



## RENEWING OUR MINDS: Formation Groups



It is time for us to kickoff a new program year that is carefully designed and intended to assist all Saint Maryans to "take hold of the life that really is life" (1 Timothy 6.19). Much prayer and thought has gone into planning regular gatherings and special events for all groups within our parish family that will inspire our love for God and for our neighbors.

Are any of you frustrated or worried or perplexed when you hear the news headlines of the day? Without a doubt most of us find ourselves feeling this way. But what does our faith say about these issues and questions?

One of these regular gatherings will be a Sunday Formation time called "**Current Events and the Mind**

**of Christ**" (see Romans 12.2). Beginning promptly at 9:30 AM every regular Sunday in the Auditorium (starting Sept. 15), we will discuss one or two of the big headlines from the previous week. I will serve as the facilitator, but the topics will come from you, as well as the insights. Our goal will be to move beyond talking points of the right and left and to consider what the Scriptures and the Traditions of the Church tell us about these things. This will be crowdsourcing at its best! All opinions will be respected and heard (except for bigoted ones), but the goal will be to grow together beyond our own opinions and to make strides toward discerning the Mind of Christ. This is an experiment in Christian community. Let's see how it works! Be on the lookout soon for ways that you can submit news stories for consideration.

Another Formation group will meet at the same time in the Father James Chapel. Led by the team of Becky Pride, Merle Marie Troeger and Jennifer Gregg, this group is called "**Be Still**" and is designed more for practice in meditation and prayer rather than discussion (although it is not a silent group!). Each week there is a carefully chosen theme to guide the group in spiritual practice.

Anyone is welcome to join either group on any given Sunday. There is no advance preparation needed; these are drop-in gatherings. Also at 9:30 AM on Sundays, all young people are invited to gather downstairs in the Guiding RAY space to sing with Maria Belva. This also is a drop-in gathering that is designed for "making a joyful noise" and not for performance. The Youth Room will be open for our older youth (middle and high school), and there will be **IGNITE** meetings every other Sunday. This is our program for those in Grade 6 and above.

My friends, make a commitment to grow and to renew your mind in the way of Christ. Plan on gathering together this autumn during our Sunday Formation time. I look forward to seeing you all there!

*Nathan W. Ferrell +*

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# FORMATION



# Saint Mary's Kickoff Celebration

## Sunday, September 8, 9-10:15AM

Coffee and beverages will be provided, but we need some help with the food! So please:

**Family names A – K:** bring some fruit to share

**Family names L – Z:** bring a sweet bread, muffins or cookies to share

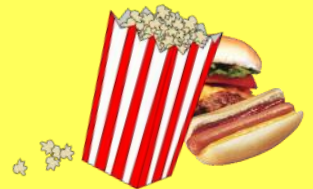
**and the fun continues after the 10:15 service  
when we fire up the grills**



- ♦ The second worship service will begin at 10:15am
- ♦ Guiding RAY begins a new and exciting year
  - ♦ The Choir returns to the loft
- ♦ Hibernating committees, guilds & Sparkles kick into gear
  - ♦ So many reasons to celebrate!

## ALL ARE WELCOME!!

Invite your neighbors & friends!



### From the Deacon's Corner: Living with Grief

We all have one inescapable reality in common, and that is that we will all die. We all also undoubtedly will experience the deaths of the people close to us. Experiencing the death of a loved one causes a seismic shift in our world both externally and internally in our hearts, minds and spirits. Everyone experiences grief, but we don't all experience grief in exactly the same way or on the same timetable. Grieving is painful, confusing, and can make us wonder if there will ever be fullness of life again.

Many of you know that a focus of my ministry for many years has been to offer the opportunity for healing grief in small groups that have met both in the parish setting as well as in the context of the Maine Correctional Center in Windham. The process has been one in which grieving persons share their experiences in a confidential, non-

judgmental way. There is also the opportunity to learn about the dynamics of grief and the effects of grief on every day living. Our spirituality has a tremendous role to play in our healing and we will explore that. We will also learn to move forward in hope and to find acceptance and even joy in the midst of loss.

Beginning on Tuesday, October 8, a new "Living with Grief" group will begin. We will meet at Saint Mary's from 4 to 5:30 once a week for 8 weeks. Anyone who has experienced the death of a loved one whether that death occurred 6 months ago or many years ago is welcome to be part of the group. If you are interested, please contact Deacon Christine at 653-2448 or Beth at the church office.



# Vestry Highlights from the Wardens

by Janet Bowne

We gathered on August 15<sup>th</sup> for the August Vestry meeting. Father Nathan led us in a teaching moment about the status of global Christianity with a report from the Center for the Study of Global Christianity. In short, the CSGC reports that 2.5 billion or 33% of the global population identifies as Christian. 49% identify as Catholic. In 2018, Africa crossed the threshold as the continent having the most Christians.

Jennifer Gregg joined us as a guest to report on the final recap of the Legacy Capital Campaign. We all thanked her for chairing the Legacy Campaign. Without the funds raised during that time, we would not be the parish we are today. The new and renovated spaces allow us to be welcoming and host the types of programs central to our mission. The endowments were established and, as they grow, will allow us to better steward our campus. The Legacy Campaign was truly transformative for Saint Mary's.

Ben Parks-Stamm reported on our current financial picture. We are running close to the budget, and we have made it through the summer months able to cover our expenses. Typically, because of vacations, giving - whether in loose offerings or through pledging - drops off but rebounds in September.

We discussed the successful Farm-to-Table Dinner. All of the numbers aren't in, but it looks like we'll net about \$8,000. Emily Rodgers and Barbara Bell along with the numerous volunteers delivered on a wonderful evening. We cannot thank them enough! The dinner was incredible; the auction had a lot of interesting items, and the contra dance was lots of fun and a great way to close out the night. Fortunately, the weather was perfect. We talked about the idea of returning to lobster. A boiled lobster dinner is a terrific and iconic Maine experience but the quality of the menu from the F2T is in line with the foodie reputation of our area. In addition to raising significant money, it is also a wonderful fundraiser.

Father Nathan shared the details of the Kickoff weekend as well as the importance of having Vestry greeters to help those who are checking us out to get acquainted with our buildings but also to make a connection with our parish.



Janet Bowne, Jr. Warden and Jim Kane, Sr. Warden

The program for Common Ground, our Thursday evening community event, is shaping up. We'll kick off the fall season on Thursday, September 12<sup>th</sup> *Batimbo United* - a group of drummers and dancers from Burundi.

Megan Akers, our Guiding RAY Director, needs volunteers to work with the children. Maria Belva is leading our children's choir.

We are in the early stages of discussions about participating in a community solar project. We would benefit from green power as well as supporting a solar array located on a property somewhere in southern Maine. We don't have the details but will proceed with caution ensuring that the program offers us significant benefits.

Darren Clark, Matt Fulton, and Jan Mordarski are working on volunteer recruitment. They are planning to be present for the Kickoff Sunday event and are thinking about a volunteer fair during an upcoming Sunday coffee hour.

Thank you to all who serve on the Vestry. We appreciate your discerning minds and insightful observations.

Jim and Janet

## September is Nomination Month

The Nominating Committee is seeking names of parishioners to serve in the following positions:

Sr: Warden - 1 year term

Jr. Warden - 2 year term

Vestry members - four openings for 2020, 3-years terms

Delegates to the 2020 Diocesan Convention

You can submit your own name or someone else's. We are seeking 2 - 3 Diocesan Convention delegates to serve along with a wardens and treasurer, as well as 2-3 alternates.

Nominations are open through September 30, at which time the Nominating Committee will review names and make recommendations to the parish for a slate to be voted on at the Annual Meeting in late January. Nomination forms are available in the narthex, outside of the Guild Room, or in the parish office.

For the Nominating Committee: Peter Fitch, chair; Ed Ainsworth, Maggie Gardner, Len Taylor  
Peter's contact info: peterhfitch@gmail.com (Cell) 207-576-0346



## 2019 Autumn Scripture Plan

As is Fr. Nathan's custom, we will diverge slightly from the Revised Common Lectionary with a different first Lesson throughout the autumn season. Please read ahead and follow along as we progress through three brief – but very important – letters (or epistles) in the New Testament.

The Psalm and the Gospel will remain as appointed.

| <b><i>Calendar</i></b>                 | <b><i>Lesson and Themes</i></b>  |
|--|--|
| <b>September 8 – Kickoff Sunday</b>    | <b>Philemon 1-22, 25</b><br><i>Fellowship among the saints, slavery, freedom, obedience</i>          |
| <b>September 15</b>                    | <b>1 Timothy 1.1-2,12-17</b><br><i>Humility, Paul's failures, God's grace and mercy</i>              |
| <b>September 22</b>                    | <b>1 Timothy 2.1-10</b><br><i>Prayer for all, peace in society, modesty</i>                          |
| <b>September 29 – Mission Morning</b>  | <b>1 Timothy 3.1,8-16</b> 8am ONLY<br><i>Bishops and deacons, proper behavior in God's household</i> |
| <b>October 6 – Marathon Sunday</b>     | <b>None – Maine Marathon relay teams and water station</b>   |
| <b>October 13</b>                      | <b>1 Timothy 4.4-16</b><br><i>Gratitude, training in godliness, discipline, perseverance</i>         |
| <b>October 20</b>                      | <b>1 Timothy 5.1-8,17-22</b><br><i>Honoring elders and widows</i>                                    |
| <b>October 27</b>                      | <b>1 Timothy 6.6-19</b><br><i>Contentment, dangers of wealth, true life found in God</i>             |
| <b>November 3 – All Saints' Sunday</b> | <b>2 Timothy 1.1-14</b><br><i>Family heritage, boldness in the Gospel, steadfastness</i>             |
| <b>November 10</b>                     | <b>2 Timothy 2.1-15</b><br><i>Work diligently, endure hardship, trust in God's faithfulness</i>      |
| <b>November 17</b>                     | <b>2 Timothy 3.1-7, 10-17</b><br><i>Darkness of life apart from God, Scripture's importance</i>      |
| <b>November 24 – Christ the King</b>   | <b>2 Timothy 4.1-8,16-18</b><br><i>Christ's return and appearing, faithfulness to God's truth</i>    |

## BE STILL on Monday Evenings

### Guided Centering Prayer resumes on September 30 at 5:30PM

“Like sponges, our waking lives become quickly saturated...Without some empty space, there will be no room for God to abide.” Br. Keith Nelson, SSJE

The busyness of our lives can be mentally, emotionally and spiritually draining. All the more welcome to the soul, then, are moments devoted to quiet communion with God. And what better place at the end of the day to do that than a candlelit Father James Chapel?

BE STILL on Monday evenings will resume on September 30, 5:30 to 6:30. Give yourself the gift of the refreshing silence offered by a guided practice of Centering Prayer. We will begin with a few minutes of accompanied Taizé chanting before entering into 20 minutes of contemplation, followed by a reading from scripture or poetry and ending with the opportunity to respond. We hope that you will leave the chapel with sought-for peace, calm and renewal. Please join us!

FMI: Jennifer Gregg, jenniferanngregg@gmail.com

**CELEBRATE**



**HONOR**



**SERVE**

# Learning and Growing together

## Resuming in the Fall to kickoff the program year!

**Choir, Guiding RAY, ~~IGNITE~~ (MSY), Chapel Eucharist on Thursdays, Sunday Formation, Common Ground, Be Still, Merton Group, Numerous Ministries that were dormant during the summer.**



An open time from 5 to 7 PM on Thursday evenings for “building authentic, vibrant, Christ-centered community.” Each week we share a potluck meal in the Auditorium and learn together through the experiences of others. The presentation time begins at 6 PM, but drop in anytime throughout the two hours for a free potluck dinner. Open to all ages and all people, no questions asked. We have some amazing people coming to speak with us. Here is our plan for September:

**SEPT 12: Batimbo United** – members of this Burundian drumming group will talk with us about their drums, their music, and their journey to Maine

**SEPT 19: Ask a Rabbi** – Rabbi Laura Boenisch of B’nai Portland will discuss her journey to becoming a rabbi and answer our questions about Judaism

**SEPT 26: Partners for World Health** – Len and Joyce Verrey of Saint Mary’s and a staff member (TBD) will tell us about the amazing work of this Portland nonprofit.



Our first year of Sunday Formation was a success in building in a time for Formation for all to better accomplish **our mission of “building authentic, vibrant, Christ-centered community”** where we celebrate, honor and serve together.

**8:00AM: Contemplative Eucharist (Rite 1 or Rite 2)**

**9:30 AM: Formation for all ages (Guiding RAY and choir rehearsal for youth)**

**10:15 AM: Choral Eucharist**

If you have a group that you would like to facilitate or to see offered, please send Fr. Nathan an email or reach out to your Wardens at any time of year.

See page one for details on this fall’s Formation offerings.

## MERTON GROUP Resumes on Thursdays

### **Beginning September 12, 3PM, Father James' Chapel**

The “Merton Group” is a small, spiritually diverse, inquisitive, tolerant, open-minded, and supportive group of seekers.

We meet each week to read and discuss a selected spiritual work that draws from the Christian and other faith traditions in an effort to help us reflect upon our own and the world's spiritual roots and fuel personal growth. Over the last few years this intimate group has grown from 2 to 6-8 people who meet weekly (currently on Thursdays from 3-4pm) in the Father James' Chapel. There is no “homework” and regular attendance is not necessary!

Choosing a new book each year, we pray, read aloud, question and respond from heart and mind as each are motivated. Above all, we listen to the author and each other and bravely explore new ideas. Our authors to date have included those steeped in the “perennial” and “contemplative” traditions such as: Thomas Merton, Julian of Norwich, Richard Rohr, Cynthia Bourgeault, and the Anonymous author of *The Cloud of Unknowing*. We began *The Meaning of Mary Magdalene* by Cynthia Bourgeault last fall and are still at it! Don't worry about jumping in mid-stream—you will catch up VERY quickly!

We welcome any who might be curious or feel called. You are invited to drop in and test the waters at any time. FMI: Contact Jennifer Gregg, Aleece Herlihy, Diane Fletcher, Judy Noonan, Lee Dernehl, Talie Harris, Angela Kase, Merle Marie Troeger, Nadine Timberlake. Call the parish office for contact info.

# Christian Formation - RAY Beams - Summer 2019



September begins the 2nd year of Guiding RAY following the rotation model for Sunday school programming. This year our overall theme is God's Chosen People and we will examine God's unique relationship with the nation of Israel, and how it expands to incorporate the followers of Christ. Guiding RAY classrooms will continue to be creatively inspired workshops that are scripturally-based and consistent with Episcopal theological principles and spiritual practices. The program is designed to immerse children in Bible stories in which they can experience God, discover and explore their innately spiritual nature, and wonder together about the marvelous things God is doing! Please visit our website where you can learn more about our program, download a calendar, register your child/ren, and sign up to volunteer.

## New this year is SAY...Singing Adventures for Youth.

Maria Belva is very excited to begin Singing Adventures for Youth at Saint Mary's. Each Sunday, the singing fun will begin at 9:35 - 10:00 in the Guiding RAY classrooms and all children are welcome to join.

★ There is no time commitment, just a love of singing, with an eye toward service participation by those who wish to perform. Depending on interest and participation, Singing Adventures may grow to include several performance opportunities. If you have questions, you can contact Maria via email: [mariabelva@gmail.com](mailto:mariabelva@gmail.com), or text her at 603-924-2055. She would be very happy to answer any questions or concerns you might have.



**"Singing together creates a community of individuals working to joyfully transform the world around them into a place of peace and harmony."**

**WANTED**  
**Sunday School Leaders**

## Being involved with Guiding RAY has some amazing benefits:

- The joy of learning from being with children
  - Meeting new people
  - Growing in faith
  - The chance to make a difference in a young person's life!
- Please Contact Megan Akers to find out more about being involved with Guiding RAY



## Join our Nursery Ministry

We are in need of volunteers each Sunday to help care for our littlest Saint Marian's. The nursery is open each Sunday from 9:00– 11:30am. Anyone who enjoys reading stories, having tea parties and building amazing structures is encouraged to volunteer (teens, grandmas, grandpas, etc.). Please contact Megan Akers to sign up today!

# Christian Formation - RAY Beams - Summer 2019

Kickoff Carnival is a special time for Saint Mary's - when all of our church comes together! It is a great time to meet new people, support the church, and feel the vibrancy of Christ's work in the community of Saint Mary's. Please join us on Sunday, September 8, between services for a shared coffee hour and after the 10:15 service for a cookout. Both times will have games, fun for all ages, and a day filled with fellowship!



Join us for a Blessing of the Backpacks at our 10:15 am worship service on Sunday, Sept. 8. We are inviting students of all ages (yes, that means college students and adults heading back to school) and teachers to bring your backpacks or work bags to church. We want to honor and bless you with our prayers and celebrate the start of the 2019-2020 school year.



**We look forward to seeing you at Saint Mary's first youth tailgate event! Please join us while we enjoy our favorite game day foods and learn more about what is planned for the Saint Mary's Youth Group this year. The entire family is invited and feel free to reach out to Michelle and Will Chappell with any questions at all!**

Please RSVP to Youth Leaders  
Michelle & Will Chappell  
865-207-5881  
michellegrahchappell@gmail.com



Club will begin again once school returns.

## Young Life Club:

Serving the High School youth in the communities of Portland, Falmouth, Freeport and everything in between.

Visit [www.younglifecb.com](http://www.younglifecb.com) or call Jordan Droge at 805-453-1999

## Ease Back to School Stress

### ENCOURAGE HEALTHY HABITS

- Create routines and time to be active
- Support new experiences to build healthy coping skills
- Promote technology-free time prior to sleep

### STAY CONNECTED

- Get to know the parents of your pre-teen/teens friends

### KEEP TALKING, KEEP LISTENING

- Data shows ongoing conversations with youth reduce the risks of drug and alcohol use at every age

### Tip of the Month



**Casco Bay CAN**  
CREATE AWARENESS NOW  
TOGETHER, PREVENTING YOUTH SUBSTANCE USE  
f [www.cascobaycan.org](http://www.cascobaycan.org) t

A grant funded project sponsored by  
Cumberland County Government  
*Maine*  
Cumberland County

# Outreach Ministry - All Ages Serving Near and Far

## Outreach at Saint Mary's ~ 2019

*"Once we have found the God within...we become connected to everything, to everyone. We carry the whole world in our hearts... Then, action and prayer are one." Father Richard Rohr*

The Outreach Committee looks forward to again offering parishioners the opportunity, individually and as parish groups, to put prayer into action as we serve those in need in our community, engage at any level in our missions, be it by participating or planning. Or both! Here is the rich menu of opportunities for the 2019/2020 program year!

### RESPONDING TO THE OPIOID CRISIS IN MAINE

Building on the initiative begun last year, the kick-off event will be a free Chili Supper, devoted to **"Celebrating Partners in Recovery" on October 18 from 5-7pm**, to which parishioners are invited to join members of the recovery and at-large communities to dine and learn about and from each other. Please consider bringing your favorite chili and corn bread to share! The sign-up sheet is in the Guild Room foyer!

Save the dates for three Sunday afternoon presentations from **4-6pm on November 3, January 12, and April 26** on the subject of substance-use disorder, so that we all might better respond to this crisis through education, compassion and community. The November topic: "Recovery Houses-The Needs and The Hurdles" featuring Ron Springle, who works on this very subject in the Office of the Director of Opioid Response in Augusta.

Look in this space for opportunities to work on projects with the residents of **Milestone Recovery, milestone-recovery.org**, either at Saint Mary's or at the Milestone facility at Old Orchard Beach. (The first such opportunity will be on Mission Morning, September 29!)

Attend **Casco Bay CAN Round Table** discussions to learn the latest information on illegal substance use and tips for talking to your children and grandchildren about the threat. Separate discussion tables for parents and grandparents of elementary and high school (and beyond) children. (May 14, 2020) [www.CascoBayCAN.org](http://www.CascoBayCAN.org)

### LEARNING FROM AND SUPPORTING NEW MAINERS

Teach and mentor New Mainers in collaboration with **In Her Presence, [www.inherpresence.org](http://www.inherpresence.org)**, with a group of Saint Marians on Saturday mornings at Portland Public Library from 10-noon.

Support and/or attend the annual **Welcome, New Mainers Multicultural Fair at Saint Mary's on November 24, 3-6pm** where New Mainer entrepreneurs offer international artisan crafts and food for sale to the community.

Attend **International Cooking Lessons** and dine with the New Mainer cooks at Common Ground on January 30 and April 30, 5-7pm.

Meet and assist Maine's newest arrivals by cooking for and/or dining with two or three New Mainer families at the Falmouth Congregational Church, which hosts the Falmouth chapter of **Family Promise**. FCC houses these families for one week, four times a year, and we can provide meals and fraternize!

### LEARNING FROM AND SUPPORTING AT-RISK YOUTH

Work with **Long Creek Youth Development Center, [maine.gov/corrections/juvenile/Facilities/LCYDC/index.htm](http://maine.gov/corrections/juvenile/Facilities/LCYDC/index.htm)**, to help the young people who are incarcerated at the facility. Some six parishioners organize bi-monthly events and visits for tutoring, mentoring and serving as adult role-models.

### LEARNING FROM AND SUPPORTING FAMILIES IN NEED

Volunteer with other Saint Marians at **St. Elizabeth's Jubilee Center, [stlukesportland.org/index.php/st-elizabeths-jubilee-center-essentials-pantry/](http://stlukesportland.org/index.php/st-elizabeths-jubilee-center-essentials-pantry/)** in Portland on the third Tuesday morning of the month from 8:30 to noon, organizing and distributing non-food essentials to the most needy among us.

Serve the **Saint Mary's Souper Supper** program which serves anyone from the greater Portland area, free of charge, a dinner of soup, salad, bread, dessert and beverages served at table on the 2<sup>nd</sup> and 4<sup>th</sup> Fridays of each month from 5-7 in the auditorium. This mission attracts some 30 parishioners who shop, cook, set-up, dish-up, serve at table, clean-up or launder linens.

Donate non-perishable foodstuffs to the **Falmouth Food Pantry, <https://www.falmouthme.org/town-clerk/events/25166>** leaving donations in the marked boxes in the Guild Room foyer and the church narthex.

# Outreach Ministry - All Ages Serving Near and Far

Attend **Saint Mary's Mission Mornings** that enable the larger parish family to seek and serve God together through several small mission projects suitable for all ages and capabilities in our local community. Instead of a 10am service on Sundays, **September 29 and February 2**, Mission Mornings will be offered between 9 and noon. Participate in the ecumenical **Cumberland Good Friday Walk for Habitat for Humanity** on April 10, 2020

## STEWARDSHIP OUR ISLAND HOME

In concert with the Buildings and Grounds Committee, learn about and participate in sustainable planting, gardening, recycling and composting programs and sharing best practices in your homes and neighborhoods.

The 2019-2020 Outreach Committee members are: Deacon Christine, Margaret Fast, Diane Fletcher, Jennifer Gregg, Sarah Kelly, Anne LaFond, Dana Madison, Justice (Ben) Pollard, and Bonny Rodden, with critical support and initiatives of Judith Brooks, Betsy Elliman, Marian McCue, Becky Pride, and Merle Marie Troeger. We always welcome additional committee members and drop-ins of all ages (this is a great ministry for teens!). We meet as a committee monthly on the first Thursday at 4:30 pm. FMI: Jennifer Gregg, [jenniferanngregg@gmail.com](mailto:jenniferanngregg@gmail.com)

## Fall Mission Morning - Sunday, September 29

### Faith In Action as a Parish Family!

Mission Morning - Our opportunity to all join together, to seek and serve Christ outside the walls of Saint Mary's! Families and parishioners of all ages are invited to gather in the Auditorium directly following the 8am Eucharist (9ish) for a short reflection and send-off, after which we will disperse in small groups into the community for various projects appealing to every interest. We return at 11:30 for a fellowship and mid-day snacks. ***The nursery will be available for our youngest parishioners (up to 3 ½ years) from 9-noon.***

*As you will see, the selection of projects offer something for every age, physical capability, and "comfort zone!"*

**9:00AM:** (following 8am service): Meet in Auditorium for Send-Off

**9:15AM:** Disperse in small groups for one of the following projects:

- ⇒ Singing at The Maine Veteran's Home in Scarborough. Led by Justice (Ben) Pollard. Join members of the choir for a quick rehearsal in the Choir Room directly following the 8am service and car-pool to the Maine Vet's Home. Family Friendly! Ages 5 and up.
- ⇒ In-House Project at Saint Mary's: Winter scarf, hat and neck gators to be created and tagged in the Auditorium. These will be distributed in Portland for those in need at the February Mission Morning. Led by Babs Bell and Julie Otte All ages!
- ⇒ Helping Hands at Home – Winter prep at home for neighbors in need. Indoor and outdoor projects at homes of fellow parishioners. *Ages 7 and up.* Please bring work gloves for both indoor and outdoor work.
- ⇒ Milestone Recovery: Work with residents of Milestone Recovery in Old Orchard Beach to help with outdoor fall clean-up at the facility. Carpool from Saint Mary's, returning at about 1pm. Adults only.



*You can assist Outreach Committee planning by indicating your intent to participate on the sign-up sheets outside the Guild Room. Thank you!*

## SOUPER SUPPER Ministry at Saint Mary's Welcomes YOU!

As you consider which ministries you wish to pursue this program year, you are warmly invited to consider participating in the "Souper Supper" Ministry that offers, free to the community, hot home-made soups, salads, rolls, desserts and beverages, served at table at Saint Mary's on the second and fourth Fridays of each month. The event currently attracts anywhere from 25-50 people from the community seeking both nutritional and social sustenance.

Some 30 parishioners participate in this ministry, and, of course, every few years there is some turnover. We are currently in need of a **shopper** (once every 6 weeks on Thursday), or a **"sous chef"** to chop veggies for the soup (2 hours Friday mornings, 3-4 times a year), or a few additional people to **"dress" tables** (3-4pm on Friday once every 6 weeks), or to **dish-up** (4-7:30pm on Friday once every 6 weeks) or to **serve at table** (4-7 pm once every 6 weeks) or to **clean-up** (5:30-7:30 on Fridays once every 6 weeks) or to **launder** (no ironing) tablecloths and kitchen towels (once every 6 weeks).

### Volunteers getting ready for Souper Supper guests



## Community Souper Supper September 13 and 27

Enjoy this community-wide fellowship offering, dining in a relaxed, candle-lit atmosphere. You will be feted with a complimentary main course, salad, rolls, dessert and beverage. Wonderful for singles and families alike! Offered twice each month on the 2nd and 4th Fridays from 5-7 PM in the parish house. No reservations required. Just bring your family and friends and enjoy! It's a blast!



*Support "Souper Supper" Buy Fair Trade*  
**"Coffee by Design" Coffee!**

*Medium to robust coffees: Casco Bay, Black & Tan and Rebel Blend*  
"Coffee by Design" 12 oz. bags of ground fair-traded, organic, delicious coffees are on sale at Saint Mary's for \$10 a bag (Decaf is \$11). ...and support fair trade practices ...and a locally-owned business... and get GREAT organic coffee! Win! Win! Win!

## ST. ELIZABETH'S Jubilee Center— September 17

St Elizabeth's continues in its mission of providing essentials for people in need. On the third Tuesday in August Fr. Nathan and Betsy Elliman were Saint Mary's volunteers. We served 200 neighbors that day. There has been such an outpouring of generosity that we are overwhelmed with clothing! Here is what we need now:

Large cooking pots, Bed Linens, Towels. **No clothing Except Winter Coats and Boots**

Thank you, thank you and remember, we can use your help as a volunteer on the third Tuesday in September, 9/17, from 8:30 to 11. Parking is on Park Street behind St Luke's Cathedral in Portland. For more information contact Betsy Elliman at 207-400-6871, or [betsyelliman@msn.com](mailto:betsyelliman@msn.com).



## Proudly serving my fellow parishioners at Saint Mary's since 2003!

### Is it time to make a move?

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## An Invitation to Join the Saint Mary Choir



We look forward to greeting new members to the Saint Mary Choir this year. Singing in a choir has so many wonderful blessings to share. It is a unique experience to experience the joy of singing together in harmony. Every time we meet, it is always a pleasure to hear how four different voice parts (soprano, alto, tenor and bass) magically combine, which we then enjoy in the reverberant cathedral acoustics of our sanctuary.

But there are many other benefits that we are thankful for in a choir. Since we meet twice a week, we also enjoy the fellowship and friendship that an ensemble provides. This is one of the reasons we are so hopeful that a youth choir can be established at Saint Mary's. Choir members become fast friends for life.

There is also a uniquely satisfying engagement of the liturgical year. It begins with the days leading up to Advent: All Saints, various saints' days, and then the powerful month-long season of Advent with the glorious Lessons and Carols for the First Sunday in Advent. Another beautiful Anglican tradition is the choral evensong, a serenely contemplative service in the late afternoon, which this year will take place on Sunday, October 27.

Then the Christmas, Epiphany, Lent and Easter days follow - each season with profound music to accompany the changing year. We find that year after year, this musical journey through the church season to be something that we hope will also be treasured by our congregation.

If you are interested in joining our merry band, please get in touch with Bruce or any choir member, and we would love to welcome any new members.

## RECEPTION INTO THE EPISCOPAL CHURCH

It is not too late! If you feel called to make a formal statement that – YES! – you are part of this Episcopal Branch of the Jesus Movement, there is still time for you to join a small group that is working with Nathan+ toward this. For most, this means to be received into The Episcopal Church. The group is reading a book now and will gather to discuss it at a **Reception Retreat on Sunday afternoon, September 29**. Then we will prepare for a special celebration with our Bishop Thomas Brown at which they will be received through the laying on of apostolic hands (date and time later in autumn, TBD). Please speak with Nathan+ right away if the Spirit is calling you to join this group!

**God loves you.**  
**No exceptions.**

*The Episcopal Church Welcomes You.*



# Resolve to GET FIT!

## New Saint Mary's offering!

Why wait until January 1<sup>st</sup> to make a resolution to get in better shape. Join us on Thursdays from 11-11:45 am starting September 12<sup>th</sup> for a self-paced fitness class in the auditorium. Instructor and personal trainer, Denise Curry, will lead the class. Whether you prefer to do the class seated or standing, Denise will guide us through a series of exercises suitable for all. She'll work to help you find your level of ability so you are challenged sufficiently.

Come dressed to exercise, whatever is comfortable for you. Be sure to wear good shoes for exercising!

We're offering these classes on a trial, 9/12, 9/19, 9/26 and 10/3.

What we do next will depend on the participants' interest. Cost: \$5 per class suggested donation. But don't let that stop you from giving this a try.

Please call or email Beth Shaw ([admin@smary.org](mailto:admin@smary.org)), 781-3366 to sign up.



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**Sandra E. Couch Kelly, LCSW**

## Save the Date!

# Harvest Community Dinner to benefit The Falmouth Food Pantry

On **Thursday, October 24, 2019**, Falmouth's churches and the Jewish community will host the eleventh annual Harvest Community Supper, which has become popular as a community get-together and a way to support the Falmouth Food Pantry.

The free roast turkey supper with all the fixings will be served from 4:30 to 7:00pm at the Falmouth Congregational Church on Falmouth Road. See you there!!

## 60 Miles for Milestone: September 14, 2019

Milestone Recovery, Maine's leader in the fight against addiction and homelessness, invites you to our 5th annual *60 Miles for Milestone* fundraiser.

**WHAT:** A police-escorted, feet-up motorcycle rally through Southern Maine, and an afternoon barbecue with great food, live music, engaging speakers, and exciting raffle prizes. **If you don't ride, just come for the barbecue!**

**WHEN:** Saturday, September 14, 2019. Ride registration starts at 9:30 (feet up at 11:00), barbecue starts at 1:00.

**WHERE:** The Saco-Biddeford Elks Club, 68 Ocean Park Road, Saco, Maine.

**HOW:** Tickets for the ride and party are \$25 for a single rider or \$30 for a rider and passenger. Barbecue-only tickets are \$20. [Click to learn more or register now!](#)



Register at <https://www.raceentry.com/60-miles-for-milestone/race-information>

# With All Your Strength

When Jesus answered the question, "What is the greatest commandment?" he quoted his Bible. He went straight to Deuteronomy 6:5 where Moses tells the people to love the Lord with all their heart, with all their soul and with all their strength.

Yes, love the Lord with all your strength. Not with all your dogmas, or all your doctrines, or all your tenets, or all your arguments, or all your debates. Jesus is talking about muscles and sinews here. He's reminding us that we have bodies with which to love the Lord.

I think that's why Christians of all stripes can get together to build a house for Habitat for Humanity, or join forces to help rebuild following a natural disaster, or help tutor new refugee men and women. There's no theological eligibility test. We use our strength to minister without asking if our co-workers believe the same way we do. We help because our strength is needed.

When Jesus tries to tell us what loving God with all your strength looks like, he talks about those who feed the hungry, give the thirsty something to drink, welcome the stranger, clothe the naked, take care of the sick and visit the prisoners. "Huh?" say the righteous. "When did we love God that way?" They are puzzled because the answer doesn't depend on right ideas about God. It depends only on their actions. "Just as you did it to the least of these who are members of my family, you did it to me." Loving God with all our strength looks most like loving the least among us.

(If you would like to comment or respond please contact me at [merlemarietroeger@gmail.com](mailto:merlemarietroeger@gmail.com).)



## Sparkles Spirit



*AN EVENING OF TASTING AND PLANNING YOUR HOLIAY GATHERINGS*

**Friday, November 1, 2019 6 - 8 PM**  
**IN THE SAINT MARY'S GUILD ROOM**

*Don't stress over your Thanksgiving or Christmas entertaining  
**Come, relax, sip, sample** the appetizers that will be served  
**order and pay** that night to be picked up frozen on November 24*

**\$12 pre-event** accepting cash or personal check



## The farm-to-table dinner, silent auction, and contra dance was a success on Saturday, August 10!

It was a beautiful evening, as the rain clouds passed over and sunlight sparkled through the trees. With the backdrop of bluegrass music, the sound of talking and laughter floated through the air and a bountiful feast was enjoyed. Afterwards, we all danced till we could no longer, and the sound of fiddles and clapping of hands filled the fellowship hall. Thank you to everyone who came and participated and made the evening so fun! We raised nearly \$8,000 for Saint Mary's!

A huge thank you to our sponsors who made the evening possible. Without your generosity, it would not have been a success! Smithwick & Mariner's Insurance, Marine Neurology Center, Locations Real Estate Group, Coastal Maine Direct Care, Molly Felton, Katie Porter, Lee & Lloyd Reynolds, Merle Marie & Tom Troeger, and four more generous anonymous donors. Thank YOU!

Thank you to the crew who helped with the food preparation and service. Each dish was deliciously crafted. It was certainly an amazing and fine feast!

Thank you to those who made the auction successful, for donating your time, services and handmade items, for soliciting businesses, for creating baskets, or simply coming and bidding.

Thank you to the organizers and those who helped with the set up and clean up, who put in the extra hours to provide a lovely atmosphere and then to return order.

Thank you to all who attended and made this a wonderful blessed fellowship event.



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# Think Sparkles First ... Even in Summer!



Please stop by the **Sparkles Table at the Kickoff Celebration** to pick up a 2019 Sparkles Newsletter and get answers to any questions that you have. This will be our 15<sup>th</sup> year of Sparkles, beginning with the Kyros Memorial Tree Ceremony after the Thanksgiving Eucha-

rist, then the Boutique and Fair on December 7, and ending with the **Schola Concert and Reception.**

On November 1, we have our appetizer tasting, **Sparkles Spirit.** We'll offer wine and tastings of homemade appetizers from some of the best cooks in southern Maine. After tasting, you'll be able to pre-order your favorites, and pick them



up in time for Thanksgiving and Christmas events. The appetizers will be frozen, and ready to thaw and cook whenever you need. What a treat and a time saver at this busy time of year! Watch for more information on this fun evening!

We will again open **Sparkles Toyland** downstairs for kids of all ages! Santa and Mrs. Claus will be there to hear wishes, and there will be popcorn and apple cider, and crafts for the kids. There will also be a room where toys, children's books, and sports equipment are sold, and another room where kids shop for Christmas (No Adults Allowed).

Upstairs in the **Boutique**, we will have a variety of beautiful, gently-used items donated by our generous parishioners. Sparkles Elves are already busy creating a wide assortment of knit, sewn, beaded and other handcrafted goods for all ages. If you're a knitter, sewer, or any other type of crafter, please consider donating some of your handmade items and/or stash to Sparkles. Of course, we will again have our Saint Mary's Gems table offering new and vintage jewelry. For the past nine years, we have had beautiful themed gift baskets for sale, and we will have boxes at the Kickoff Picnic for you to take home and fill. This gives you plenty of time to fill them and get them back by November 10. We are grateful for all donations!

The **Café** will have delicious Lobster Stew and Tomato Basil Soup to eat in or take out. The Bake Sale and Cookie Walk are always a big hit, and we need lots of cooks to bake cookies and other goodies. As always, there will be a wide offering of holiday decorations as well as freshly made boxwood trees and centerpieces.

Another classic offering will be our Saint Mary's Friendship Soup, we will need lots of donations of dried beans. A basket will be available outside the Guild Room beginning in September.

We've been collecting donations of china, crystal, home décor and household items and small pieces of furniture for the Boutique throughout the year but will still have formal drop-off dates this fall. We also need Christmas decorations, including wrapping paper and ribbon, and children's books and toys. The fall drop-off dates for donations will be **October 12, October 19, November 9, and November 16, and November 23.**

If you are interested in learning more about and helping with Sparkles this year, please join us for **our first meeting on Sunday, September 1 at 9:00am (between services) in the Guild Room.** It's a great way to make a difference at Saint Mary's, to meet other parishioners, and it's fun, too!

For more information, please contact Jana Burke (272-4535 call or text, or [jana.burke@gmail.com](mailto:jana.burke@gmail.com)) or Kathy Galen (603-723-5145 call or text, or [kathleendaisy@aol.com](mailto:kathleendaisy@aol.com)).



## *GODSPEED TEAMS* are forming soon to run once again in

### The Maine Marathon on Sunday, October 6.

Be part of one of our Saint Mary GODSPEED relay teams and join this enormous community event. Runners of ALL ABILITIES are invited to join us. Distances are 6, 8.8, 6.2 and 5.2 miles. There is so much energy along the entire course. This is NOT a race, but a fun community event. If you are even **a little bit interested**, contact Nathan at 310-0268 or [nathanferrell@smary.org](mailto:nathanferrell@smary.org).

## News, Notes, Kudos, Dates & Reminders

(Send your 1-3 line notes, announcements or thanks to Beth at [admin@smary.org](mailto:admin@smary.org) by the 20th of the previous month)

Congratulations to our own Marian McCue is one among three journalist this year to be elected to the Maine Press Association Hall of Fame. Marian was the owner (until 2003) and Editor of the *Forecaster* until 2006. Marian continues as a freelance writer and columnist. The award will be given at the October conference. Congratulations, Marian!

Thank you to the Buildings and Grounds team for their hard work on several big projects this summer!

yay!

**Kudos and thanks to the Souper Supper team who works diligently through the summer staffing through vacations to ensure the**  
**Merci** Supper goes on!

Thanks to the Saint Mary's Garden Club for the planting and the work they've put in to Phase 2 of the redesign project. Be sure to check out the gardens behind the Chapel.

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**Thanks to the Ushers, Eucharistic Ministers, Flower Guild and Altar Guilds who continue their ministries through the summer, welcoming visiting clergy and enabling those among us to celebrate our liturgy.**

### Gracias

**Falmouth Congregational Church**  
 (267 Falmouth Road, Falmouth, 781-3413)  
 invites all to their monthly

**Side Door Coffee House**

**September 13, 6:30-9:00pm**

featuring

**FCC House Band**

**Multiple genres  
 audience participation,  
 so much fun!!**

Have a great cup of coffee, hot chocolate, a snack and support the arts! Bring your neighbors for a relaxed evening out.

**All welcome! Free, but donations accepted.**

Congratulations and thanks and to Emily Rodgers, Babs Bell, Janet, Megan and everyone who helped to make the F2T event successful and so much fun!

**Thanks to all who donated auction items!**  
**There were some fun bidding wars!**

**Thank you to all of our sponsors for our  
 Farm-to-Table Fundraiser!**  
**We appreciate your support!**



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*Realm* is Saint Mary's new church database software program. It's how we track parishioners' address, emails, contributions, commitments, meetings, and so much more.

One of the features of *Realm* is **you** may have access to your own information or 'Profile' from address to donations.

There are 'Groups' formed to list committees and guilds and facilitate their communication. There are 'Pathways' to create easy steps to a project or event. So great!

**But first, you have to accept the invitation when it arrives in your email.**

*Be on the lookout for your Realm invitation in the next few days*



Here are some important dates in our  
Saint Mary's parish family

## Happy September Birthdays to:



- |                     |                   |                    |
|---------------------|-------------------|--------------------|
| 1 Christine Bennett | 12 Matthew Grace  |                    |
| 2 Grace Leschey     | 12 Ben Velek      |                    |
| 3 Helena Corbett    | 16 Jennifer Gregg | 24 Alexis Madigan  |
| 4 Lottie Chappell   | 17 Neils Rodgers  | 25 John Maher      |
| 5 Anne Hyland       | 18 Emily Follo    | 26 Malia Pelletier |
| 8 Robert Bowen      | 18 Lad Taylor     | 26 Anne Wood       |
| 8 Mike Edwards      | 19 Nate Smithwick | 27 Cindy Horton    |
| 8 Robin Gauvreau    | 20 Kathy Stimson  | 28 Celia Keefer    |
| 8 Debby Hammond     | 21 Myles Nuzzi    | 28 Emily Otte      |
| 9 Sam Brown         | 22 Jana Burke     | 29 Julia Bisson    |
| 9 Geoff LaFond      | 22 Kim Diamond    | 30 Bryan Dench     |
| 10 Meredith Winter  | 24 Nate Buchanan  | 30 Ibe Mokeme      |
| 11 Samantha Means   | 24 Chuck Horton   |                    |

*We'd love to include good wishes on your birthday and anniversary. If we don't yet have the dates, please send your and your family's special dates into the parish office and we'll be sure to include them on your special month. [admin@smary.org](mailto:admin@smary.org) or call 781-3366 or drop a note to the church. Thanks!*

## Happy September Anniversary wishes to:

- |                                     |  |                               |
|-------------------------------------|--|-------------------------------|
| 3 Elise & Neil Kiely                |  | 24 Talie & Joel Harris        |
| 9 Ana Cairns & Rich Bazarian        |  | 24 John & Elizabeth Musacchio |
| 10 Sheila & Tom Donaldson           |  | 24 Grace & David Robinson     |
| 13 Mike & Cara Pelletier            |  | 25 Judy & Gordon Oliver       |
| 19 Margaret & David Fenderson       |  | 29 Jamie & Lisa Conway        |
| 19 Tricia Wheeler & Ryan Stinneford |  |                               |



### Welcome to our Newly Baptized

**Baptized at the 9:30am liturgy August 25, 2019**

***Anna Kenlan, Born March 10, 2017***

*Anna is the daughter of Peter & Jessica Kenlan,*

*Grand-daughter of Ben & Nancy Russel and great-granddaughter of Hannah Russell*



## The Episcopal Church of Saint Mary Worship Leader Schedule: September - October 2019

| Summer Hours   | 8am Ushers                    | 8am EMI/Lectors        | 8:30am Ushers                       | 8:30am Lector              | 8:30am Eucharist Minister                        | Altar Guild                                | Altar Flowers                     | Flower Delivery                | Coffee Hr. Host                         |
|----------------|-------------------------------|------------------------|-------------------------------------|----------------------------|--|--|-----------------------------------|--------------------------------|---|
| 1-Sep Pent 12  | Dave F<br>Len T               | Becky                  | Chuck H<br>Tom L                    | Linda                      | Stan- Jim S.<br>Diane                            | Janet B<br>Mary L                          | Katie                             | Ruth K                         | OPEN                                    |
| 8-Sep          | 8am Ushers<br>Rayle A<br>Ed A | 8am EMI/Lectors<br>Lad | 10:15am Ushers<br>Aaron S<br>Ryan S | 10:15am Lector<br>Ginny    | 10:15am Eucharist Minister<br>Nadine<br>Betsy PS | Altar Guild<br>Betsy E<br>Katie P & Portia | Altar Flowers<br>Katie P          | Flower Delivery<br>The Hortons | Coffee Hour Host<br>Kickoff Celebration |
| 15-Sep Pent 14 | Jim K<br>Baer C               | Mary Ann               | Tom L<br>Jack H                     | Justice P                  | Diane<br>Justice P.                              | Mary S<br>Barbara & Maggie                 | Val K                             | Dawn & Noah                    | OPEN                                    |
| 22-Sep Pent 15 | Baer C.<br>Charlie H          | Len                    | Joyce V<br>Len V                    | Ben R                      | Stan<br>Terry                                    | Kathy G<br>Jana B                          | Onnie                             | The Stoddards                  | OPEN                                    |
| 29-Sep Pent 16 | Al A<br>Len T                 | Elise                  | Mission Morning                     |                            |  | Katie P<br>Betsy E.                        | Jana B.                           | Ruth K                         | Mission                                 |
| 6-Oct Pent 17  | Marathon Sunday               |                        |                                     |                            |  |  |                                   |                                |   |
| 13-Oct Pent 18 | 8am Ushers<br>Len T<br>Tom L  | 8am EMI/Lectors<br>Al  | 10:15am Ushers<br>Tom L<br>Ryan S   | 10:15am Lector<br>Jennifer | 10:15am Eucharist Minister<br>Maggie<br>Will     | Altar Guild                                | Altar Flowers<br>Onnie H<br>Jan W | Flower Delivery<br>The Hortons | Coffee Hour Host                        |
| 20-Oct Pent 19 | Ed A<br>Rayle A               | Becky                  | Chuck H<br>Dawn Y                   | Marian                     | Jim S<br>Nadine                                  |  | Katie P                           | Dawn & Noah                    |   |
| 27-Oct Pent 20 | Baer C<br>Jim K               | Al                     | Ron F<br>Mark B                     | Andrea M-H                 | Andrea M-H<br>Justice P                          |  | Jana B                            | The Stoddards                  |   |

If unable to fulfill your scheduled duty on the assigned day, please find your own replacement and inform Beth in the office of the change, 781-3366



# September 2019

The Episcopal Church of Saint Mary



| Sun   | Mon  | Tue   | Wed   | Thu   | Fri   | Sat  |
|---|--|---|---|---|---|--|
| <b>9/1 12th Sun. after Pentecost</b><br>8am Contemplative Eucharist<br>9am Sparkles meeting<br>9:30am Choral Eucharist  | <b>2 Labor Day</b><br><b>Office closed</b><br>12 Play where you are            | <b>3</b><br>7:30-9am BNI<br>9:30 am Art Group<br>10:30a Wisdom Seekers<br>12 Noonday Prayer<br>7pm AA in Aud, Alateen in LL<br>7:30 AlAnon (6:30 beginners)   | <b>4</b><br>9:30am Mainly Weavers<br>9:30 GC Judges Council<br>12 Noonday Prayer<br>4:30 Outreach meeting<br>5-6:30 TOPS meeting<br>6 ORI in GR | <b>5</b><br>12 Noonday Prayer<br>1 - CARE Group<br>4:30pm ExCom<br>7pm SM Choir rehearsal   | <b>6 Office closed</b><br>12 Play where you are<br>5:30pm AlAnon  | <b>7</b><br>1-4pm JAYS in GR<br>5:30 Saint Mary's <b>EMTE</b> TaggateParty                             |
| <b>8 13th Sun. after Pentecost</b><br><b>Kickoff Sunday</b><br>8am Contemplative Eucharist<br>9 am Kickoff Celebration begins<br>10:15am Choral Eucharist<br><i>Blessing of Backpacks &amp; Students</i><br>11:30am Celebration continues | <b>9</b><br>10am Garden Club<br>12 Noonday Prayer<br>7pm PCC rehearsal         | <b>10</b><br>7:30-9am BNI<br>9:30 am Art Group<br>10:30a Wisdom Seekers<br>12 Noonday Prayer<br>12:45 Staff meeting<br>7pm AA in Auditorium<br>7:30 AlAnon (6:30 beginners)                                   | <b>11</b><br>12 Noonday Prayer<br>5-6:30 TOPS meeting<br>7pm AA in Auditorium<br>7:30 AlAnon (6:30 beginners)                                   | <b>12 Chapel Eucharist</b><br><b>COMMON GROUND</b><br>5-7 pm Potluck Presentation<br><i>Botimbo United</i><br>3pm Merton Group<br>7pm SM Choir rehearsal            | <b>13 Office closed</b><br>12 Play where you are<br>5pm Wedding Rehearsal<br>5-7pm Souper's Supper<br>5:30pm AlAnon<br><b>7pm Classic Cinema</b><br><b>Fr. Nathan at Navy drill</b> | <b>14</b><br>8:30-12noon Fore-side Common AM   |
| <b>15 14th Sun. after Pentecost</b><br>8am Contemplative Eucharist<br>9:30am Formation for ALL<br>10:15am: Choral Eucharist   | <b>16</b><br>12 Noonday Prayer<br>7pm PCC rehearsal                            | <b>17</b><br>7:30-9am BNI<br><b>8:30-11 St. Elizabeth's</b><br>9:30 am Art Group<br>10:30a Wisdom Seekers<br>12 Noonday Prayer<br>12:45 Staff meeting<br>7pm AA in Auditorium<br>7:30 AlAnon (6:30 beginners) | <b>18</b><br>12 Noonday Prayer<br>5-6:30 TOPS meeting<br>6pm Vestry meeting   | <b>19 Chapel Eucharist</b><br><b>COMMON GROUND</b><br>5-7 pm Potluck Presentation<br><i>Ask a Rabbi</i><br>3pm Merton Group<br>7pm SM Choir rehearsal               | <b>20 Office closed</b><br><b>AVE deadline</b><br>12 Play where you are<br>5:30pm AlAnon  | <b>21</b>  |
| <b>22 15th Sun. after Pentecost</b><br>8am Contemplative Eucharist<br>9:30am Formation for ALL<br>10:00 Ignite Youth Group<br>10:15am: Choral Eucharist<br><i>With Bible presentations to K and 6th gr</i>                                | <b>23</b><br>12 Noonday Prayer<br>7pm PCC rehearsal                            | <b>24</b><br>7:30-9am BNI<br>9:30 am Art Group<br>10:30a Wisdom Seekers<br>12 Noonday Prayer<br>12:45 Staff meeting<br>7pm AA in Auditorium<br>7:30 AlAnon (6:30 beginners)                                   | <b>25</b><br>12 Noonday Prayer<br>5-6:30 TOPS meeting<br>7pm PBE fundraiser?  | <b>26 Chapel Eucharist</b><br><b>COMMON GROUND</b><br>5-7 pm Potluck Presentation<br><i>Partners for World Health</i><br>3pm Merton Group<br>6pm Dowders - Guild Rm | <b>27 Office closed</b><br>5-7pm Souper's Supper<br>5:30pm AlAnon   | <b>28</b>  |
| <b>29 16th Sun. after Pentecost</b><br>8am Contemplative Eucharist<br><b>9 am Mission Morning</b><br>Doing God's work in our community<br>1-5pm Reception Retreat   | <b>30</b><br>12 Noonday Prayer<br>5:30pm Be Still resumes<br>7pm PCC rehearsal | <b>10/1</b><br>7:30-9am BNI<br>9:30 am Art Group<br>10:30a Wisdom Seekers<br>12 Noonday Prayer<br>12:45 Staff meeting<br>7pm AA in Auditorium<br>7:30 AlAnon (6:30 beginners)                                 | <b>10/2</b><br>9:30a Mainly Weavers<br>9:30am GC Judges Council<br>12 Noonday Prayer<br>5-6:30 TOPS meeting<br>6pm - ORI                        | <b>10/3 Chapel Eucharist</b><br><b>COMMON GROUND</b><br>5-7 pm Potluck Presentation<br>3pm Merton Group<br>7pm SM Choir rehearsal                                   | <b>10/4 Office closed</b><br>12 Play where you are<br>5:30pm AlAnon   | <b>10/5 MARATHON WEEKEND</b><br><b>5pm Outdoors Church with Foreside CC</b><br>7pm Oktoberfest Concert |



## THE EPISCOPAL CHURCH OF SAINT MARY

43 Foreside Road  
Falmouth, ME 04105  
207-781-3366 [www.smary.org](http://www.smary.org)

### Our Worship Schedule

#### Sunday worship

8 AM - *Contemplative Eucharist*  
9:30am - *Choral Eucharist (Sep 1 only)*  
9:30 - 10AM *Formation for All (resumes Sep 15)*  
10 :15AM - *Choral Eucharist (resumes Sep 8)*

#### MONDAY - WEDNESDAY

*Noon Day Prayer in the Chapel  
or wherever you find yourself*

#### THURSDAYS

*12NOON - Chapel Eucharist  
(resumes on September 12)*

## CELEBRATE ∞ HONOR ∞ SERVE

### THE EPISCOPAL CHURCH OF SAINT MARY

43 Foreside Road  
Falmouth, Maine 04105  
Tel: 207-781-3366

E-mail: [smary@smary.org](mailto:smary@smary.org)  
Website: [www.smary.org](http://www.smary.org)

The Rev. Nathan Ferrell, *Rector*  
[nathanferrell@smary.org](mailto:nathanferrell@smary.org)

The Rev. Christine Bennett, *Deacon*  
[deacab@maine.rr.com](mailto:deacab@maine.rr.com)

Bruce S. Fithian, *Organist & Choirmaster*  
[bsfithian@aol.com](mailto:bsfithian@aol.com)

Megan Akers, *Director of Christian Formation*  
[GuidingRAY@smary.org](mailto:GuidingRAY@smary.org)

Beth Shaw, *Parish Manager*  
[admin@smary.org](mailto:admin@smary.org)

**Office Hours:** Monday - Thursday  
9:00 am to 4:30 pm

Copy deadline October AVE Sep 20

### Your 2019 Saint Mary's Vestry

Nathan Ferrell, Rector, 310-0268, [nathanferrell@smary.org](mailto:nathanferrell@smary.org)

Jim Kane, Sr. Warden, 329-1764, [kanejbabson@gmail.com](mailto:kanejbabson@gmail.com)

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**N O M I N A T I O N S**  
**For 2020 Wardens, Vestry Members and**  
**Diocesan Convention Delegates**

***Deadline: September 30, 2019***

The Nominating Committee requests you to submit nominations for various positions within parish governance (see below). The committee will screen names, propose a slate of candidates, and publish the slate well before the Annual Parish Meeting on January 26, 2020.

**All nominees shall be baptized, regular participants in worship,  
and stated financial supporters of the Parish.**

Please feel free to nominate yourself! We have an exciting year of growth and opportunity ahead as we begin 2020.

Please place completed form in the nomination box in the church narthex, the nomination box outside the Guild Room,

OR mail to Saint Mary's, 43 Foreside Road, Falmouth, ME 04105  
[smary@smary.org](mailto:smary@smary.org) OR email Peter Fitch [peterhfitch@gmail.com](mailto:peterhfitch@gmail.com)

**Senior Warden** (One-year term): \_\_\_\_\_

**Junior Warden** (Two-year term): \_\_\_\_\_

**Four Vestry members** (three-year terms)

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**Diocesan Convention Delegates for 2020:**

Three Delegates:

Two Alternates:

|       |       |
|-------|-------|
| _____ | _____ |
| _____ | _____ |
| _____ | _____ |
| _____ | _____ |