



From the Rector: The Real Presence of Christ



The Reverend Doctor James DeKoven was an outspoken proponent in The Episcopal Church of the 1870s for the sacramental approach to the Christian faith. He explained the Real Presence of the Christ in the Body and Blood of Communion in this way: "The only word which the Church has used to express, without defining the fact of the Presence, is the word 'sacramental,' and so I hold that Christ's human nature is in sacramental union with the consecrated elements [of Communion]. This Presence is also called spiritual, because it is the special work of God's Holy Spirit to make Christ's human nature present, for the

third Person of the adorable Trinity has come, not to supply Christ's absence, but to accomplish his Presence."

As Holy Week soon arrives, we will once again gather to remember "those might acts whereby you [God] have given us life and immortality" (from the Collect in the Liturgy of the Palms, BCP p.270). As we read the Gospel stories and participate in the sacraments during this Holy Week, we understand that this is more than a simple remembrance of things that happened long ago. In these rites, we are encountering the Presence of Jesus Christ and returning to that never-failing spring in which we receive our new life of grace. Just as we cannot define what it means that Jesus of Nazareth was truly human and truly divine, so we cannot define how Christ is truly present with us in the sacraments. By faith we understand that the Holy Spirit is making the Presence of Christ real among us as we follow these ancient paths cleared by the faithful who have gone before us.

This is why we do all that we do in Holy Week: to dig a little deeper each year into that well of life-giving water that the Holy Spirit opens for us. I hope that you will make it a priority to come and dig with us in some way during Holy Week. Don't let this opportunity pass you by. In a mysterious way beyond our rational thoughts, the Real Presence of Christ awaits you. It is beautiful; it is good; and it is life-giving. Come and join together on this pilgrimage to the Cross and to the Empty Tomb.

Nathan W. Ferrell +

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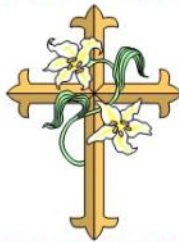
Honor your loved one! Remember their birthday, graduation, or any special day

Sign up to have the altar flowers in their honor. Attached to this AVE is a form that anyone can fill out to honor the memorial of a loved one or to honor and celebrate a special event, or that special someone whom you would like to recognize or memorialize.

See the Altar Flower Fund form on page 16



Holy Week & Pascha 2019 at Saint Mary's



THE SUNDAY OF THE PASSION:

PALM SUNDAY, APRIL 14

8 AM and 10 AM: Liturgy of the Palms in the Auditorium
The Choral Eucharist will begin at 10:15 in the Sanctuary.

MONDAY, TUESDAY & WEDNESDAY IN HOLY WEEK

12 NOON: Holy Week Prayers in the Fr. James Chapel

MAUNDY THURSDAY, APRIL 18

12 Noon: Maundy Thursday Eucharist in the Chapel
6 PM: *Agapé* meal and Footwashing in the Auditorium
7 PM: Holy Communion in the Sanctuary
8 PM (THURSDAY) - 4 PM (FRIDAY): ALL-NIGHT PRAYER WATCH
with the Body of Christ in the Chapel

GOOD FRIDAY, APRIL 19

7 AM - 3 PM: Good Friday Walk or Run for Habitat
4 PM: Family-friendly Stations of the Cross
6 PM: Good Friday Liturgy in the Sanctuary
The Chanting of the Passion according to Saint John and the Veneration of the Cross.

HOLY SATURDAY, APRIL 20

9AM - 2PM: Blood Drive in the Auditorium

THE GREAT VIGIL AT 7:30 PM

THE HIGHLIGHT OF THE ENTIRE CHURCH YEAR!

*The blessing of the New Fire and lighting of the Paschal Candle. The chanting of the Exsultet.
The history of Salvation. Renewal of our Baptismal Covenant. The first Paschal Eucharist.*

THE SUNDAY OF THE RESURRECTION:

PASCHA: EASTER DAY, APRIL 21

9 and 11 AM: Two grand and joyful Celebrations of the Holy Eucharist
with flowers, organ, brass, choir, and lots of singing!

Vestry Highlights from the Wardens

by Janet Bowne

The Vestry met on Wednesday March 13th.

Lucy Ellis presented an update on the garden redesign by the Saint Mary's Garden Club (SMGC). As we know, the SMGC cares for the garden located between the Parish House and Rectory. It's a multi-year redesign project and is a gift from the SMGC as they are committing \$15,000 to pay for the redesign. St. Mary's covered the cost of removing some trees and the burning bush hedge. The SMGC members are doing most of the work; Gnome Landscaping did the heavier site work last year. This year the focus will be between the garden and the rectory. A subcommittee is working on the best replacement for the burning bush. They will present the plans to us prior to finalizing. Next year, the handicapped accessible walkway will be completed, including a bench. We will hold a rededication at a date to be determined. The garden redesign will be transformative for our property. The SMGC will continue to maintain the garden following the completion of the redesign. The Vestry asked Lucy to thank SMGC for this incredible gift. We look forward to the next update!

We are early in our budget year. Ben Parks-Stamm reported that we are running very close to the budget. We reviewed the Parochial Report prepared for the Diocese. It is a reflection of our activity over the last year and now includes outreach information. The staff and leadership have worked on compiling the information that we feel accurately reflects 2018.

We discussed the list of parishioner responses to the Moving Forward vision questions. We concluded that we'll need to revisit this list in April to discern trends.



Janet Bowne, Jr. Warden and Jim Kane, Sr. Warden

Father Nathan asked all of us to complete our Safe Church Training as soon as possible.

We reviewed the new sign for Foreside Road. The current sign post has rotted.

Michael Curry, Presiding Bishop, will be at Saint Mary's on June 21 to lead a Clergy Day before the ordination of Bishop Elect Thomas Brown on Saturday, June 22 at St. Luke's Cathedral in Portland 11am to which everyone is invited.

We discussed the plan for evaluating the time change for the second service. We will put it on the agenda for April.

We also discussed the need to coordinate use of the church by outside groups and those guilds and committees that support our worship. We will work to improve communication on those events so that all runs smoothly.

Learning and Growing together in Lent

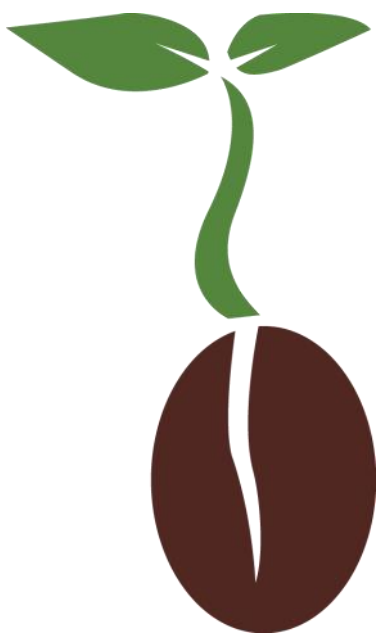
New Rescheduled time!

Growing a Lenten Garden QUIET MORNING, SATURDAY, APRIL 13 In the Father James Chapel, 9 – 12 AM

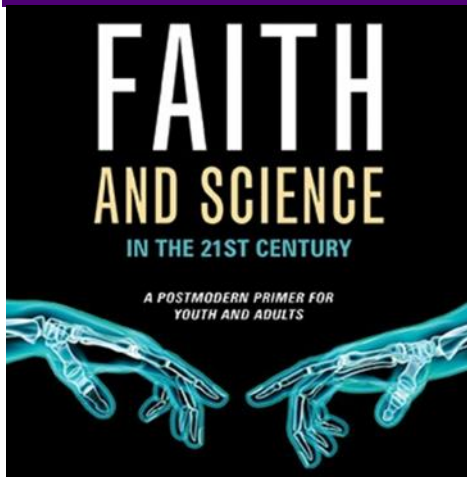
As we slide into April, we begin to think about the growing season that follows. Why not make Lent a season of growth for yourself? We'll spend some time in silence, in quiet conversation and in prayer. We'll read some poetry and biblical texts, all centered on the theme of Lenten seed sowing. What will grow within you this Lent? How will you cultivate your relationship with God? What will help your faith flourish? What might need weeding?

We'll gather at 8:30 for coffee and begin the program at 9.

Please sign up at the table by the Guild Room so we know how many people to expect.



Learning and Growing together in Lent



Lent Common Ground Series: Faith and Science in the 21st Century

March 28: Quantum Physics and Eternity

April 4: The Bible and Genetics

April 11: Life and Death

FAITH AND SCIENCE IN THE 21ST CENTURY

This is a video-based series that presents world-class scientists and theologians to talk about the relationship of faith and science in our world today. Each week presents a new topic and there is no advance work to do. Come to share a simple meal together (soup, salad and bread) and to engage in a lively conversation about these big questions of how we make sense of life on planet earth. Invite your friends and neighbors – all are welcome!

For our Lenten Common Ground potluck dinner:

5 - 7PM Please bring soup, salad or bread to share together. We will keep these meals simple in Lent. The food is available throughout the two hours, so come whenever you can.

5:45PM The presentation and discussion will begin. We will end around 6:45 to clean up.

An Invitation to Holy Week

by Bruce Fithian

Each year, our faithful choir members devote six days during Holy Week to help support these holiest days of the church year. It is especially meaningful for all of us to participate in this journey from Passion Sunday (Palm Sunday) Maundy Thursday, Good Friday, the great Vigil of the resurrection to Resurrection Sunday, and we invite all to join us. I remember my first vigil in Boston led by the Cowley Brothers from the monastery of the Society of St. John the Evangelist. It was unforgettable. Each day of the *triduum* is special, and we in the choir will do our best in leading the singing and worship.

On **Maundy Thursday**, after the agape meal and foot washing, during the church service, we will sing the haunting anthem by Victoria, “O vos omnes,” alluding to Christ’s suffering: (Oh, all you that pass by the way, attend and see, if there be any sorrow like unto my sorrow).

The **Good Friday** service includes the ancient chanting of the Passion according to St. John, and during the veneration of the cross we will sing Bob Chilcott’s “Were you there,” and lead everyone in singing the great Lenten hymns “O sacred head, sore wounded” and the *pange lingua* (“Sing, my tongue, the glorious battle”).

Saturday’s **Great Vigil** is a journey in itself: the dramatic building of the paschal fire, lighting of the paschal candle, the *exultet* praising the light of Christ leading the procession into the mystery of the candle lit sanctuary, the five readings, hymns and anthems of the history of salvation: hymn #412 “Earth and all stars,” (the Story of Creation), hymn # 648 “When Israel was in Egypt’s Land” (Israel’s Deliverance at the Red Sea), Morley’s motet “Agnus Dei” (Abraham’s sacrifice of Isaac), and motets by Lassus and Pitoni (A new heart and a new spirit, and the Gathering of God’s people). The vigil continues outdoors, followed by the dramatic celebration of the resurrection upon entering the church with bell tolling, lights flooding the sanctuary, the thundering of the long silent organ, the first joyous “glory to God in the highest,” alleluias sung accompanied by the many bells, and a lively anthem by the choir (O Christ, Redeemer, Risen Lord).

The **Sunday of the Resurrection** is especially powerful after the Lenten journey of the *triduum*, with the continuing singing and bell tolling during the alleluias, and the brass quartet leading us all in joyful song. So please join us for this one a year commemoration!



Learning and Growing together in Lent

Sunday FORMATION:

FORMATION



We've implemented a slight shift in our Sunday morning schedule in order to better accomplish our mission of "building authentic, vibrant, Christ-centered community" where we celebrate, honor and serve together.

The overall Sunday schedule for the program year looks like this:

8:00AM: Contemplative Eucharist (Rite 1 or Rite 2)

9:30 AM: Formation for all ages (Guiding RAY and choir rehearsal for youth)

10:15 AM: Choral Eucharist

If you have a group that you would like to facilitate or to see offered, please send Fr. Nathan an email or reach out to your Wardens.

Lent Formation Group: The Practices of the Desert

March 31: "Always blame yourself": Self-Accusation

April 7: "Are you still alive?": Apatheia

On Sunday mornings in Lent, from 9:30 to 10 in the Guild Room, Fr. Nathan will share with us the insights he has learned from his in-depth study of the Desert Fathers and Mothers. Each week, we will read a new story and learn a new phrase to carry with us and to use as a tool for our growth in Christ. These teachings challenge all of us, so come ready to explore new ideas. All are welcome!



OR

Lent Formation Group: Be Still . . . The Gifts of Lent



Our Sunday contemplative formation time in the chapel will continue into Lent. Lent is often thought of as a season of renunciation, denial and penitence. But we'll change that up a bit (Jesus was always changing things up, right?) and concentrate on the theme of gifts. The gifts of Lent might include an opportunity for spiritual rest, the aptitude for humility or the flair for compassion. Lent is also the time to identify the gifts we'd like to cultivate in ourselves all year through. Come and join us for a bit of silence and gentle conversation (no worries if the door is closed - come on in.)

We meet on most Sundays from 9:30 to 10 in the Father James Chapel.

... BE Still ...

Through Guided Centering Prayer: Mondays in Lent 5:30-6:30pm

There is no more precious season than Lent to search for moments of peaceful communion with God. And what better place at the end of the day to do that than a candlelit Father James Chapel?

So come to BE STILL every Monday during Lent from 5:30 to 6:30. Give yourself the gift of the refreshing silence offered by a guided practice of Centering Prayer. We will begin with a few minutes of accompanied Taizé chanting before entering into 20 minutes of meditation. We will then offer Lectio Divina, during which we listen and silently contemplate a brief scriptural reading, ending with the opportunity to share, if desired, our feelings that this reading evokes. We can promise that you will leave the chapel with a sought-for peace, calm and renewal. Please join us!

CELEBRATE



HONOR



SERVE

Outreach Ministry - All Ages Serving Near and Far



Responding to Maine's Opioid Crisis

Education, Compassion and Community

The Maine addiction crisis affects us all, directly or indirectly. To respond effectively, we are all called upon, in community, to become well-educated about this subject and approach the challenge from a place of compassion.

Sunday, April 28, 4-6 PM

"Brain Hijack: The Biology of Addiction"

Guest Speaker: Mark Publicker, MD PA LLC

Presentations, Personal Testimony, Q and A

This is the second in a series of presentations providing persons of every age with the opportunity to learn about

Sources and causes of the crisis

The physiological consequences of addiction

Identifying signs of addiction

Responding to an addiction concern

Reaching out for long term recovery assistance

Reaching out to help those currently affected

FMI, contact Jennifer Gregg, 781-2665, jenniferanngregg@gmail.com

Upcoming Presentations: Sunday, June 9, 4-6pm

Community Souper Supper April 12 and 26



Enjoy this community-wide fellowship offering, dining in a relaxed, candle-lit atmosphere. You will be feted with a complimentary main course, salad, rolls, dessert and beverage. Wonderful for singles and families alike! Offered twice each month on the 2nd and 4th Fridays from 5-7 PM in the parish house. No reservations required. Just bring your family and friends and enjoy! It's a blast! **PLUS, on the 2nd Friday, stay for the FREE Classic Movie**



**Support "Souper Supper" Buy Fair Trade
"Coffee by Design" Coffee!**

Medium to robust coffees: Casco Bay, Black & Tan and Rebel Blend
"Coffee by Design" 12 oz. bags of ground fair-traded, organic, delicious coffees are on sale at Saint Mary's for \$10 a bag (Decaf is \$11). ...and support fair trade practices ...and a locally-owned business... and get GREAT organic coffee! Win! Win! Win!

Outreach Ministry - All Ages Serving Near and Far



Responding to Maine's Opioid Crisis

Education, Compassion and Community

On March 24, Saint Mary's Auditorium was filled with parishioners and members of the community at large for the first of a series of presentations designed to educate us all about the nature of the opioid crisis in Maine and how we can foster a community-wide response that works: one based in compassion.

The presentations, comments, and Q and A were riveting. **Robert Fowler, the Executive Director of Milestone**, opened with an extensive overview of "how we got here" (from Mesopotamia to current day) "where we are" (with exponential growth of use and drug intensity), theories on "why" (exposure in Vietnam, PTSD, societal mo-

bility and dispersal, Adverse Childhood Experience, creeping drug exposure) and "responses" (education, modeling, active listening and diligent, sincere communication with our own and other youth, involvement with and support for the many non-profit responding organizations.) **Chief of Police John Kilbride** spoke on the very real presence of narcotics and the associated deaths in Falmouth and the looming issues associated with increased youth access to marijuana and the growing popularity of vaping. He stressed that a successful response must originate at the community level. He shared his own story of addiction within his family and the reverberations of loved ones touched by addiction. **Sarah Coupe, Founder of Grace House for Women**, spoke eloquently and movingly of her own journey into and through addiction and into recovery.

The next program in this series will be on April 28th from 4-6pm, and will focus on the physiological effects of addiction. All, most especially families, are welcome and encouraged to attend. FMI: Contact Jennifer Gregg; jenniferanngregg@gmail.com



Welcome, New Mainers Spring Event

Spring MULTICULTURAL FAIR at Saint Mary's

Sunday, May 5th 3-6pm

Mark your calendars for another **Welcome, New Mainers' Multicultural Fair at Saint Mary's!** Last November's Fair was so well received, that many requested S. Mary's host another one in the spring. Almost all vendors from last November are returning, and we have others eager to share their skills.

Many New Mainers are artisans and chefs, with artistic and culinary skills they've brought from their native countries. Some have established businesses and others are just getting started and need exposure. Saint Mary's will not be charging for table space and all vendors keep 100% of their sales.

It is a special opportunity for New Mainer entrepreneurs to promote and sell their products, services, and to introduce us to their culture. There will be jewelry, clothing, baskets, and delicious ethnic foods- from Italian desserts and pasta, to Argentinian empanadas, Syrian cuisine, Japanese miso, and more!!

It is a festive ethnic event, and a great opportunity to do some unique shopping for family and friends!

We hope to see you on May 5th from 3-6pm

For more information, please contact Anne LaFond akblafond@gmail.com



Outreach Ministry - All Ages Serving Near and

WALK or RUN for HABITAT – JOIN the SAINT MARY'S TEAM!

Friday, April 19, 2019

Walk or Run anytime between 7am and 3pm
FAMILY AND PET FRIENDLY!



Participate alone, as a family or part of the Saint Mary's Habitat Team! Whether you approach this as "good works," a pilgrimage, or spending quality time in God's creation with family, friends and neighbors, participating in the Good Friday Walk/Run for Habitat for Humanity will be a wonderful and so very appropriate way to spend time on Good Friday.

You have your choice of walking or running 3, 5, 10 or 20 mile loops, all leaving from Cumberland UCC church, any time from 7 and 3 pm!

If participating independently, you can register on-line at <https://www.crowdrise.com/o/en/campaign/2019goodfridaywalk>

If you are joining the Saint Mary's team, or wish to support Saint Mary's team, can do so by signing up on the list outside the Guild Room, where paper registration and fundraising forms are on hand.

FMI: Jennifer Gregg, Anne LaFond.



Holy Saturday Blood Drive:

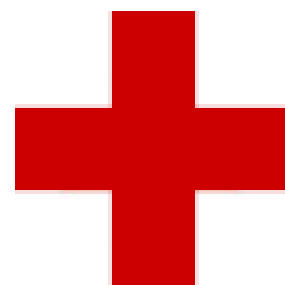
Saturday, April 20 9:00am - 2:00pm

Christ gave his blood for you.

Will you give your blood for others?

Sign-up today to be a blood donor and help give to those who need your blood to survive!

Go to www.redcrossblood.org and use sponsor code "StMary" to make your donor appointment. Contact our Coordinator, Joyce Verey at Joyceverey@gmail.com or 536-0195.



**American
Red Cross**

Together, we can save a life

Can you help our donors at the drive? Could you help distribute flyers or posters? Help the day of the drive? Volunteers are needed.

Call Joyce Verey 536-0195

Register NOW for the Summer 2019 at CAMP BISHOPSWOOD



Mike Douglass, Exec. Dir.
98 Bishopswood Rd.
Hope, Maine 04847
mike@bishopswood.org

Located on the shores of Lake Megunticook in the Camden Hills, Bishopswood is one of the best kept secrets among Maine summer camps. Operated by the Diocese of Maine since the early 1960s, Bishopswood is affordable, safe, well-managed, beautiful – and great fun for all young people.

There are mini-sessions for first-time campers, multi-week sessions, and a family weekend.



There is also a free **Work Weekend (May 3-5)** when anyone can stay and eat at camp by helping prepare it for summer.

Check it out during the **Open House Weekend on May 31-June 2** or go just for the afternoon on Sunday, June 2.

Register your child or yourself now at www.bishopswood.org. See the website for more information.



Reconnecting with Creation An Adult Retreat hosted by the Diocese of Maine

June 14-16, 2019 at Camp Bishopswood in Hope, Maine

As human beings, we are each part of the divinely created world. In spite of our busy lives, we are connected to nature, to one another, and to Christ. Join us for a weekend on beautiful Lake Megunticook near Camden. The annual diocesan retreat is an opportunity to step away from everyday life and explore these connections through deep conversations, scripture, worship, art, poetry and quiet reflection. Draw closer to God by immersing yourself in the natural beauty of the lake and woods and by joining with others to explore God's love for all of creation. In the words of Psalm 19, "The heavens are telling the glory of God; and the firmament proclaims God's handiwork."

Heart + Mind + Soul

Camp will open for recreation at 3pm Friday; dinner will be at 6pm; program begins at 7pm. The retreat ends Sunday before lunch.

Retreat costs include 2 nights lodging and meals. For a shared cabin clustered around the bath house: \$95

A few spaces are available in buildings with shared bathrooms: \$125. For those who wish to make their own lodging arrangements: \$65. Scholarships available for Maine Episcopal Sunday school teachers and youth event volunteers. Design Team: Merle Marie Troeger, Jean Cavanaugh, Deirdre Good, Jane Hartwell
To register: <https://episcopalmaine.formstack.com/forms/retreat2019> Space is limited to 60 people. Register by May 31. FMI: Contact Jane Hartwell at jhartwell@episcopalmaine.org

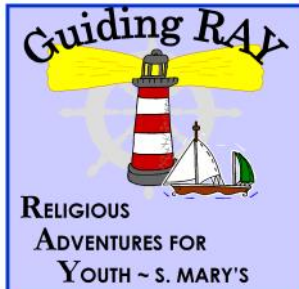
Godspeed and the Trek Across Maine

Do you like road cycling? Ever want to bike across Maine? Then consider joining our GODSPEED group in the Trek Across Maine. A very popular annual fundraiser for the American Lung Association, this year's three-day and 180-mile event takes place June 14-16. It begins in Newry, Maine and ends in Belfast. There are also options to bike for one day or two days. Overnight accommodations are provided at UMaine Farmington and Colby College. Come and join our Godspeed Team! Register at Trek Across Maine.



Join Fr. Nathan, Erin, Charlie, Greg, Bruce, Jim, Dave & Kyla!!

Christian Formation - RAY Beams - April 2019



The kids in Guiding RAY had a special visit in March from Moses! He came down from the top of Mount Sinai and talked with us about some special rules that God gave to him to give to God's people...The Ten Commandments. We learned that The Ten Commandments are much more than rules people need to follow; they help us to understand the way in which God already loves us and accepts us, and how we are free to love God and serve one another.

Dr. G also came in to visit and, we all got to have some hands on science fun as she taught us about geology. See the next page for information about her April vacation science camp that will be held here at Saint Mary's.



Here is what is coming up for April in Guiding RAY

Rotation # 8 Easter - During this rotation we will learn about the central Easter message that God's love is greater than human failings. We are also going to learn how God likes us to pray. God listens to us no matter if our prayers are long or short and if we don't have the right words God knows what we mean.

We have a special day planned for Palm Sunday! After we process with our palms singing "All Glory Laud and Honor" around the church, the kids (all ages welcome!) will return to the auditorium to participate in a series of an interactive stations depicting Holy Week. We will rejoin our families at coffee hour for Hot Cross buns.

Good Friday also has opportunities for families with the Habitat for Humanity Walk (9:00 - 3:00) and fami-

April 7th	9:30 - 10 Patty Sarchi and her dog Jeff will join us for a special presentation on service dogs Rotation #8 Easter	April 21st	PASHCA: EASTER DAY No Guiding RAY Programming (nursery will be open for the 9:00 service for children up to age 4)
April 14th	Palm Sunday - Special program for Guiding RAY in the auditorium	April 28th	9:30 - 10 Casserole Ministry Rotation #9 Baptismal Covenant

We need leaders... Sharing God's love with children requires no special knowledge or experience, just a willingness to support our children on their faith journey. Guiding RAY needs church members who are looking to make a difference in the lives of our children, someone who has a desire to encourage our youth, have fun and teach them the word of God. Please contact Megan Akers, guidingray@smary.org, if you are interested in sharing your love of God with our children. It is an awesome and rewarding experience, and the benefits are eternal!

Guiding RAY Coordinators

Megan Akers: *Director*, GuidingRAY@smary.org, 415-4260
Alison Hayward, Nursery, ajhmcmnagle@gmail.com, 207-400-4658

CELEBRATE

HONOR

SERVE

Christian Formation - RAY Beams - April 2019



What a great time we had celebrating Shrove Sunday and Mardi Gras! Thank you to all who shared their talent, flipped pancakes, burned palms and buried the Alleluias. We look forward now to resurrecting the alleluias and joyfully celebrating the Lord's resurrection on April 21st.



hightouch hightech
Science Made Fun!

High Touch High Tech of Maine

High Touch High Tech of Maine is happy to announce that we will offer April vacation and Summer

Camps at Saint Mary's! Please stop by Guiding RAY for more information and hands-on science on Sunday, March 10, 9:30 - 10:00am. Saint Marians are eligible for 5% discount (use code st. mary's at check-out). Visit our website for more information.

www.ScienceMadeFunME.net



Middle School Youth (Grades 5-8): Join us on April 7th at 10:00 am this month for fun and fellowship as we learn more about this season of Lent. We

use a combination of games, lessons, and reflection to get the most out of our time together. We hope to see you there!

The Nursery is growing, and we need help with the care of our youngest parishioners. A nursery coordinator is a paid position and is for 2 hours each Sunday with additional time for special services. Safe Church training is required. Please contact Megan Akers for more information and to apply.

*Mary, Mary, Oh Saint Mary, how does your garden grow?
With love and care and plenty of veggies to share!*

From the garden of Eden to the garden in John's gospel where Jesus makes his first post-resurrection appearance, a garden is the place where God dwells, the place where God proclaims that everything is good, the place where God in Christ calls us by name. The kids in Guiding RAY have begun planting seeds for the Saint Mary's garden this year. The produce will then be donated to the Falmouth Food Pantry. For more information about how you can help the Saint Mary's Garden grow please contact, Master Gardener and parishioner, Bobbi MacCallum at bmacallum43@gmail.com.



younglife.

Young Life Casco Bay

Every Monday night (when school is in session) at 7:31 PM in a cool barn at 41 Stapleford Dr in Falmouth. For ALL area high school students. The BEST thing happening on a Monday night – guaranteed! FMI, visit www.younglifecb.com

Prescription Drug Safety: Keep Teens Safe and Waterways Clean

Tip of the Month



Properly dispose your unwanted or expired prescriptions/pet medications in a Drug Disposal Box at your local law enforcement agency

Track and lock up prescriptions and pet medications to prevent accidental poisonings or theft

Never share prescriptions – taking someone else's medication is dangerous

First Communion Camp and Celebration: May 4 and 5

This experience is open to all our young people (including those who have already been receiving Communion), but it is specifically designed for third grade and up. On Saturday, there will be a one-day camp in the Parish House with Father Nathan from 11 AM until 5 PM. The camp will include bread-making, candle-making, writing prayers, and a time for the children to experience Reconciliation, as well as time for lunch and some fun! At 5 PM, the entire families of our First Communicants are invited to join together for a potluck supper. At that time, we will discuss what we learned in the camp and go over all the details for the next day.



On Sunday morning, May 5 at our 10:15 Eucharist, our First Communicants will be “the stars of the show” as they carry their candles into the church, lead us in singing a song, and be the first ones on this day to receive Communion, using the bread that they made the previous day!

Remember: this is not required to receive Communion; it is offered as a special learning opportunity and memorable celebration. If you or someone you know would like to participate, reach out to Megan Akers in Guiding RAY to be added to the list.

THE NATIONAL DAY OF PRAYER | MAY 2, 2019

**6:30 PM at The Episcopal Church of Saint
Mary (43 Foreside Rd, Falmouth)**

★ PRAY FOR AMERICA ★

LOVE ONE ANOTHER

LOVE ONE ANOTHER. JUST AS I HAVE LOVED YOU JOHN 13:34

People of All Faiths Praying Together



NATIONALDAYOFPRAYER.ORG  #LOVE1ANOTHER

Adopt-a-Garden Bed

Interested in “adopting” a bed on our beautiful campus? Pick any area and think of it as your own! Your commitment would simply be to keep an eye on it and weed it, as needed. Note that this work does not include the formal beds behind the chapel that are beautifully maintained by members of St. Mary’s Garden Club. Contact Lucy Ellis, Landscape Team (cell) 450-3650.



BOOK, BREAD and SOUP SALE was a success!

Gross income was \$2,701.12—a real boon for our local Mission Work. Thanks so very much to all of you who donated, sorted, arranged tables and books, worked the day of the sale and then cleaned up on Sunday. And, of course, thanks to all of you who shopped and brought your friends to shop as well.

Special thanks also to Babs Bell for making the delicious soups (does she ever make anything that is less than delicious?) and to Rick Hirschman and Jana Burke for making breads to sell with the soup. Betsy Stoddard and Jan Mordarski were the official co-chairs of the event but could not have gotten it done without Becky Pride's help and direction.

We also want to thank Judith and John Brooks for coordinating with the men from Milestone in helping us pack up the books and haul them to the trucks (thanks to John, Doug & Dana!) which then took them to Goodwill. The men were a big help, and it is another way for S. Marian's to get to know people in our community.

THANK YOU all for making this fund raising and friend raising event such a success.

Betsy and Jan



Hosting Coffee Hour

Coffee Hour takes place in the auditorium. Put together two eight-foot-long tables with a smaller 'children's table' and a few card tables for seating. Table cloths are located in the credenza. (Many Sundays it is already set up).

Coffee is brewed by 8:00 parishioners and set on the credenza. Place coffee mugs, sugar, spoons and half & half creamer near coffee urns. These items are in the kitchen. Also set a basket of teas and a hot water carafe on credenza for tea drinkers. Please arrive before 10:15 service to set up.

Coffee Hour need not be fancy. We typically serve 50 to 75; therefore 6-8 plated treats are ideal. Glass serving plates are in one of the kitchen drawers.

Some suggestions are sweet breads, such as banana, date nut, pumpkin or coffee cakes. Doughnuts, cookies, cheese & crackers and fruits are popular, too. Place a few plates on the children's table. Also set a pitcher of juice on this table.

Whatever you provide is perfect and most welcome!

After *Coffee Hour* wash, dry, and put away coffee urns. Use sanitizer for coffee mugs, spoons and glass serving trays. Directions for operating sanitizer are above the sink. If table cloths are soiled, kindly take home and launder. Put away tables.

If you have any concerns or questions, please don't hesitate to contact Betsy Stoddard at 829-2026 or jbstod@myfairpoint.net.



Thank you for helping to continue this Ministry

Shopping List: Treats of your choice/breads/bagels/coffee cakes/
Fruit juice
Half & Half
Napkins (optional) may use kitchen supply

Open Spring dates: April 21 and 28; May 5, 12, 19
Kindly sign up on clipboard outside Guild Room and THANKS!



The Episcopal Church in Maine

Spring Training 2019

A day to gather - learn - share

Saturday, **April 27, 2019** 9:30 AM to 3:30 PM

South Parish Congregational Church, 9 Church St, Augusta, Maine

Gather with Bishop Steve Lane and Episcopalians across the diocese for a day of learning, sharing and growth. A church leader? A clergy person? Someone interested in spiritual growth or community outreach?

With 20 workshops to choose from, you'll find what you're looking for.

A morning snack and refreshments provided; please bring your own bag lunch or pre-order a lunch provided by Youth missionaries raising money for their mission trip.

Because space is limited, registration is required.

For event FAQs, full worship descriptions and registration, visit [www.episcopalmaine.org/Spring training](http://www.episcopalmaine.org/Spring%20training)

How's Your Lent Going?

By Merle Marie Troeger

I had big plans for Lent. I grabbed not one, but two, Lenten devotional pamphlets to read during the season. I had the great idea of writing out a Bible verse each day and memorizing it. I also thought it would be interesting to journal each day and see what or who showed up at the end of Lent.

One of the Lenten devotional pamphlets turned out to be not that interesting. One by C. S. Lewis ("A Clean Heart Create in Me") is great, but I've fallen behind and at the moment it is buried under a pile of papers on my desk. I wrote out exactly one Bible verse and haven't really memorized it. I never even started the journal. I could get tough on myself, but I'm not going to. Lent is meant to be penitential, not petty. Lent is a time to be honest with myself, time for an inward glance, a "long, loving gaze to the real." I almost always plan to do more in a day than there is time to accomplish. Nothing new there. I yearn to know and love God better in all the liturgical seasons, but I still don't pray/meditate/center as much as I think I should. Yes, that's me too.

My new Lenten discipline is to let myself off the spiritual hook and forgive myself more. After all, I am the beloved of God. There are plenty of ways I could be a better person but falling short in my ambitious Lenten program is not one of them. If you are feeling a little embarrassed about neglecting your Lenten disciplines (am I the only one?), give yourself a break. You've already learned something true about yourself. Congratulations!

There are still a few weeks left in Lent. I think I'll scale back. I'll just see if I can find that C. S. Lewis pamphlet. It's got to be around here somewhere.



Helping Hands at Home – Are You “In?”

Our experience with Mission Morning has revealed a need within Saint Mary's to provide household assistance to some of our parishioners that would enable them to stay in their own homes. Specifically, do we have a handful of men and women who would be willing to donate a few hours for housekeeping and “honey-do” chores/projects each month? The thought is to gather as a group once a month for about 2 hours to provide this assistance to a designated parishioner in need—though we are open to alternative organizational options!

Are you interested in lending 2 hours a month—or less, if many people respond—to help a fellow parishioner who is not in the position to hire this type of assistance? If so, please contact Jennifer Gregg, jenniferanngregg@gmail.com, 781-2665, or indicate your interest in principle on the sign-up sheet outside the Guild Room.



St Mary Schola Illuminating the Old Testament

As we celebrate the tenth anniversary of the St Mary Schola, the founders of this ensemble, the Reverend James Dalton-Thompson and Bruce Fithian, always felt the need to celebrate the great masterpieces of sacred music. This season's Lenten concert brings to life two great collections from the Old Testament: the Book of Psalms and First Samuel.

Countless composers have been inspired by the beautiful and powerful texts from the psalms. Heinrich Schütz was commissioned to write a major work based on Psalm 116 in 1616. The six sections of this luminous work is filled with the composer's most profound music:

- a heartfelt thanks to God's listening to our prayers
- When enduring hardships, an anguished cry to God to save us from the fear of death and Hell
- a serene hymn praising God's mercy and help for the "simple-hearted" when we are brought low
- the peaceful gratitude for God's gifts and assistance
- taking up the chalice and being willing to speak up to all
- an ecstatic "Halleluia"

The second half of the Lenten concert brings to life the great story of Saul, David and Jonathan. Written for the Jesuit "Collège Louis-le-Grand" (today's magnificent Lycée Louis-le-Grand, which you can still visit in Paris), Marc Antoine Charpentier created a sacred opera for the instruction of the young male students at the college. The libretto augments the Biblical account from I Samuel, giving us an extraordinarily nuanced rendering of these great figures.


Also on the St Mary Schola program will be a setting of the great Marian hymn "Salve Regina" by Charpentier, sung by three exquisite sopranos, and a haunting lament from an oratorio by Antonio Caldara: "Maddalena ai piedi di Cristo" (Mary Magdalene at the feet of Christ). In this work, earthly and celestial love declare war on the heart of Mary Magdalene. Mary is conflicted, wanting to follow Celestial Love's pleas, but feeling unworthy and perhaps tempted by pleasure. Her sister Martha finally convinces her, and Mary sings this aria filled with passion and defiance.

Some of Maine's finest singers and period instrument musicians (baroque strings, viola da gamba, lute, recorders, oboe, postif organ and harpsichord) will present this exceptional concert.

Tickets can be purchased on line at stmaryschola.org or at the door.

David et Jonathas

April 9, 7:30 p.m., Sacred Heart Church, Yarmouth
 April 12, 7:30 p.m., Church of Saint Mary, Falmouth
 April 16, 7:30 p.m., Saint Luke's Cathedral, Portland



2008 **10 Years** 2018

ST MARY SCHOLA
BRUCE FITHIAN, MUSIC DIRECTOR

"One of the most finely polished choirs in Portland"
Allan Kozinn

Charpentier's
**DAVID ET
JONATHAS**

Funded in part by:
OceanView
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20 Blueberry Lane, Falmouth, Maine 04105
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Tuesday, April 9 7:30 PM
Sacred Heart Church, Yarmouth

Friday, April 12 7:30 PM
Church of Saint Mary, Falmouth

Tuesday, April 16 7:30 PM
Cathedral of Saint Luke, Portland

Tickets at stmaryschola.org

Saint Mary's Altar Flower Fund 2019



Through the Altar Flower Fund, contributions are provided for the altar flowers that are given in memory or in thanksgiving or celebration throughout the year as well as for the special decorations at Easter, Thanksgiving, Christmas, and other occasions. (In the summer, flowers and greens from our gardens, fields and woods are often used).

As Easter (April 21) approaches, we ask for your support of the Altar Flower Fund.

Important: Whether you are making a first-time offering or regularly support the Flower Fund, please fill out this form so that your requests can be fulfilled.

1. Enclosed is my contribution to Saint Mary's Altar Flower Fund: \$ _____

Name _____

Telephone _____ E-mail _____

____ Yes, I would like to join the Altar Flower Guild (training provided).

2. Please include these names among the Easter Memorials (requests must be received by Monday, April 15, 2019):

Name _____

Name _____

Name _____

3. Please provide flowers during the year *In Memoriam* (NO flowers are placed on the Altar during Lent or Advent with the exception of Rose Sunday during that season):

Name _____ on or a Sunday close to ____/____/____

Name _____ on or a Sunday close to ____/____/____

Name _____ on or a Sunday close to ____/____/____

4. Please provide flowers during the year in Thanksgiving for and celebration of (NO flowers are placed on the Altar during Lent or Advent with the exception of Rose Sunday during that season):

Name _____ on or a Sunday close to ____/____/____

Name _____ on or a Sunday close to ____/____/____

Name _____ on or a Sunday close to ____/____/____

Please return this form either by mail, in the offering plate or to the office with your check payable to:
The Episcopal Church of Saint Mary, Attn.: Altar Flower Fund, 43 Foreside Road, Falmouth, ME 04105



Here are some important dates in our Saint Mary's parish family



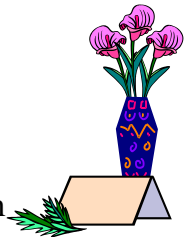
Happy April Birthdays to:

1	Lester Evans	15	Alden Record	22	Katalina Echavarri
3	Piper Bickerstaff	15	Jeannie Gulliver	22	Hannah Russell
3	Chris McGonigle	16	Sara Fallon	23	Dan Funk
3	Tim McGonigle	16	Trey Fallon	23	Chloe Stevenson
3	Skylar Spaulding	16	Jacob LaPlante	24	Samantha Galbraith
4	Mark Stimson	17	Alexis Lindberg	24	Jared Hourihan
7	Bexie Knowles	17	Ginny Stelk	25	Kue John Lor
8	Alice Hendry	18	Cayman Bickerstaff	25	Jordan Otte
8	Bennett Smith	19	George Kendall	25	Jane Sawyer
8	Jim Zimprish	19	Alex Barr	27	Andrew Taylor
10	Rick Hirschman	19	Connie Stimson	27	Lanny Wenthe
10	Richard Kourinos	20	Mallory Ianno	28	George Dougan
13	Ella Brown - 13years old	21	Rebecca Nuzzi	28	Betsy Stoddard
14	Evelyn Thurston	22	Angelica Barrett	29	Sarah Brown

We'd love to include good wishes on your birthday and anniversary. If we don't yet have the dates, please send your and your family's special dates into the parish office and we'll be sure to include them on your special month. admin@smary.org or call 781-3366 or drop a note to the church. Thanks!

Happy April Anniversary wishes to:

12	Nikki & Lester Evans	15	Julie & Harold Otte
12	Pam Peeler & Richard Casselman	19	Angelica & George Barrett
15	Meg & Charlie Hurdman	27	Elizabeth & Jack Heinzman



News, Notes, Kudos, Dates & Reminders

(Send your 1-3 line notes, announcements or thanks to Beth at admin@smary.org by the 20th of the previous month)

On behalf of our community and the state, thank you, thank you, thank you to the Outreach Committee for organizing the clear, informative, and personal session Sunday afternoon, Mar 24, for the Opioid educational presentation. Three excellent speakers, all with different gifts to share. We cannot thank you enough for all you did to educate us further!!

The choir is in need of a table that we use for placing music for our weekly choir rehearsals. Our existing table is sagging! Ideally if you have a table that is 8/12 feet by 21/2 feet, we would appreciate your donating this for the choir room.

Yay!

Mardi Gras Sunday was so much fun! Thanks to all who organized, worked, cooked and performed.

Can't wait until next year!

Thank you to all who manned the phones during Beth's vacation; it's so important to hear a live voice, and we all appreciate it.



Continued thanks to the members of our Buildings & Grounds crew who do all the extra work in the snow and ice season to keep us safe and walkways clear.

On behalf of the parish, the Outreach Committee thanks the many people who helped sort, carry, display and pack up the thousands of books for the book sale with special thanks to chairs: Jan Mordarski and Betsy Stoddard.

And thanks to the cooks and bakers who made the delicious soups and breads that sold out!! Hooray!

Merci

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The Episcopal Church of Saint Mary Worship Leader Schedule: April - May 2019

	A	B	C	D	E	F	G	H	I	J	K
	8am Ushers	8am EM/Lectors	10:15am Ushers	10:15am Lector	10:15am Euch Minister	10:15am Acolytes	Altar Guild	Altar Flowers	Flower Delivery	Coffee Hour Host	
182											
183											
228	31-Mar	Baer C	Lad T.	Jim P	Nadine T	Stan E	Lambertsons	Mary S	Bare	~	The
229	Lent 4	Jim K		Aaron S		Diane F.		Barbara M			Cavens
230											
231	7-Apr	Al A	Ben P.	Jack H	Linda E.	Maggie G	Michael	Jana B	Bare	~	OPEN
232	Lent 5	Baer C		Harry D		Will S.	Maggie, tbd	Mary L			
233											
234	14-Apr	Len T	Al A.	Aaron S	Rod McG.	Stan E.		Portia H	palms	~	Hot Cross
235	Palm/Passio	Jim K		Tom L		Linda E.		Maggie G			Buns
236								Kathy G			
237	18-Apr			6pm Ushers	6pm lector	6pm EM	6pm crucifer	AG	AFG	~	~
238	Maudy Thursday			Charlie H	Jim S	Jim S	Maggie		Garden of Repose		
239	19-Apr			6pm Ushers	6pm lector	6pm EM					
240	Good Friday			Harry D	David R	Maggie G		bare			~
241	20-Apr		7:30pm	7:30 Ushers	7:30 Lector	7:30pm EM	7:30pm acolytes				Chocolates &
242	Easter Eve Vigil			Aaron S & Len V	Ginny S,Diane F	Becky Pride	Michael, tbd, tbd				Sparkling drinks
244	21-Apr	9am Ush	9am EMs	9am Lector	9am Acolytes	11am Ush	11am EMs	11am Lector	11am Acol	AFG	
245	Easter/	Charlie H	Lad T	Jennifer	Kevin L	Rvan S	Stan E	Rod McG	Emily S	Easter	OPEN
246	Pascha	Joyce V	Len T		Kyle L	Harry D	Nadine T		Michael M		OPEN
247		Len V			Lauren L	Tom L			Anabelle/Cole		
248											
249	28-Apr	Rayle A	Mary Ann M	Mark B	Marian M	Andrea MH	W. & H. Rana	Jant B	Easter	Easter	OPEN
250	Easter 2	Ed A		Ron F	Betsy PS.		& a Teng	Michael C	flowers		
251								Barbara M			
252	5-May	Charlie H	Len T	Ryan S	Jennifer G.	Nadine T.	tbd	Mary S	Easter	Easter	OPEN
253	Easter 3	Al A		Aaron S		Ben P.		Betsy E	flowers		
254								Portia H			
255	12-May	Baer C	Elise K	Tom L	Rod McG.	Jim S.	tbd	Jana B	Onnie	The Stoddards	OPEN
256	Easter 4			Joyce V		Diane F.		Katie P	& Jan W		
257				Len V				Mary L			
258	19-May	Jim K	Becky P.	Ron F	Betsy S.	Terry B.	tbd	Portia H	Jana B	Ruth K.	OPEN
259	Easter 5	Charlie H		Mark B		Maggie G.		Mary L			
260											
261	26-May	Rayle A	Al A.	Jim P	Dawn Y.	Ben P.	tbd	Janet B	Helga R	The Hortons	The Vereys
262	Easter 6	Ed A		Chuck H		Will S.		Michael C			

If unable to fulfill your scheduled duty on the assigned day, please find your own replacement and inform Beth in the office of the change, 781-3388



April 2019



Sun	Mon	Tue	Wed	Thu	Fri	Sat
3/31 Fourth Sunday in Lent 8am Contemplative Eucharist 9:30am FORMATION groups 10:00am Guiding RAY classes 10:15am Choral Eucharist	1 12 Noonday Prayer 5:30 - Be Still 6-9pm PCC rehearsal	2 7:30-9am BNI 9:30-12:30 Art Group 10:30a Wisdom Seekers 12 Noonday Prayer 12:45pm Staff meeting 4:30pm St. Cecilia rehearsal 7pm AA in Auditorium	3 9am Mainely Weavers 9-12n Garden Club in GR 12 Noonday Prayer 6pm ORI in Guild Rm.	4 12 Chapel Eucharist 1pm CARE meeting 1-3p Falmouth Knitters FAITH AND SCIENCE 5-7 pm Potluck 5:45pm Presentation	5 Office closed 12 Pray where you are 5:30pm Alanon 5-9pm Great Gardener Series in Aud.	6 5-9pm AlAnon district in auditorium
7 Fifth Sunday in Lent 8am Contemplative Eucharist 9:30am FORMATION groups 9:30am Middlers 10:00am Guiding RAY classes 10:15am Choral Eucharist	8 10am Garden Club 12 Noonday Prayer 5:30 - Be Still 6-9pm PCC rehearsal	9 7:30-9am BNI 9:30-12:30 Art Group 10:30a Wisdom Seekers 12 Noonday Prayer 12:45pm Staff meeting 4:30pm St. Cecilia rehearsal 7pm AA in Auditorium 7:30 AlAnon (6:30 beginners)	10 12 Noonday Prayer 6pm Vestry 6pm - SinG rehearsal in Aud	11 12 Chapel Eucharist 1-3p Falmouth Knitters FAITH AND SCIENCE 5-7 pm Potluck 5:45pm Presentation 7pm Choir rehearsal	12 Office closed 12 Pray where you are 5-7pm Souper 5:30pm Alanon 7pm Classic Cinema 7:30pm Schola Lenten Concert	13 8:30-10am AG Clean-up 9a-12n Lenten Quiet Morning Nathan + Navy drill
14 Sunday of the Passion: Palm Sunday 8am Palms in Auditorium 9:30am FORMATION groups 10am Liturgy of the Palms for All-ages in Auditorium 10:15am Choral Eucharist	15 Patriot's Day 12 Holy Week Prayer 5:30 - Be Still 6-9pm PCC rehearsal	16 7:30-9am BNI 9:30-12:30 Art Group 10:30a Wisdom Seekers 12 Holy Week Prayer 12:45pm Staff meeting 4:30pm St. Cecilia rehearsal 7pm AA in Auditorium 7:30 AlAnon (6:30 beginners)	17 12 Holy Week Prayer 6pm SinG rehearsal in Aud 7pm PCC Board	18 Maundy Thursday 12 MT Eucharist 6pm Agape Meal 7pm Communion 8pm Prayer Watch in the Chapel begins	19 Good Friday 7am Good Friday Habitat Walk begins 4pm Stations of the Cross 5:30pm Alanon 6pm Good Friday Liturgy	20 Holy Saturday 9am-2pm Blood Drive 7:30pm - The Great Vigil
21 Resurrection Sunday: Pascha: Easter Day 9am Holy Eucharist followed by coffee hour 11am Holy Eucharist followed by coffee hour	22 AIE deadline Earth Day Office Closed 12 Pray where you are 6-9pm PCC rehearsal	23 7:30-9am BNI 9:30-12:30 Art Group 10:30a Wisdom Seekers 12 Noonday Prayer 12:45pm Staff meeting 7pm AA in Auditorium 7:30 AlAnon (6:30 beginners)	24 12 Noonday Prayer 6pm - SinG rehearsal in Aud	25 12 Chapel Eucharist 1-3p Falmouth Knitters COMMON GROUND 5-7 pm Potluck 5:45pm Presentation	26 Office closed 12 Pray where you are 5-7pm Souper 5:30pm Alanon	27 9:30am - 3:30pm Diocesan Spring Training in Augusta
28 1st Sunday after Easter 8am Contemplative Eucharist 9:30am FORMATION groups 10:00am Guiding RAY classes 10:15am Choral Eucharist 4-6pm Opioid Response Program	29 12 Noonday Prayer 6-9pm PCC rehearsal	30 7:30-9am BNI 9:30-12:30 Art Group 10:30a Wisdom Seekers 12 Noonday Prayer 12:45pm Staff meeting 4:30pm St. Cecilia rehearsal	5/1 12 Noonday Prayer 6pm - SinG rehearsal in Aud	5/2 12 Chapel Eucharist 1-3p Falmouth Knitters 6:30pm National Day of Prayer gathering	5/3 Office closed 12 Pray where you are 5:30pm Alanon	5/4 11am-5pm First Communion Camp



THE EPISCOPAL CHURCH OF SAINT MARY

43 Foreside Road
Falmouth, ME 04105
207-781-3366 www.smary.org

Our Worship Schedule

Sunday worship

8 AM - *Contemplative Eucharist*
9:30 - 10:00AM *Formation for All*
10:15AM - *Choral Eucharist*

MONDAY - WEDNESDAY

Noon Day Prayer in the Chapel
and wherever you find yourself

THURSDAYS

12NOON - *Chapel Eucharist*
5-7PM - *COMMON GROUND*
Connecting with our community
5:00PM *Potluck dinner,*



CELEBRATE ∞ HONOR ∞ SERVE

THE EPISCOPAL CHURCH OF SAINT MARY

43 Foreside Road
Falmouth, Maine 04105
Tel: 207-781-3366

E-mail: smary@smary.org
Website: www.smary.org

The Rev. Nathan Ferrell, *Rector*
nathanferrell@smary.org

The Rev. Christine Bennett, *Deacon*
deacab@maine.rr.com

Bruce S. Fithian, *Organist & Choirmaster*
bsfithian@aol.com

Megan Akers, *Dir. of Christian Formation*
GuidingRAY@smary.org

Beth Shaw, *Parish Manager*
admin@smary.org

Office Hours: Monday - Thursday
9:00 am to 4:30 pm

Copy deadline for April AVE - **March 20**

Your 2019 Saint Mary's Vestry

Nathan Ferrell, Rector, 899-2543, nathanferrell@smary.org
Cell phone number 310-0268

Jim Kane, Sr. Warden, 329-1764, kanejbabson@gmail.com

Janet Bowne, Jr. Warden, 318-7045, jmitchellbowne@gmail.com

Ben Parks-Stamm, Treasurer, 458-3151,
ben.parks.stamm@gmail.com

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