

March 2019 Saint Mary's AVE

Vol. 88 No. 3

"GREETINGS MARY, FULL OF GRACE."

The Episcopal Church of Saint Mary - Falmouth, Maine



From the Rector: The Practices of the Desert



Most of you know by now that I am a student of early Christian monastic literature, in particular the sayings and stories collected in the deserts of Egypt, Palestine and Syria throughout the third, fourth and fifth centuries. I cannot say exactly why, but this is the spiritual garden – after the Scriptures – from which I draw my primary soul nourishment. These writings feed me, inspire me, and challenge me. For the last twelve months, I have undertaken a detailed study and analysis of the texts of the three primary sources of this literature. I am nearly done with this analysis of over twenty-five hundred individual texts.

On Sundays mornings in Lent, from 9:30 to 10 AM in the Parish House Auditorium, I want to share with you a focused introduction to what I have been learning. Eventually all of this will make it into a published book, and this will be a sneak peek at primary points of emphasis. This seems particularly appropriate for Lent, when we embrace the forty days of fasting and spiritual struggle that Jesus underwent in the desert. I invite all of you to drop in for one or more of these sessions. There will be a lot of ground to cover in a brief period of time, so be ready to “drink from the fire-hose,” as the modern saying goes. But I hope that those of you who come will leave that session inspired and challenged – and with one particularly powerful phrase to carry with you and use in the days to come. Here is the schedule:

March 10: “Pledge your body to the wall”: **Askesis**

March 17: “I alone am a sinner”: **Humility**

March 24: “Do the will of somebody else”: **Obedience**

March 31: “Always blame yourself”: **Self-Accusation**

April 7: “Are you still alive?”: **Apatheia**

Each practice stands alone, and there is no work to do ahead of time. Just show up to learn and to be challenged. All are welcome!

Nathan W. Ferrell +

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Mark your Calendar: Ash Wednesday, March 6, 2019

The Ash Wednesday Liturgies will be as follows:

12noon: The Ash Wednesday Liturgy in the sanctuary

4:00pm: Ash Wednesday Gathering for Families & Children in the Chapel

6:00pm: The Ash Wednesday Liturgy with choir in the sanctuary

FAMILIES!! At 4:00 pm on Ash Wednesday, Father Nathan will hold a special Children's Service. It will be approximately 30 minutes long and will include an imposition of ashes, but no Eucharist; it is specially designed to be *child friendly*.





Join us in an early celebration of Fat Tuesday! aka Mardi Gras.

If you like pancakes and sausage, enjoy great entertainment, have a talent you're willing to share, love a parade and are willing to venture into the crypt to bury the "Alleluia" then this is a party for you!

This annual Saint Mary's celebration will again be hosted by the lovely and witty Andrea Myles-Hunkin. Please sign up in the parish hall if you would like to be a part of the entertainment. Questions? Contact Megan Akers, makers210@gmail.com "Throw me something, Mister!"



Learn about the Saints! Pick your brackets!
Vote online! Could your pick win the Golden Halo?!

Join the journey toward Resurrection!

2019 LENTMADNESS.ORG

Biblical

- Mary of Bethany
- Martha of Bethany
- James the Greater
- Nicodemus
- Tabitha
- Dismas
- Ananias
- Photini

Martyrs & Monks

- Ignatius of Loyola
- Tikhon of Zadonsk
- Dominic
- Marina the Monk
- Hrotsvitha
- Gobnait
- Paula of Rome
- Marcella of Rome

FAITHFUL 4

ELATE 8

SAINTLY 16

ROUND OF 32

- John Chrysostom
- Margaret of Cortona
- Mellitus
- Ephrem of Nisibis
- Apollonia
- Zenaida
- Nicholas of Myra
- Rudolph of Gubbio
- William Wilberforce
- Agatha Lin Zhao
- Hannah Grier Coome
- Richard Allen
- Phillips Brooks
- Marguerite d'Youville
- Damien of Molokai
- Pandita Ramabai

Join in the fun and learning! Lent Madness began in 2010 as the brainchild of the Rev. Tim Schenck. In seeking a fun, engaging way for people to learn about the men and women comprising the Church's Calendar of Saints, Tim came up with this unique Lenten devotion. The format is straightforward: 32 saints are placed into a tournament-like single elimination bracket. Each pairing remains open for a set period of time and *people vote for their favorite saint*. 16 saints make it to the Round of the Saintly Sixteen, and so forth to the Elate Eight, the Faithful Four and finally the Golden Halo is awarded on Holy Wednesday. Brackets are available at <http://www.lentmadness.org/> or outside the Guild Room in the parish house.

Vestry Highlights from the Wardens

by Janet Bowne

We held our Vestry retreat on February 2nd and therefore won't have an official meeting until March. The retreat is an annual event allowing us to spend time welcoming the new vestry members, getting to know each other, and planning for the coming year. As in years past, the Nominating Committee did a great job recruiting a wonderful class of new members. We work to have a diverse group of viewpoints, age, life experience and church experience. Thank you to all who stepped up to serve as our leadership body!

This is a good time to remind all of our parishioners that you're welcome to attend our meetings at any time except for the rare occasion when we meet in executive session, which would never encompass an entire meeting. We typically invite a committee or guild chair to join us at each meeting. This allows us to hear about the work, goals, and challenges and help us to determine how best to support that guild.

Guests usually are the first on the agenda following the call to order and Father Nathan's teaching moment.



Janet Bowne, Jr. Warden and Jim Kane, Sr. Warden

Typically guest presenters speak for 10-15 minutes with questions following their talk. Following the guest presentation, we jump into the remaining agenda which can include a range of topics from the treasurer's update, Rector's report, old and new business. If you have any questions, please contact any vestry member, warden or Father Nathan.
Jim and Janet

Learning and Growing together in Lent

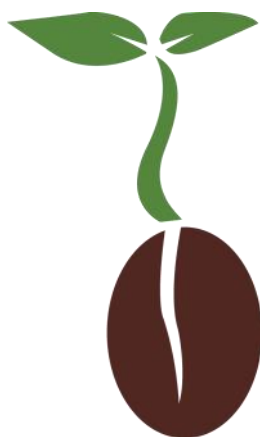
Growing a Lenten Garden QUIET MORNING, SATURDAY, MARCH 30

In the Father James Chapel, 9 – 12 AM

As March turns to April, we begin to think about the growing season that follows. Why not make Lent a season of growth for yourself? We'll spend some time in silence, in quiet conversation and in prayer. We'll read some poetry and biblical texts, all centered on the theme of Lenten seed sowing. What will grow within you this Lent? How will you cultivate your relationship with God? What will help your faith flourish? What might need weeding?

We'll gather at 8:30 for coffee and begin the program at 9.

Please sign up at the table by the Guild Room so we know how many people to expect.



Silence and Slow Time: A Quiet Day in Lent March 23, 9am - 2pm

The Maine Chapter of the Society of the Companions of the Holy Cross

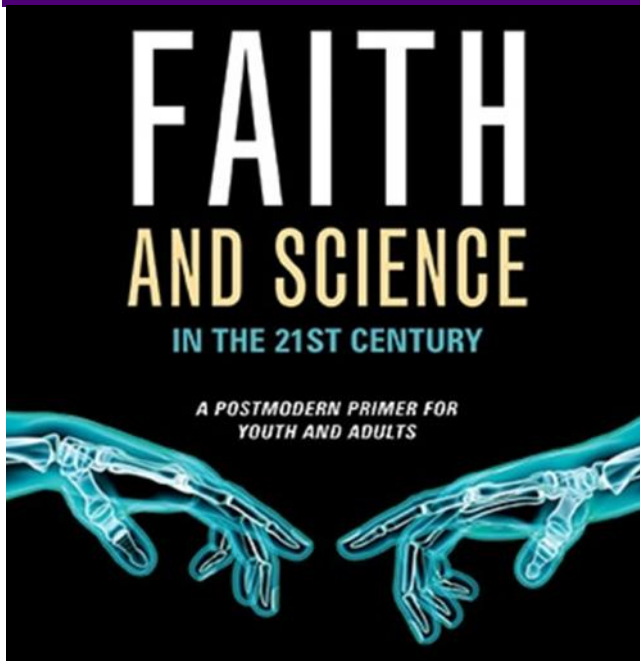
Spiritual mentors have long recognized the value of silence as a pathway to God. Silence takes us more deeply into ourselves, where we can encounter the God who already and always dwells there. Silence restores both soul and body.

During this Quiet Day offered in the Chapel at Saint Mary's, we will explore the mystery and beauty and fear of silence, and we will also have a chance to spend some intentional time in silence.

All welcome and lunch will be provided FMI to RSVP, contact Sarah Braik 415-6556



Learning and Growing together in Lent



Lent Common Ground Series: Faith and Science in the 21st Century

March 7: How Can Science and Faith Inform Each Other?

March 14: God and the Cosmos (and Pi(E) Night)

March 21: Creation and Evolution

March 28: Quantum Physics and Eternity

April 4: The Bible and Genetics

April 11: Life and Death



FAITH AND SCIENCE IN THE 21ST CENTURY

This is a video-based series that presents world-class scientists and theologians to talk about the relationship of faith and science in our world today. Each week presents a new topic and there is no advance work to do. Come to share a simple meal together (soup, salad and bread) and to engage in a lively conversation about these big questions of how we make sense of life on planet earth. Invite your friends and neighbors – all are welcome!

For our Lenten Common Ground potluck dinner:

5 - 7PM Please bring soup, salad or bread to share together. We will keep these meals simple in Lent - *except for Pi(e) night on 3.14 when we all bring our favorite savory or sweet pie to share.* The food is available throughout the two hours, so come whenever you can.

5:45PM The presentation and discussion will begin. We will end around 6:45 to clean up.

March 10: The Great Litany and the Rite of Forgiveness *Ancient practices for the First Sunday in Lent*

The first Sunday of Lent is often known as **Forgiveness Sunday** and, in the East, it includes the ancient practice of the Rite of Forgiveness. It is a beautiful way to DO forgiveness rather than to think or talk about it. By asking and offering forgiveness to each person, we recognize the deep truth that sin has affected every relationship on earth - whether we are aware of it or not. As a first Lenten step toward breaking the power of sin, we practice forgiveness with everyone gathered in our church community. Forgiveness Sunday is a very special time here at Saint Mary's. We begin with the ancient Anglican practice of chanting (or praying) the Great Litany—the first liturgy translated into English by Thomas Cranmer in 1544, though its roots go back nearly 1000 years before that. After the Readings, we continue with the Rite of Forgiveness in a circle around the Sanctuary as we ask for forgiveness from each person by saying: **"Forgive me, sister (or brother), for I have sinned."**

The other person responds with, **"God forgives, and so do I."**

Each person walks the circle once, asking for forgiveness, and each person stands and receives the circle while offering forgiveness. It may sound complicated, but it is quite simple. It takes some time, but I promise that you will not do anything else remotely like this at any point in the year! Come and be challenged to grow in the practice of forgiveness.

Learning and Growing together in Lent

Sunday FORMATION:

FORMATION



We've implemented a slight shift in our Sunday morning schedule in order to better accomplish our mission of "building authentic, vibrant, Christ-centered community" where we celebrate, honor and serve together.

The overall Sunday schedule for the program year looks like this:

8:00AM: Contemplative Eucharist (Rite 1 or Rite 2)

9:30 AM: Formation for all ages (Guiding RAY and choir rehearsal for youth)

10:15 AM: Choral Eucharist

If you have a group that you would like to facilitate or to see offered, please send Fr. Nathan an email or reach out to your Wardens.

Lent Formation Group: The Practices of the Desert

March 10: "Pledge your body to the wall": Askesis

March 17: "I alone am a sinner": Humility

March 24: "Do the will of somebody else": Obedience

March 31: "Always blame yourself": Refusal to Judge

April 7: "Are you still alive?": Apatheia

On Sunday mornings in Lent, from 9:30 to 10 in the Guild Room, Fr. Nathan will share with us the insights he has learned from his in-depth study of the Desert Fathers and Mothers. Each week, we will read a new story and learn a new phrase to carry with us and to use as a tool for our growth in Christ. These teachings challenge all of us, so come ready to explore new ideas. All are welcome!



OR

Lent Formation Group: Be Still . . . The Gifts of Lent



Our Sunday contemplative formation time in the chapel will continue into Lent. Lent is often thought of as a season of renunciation, denial and penitence. But we'll change that up a bit (Jesus was always changing things up, right?) and concentrate on the theme of gifts. The gifts of Lent might include an opportunity for spiritual rest, the aptitude for humility or the flair for compassion. Lent is also the time to identify the gifts we'd like to cultivate in ourselves all year through. Come and join us for a bit of silence and gentle conversation (no worries if the door is closed - come on in.)

We meet on most Sundays from 9:30 to 10 in the Father James Chapel.

... BE Still ...

Through Guided Centering Prayer: Mondays in Lent 5:30-6:30pm

There is no more precious season than Lent to search for moments of peaceful communion with God. And what better place at the end of the day to do that than a candlelit Father James Chapel?

So come to BE STILL every Monday during Lent from 5:30 to 6:30. Give yourself the gift of the refreshing silence offered by a guided practice of Centering Prayer. We will begin with a few minutes of accompanied Taize chanting before entering into 20 minutes of meditation. We will then offer Lectio Divina, during which we listen and silently contemplate a brief scriptural reading, ending with the opportunity to share, if desired, our feelings that this reading evokes. We can promise that you will leave the chapel with a sought-for peace, calm and renewal. Please join us!

CELEBRATE

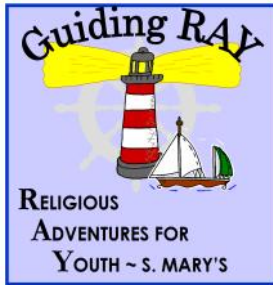


HONOR



SERVE

Christian Formation - RAY Beams - March 2019



We had a busy February! It started off with a very successful Souper Bowl of Caring. Thank you to all who helped make this campaign a success by donating cans of soup. The Falmouth Food Pantry greatly appreciated our donations. Then came Mission Morning with many of our families participating in this wonderful opportunity to get in the community and for various projects.



Bishop Lane's visit also happened in February. Shout out to Luke and Mac who did a great job leading the Prayers for the People and to Lily and Hope who reverently presented the gifts.



Here is what is coming up for March in Guiding RAY Rotation # 7 The Ten Commandments

During this rotation we will learn all about the Ten Commandments and how we know that they are God's rules. The Ten Commandments are much more than rules people need to follow. The Commandments help us to understand the way in which God already loves us and accepts us, and how we are free to love God and serve one another.



Hey Middlers!
Mark your calendars
and save the date !
REACH:
Reaching In,
Reaching Out,
Reaching God

A Diocesan Middle School Event

We will reach inside ourselves to understand who we are right now, reach out to our community to help other people live out who they are, and reach to God through song and worship to find who we are called to be. Kids in grades 6-8 are invited to spend the weekend playing games, doing a service project, making friends, eating awesome food, and worshipping God together.

March 9-10, 2019

Christ Church Episcopal in Gardiner
For Middle Schoolers in 6-8 Grade

High Touch High Tech of Maine is happy to announce that we will offer April vacation and Summer Camps at Saint Mary's!
Please stop by Guiding RAY for more information and hands-on science on Sunday, March 10, 9:30 - 10:00am. Saint Marions are eligible for 5% discount (use code st. mary's at checkout).
Visit our [website \(www.ScienceMadeFunME.net\)](http://www.ScienceMadeFunME.net) and [Facebook page \(https://www.facebook.com/HTHTME/\)](https://www.facebook.com/HTHTME/) for additional information!



hightouch hightech
Science Made Fun!

High Touch High Tech of Maine

Guiding RAY Coordinators

Megan Akers: *Director*, GuidingRAY@smay.org, 415-4260
Alison Hayward, Nursery, ajhmcmonagle@gmail.com, 207-400-4658

Christian Formation - RAY Beams - March 2019

Welcome New Leaders of our Middle School Youth Group a.k.a The Middlers!

Who are they? You may know them as the parents of the recent Baby Jesus (Lottie) from the Christmas pageant, but they are much more than that. Michelle and Will Chappell both grew up in Knoxville, TN and were student athletes throughout their high school and collegiate years. They met in graduate school at the University of Tennessee while earning their MBA degrees. They have been married 8 years and have an 18-month-old daughter, Lottie. They also have an 8-year-old Goldendoodle, Neyland. Prior to moving to Maine, they were active members of the Church of the Holy Communion in Memphis, TN. They had the opportunity to be youth leaders for the high school program and chaperoned a youth pilgrimage to Germany. Michelle works for Quality Incentive Company, based in



TN, as their Director of Account Management. Will is Operations Manager at Freeport based, Air & Water Quality. Together they enjoy keeping up with an ever-changing toddler, travel, food, snow sports, and The University of TN athletics program. **We Welcome them with open arms!**

The Middlers will meet every other Sunday in the Youth Room at 10 a.m. If you know any Middle School kids, let them know! All are welcome to



Young Life Casco Bay

Every Monday night (when school is in session) at 7:31 PM in a cool barn at 41 Stapleford Dr in Falmouth. For ALL area high school students. The BEST thing happening on a Monday night – guaranteed! FMI, visit www.younglifecb.com

Achieve Peak Performance By Making Healthy Choices

Tip of the Month

Reduces performance potential by as much as 15-30%

- 2x more likely to be injured if you drink
- Slows reaction time and inhibits coordination
- Smoking marijuana or vaping can cause respiratory problems and decrease aerobic capacity

Facts About Drug and Alcohol Use



One night of binge drinking (many drinks at one time) will erase 2 weeks of practice

Alcohol suppresses training hormones for up to 4 days so you won't improve as quickly

Agentic Leadership: Empowering the Next Generation of Leaders
 Casco Bay CAN
 CREATE AWARENESS NOW
 TOGETHER, PREVENTING YOUTH SUBSTANCE USE
 www.cascobaycan.org

RSCM Choir Program: St. Cecilia & Angel Choirs: A Voice for Life

St. Cecilia Choir - Ages 8-15 boys and girls

Come and learn how to read music, sing better, learn how to sing in parts and joining a growing number of choristers in singing anthems, hymns and folk songs of the church.

Rehearsals: Tuesdays 4:30 – 5:30 p.m. in the Choir Rehearsal Room – lower level of the parish hall

Angel Choir - Ages 4 – 7 boys and girls

Sunday rehearsal at 9:30 – 10 a.m. Angel and St. Cecilia Choirs

Singing the hymns and songs of the church together. Parents or any interested adults are welcome to come and sing with us as we learn how to enjoy and participate fully in the worship service.

New! Angel Choir: Tuesday afternoon at 4 p.m. I will be available to interview any boys and girls for the Angel Choir. We hope to have a 30 minute rehearsal prior to the St. Cecilia rehearsal. You may contact me for more information: 781-3975 or pamrigg29@gmail.com

Outreach Ministry ~ All Ages Serving Near and Far

"I have set you an example, that you also do as I have done to you" John 13:15

"Seek out the broken and the lost. Listen with compassion to those whose dignity has been trampled upon, who have come to see themselves as failures in the world, who have forgotten – or never really known – what it is to be loved, truly loved, just as they are." Richard Rohr



Responding to Maine's Opioid Crisis

Education, Compassion and Community

The Maine addiction crisis affects us all, directly or indirectly. To respond effectively, we are all called upon, in community, to become well-educated about this subject and approach the challenge from a place of compassion.

Sunday, March 24, 4-6PM

"Paths that Created It, Paths that Heal"

**Guest Speakers: Robert Fowler, Exec. Dir, Milestone Recovery
John Kilbride, Falmouth Chief of Police**

Presentations, Personal Testimony, Q and A

This is the first in a series of presentations providing persons of every age with the opportunity to learn about:

- ♦ Sources and causes of the crisis
- ♦ The physical consequences of addiction
- ♦ Identifying signs of addiction,
- ♦ Responding to an addiction concern
- ♦ Reaching out for long term recovery assistance
- ♦ Reaching out to help those directly affected

Upcoming Presentations: Sunday, April 28, 4-6PM and Sunday, June 9, 4-6PM

SUNDAY, MAY 5th from 3-6PM Saint Mary's.

Back by popular demand, *Welcome New Mainers* spring event will be a Multicultural Fair, with food/crafts/artisans/music. Come support our New Mainer entrepreneurs.



Outreach Ministry ~ All Ages Serving Near and Far



WALK or RUN for HABITAT – A GREAT GOOD FRIDAY PRACTICE

SAVE THE DATE: April 19, 2019

Walk or Run anytime between 7am and 3pm

FAMILY and PET FRIENDLY!

Whether you approach this as “good works,” a pilgrimage, or spending quality time in God's creation with family, friends and neighbors, participating in the Good Friday Walk/Run for Habitat for Humanity will be a wonderful and so very appropriate way to spend time on Good Friday.

We will be putting a contingent together from Saint Mary's. You may also wish to put a group together from your neighborhoods! Or, you may prefer a solitary walk. It's all good!! FMI: Jennifer Gregg, Anne LaFond.



Helping Hands at Home – Are You “In?”

Our experience with Mission Morning has revealed a need within Saint Mary's to provide household assistance to some of our parishioners that would enable them to stay in their own homes. Specifically, do we have a handful of men and women who would be willing to donate a few hours for housekeeping and “honey-do” chores/projects each month? The thought is to gather as a group once a month for about 2 hours to provide this assistance to a designated parishioner in need—though we are open to alternative organizational options!

Are you interested in lending 2 hours a month—or less, if many people respond—to help a fellow parishioner who is not in the position to hire this type of assistance? If so, please contact Jennifer Gregg, jenniferanngregg@gmail.com, 781-2665, or indicate your interest in principle on the sign-up sheet outside the Guild Room.

Winter Mission Morning Recap

On February 10, 40 some parishioners performed God's work outside the church walls in four different ways. Thanks to all who organized and worked on this ‘church in the community’ mission work.



Visiting and bring plants to Cedars residents



Hanging scores of scarves in the city for those in need



Helping Hands helping neighbors

Feed your Mind & Body and Warm your Heart Help us help our Neighbors!

Please join us for our:

BOOK, BREAD & SOUP SALE

Saturday, MARCH 16, 2019

9 am - 1 pm

- **Fantastic Selection of gently used Books/DVDs/CDs with a great Children's Section**
- **Greeting Cards for all occasions.**
- **Delectable Bread Selections**
- **Sumptuous Soups - Café-style or ToGo**
Italian White Bean

This event will benefit Saint Mary's local charities and mission work!

Please sign up in the auditorium to help

We are pleased to welcome some of the men from Milestone to coffee hour on Sunday the 17th; they will be helping us to pack remaining books for pick up. Please say hello and make them feel welcome.

The Blessedness of the Ordinary

by Merle Marie Troeger

Lent is sometimes a season when we tend to be hard on ourselves. After all, we reason, this is supposed to be penitential time. I should be fasting, or praying, or confessing, or scourging myself. We've somehow internalized a reformation concept of the "innate depravity" of human beings. The ironic result is that we do not take confession and absolution seriously. We persist in feeling guilty even after the priest or a friend says, "You are forgiven."

It's not meant to be that way.

The last prayer in The Reconciliation of a Penitent (BCP 446 ff.) goes like this:

Now there is rejoicing in heaven; for you were lost, and are found; you were dead, and are now alive in Christ Jesus our Lord.

Go in peace. The Lord has put away all your sins.
The penitent answers: *Thanks be to God.*

So simple and so profound. The freedom that comes with confession and forgiveness should make us rejoice like those in heaven. We really should sneak in an "alleluia" or two.

Instead of "innate depravity," I like to think about the concept of "innate graciousness," especially since I see so much of it around St. Mary's. I see people taking care of each other, bearing one another's burdens, rejoicing with each other and mourning with each other. And I see it at Hanna-

ford's and Shaw's and the gas station. An acquaintance of mine looks at people in the check-out line and sees



2019 Class for Confirmation, Reaffirmation and Reception

Concerning the Service of Confirmation (from the BCP, p. 412): In the course of their Christian development, those baptized at an early age are expected, when they are ready and have been duly prepared, to make a mature public affirmation of their faith and commitment to the responsibilities of their Baptism and to receive the laying on of hands by the bishop. Those baptized as adults, unless baptized with laying on of hands by a bishop, are also expected to make a public affirmation of their faith and commitment to the responsibilities of their Baptism in the presence of a bishop and to receive the laying on of hands.

Who are candidates for Confirmation?

1. Those who have been baptized.
2. Those who are ready to make a public statement of their identity as a follower of Jesus.
3. Those who are between 14 and 100 years of age. Each young person must at least currently be in high school.

Who are candidates for Reception?

1. Those who have been baptized and confirmed in another tradition that also has bishops in apostolic succession.
2. Those who wish to make a public statement of their identity as a member of The Episcopal Church and the Anglican Communion.

Who are candidates for Reaffirmation?

1. Those who have already been confirmed by an Episcopal or Anglican bishop.
2. Those who feel called, after time away from the church or after an important life transition, to make a public statement about their renewed commitment to Christ.
3. Those who desire our Bishop to lay hands upon them and to pray for the Holy Spirit to strengthen and uphold them.

If you are one who fits any of these three categories, and if you feel led to pursue Confirmation, Reception or Reaffirmation, please contact Fr. Nathan soon as a new class begins to form. Details of this class will depend on the make-up of the group.



Community Souper Supper March 8 and 22

Enjoy this community-wide fellowship offering, dining in a relaxed, candle-lit atmosphere. You will be feted with a complimentary main course, salad, rolls, dessert and beverage. Wonderful for singles and families alike! Offered twice each month on the 2nd and 4th Fridays from 5-7 PM in the parish house. No reservations required. Just bring your family and friends and enjoy! It's a blast!

PLUS, on the 2nd Friday, stay for the FREE Classic Movie



**Support "Souper Supper" Buy Fair Trade
"Coffee by Design" Coffee!**

Medium to robust coffees: Casco Bay, Black & Tan and Rebel Blend
"Coffee by Design" 12 oz. bags of ground fair-traded, organic, delicious coffees are on sale at Saint Mary's for \$10 a bag (Decaf is \$11). ...and support fair trade practices ...and a locally-owned business... and get GREAT organic coffee! Win! Win! Win!



Snowshoe / Hiking Trip Saturday, March 30th, 2019

Dear Saint Marians and Friends ... please join our Sr. Warden, Jim Kane, and others for a fun and moderately challenging snowshoe hike in the Kingfield Maine area.

We will travel by car from Saint Mary's the early evening (5:30PM or so) on Friday, March 29, to parishioner Mike Edward's winter-heated house outside Kingfield Maine (~2 hrs. from Saint Mary's), make a late dinner, select the next day's hike based on weather conditions and ability/desire of the participants, sleep inside, wake, make breakfast, pack snacks and lunch, hit the trail by 8:30 AM, back to Mike's by 5PM, depart home by 7PM, arrive back at Saint Mary's by 9PM. Please RSVP (call or text) to Jim Kane cell 207-329-1764 ... space is limited to +/- 8 folks ages 12+.

News, Notes, Kudos, Dates & Reminders

(Send your 1-3 line notes, announcements or thanks to Beth at admin@smary.org by the 20th of the previous month)

Congratulations, Katalina Echavarri! State competition in National Speech and Debate, WON in International Extemporaneous!!

Thank you to Maureen Manetti for sharing her insights on acupuncture as a speaker at Common Ground.

Kudos to David M. for his presentation at Common Ground. Anxious to hear part two.

HUGE thanks to Will & Michelle Chappell for serving as our Middle School Youth Group leaders.

Thanks to Megan Akers and family for creating such a fun (and competitive) Game Night for Common Ground.

Thanks to the Building and Grounds Team for their help in keeping our campus open during the winter months. And to all who grab a shovel or spread sand when they see the need! It takes a village!!!

Thank you to Janet Bowne and the Vestry for their help with the Vestry Retreat AND Bishop Lane's brunch and coffee hour!

Thank you to Bruce, the wonderful Saint Mary's choir, the RSCM Youth Choir, and the Saint Mary's Hand Bell Choir and its director, Priscilla Rigg for the beautiful Evensong on February 24. We are so fortunate to have such talent.

Thanks to Chief Kilbride and Chief Rumsey for joining us on a discussion on being first responders.

Thanks to the Mission Morning team for organizing our winter Mission Morning.

Kudos to our Bishop Electing Convention delegates for playing a key role in selecting the next Bishop of Maine!

**T
H
A
N
K
S!**

GRACIAS

DANKE



Pi-e Night
at Saint Mary's Common Ground



3.14...., March 14, 5 - 7pm
Lenten Series: Faith & Science

Join In!

Bring your favorite savory pie to share!

Chicken Pot Pie
Spinach Pie
Shepherd's Pie
Beef Pie
Tomato Pie
Spaghetti Pie
Pizza Pie
Touriere

Join Us!

Bring your favorite dessert pie to share!

Chocolate Cream
Apple Pie
Lemon Meringue
Peanut Butter Pie
Pecan Pie
Pumpkin Pie
Key Lime
Rhubarb Pie



Here are some important dates in our
Saint Mary's parish family

Happy March Birthdays to:



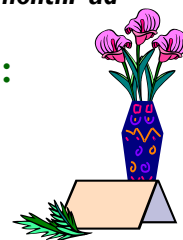
1	Halley Taylor	7	Maureen Manetti		
2	Janet Bowne	7	Annie Mead	21	Elizabeth Heinzman
2	Tricia Wheeler	9	Carson Gall	21	Owen Ross
3	David Squire	9	Grace Richards	23	Sophia Bisson
3	Andrea Myles-Hunkin	12	Peter Fitch	23	Ryan Stinneford
4	Al Ahlers	12	Sam Hyland	24	Rayle Ainsworth
4	Joshua Herlihy	13	Talie Harris	25	Will Winter
4	Allen Malony	14	Derrick Buckspan	26	Cole Teng
5	Rachel McGonigle	14	Judy Oliver	27	Lilly Young
6	John Brooks	15	Gratia Banta	28	Justine Means
6	Adrian Kendall	15	Bonny Rodden	28	Will Velek
6	Frederick Goodrich	17	Ciara Mokeme	29	Thomas Gale
6	Bev Knudsen	20	Nolan Browne	29	Roberta Stothart
6	Anne LaFond	21	Cole Buchanan		

We'd love to include good wishes on your birthday and anniversary. If we don't yet have the dates, please send your and your family's special dates into the parish office and we'll be sure to include them on your special month. admin@smary.org or call 781-3366 or drop a note to the church. Thanks!

HAPPY MARCH ANNIVERSARY WISHES TO:



28 Onnie & Bob Hastings



Honor your loved one! Remember their birthday, graduation, or any special day

Sign up to have the altar flowers in their honor. Attached to this AVE is a form that anyone can fill out to honor the memorial of a loved one or to honor and celebrate a special event, or that special someone whom you would like to recognize or memorialize.

See the attached Altar Flower Fund form



Falmouth Congregational Church (267 Falmouth Road, Falmouth, 781-3413)
invites all to their monthly

Side Door Coffee House - March 8

Featuring **Ken Myers and Richard Corson**

Come enjoy this guitar duet team as they share an eclectic mix of current genres and original pieces

Have a great cup of coffee, hot chocolate, a snack and support the arts! Bring your neighbors for a relaxed evening out.

All welcome! Free, but donations accepted.

March 2019

The Episcopal Church of Saint Mary

Sun	Mon	Tue	Wed	Thu	Fri	Sat
3 Last Sunday after Epiphany 8am Contemplative Eucharist 9:30am FORMATION groups 10:00am Guiding RAY classes 10:15am Choral Eucharist & Holy Baptisms 4pm Mardi Gras	4 12 Noonday Prayer 5-6:30pm Frsd Comm in Kneeler Rm (4th & 5th) 6-9pm PCC rehearsal	5 7:30-9am BNI 9:30-12:30 Art Group 10:30a Wisdom Seekers 12 Noonday Prayer 12:45pm Staff meeting 4:30pm St. Cecilia rehearsal 7pm AA in Auditorium 7:30 AlAnon (6:30 beginners)	6 ASH WEDNESDAY 9am Mainly Weavers 9-12n Garden Club in GR 12n Ash Wed liturgy 4pm Ash Wednesday with Families & Youth 6pm Ash Wed liturgy with music 6pm ORI in Guild Rm.	7 12 Noonday Prayer 1pm CARE meeting 1-3p Falmouth Knitters FAITH AND SCIENCE 5-7 pm Potluck 5:45pm Presentation 7pm Choir rehearsal	8 Office closed 12 Play where you are 5-7pm Souper 5:30pm AlAnon 7pm Classic Cinema	9
10 First Sunday in Lent 8am Contemplative Eucharist 9:30am FORMATION groups 9:30am MIDDLE groups 10:00am Guiding RAY classes 10:15am Choral Eucharist with Great Litany and Rite of Forgiveness	11 10am Garden Club 12 Noonday Prayer 6-9pm PCC rehearsal	12 7:30-9am BNI 9:30-12:30 Art Group 10:30a Wisdom Seekers 12 Noonday Prayer 12:45pm Staff meeting 4:30pm St. Cecilia rehearsal 7pm AA in Auditorium 7:30 AlAnon (6:30 beginners)	13 12 Noonday Prayer 6pm Vestry 6pm-Sing rehearsal in Aud	14 Chapel Eucharist 1-3p Falmouth Knitters PIE Night FAITH AND SCIENCE 5-7 pm Potluck 5:45pm Presentation 7pm Choir rehearsal	15 Office closed 12 Play where you are 5:30pm AlAnon	16 9am-1 pm Book, Bread & Soup Sale
17 Second Sunday in Lent 8am Contemplative Eucharist 9:30am FORMATION groups 10:00am Guiding RAY classes 10:15am Choral Eucharist	18 12 Noonday Prayer 6-9pm PCC rehearsal	19 7:30-9am BNI 9:30-12:30 Art Group 10:30a Wisdom Seekers 12 Noonday Prayer 12:45pm Staff meeting 4:30pm St. Cecilia rehearsal 7pm AA in Auditorium 7:30 AlAnon (6:30 beginners)	20 April AVE deadline 12 Noonday Prayer 1-4pm College Club Tea 6pm Sing rehearsal in Aud 7pm PCC Board	21 Chapel Eucharist 1-3p Falmouth Knitters FAITH AND SCIENCE 5-7 pm Potluck 5:45pm Presentation 7pm Choir rehearsal	22 Office closed 12 Play where you are 5-7pm Souper 5:30pm AlAnon	23 9am-2pm Silence & Slow Time: Lent Quiet Day with the SCHC
24 Third Sunday in Lent 8am Contemplative Eucharist 9:30am FORMATION groups 10:00am Guiding RAY classes 10:15am Choral Eucharist 4pm Opioid Crisis Event	25 12 Noonday Prayer 6-9pm PCC rehearsal	26 7:30-9am BNI 9:30-12:30 Art Group 10:30a Wisdom Seekers 12 Noonday Prayer 12:45pm Staff meeting 4:30pm St. Cecilia rehearsal 7pm AA in Auditorium 7:30 AlAnon (6:30 beginners)	27 12 Noonday Prayer 6pm-Sing rehearsal in Aud	28 Chapel Eucharist 1-3p Falmouth Knitters FAITH AND SCIENCE 5-7 pm Potluck 5:45pm Presentation 7pm Choir rehearsal	29 Office closed 12 Play where you are 5:30pm AlAnon	30 9am-12 noon Growing a Lent Garden: Quiet Morning
31 Fourth Sunday in Lent					Snowshoe / Hiking Trip	

Beth on vacation until 3/23

The Episcopal Church of Saint Mary Worship Leader Schedule: March - April 2019

	8am Ushers	8am EM/Lectors	10:15am Ushers	10:15am Lector	10:15am Euch Minister	10:15am Acolytes	Altar Flowers	Flower Delivery	Coffee Hour Host
3-Mar	Len T	Al Ahlers	Ryan S	Erin Ferrell	Linda E	Emily	Onnie H.	xx	OPEN
Last Epiph	Dave F		Aaron S		Stan?	Michael, Sarah			
6-Mar		12noon EM Stan E		6pm EM Terry B.	x				
Ash Wed									
10-Mar	Al A	Becky Pride	Tom L	Betsy Stoddard	Jim Stoddard	Jamie	Bare	~	Outreach
Lent 1	Jim K		Joyce/Len V		Maggie G	Archer & Rod			
17-Mar	Rayle A	Len Taylor	Harry D	Dawn Yerkes	Andrea M-H	tbd	Bare	~	Book Sale
Lent 2	Ed A		Jack H		Betsy PS				
24-Mar	Charlie H	Elise Kiely	Ron F	Maureen Manetti	Ben Pollard	Michael &	Bare	~	OPEN
Lent 3	Len T		Mark B		Terry Brown	William Guerin			
31-Mar	Baer C	Lad Taylor	Jim P	Nadine T	David Robinson	tbd	Bare	~	The
Lent 4	Jim K		Aaron S		Diane Fletcher				Cavens
7-Apr		Ben Pollard		Linda Eaton	Maggie G		Bare	~	
Lent 5					Will Salomon				
14-Apr		Mary Ann		Rod McGarry	Stan Eaton		palms	~	Hot Cross
Palm/Passion					Linda Eaton				Buns
18-Apr			6pm Ushers	6pm lector	6pm EM	6pm crucifer	AFG	~	~
Maundy Thursday			x	x	x	x	Garden of Repose		
19-Apr			6pm Ushers	6pm lector	6pm EM				
Good Friday			x	x	x		bare		~
20-Apr			Tom LaPlanle	Ginny S	Becky Pride	7pm acolytes			Chocolates &
Easter Eve Vigil		7:06pm	x	x x	x	x, x, x			Sparkling drinks
21-Apr	9am Ush	9am EMs	9am Lector	9am Acolytes	11am Ush	11am EMs	11am Acol	AFG	OPEN
Easter/	x	x	x	x	x	x	x	Easter	
Pascha	x	x		x	x	x	x		

If unable to fulfill your scheduled duty on the assigned day, please find your own replacement and inform Beth in the office of the change, 781-3388



THE EPISCOPAL CHURCH OF SAINT MARY

43 Foreside Road
Falmouth, ME 04105
207-781-3366 www.smary.org

Our Worship Schedule

Sunday worship

8 AM - *Contemplative Eucharist*
9:30 - 10:00AM *Formation for All*
10:15AM - *Choral Eucharist*

MONDAY ~ WEDNESDAY

Noon Day Prayer in the Chapel
and wherever you find yourself

THURSDAYS

12NOON - *Chapel Eucharist*
5-7PM - *COMMON GROUND*
Connecting with our community
5:00PM *Potluck dinner,*
5:45PM *Program & discussion*



CELEBRATE  HONOR  SERVE

THE EPISCOPAL CHURCH OF SAINT MARY

43 Foreside Road
Falmouth, Maine 04105
Tel: 207-781-3366

E-mail: smary@smary.org
Website: www.smary.org

The Rev. Nathan Ferrell, *Rector*
nathanferrell@smary.org

The Rev. Christine Bennett, *Deacon*
deacab@maine.rr.com

Bruce S. Fithian, *Organist & Choirmaster*
bsfithian@aol.com

Megan Akers, *Dir. of Christian Formation*
GuidingRAY@smary.org

Beth Shaw, *Parish Manager*
admin@smary.org

Office Hours: Monday - Thursday
9:00 am to 4:30 pm

Copy deadline for April AVE - **March 20**

Your 2019 Saint Mary's Vestry

Nathan Ferrell, Rector, 899-2543, nathanferrell@smary.org
Cell phone number 310-0268

Jim Kane, Sr. Warden, 329-1764, kanejbabson@gmail.com

Janet Bowne, Jr. Warden, 318-7045, jmitchellbowne@gmail.com

Ben Parks-Stamm, Treasurer, 458-3151, ben.parks.stamm@gmail.com

Ed Ainsworth, 846-3191, rayleanded207@gmail.com

Darren Clark, 781-424-9905, ddclark@maine.rr.com

Sandy Couch-Kelly, 233-7994, scouchkelly@gmail.com

Stan Eaton, 317-6097, stan.eaton@gmail.com

Matt Fulton, 617-833-0987, mfult825@gmail.com

Peter Fitch, 576-0346, peterhfitch@gmail.com

Maggie Gardner, 617-921-1266, Maggie@imagardner.net

Jessica LaPlante, 650-7977, jessica@locationsinmaine.com

Jan Mordarski, 317-2486, janmordarski@gmail.com

Aaron Splint, 838-2708, asplint@yahoo.com

Len Taylor, 829-3395, latmjt@maine.rr.com

Jan Wentling, 400-9904, janwentlin@hotmail.com

Saint Mary's Altar Flower Fund 2019



Through the Altar Flower Fund, contributions are provided for the altar flowers that are given in memory or in thanksgiving or celebration throughout the year as well as for the special decorations at Easter, Thanksgiving, Christmas, and other occasions. (In the summer, flowers and greens from our gardens, fields and woods are often used).

As Easter (April 21) approaches, we ask for your support of the Altar Flower Fund.

Important: Whether you are making a first-time offering or regularly support the Flower Fund, please fill out this form so that your requests can be fulfilled.

1. Enclosed is my contribution to Saint Mary's Altar Flower Fund: \$ _____

Name _____

Telephone _____ E-mail _____

_____ Yes, I would like to join the Altar Flower Guild (training provided).

2. Please include these names among the Easter Memorials (requests must be received by Monday, April 15, 2019):

Name _____

Name _____

Name _____

3. Please provide flowers during the year *In Memoriam* (NO flowers are placed on the Altar during Lent or Advent with the exception of Rose Sunday during that season):

Name _____ on or a Sunday close to ____/____/____

Name _____ on or a Sunday close to ____/____/____

Name _____ on or a Sunday close to ____/____/____

4. Please provide flowers during the year in Thanksgiving for and celebration of (NO flowers are placed on the Altar during Lent or Advent with the exception of Rose Sunday during that season):

Name _____ on or a Sunday close to ____/____/____

Name _____ on or a Sunday close to ____/____/____

Name _____ on or a Sunday close to ____/____/____

Please return this form either by mail, in the offering plate or to the office with your check payable to:
The Episcopal Church of Saint Mary, Attn.: Altar Flower Fund, 43 Foreside Road, Falmouth, ME 04105