the Parish House, and it's free!

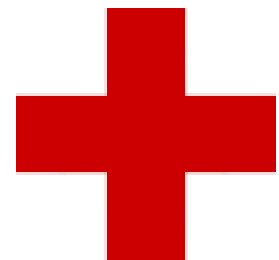
Holy Saturday Blood Drive:

Saturday, March 31, 9:00am - 2:00pm

Christ gave his blood for you. Will you give your blood for others? Sign-up today to be a blood donor and help give to those who need your blood to survive!

Go to www.redcrossblood.org and use sponsor code "StMary" to make your donor appointment. Contact our Coordinator, Jana Burke, at jana.burke@gmail.com or 272-4535.

Can you help our donors at the drive? Could you help distribute flyers or posters? Volunteers are needed. Call Jana Burke (272-4535)



**American
Red Cross**

Together, we can save a life

Outreach Ministry - All Ages Serving Near and Far



OUTREACH – WELCOME NEW MAINERS

Presentation, Concert and Delicious Buffet on March 4!

The Outreach Committee invites all to **save the date of March 4th from 4-6pm** when we will welcome the nationally reputed Ekhlash Ahmed and the equally renowned Pihcintu Chorus to Saint Mary's for presentations followed by fellowship over a buffet of light multi-ethnic fare. No charge for entry; donations to benefit the Pihcintu Chorus will be welcomed.

Those who are devotees of “The Ellen Show” will be familiar with Ekhlash, a teacher of English language at Westbrook Middle School and former Sudanese refugee who credits Ellen DeGeneres with helping her learn English. Ekhlash came to Portland with her family in 2005 at the age of 14, in search of safe haven from the Darfur genocide. She has devoted her young life to helping



young immigrants navigate cultural differences, and she works outside the classroom to build bridges with the community at large.

This will be Pihcintu's second concert at Saint Mary's, and we bring them back by popular demand. The chorus is devoted to helping restart the young lives of children who have fled war-torn villages, refugee camps, famine and political turmoil through the warmth, companionship and harmony that Pihcintu provides.

This promises to be an informative and inspiring afternoon. We hope to fill the auditorium, so please mark your calendars now!



Falmouth Foreside 5K RUN

Saturday, May 5, 2018



Habitat
for Humanity®
of Greater Portland

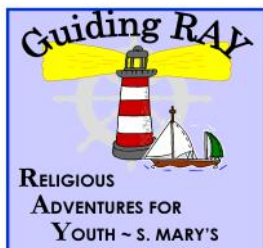
Join us for a family-friendly 5K run along Falmouth's Foreside Rd. 8am registration/9AM start

Cash prizes!

PRE REGISTER www.habitatportlandme.org, click “Events” or click here to

PRE-REGISTER!

Christian Formation - RAY Beams - Lent 2018



During the winter months, attendance is low in Guiding RAY; many people ski, have colds, travel to warmer places during vacation week, or just decide to stay home and warm. As leaders in Guiding RAY, we really enjoy this time of having all the kids together in the one-room classroom. In this model, kids of different ages all learn the Bible story together. We have the opportunity to share and learn from each other creating more of a family feeling and inspiring cooperation. It is a beautiful thing to see the older kids assist the younger ones and serving as role models. And the younger kids are very creative and enjoy being with the older ones. But the most unexpected benefit of having younger and older children together is how much we, as leaders, learn from them.



Guiding RAY Lenten bulletin board. Come down and take a closer look! Special thanks to Pat Rogers and Priscilla McGarry.



Transfiguration Jesus. So Cool!



Noah's Ark Balance Puzzle. Ta Da!

Here's
what is
coming up
in March
2018

PreK - Grade 1

March 4 - **Faith Family Service**
March 11 - **Bronze Serpent**
March 18 - **New Covenant**
March 25 - **Resurrection Gardens**

Grades 2- 4

March 4 - **Faith Family Service**
March 11 & 18
Holy Week: Jesus' Last Days on Earth
March 25 - **Resurrection Gardens**

Calling all 5th - 8th Graders!

Join Meg Hurdman during Lent and learn about Saint Peter - The Apostolic Everyman

"And I tell you that you are Peter, and on this rock I will build my church, and the gates of Hades will not overcome it." Matthew 16:18

Peter was one of the first followers of Jesus Christ. He was an outspoken and ardent disciple, one of Jesus' closest friends, an apostle, and a "pillar" of the church. Peter was enthusiastic, strong-willed, impulsive, and, at times, brash. But for all his strengths, Peter had several failings in his life. Still, the Lord who chose him continued to mold him into exactly who He intended Peter to be.



Boat Building Supplies are ready! Come and build a boat!

Guiding RAY Coordinators

Megan Akers: *Director*, GuidingRAY@smay.org, 415-4260
Heather Gale, hpgale@earthlink.net, 899-3560
Meg Hurdman, hurdman@maine.rr.com, 781-7478

Christian Formation - High & Middle Schoolers

MOST CASCO BAY TEENS CHOOSE NOT TO USE ALCOHOL OR DRUGS FOR GOOD REASONS

Think about the consequences before you use

www.cascobaycan.org

March 2018
Tip of the Month

it could ruin my goals and ambitions in life

KILLS MY BRAIN CELLS It's easy to have fun in other ways

It affects my education and athletics I respect my body and my mind


I am stronger than that I would get kicked off my team

I WANT TO REACH MY HIGHEST POTENTIAL ILL REGRET IT

It will set back my hard work and training I won't get into my first choice college

it's bad for my body I don't feel the need to use it can ruin my future

I WANT ME AND MY FRIENDS TO STAY SAFE



younglife.

Young Life of Casco Bay continues to grow!

Right now, plans are being made to go to camp at Lake Champion

July 7 – 13.

Early bird discounts are available. This is the most amazing camp experience ever! It is open to all high schoolers. FMI, go to

www.cascobay.younglife.org

Cumberland County A grant funded project sponsored by Cumberland County Government
www.cumberlandcounty.org SAMHSA #1H2aSP016407

REACH:

Reaching IN, Reaching OUT, Reaching GOD

The Episcopal Diocese
of Maine's
Winter Youth Event
for 6-8 Graders

MARCH 2-4

at Christ Church Episcopal
2 Dresden Ave, Gardiner, ME

[Download a flyer.](http://www.maine-youth.org)
www.maine-youth.org

CALLED TO SERVE

Jesus calls us to love our neighbor as ourselves,
and as a part of that love, we are called to serve.

The Episcopal Diocese
of Maine's
Winter Youth Event
for 9-12 Graders

MARCH 16-18

at Grace Episcopal
Church in Bath

[Download a flyer.](http://www.maine-youth.org)

FMI and to register, visit
www.maine-youth.org

Register NOW for the Summer 2018 at CAMP BISHOPSWOOD

Located on the shores of Lake Megunticook in the Camden Hills, Bishopswood is one of the best kept secrets among Maine summer camps. Operated by the Diocese of Maine since the early 1960s, Bishopswood is affordable, safe, well-managed, beautiful – and great fun for all young people.

There are mini-sessions for first-time campers, multi-week sessions, and a family weekend. This year, there is also a free Work Weekend (May 4-6) when anyone can stay and eat at camp by helping prepare it for summer. Check it out during the Open House Weekend on June 1-3 or go just for the afternoon on Sunday, June 3.

Register your child or yourself now at www.bishopswood.org. See the website for more information.



Come chat with Director,
Mike Douglass during coffee
hour on Sunday, March 4!



Camp Bishopswood

Mike Douglass, Exec. Dir.
98 Bishopswood Rd.
Hope, Maine 04847
mike@bishopswood.org
www.bishopswood.org



*MARY, MARY, OH SAINT MARY,
how does your garden grow?
With love and care and plenty of veggies to share!*

Saint Mary's garden is in the planning stages. Two raised beds will be constructed and the Guiding RAY kids will decide what seeds and seedlings to plant in the gardens. The produce will then be donated to the Falmouth Food Pantry. The raised bed construction and first planting is scheduled for **Saturday, May 12**, so please mark your calendars! For more information about how you can help the Saint Mary's Garden grow, please contact, Master Gardener and parishioner, Bobbi MacCallum at bmacallum43@gmail.com.



Saint Mary's Operating Finances - as of January 31, 2018

INCOME

General Plate & Pledge Support	72,239
Use of Parish House & Sanctuary	2,125
Fundraisers	-43
Miscellaneous Gifts & Revenue	0
Dedicated Gifts	262
	<hr/>
	\$ 74,583

EXPENSE

Dio Assessment	4,615
Personnel (includes, taxes, benefits, & pensions)	14,813
Maintenance, Capital	3,795
Operating (utilities, insurance, taxes, supplies)	9,014
Program	2,193
Countless volunteer donated hours of time	0
	<hr/>
	\$ 34,430



+40,153

MARDI GRAS MESSY CHURCH Talent Variety Show and Pancake Supper!!



What a fantastic time we all had celebrating Mardi Gras together! We enjoyed making carnival masks and Alleluia banners, burning palms, eating pancakes and enjoying various talents. Many thanks to

Charlie Hurdman for helping us start the fire for our palms, Jim Kane for leading our parade, Linda Eaton for

teaching us a song, Stan Eaton for leading us in burying the Alleluia in the crypt, Babs Bell, Dana Madison and Terry Brown for preparing a fabulous fat feast, and a special thanks to Andrea Myles-Hunkin for hosting the event and letting us all know that we have talent! And speaking of talent...A BIG SHOUT OUT to all who provided the entertainment...Brownlow Parks-Stamm, Lee Snow, Luke Brown, Saint Mary's choir, Frightful and Tousy, the Ferrente & Teicher imitators, Alex Robich, and Polly Parks-Stamm.



Grant Us Strength and Courage and Power

by Merle Marie Troeger

Maybe you know I have the imperatives "Go in Peace, Go in Love" on my bumper sticker. I like the sentiment a lot, and it occasionally sparks conversations in parking lots. And I love the catchy tune my friend Sally wrote for them.

At the same time, the world is not often ready for peace and love. It's a tough place. We are discouraged by news coverage of the school shootings in Florida and elsewhere; the scenes of destruction and warfare around the world; the ways injustice and poverty eats away at our beloved communities. There aren't many people or situations that welcome something so profound and yet so simple as peace and love. And simply mouthing those words is completely inadequate.

We need something more than the simple willingness to go in peace and love. We need something we say every Sunday. In the morning services, we pray, "Grant us strength and courage to love and serve you." Or sometimes we pray, "Send us forth in the power of your Spirit."

Those are mighty nouns: strength, courage, power. But we have a hard time coming up with those qualities on our own. St. Augustine knew that. His commentary on Psalm 118 includes this: "*My desire is insufficient, unless in what I have desired you yourself prevail and direct me.*"

I may desire all the peace and love in the world. But that desire sometimes seems feeble in the face of the violence and the hatred out there. It will take more than I can muster on my own much of the time. It's no coincidence that our prayers for strength, courage, and power come after the Eucharist. In both of those prayers, we are thanking God for the feast of Holy Communion, however each of us understands that. We have been nourished by the strength, courage and power of Jesus in some mystical yet real way. Our prayer is that we can hold on to them through the week and make a real difference. How will I (and you) demonstrate peace and love this month? How will I (and you) demonstrate strength, courage and power this month?



Coffee Hour Hosts Needed for March, April & May

As a vestry and Parish Council suggestion, many of the guilds & committees are taking turns hosting coffee hour and taking advantage of that opportunity to share, teach & promote participation in their ministry.

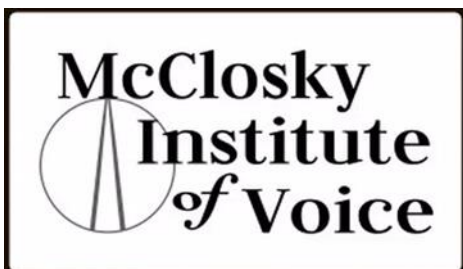
Are you a committee chair or leader? Come sign up for the date of your choice before we assign you an open Sunday. Thanks to all who host coffee hour as it is an integral part of our Sunday worship experience.

Music at Saint Mary's

by Bruce Fithian

McClosky Method Masterclass: March 24

Our new choir member, Maria Belva, is a licensed David Blair McClosky Voice Technician, and we are happy to announce that she will be leading a vocal masterclass for singers on Saturday, March 24, 10-12 a.m. in the auditorium. The McClosky method is superbly suited for singers of all abilities. The focus is on learning to sing with ease, emphasizing the ideal means for vocal health. It is especially useful for amateur and older singers who can learn to extend their range and sing with more comfort. The workshop will be open to singers at the cost of \$20, with \$10 donated to the church by Maria. If interested, please email Bruce Fithian: bsfithian@aol.com. If there is enough interest, we will host a second workshop that afternoon.



Our clients come to us with various goals:

- Improving vocal sound, stamina and longevity
- Refining an established vocal technique
- Preserving the voice in the classroom
- Learning new teaching methods
- Singing and speaking with freedom!
- Eliminating vocal pain



St Mary Schola
Bruce Fithian, Music Director

MASTERWORKS OF LENT

Friday, March 9
7:30 PM

Cathedral of the Immaculate
Conception, Portland

Sunday, March 11
4:00 PM

Church of Saint Mary,
Falmouth

Tuesday, March 13
7:30 PM

Cathedral of Saint Luke,
Portland

Tickets at stmaryschola.org
\$20 ~ Students Free

St Mary Schola, a 501(c)(3)
non-profit, is Maine's only
professional early music ensemble

Saint Mary Schola: Masterpiece of Lent

Lent is a special time of year and the music associated with this season is very rich and moving. The St Mary Schola will present 'Masterworks of Lent' on Sunday, March 11, at 4 p.m. (repeat concerts on March 9 at the Cathedral of Immaculate Conception and March 13 at St. Luke's), a concert in which the great tenabreae service from Holy Week will feature some sublime motets by the Renaissance master, Gesualdo. Coupled with Gesualdo will be the greatly loved anthem from our Anglican tradition, by C. V. Stanford's 'Beati Quorum Via,' and a lovely 'Evening Song' by Josef Rheinberger, referring to Christ's plea to his disciples to 'stay with me - the evening approaches.'

From J. S. Bach's sacred music repertoire, a transcendental aria 'Blessed peace,' and another aria from his Lenten cantata 'Ich habe genug' (it is enough) will console our spirits. The concert will conclude with the oratorio by Giacomo Carissimi, Jona, which brings to life Jonah's dramatic story of sea storms, sea monsters and redemption, complete with period instruments.

Tickets can be purchased on line at stmaryschola.org or at the door.

10 years! Saint Mary Schola Fundraising Event

Join the St Mary Schola for their 10th Anniversary Celebration Gala, Sunday, April 15, 2:00 p.m. On April 20, 2008, through the inspired support of the Reverend James Dalton-Thompson, the St Mary Schola presented their first concert: *Concert spiritual*. Since that date the Schola has offered inspirational concerts of early music to the southern Maine community, offering works of deep spirituality as well as vivacious entertainment.

To celebrate the ten years of excellence in chamber music, the gala celebration will include a fun-filled format: Favorite works from the past ten years are coupled with wine tasting. Professional sommelier, Erica Archer (winewise.com) will present quality five wine tastings throughout the concert. Imagine hearing lovely French Renaissance lute songs and madrigals followed by a nice French wine - the great Italian master, Monteverdi's selection of vivacious madrigals followed by an Italian vintage - and sparkling wine to finish!

What a fun way to celebrate, and the proceeds of the Gala will help fund a CD recording that the Schola will make, and all ticket holders will receive a copy of the CD when complete. Tickets are \$50 and available on line at the Schola website: stmaryschola.org

News, Notes, Kudos, Dates & Reminders

(Send your 1-3 line notes, announcements or thanks to Beth at admin@smary.org by the 20th of the previous month)

Merci Thank you, Megan Akers, for creating *Lent in a Bag* to help us all have a more meaningful Lent. The bags are available in the Parish Hall.

Merci Thanks to Jennifer Gregg and Merle Marie Troeger for offering Lenten quiet times for prayer and centering.

Thank you to all who made our Mardi Gras/Shrove Sunday Messy Church & Talent Show program so successful. It was a wonderful evening of fellowship and fun---and pancakes! Thanks to all who organized, participated, shared their many talents, cooked and cleaned! Together, we do things well!

Gracias! Thanks to Betsy Elliman for representing Saint Mary's on the board of St. Elizabeth's Jubilee Center.

Thank you, Merle Marie, for serving on the Bishop Discernment Committee and for coming to the Vestry retreat to get our opinions.

Get Stitching: every Tuesday at 1 PM

We are gathering at the church EVERY TUESDAY AT 1:00PM to stitch. Some are knitting prayer scarves, some making dryer balls, some quilting, some making mittens, or socks, or vests. We help each other and chat about whatever we want. There is laughter as well as concern for our world. Everyone is welcome to an hour (and a half) of productive fellowship. For more information or inquiring about learning how to make a very simple prayer shawl, contact Ginny Stelk, lstelk@maine.rr.com

Saint Mary's Altar Flower Fund 2018

Through the Altar Flower Fund, contributions are provided for the altar flowers that are given in memory or in thanksgiving or celebration throughout the year as well as for the special decorations at Easter, Thanksgiving, Christmas, and other occasions. (In the summer, flowers and greens from our gardens, fields and woods are often used).

As Easter (April 1) approaches, we ask for your support of the Altar Flower Fund. *Important:* Whether you are making a first-time offering or regularly support the Flower Fund, please fill out this form so that your requests can be fulfilled.



1. Enclosed is my contribution to Saint Mary's Altar Flower Fund: \$ _____

Name _____

Telephone _____ E-mail _____

____ Yes, I would like to join the Altar Flower Guild (training provided).

2. Please include these names among the Easter Memorials (requests must be received by Monday, March 26, 2018):

Name _____

Name _____

Name _____

3. Please provide flowers during the year *In Memoriam* or *In Celebration* and *Thanksgiving*

(NO flowers are placed on the Altar during **Lent or Advent** with the exception of Rose Sunday during that season):

Name _____ on or a Sunday close to ____/____/____

Name _____ on or a Sunday close to ____/____/____

Name _____ on or a Sunday close to ____/____/____

Please return this form either by mail, in the offering plate or to the office with your check payable to:
The Episcopal Church of Saint Mary, Attn.: Altar Flower Fund, 43 Foreside Road, Falmouth, ME 04105



Here are some important dates in our Saint Mary's parish family

Happy March Birthdays to:



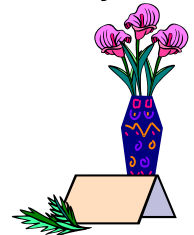
1	Halley Taylor	6	Anne LaFond	20	Nolan Browne
2	Janet Bowne	7	Maureen Manetti	21	Cole Buchanan
2	Emmett Frueh	7	Annie Mead	21	Elizabeth Heinzman
2	Tricia Wheeler	9	Carson Gall	21	Owen Ross
3	David Squire	9	Grace Richards	23	Sophia Bisson
3	Andrea Myles-Hunkin	12	Peter Fitch	23	Ryan Stinneford
4	Al Ahlers	12	Sam Hyland	24	Rayle Ainsworth
4	Joshua Herlihy	13	Talie Harris	25	Will Winter
4	Allen Malony	14	Derrick Buckspan	26	Cole Teng
5	Rachel McGonigle	14	Judy Oliver	27	Lilly Young
6	John Brooks	15	Gratia Banta	28	Justine Means
6	Adrian Kendall	15	Bonny Rodden	28	Will Velek
6	Frederick Goodrich	17	Ciara Mokeme	29	Thomas Gale
6	Bev Knudsen	17	Richard Trudo	29	Roberta Stothart

We'd love to include good wishes on your birthday and anniversary. If we don't yet have the dates, please send your and your family's special dates into the parish office and we'll be sure to include them on your special month. admin@smary.org or call 781-3366 or drop a note to the church. Thanks!

HAPPY MARCH ANNIVERSARY WISHES TO:



28 Onnie & Bob Hastings



Falmouth Congregational Church

(267 Falmouth Road, Falmouth, 781-3413)

invites all to their monthly

Coffee House

Friday, March 9 - Doors open at 6:30pm

Enjoy a specialty coffee and snack while listening to

Mark Horton & Friends

Mark Horton and friends will present two 40-minute sets of acoustic, electric and a Capella music from several genres: folk, rock and roll classics, blues, and in the second set some sing-along tunes.

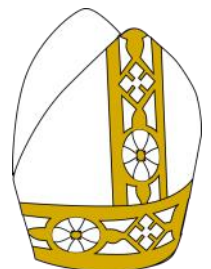
Bring your friends and neighbors for a relaxed evening out.

All welcome! Family-friendly!

Refreshments. Free, but donations accepted.

Please pray for our Bishop search process!

God of grace, we give you thanks for all of the blessings of our common life and ministries as the Episcopal Diocese of Maine, and for our leaders who are guiding us through this season of change. Grant to the Discernment and Transition Committees open hearts, minds, and spirits as they receive the Holy Spirit's gifts of faith, hope, and love to aid their work. We ask also that you send courage and vision to our next bishop of Maine as she or he discerns your call. In the name of Christ. **Amen.**



The Episcopal Church of Saint Mary Worship Leader Schedule: March - April 2018

	8am Ushers	8am EM/Lectors	10am Ushers	10am Lector	10am Euch Minister	Acolytes	Altar Guild	Altar Flowers	Flower Delivery	Coffee Hour Host
4-Mar Lent 3	Len Taylor onnard	Al Ahlers	Ryan Stinneford Tom LaPlante	FF - Kids read	Andrea M-H Nadine	Emily Sarah, Laurer	Tricia Mary L & Kelly	~	~	Andrea M-H
11-Mar Lent 4	Charlie Hurdman Jim Porter	Lad Taylor	Jack Heinzman Mark Bentley	Betsy Stoddard	Maggie G David Robinson	Maggie tbd	Betsy Maggie & Barbara	~	N+ last Sunday before Sabbatical	OPEN
18-Mar Lent 5	Ron Frye Jim Kane	Becky Pride	Chuck Horton Tom LaPlante	David Robinson	Jim Stoddard David Robinson	Kevin Lauren & Kyle	Katie Janet	~	~	OPEN
25-Mar Palm	Al Ahlers Len Taylor	Mary Ann M	Aaron Splint Ryan Stinneford	Nadine T	Jadine Timberlake Terry Brown	Anabelle Cole & Maggie	Portia Kathy	palms		Hot Cross Buns
29-Mar Maundy Thursday			6pm Ushers Charlie H	6pm lector Nadine T	6pm EM Nadine T.	6pm crucifer Maggie	AG	AFG	~	~
30-Mar			6pm Ushers	6pm lector	6pm EM			bare		~
Good Friday			Jim Kane	Len Taylor	Len Taylor					Chocolates & Sparkling drinks
31-Mar Easter Eve Vigil		7:06pm	xx xx	Ginny S BP & TB	Becky Pride Terry Brown	7pm acolytes Michael, Jamie				
1-Apr Easter/ Pascha	9am Ush Charlie H xx xx	9am EMs Jim S Maggie G	9am Lector Betsy S	9am Acolytes Sarah K Ellie H George H.	11am Ush Ryan S. xx xx	11am EMs Len Taylor Lad Taylor	11am Lector Maureen Emily Michael	11am Aco Julia Emily Michael	AFG Easter	OPEN
8-Apr Easter 2	Baer C Charlie H	Greg Unfricht	tbd	Linda Eaton	Stan Eaton Jim Stoddard	tbd	Betsy Mary L & Kathy	Easter	~	OPEN
15-Apr Easter 3	Jim K xx	Len Taylor	tbd	Marian McCue	Maggie Gardner Terry Brown	tbd	Barbara Maggie & Mary S	Easter	~	OPEN
22-Apr Easter 4 N+ here 4/29, 5/6,5/13	tbd	Lad Taylor	tbd	Rod McGarry	David Robinson Nadine T	tbd	Katie Jana & Janet	Jan M Ruth Kimball		OPEN
29-Apr Easter 5	tbd	Becky Pride	tbd	Erin Ferrell	Andrea M-H Jim Stoddard	tbd	Kelly Mary L & Tricia	Jessica The Stoddards		OPEN

If unable to fulfill your scheduled duty on the assigned day, please find your own replacement and inform Beth in the office of the change, 781-3366



Sun	Mon	Tue	Wed	Thu	Fri	Sat
2/25 The Second Sunday in Lent 8am Contemplative Eucharist followed by coffee hour 9:15am RSCM Choir rehearsals 9:15am - Usher's meeting 10am Guiding RAY 10am Choral Eucharist followed by coffee hour	2/26 12n Play where you are 4:30 T'ai Chi 5:30 - Be Still 6:30 Ptd Comm Chorus Beth off until 3/12	2/27 7:30-9am BNI 9:30-12 Art Group 10:30a Wisdom Seekers 12 Noonday Prayer 1pm Staff meeting/Stitching 6-9pm Schola in sanctuary 7pm AA in Auditorium 7:30 AIAAnon (6:30 beginners)	2/28 12 Noonday Prayer 6pm RSCM Dinner in auditorium 6-8 SinG rehearsal in Chapel	3/1 9:30 - GC design meeting 12 Chapel Eucharist 1-4 SinG rehearsal in aud 5:30pm Alanon 7pm SM Choir rehearsal	3/2 Office Closed 7am Coffee & Centering 12 Play where you are 5:30pm Lifeline Screening 5:30pm Alanon	3/3 1-5pm Adoption Group
4 The Third Sunday in Lent 8am Contemplative Eucharist followed by coffee hour 9:15am RSCM Choir rehearsals 10am Guiding RAY 10am Faith Family Choral Eucharist followed by coffee hour 4pm NEW Mothers Presentation & Concert	5 10am - Garden Club in GR 12 Noonday Prayer 5:30 - Be Still 6-9p Ptd Comm Chorus	6 7:30-9am BNI 9:30-12 Art Group 10:30a Wisdom Seekers 12 Noonday Prayer 1pm Staff meeting/Stitching 6-9pm Schola in sanctuary 7pm AA in Auditorium 7:30 AIAAnon (6:30 beginners)	7 10a Mainely Weavers, GR & Aud 10am Falmouth House Eucharist 12 Noonday Prayer 6pm - Vestry in the Chapel 6pm OR in GR 6-8pm SinG in Aud	8 9:30 - GC design meeting 12 Chapel Eucharist 7pm SM Choir rehearsal	9 Office Closed 7am Coffee & Centering 7:30-3pm Pine Grove workshop in auditorium 5-7pm Souper 5:30pm Alanon 7pm - Classic Cinema	10
11 The Fourth Sunday in Lent <i>Fr Nathan's last Sunday before Sabbatical</i> 8am Contemplative Eucharist followed by coffee hour 9:15am RSCM Choir rehearsals 10am Guiding RAY 10am Choral Eucharist 4pm Schola Lenten Concert	12 11am - Garden Club in GR 12 Noonday Prayer 5:30 - Be Still 6-9p Ptd Comm Chorus	13 7:30-9am BNI 9:30-12 Art Group 10:30a Wisdom Seekers 12 Noonday Prayer 1pm Staff meeting/Stitching 6-9pm Schola in sanctuary 7pm AA in Auditorium 7:30 AIAAnon (6:30 beginners)	14 12 Noonday Prayer 6-8pm SinG in Aud	15 12 Chapel Eucharist 7pm SM Choir rehearsal	16 Office Closed 7am Coffee & Centering 12 Play where you are 5:30pm Alanon	17 Saint Patrick's Day
18 The Fifth Sunday in Lent <i>The Rev Tom White, presiding</i> 8am Contemplative Eucharist followed by coffee hour 9:15am RSCM Choir rehearsals 10am Guiding RAY 10am Choral Eucharist	19 12 Noonday Prayer 5:30 - Be Still 6-9p Ptd Comm Chorus	20 April AVE deadline 7:30-9am BNI 9:30-12 Art Group 10:30a Wisdom Seekers 12 Noonday Prayer 1pm Staff meeting 6-9pm Schola in sanctuary 7pm AA in Auditorium 7:30 AIAAnon (6:30 beginners)	21 12 Noonday Prayer 6pm RSCM Dinner 6pm SinG in Chapel	22 12 Chapel Eucharist 6:15 Dowsers in GR 7pm SM Choir rehearsal	31 Office Closed 7am Coffee & Centering 5-7pm Souper 5:30pm Alanon 7pm - Classic Cinema	24 10a-12n McClosky Voice Workshop
25 The Sunday of the Passion: Palm <i>The Rev Sara D'Angio White, presiding</i> 8:00am - Contemplative Eucharist followed by coffee hour 9:30am Family Chapel 9:45am Guiding RAY begins 10:00am Choral Eucharist followed by coffee hour	26 10-2p Garden Club 12 - Noonday Prayer 5:30 - Be Still 6pm - T'ai Chi class in aud 6-9p Ptd Comm Chorus	27 9:30 Art Group in Aud 10:30am - Wisdom Seekers 12 - Noonday Prayer 1pm - Get Stitching 1pm - Staff meeting 4:30pm - Outreach meeting 6pm Schola & GC rehearsal in our 7pm AA in Auditorium 7:30 AIAAnon (6:30 beginners)	28 8:30-10:30 BNI in Aud. 12 - Noonday Prayer 6pm SinG rehearsal in LL 6pm OC rehearsal in Aud	29 Maundy Thursday 6pm - Agape Meal Followed by Maundy Thursday Liturgy (7pm) 8pm - 12am Prayer Watch in the Fr. James Chapel	30 Good Friday 12am - 12noon - Prayer Watch continues - Chapel 12noon - Good Friday Liturgy & Comm 4:00pm Stations of the Cross 5:30p Alanon 6pm - Good Friday Liturgy with choir	31 Holy Saturday 9am-2pm Blood Drive 7:00pm - The Great Vigil

April 1: Sunday of the Resurrection: Pascha: Easter Day:

9am Paschal Choral Holy Eucharist with SM Choir
 11am Paschal Choral Holy Eucharist with SM and RSCM choirs



THE EPISCOPAL CHURCH OF SAINT MARY

43 Foreside Road
Falmouth, ME 04105
207-781-3366 www.smary.org

Our Worship Schedule

SUNDAY Hours

8 AM - *Contemplative Eucharist*
10 AM - *Choral Eucharist*

MONDAY - WEDNESDAY

Noon Day Prayer in the Chapel
and wherever you find yourself

THURSDAYS

12NOON - *Holy Eucharist*



CELEBRATE ∞ HONOR ∞ SERVE

THE EPISCOPAL CHURCH OF SAINT MARY

**43 Foreside Road
Falmouth, Maine 04105
Tel: 207-781-3366**

**E-mail: smary@smary.org
Website: www.smary.org**

The Rev. Nathan Ferrell, *Rector*
Bruce S. Fithian, *Organist & Choirmaster*
Megan Akers, *Dir. of Christian Formation*
Beth Shaw, *Parish Manager*

Office Hours: Monday - Thursday
9:00 am to 4:30 pm

Copy deadline April 2018 AVE is **Mar. 20**

Your 2018 Saint Mary's Vestry

Nathan Ferrell, Rector, 899-2543, nathanferrell@smary.org
Cell phone number 310-0268

Jim Kane, Sr. Warden, 329-1764, melissa1959@earthlink.net

Janet Bowne, Jr. Warden, 318-7045, janetbowne@maine.rr.com

Bill Gowen, Treasurer, 415-1412, wwg914@aol.com

Ed Ainsworth, 846-3191, rayleanded207@gmail.com

Sandy Couch-Kelly, 233-7994, scouchkelly@gmail.com

John Fallon, 508-776-3792, jtf199@gmail.com

Matt Fulton, 617-833-0987, mfult825@gmail.com

Peter Fitch, 576-0346, pfitch@leeautomall.com

Maggie Gardner, 617-921-1266, magardner@maine.rr.com

Rick Hirschman, 219-8444, rrhirschman@msn.com

Jessica LaPlante, 650-7977, jessica@locationsinmaine.com

Jan Mordarski, 317-2486, janmordarski@gaillcom

Julie Otte, 450-5029, juliemomotter@aol.com

Tim Record, 781-0242, trecord@llbean.com

Len Taylor, 829-3395, latmjt@aol.com