



This Fragile Earth, Our Island Home



"If you want to understand the Creator, seek to understand created things." Saint Columbanus of Ireland

We live in an age unlike all previous ones in the history of planet Earth. Now approaching 8 billion souls, the human population has reached such a vast size that our collective actions are capable of wreaking great havoc on the biosphere in which we live. In previous eras, the movement of water and wind seemed far beyond anything that we could affect. But this has changed. The incredibly thin atmosphere surrounding our planet is warming and changing due to human activity. The oceans are warming and changing due to human activity. The forests and terrestrial landscapes are changing due to human activity. Birds are disappearing from the skies. No human

who lived before this era could have imagined such systemic changes brought about by humans. What may be the most frightening is that we do not know exactly where these changes will take us. Without question, many people will experience profound suffering because of climate change, primarily the poorest among us who cannot protect themselves – not to mention the millions of other living beings who will suffer because of these changes.

It is not entirely clear what you and I as individuals can do to prevent or ameliorate this looming wave of suffering. But we must try to do something. To love our neighbors as ourselves means that we must act to the best of our ability. I am firmly convinced that what we are facing is primarily a moral and a spiritual problem. Right now, we have everything that we need to change our course and to begin reversing the damage that we humans have already done to the biosphere - except for one thing: the desire. We lack the will to make the changes necessary to improve the lives of the vulnerable among us and of our grandchildren. As one local outpost of the worldwide Jesus Movement, it is right for us to do what we can to make a difference and to protect our island home as much as we can.

At 5 PM on Thursday 3 October, our guest at **Common Ground** will be Katrina Venhuizen of **EcoMaine**. She will answer this question: Where is AWAY? Come to learn about how our trash and recycling is handled and how we can minimize our waste.

At 5 PM on Saturday 5 October, all of you are asked to gather here at Saint Mary's with the good folks of Foreside Community Church. We are calling this **Outdoors Church**. It is an opportunity to build community with our human neighbors (Congregationalists!) and our non-human neighbors (those living all around us

outdoors). In the spirit of Saint Francis of Assisi, we will worship our Creator in harmony with the natural world and also humbly ask forgiveness for the suffering that we have caused and for the evils done on our behalf.

We are also working on practical changes to make a difference. We have instituted **Garbage to Garden composting** in the Parish House kitchen. Please help out by disposing of anything that came from a living source in the green buckets. Your Vestry is also exploring the possibility of purchasing the electricity used on Saint Mary's campus from a large remote solar array built in coordination with other parishes. Stay tuned to see if this project will work.

Love for God and neighbor compels us to seek understanding and to act for the health of "this fragile earth, our island home." May the Holy Spirit guide us in discerning the best way to make a difference.

Nathan W. Ferrell +

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Marathon Weekend Changes: *NO Oct. 6 services*

Every year, when the Maine Marathon time rolls around (typically the first Sunday in October) we amend our regular worship schedule to accommodate the closure of Route 88 for the Maine Marathon. Although we are a bit inconvenienced, here's a synopsis of the good things that the Maine Track Club sponsored event does each year. The Gorham Savings Bank Maine Marathon/Half Marathon/Relay organizers select local charities to be the beneficiary of the race proceeds. Since 1997, the Maine Marathon has raised over \$4,700,000 for charity! The 2019 beneficiaries are Eastern Trail Alliance, Girls on the Run, Portland Community Squash, Ripplefect and WinterKids. [Find out more about the 2019 beneficiaries.](#)

New in 2018, the Maine Marathon partnered with three organizations as beneficiaries. [Greater Portland Health](#) is a federally qualified health center whose mission is to provide high-quality, patient-centered healthcare that is accessible, affordable, and culturally sensitive. [Ronald McDonald House Charities® of Maine](#) sponsors facilities that provide comfort for the families of pediatric patients and supports programs that directly improve the health and well-being of all children. The mission of [the Locker Project](#) is to connect food-insecure children in Maine with nourishing food to improve their learning capacity, health, and future. The Maine Marathon was excited to support these organizations in the great work they're doing in the state of Maine. **And we are proud to assist by being an Emergency Shelter, an official Water Station, location for a musical band, and by entering 3 running teams (see below.)**

Outdoors Church: Saturday, October 5, 5 PM

Join the good folks of Foreside Community Church here at Saint Mary's as we gather for worship outside in the spirit of Saint Francis of Assisi. We will sing together, listen for God's voice in Creation and bless God's Creation as well. Neither of our congregations can gather on Sunday as usual due to the Marathon, so this will be our alternative time to worship. And we will worship in an alternative way – outdoors!



Saint Mary's **GODSPEED** teams have formed, and we need help with our Water Station on Sunday morning, October 6



Volunteering at the water station in front of Saint Mary's is a great time - cheering on the runners and serving water or Gatorade as they pass by is rewarding and fun! Contact Jessica Lewis if interested:

jalewis7904@gmail.com

Bring drums, noise makers and enthusiasm to **give these runners a big Saint Mary's boost!**

Our thanks to all 9 runners who will be representing Saint Mary's; we're so proud of you!!

GODSPEED Relay team #1

Erin Ferrell
Heather Teng
Ben Parks-Stamm
Gwen O'Donnell

GODSPEED Relay team #2

Bruce Fithian
Steve Conley
Justice (Ben) Pollard
David Masengesho

GODSPEED Half Marathoner

Fr. Nathan Ferrell



Vestry Highlights from the Wardens

by Janet Bowne

The Vestry met on Wednesday, September 18th. Father Nathan led a teaching moment on the Ember Days. Treasurer, Ben Parks-Stamm, and the Budget and Finance Committee will soon begin work on the 2020 budget. We are running close to budget on both revenue and expenses currently.

We discussed the 2020 Pledge campaign and how best to maintain our buildings and grounds, share our blessings with the greater community, and meet our daily financial needs.

The Nominating Committee is collecting nominations for 2020. Senior Warden Jim Kane has made the decision to step down in January leaving one year remaining on his term. Janet Bowne is willing to run for the one year of Jim's term. The Nominating Committee will look for a Junior Warden as well as the Vestry positions. Doing this enables the warden positions to end on opposing years.

Father Nathan presented a motion to allow us with many other area churches to participate in a large solar array that will be constructed somewhere in western Maine. This project is exploratory at this point, and we reserve the right to withdraw at any time; the motion passed.

We discussed the importance of supporting our children's programs with our volunteer efforts. The Guiding Ray program and the nursery need leaders. Megan Akers is available to explain the schedule and the program to any interested volunteers.



Janet Bowne, Jr. Warden and Jim Kane, Sr. Warden

Last year the Vestry passed a motion to allow Vestry members to serve more than one term (currently Vestry members need to take one year off after a three-year term ends). Our by-laws need to be reviewed by the Diocesan Standing Committee. Timing didn't allow for the Standing Committee to review and approve the by-law change in time for our Annual Meeting. We now have the approval of the Standing Committee and will plan to bring it to a vote at the 2020 Annual Meeting.

Jim & Janet



Alida Greely Brown Heritage Society luncheon , October 28

Father Nathan will once again host the Alida Greely Brown luncheon in the Guild Room at 12:15 on October 28 directly following noonday prayer. We offer this luncheon annually to thank all those Saint Marians who have included or intend to include SM in their estates. If you have not yet made your intentions known, please contact Beth Shaw so we may include you on our guest list.



Show off your kilts and tartans!

On Sunday, October 13, Gary Eaton, Stan Eaton's brother, will be playing *Highland Cathedral* on the bagpipes (weather permitting) as people enter the church for the 10:15 service, and then play during the opening hymn 290, *Come, ye thankful people, come*. He'll also play during the doxology and the final hymn 690, *Guide me, O thou great Jehovah*.

It would be nice to welcome him with folks wearing their kilts or tartan plaids.



Outreach Ministry - All Ages Serving Near and Far

Long Creek Youth Development Center

by Marian McCue

Saint Mary's parishioners have a long-standing relationship with the young people at the Long Creek Youth Development Center in South Portland. For several years, we have been the sponsors of the detainee unit, where young people are held as they await court action or placement in other facilities. We bring food, games and conversation. That valuable relationship started many years ago, led by Hannah Russell and Connie Kayser.

Long Creek, the only facility in the state for kids in the juvenile justice system, has come under renewed scrutiny in the last two years. The tragic suicide of a young transgender resident has renewed calls for a re-thinking of juvenile corrections services in Maine.

In response to these concerns, the Legislature has convened a Juvenile Justice Task Force. The task force, composed of legislators, providers of juvenile and mental health services, and juvenile justice reform advocates, has been meeting throughout the summer. Using a Washington, D.C.-based consultant hired with federal funds, the task force is charged with proposing changes to Maine's justice system, even including the closing of Long Creek. While some on the task force favor closing the facility, it's doubtful that would happen immediately.



The task force has generated valuable discussion about the need for improved mental health services for the young people who come in contact with the system, and provide early intervention so they don't end up at Long Creek. Some of the kids at Long Creek are as young as 11 years old. Bills in the Legislature that would enact a minimum age for kids to be at Long Creek as well as other reforms are pending further review in the next legislative session starting in January.

Meanwhile, the relationship between Saint Mary's and Long Creek continues, as our team continues to make visits to the detainee unit. This is where kids are held before the courts decide on their cases. That unit has seen a transition in leadership, and we are working with volunteer coordinators and the team on that unit to make sure that our visits are meaningful for the kids and not just food drops. For now, as long as young people are in Long Creek, our mission to provide support to them remains the same.



MULTICULTURAL FAIR

Sunday, November 24, 3-6 pm

Come learn, shop and enjoy!!

It will be a festive ethnic fair with handmade goods and foods from all over the world! Great chance to get some holiday shopping done!

This will be an opportunity for New Mainer entrepreneurs to promote and sell their products, services, and introduce us to their culture. There will be jewelry, clothing, baskets, delicious ethnic foods from French pastries to Italian desserts, to Argentinian empanadas, Syrian cuisine, and more!!

Happily brought to you by the *Welcome, New Mainers* ministry

**at The Episcopal Church of Saint Mary's auditorium
43 Foreside Road, Falmouth 207-781-3366**

Outreach Ministry - All Ages Serving Near and Far

Celebrating Partnerships in Recovery - Chili Supper, Friday, October 18, 5-7pm

Saint Marians are cordially invited to attend a chili supper (AND/OR) to offer a crock-pot or other pot full of your favorite chili (!) for a supper on Friday, October 18 to celebrate our Partnerships in Recovery. Organized by the Outreach Committee, this will be a community-wide event to nurture partnerships old and new in support of recovery for substance-use disorder.



Responding to Maine's Opioid Crisis

Education, Compassion and Community

The Maine addiction crisis affects us all, directly or indirectly. To respond effectively, we are all called upon, in community, to become well-educated about this subject and approach the challenge from a place of compassion.

Celebrating Partnerships in Recovery

Join us for a complimentary

Chili Supper

with all the trimmings



Friday, October 18, 5-7PM

At The Episcopal Church of Saint Mary

Special Guests: Town of Falmouth, MaineWorks,
Milestone Recovery, and Casco Bay CAN

A community-wide event to nurture partnerships old and new
in support of recovery for substance-use disorder



Save the Date for the next Responding to Maine's Opioid Crisis
Sunday, November 3, 4-6pm

"Recovery Houses: The Needs and the Hurdles"

Featuring Mr Ron Springle, Opioid Response, Office of the Governor & Author

ST. ELIZABETH'S Jubilee Center — October 15

St Elizabeth's continues in its mission of providing essentials for people in need. On the third Tuesday in August Fr. Nathan and Betsy Elliman were Saint Mary's volunteers. We served 200 neighbors that day. There has been such an outpouring of generosity that we are overwhelmed with clothing! Here is what we need now:

**Large Cooking Pots, Bed Linens,
Blankets, Large Towels**

No clothing please, except Winter Coats and Boots

Thank you, thank you and remember, we can always use your help as a volunteer on the third Tuesday in October, 10/15, from 8:30 to 11. Parking is on Park Street behind St Luke's Cathedral in Portland. For more information contact Betsy Elliman at 207-400-6871, or betsyelliman@msn.com.



Community Souper Supper October 11 and 25

Enjoy this community-wide fellowship offering, dining in a relaxed, candle-lit atmosphere. You will be feted with a complimentary main course, salad, rolls, dessert and beverage. Wonderful for singles and families alike!

Offered twice each month on the 2nd and 4th Fridays from 5-7 PM in the parish house. No reservations required. Just bring your family and friends and enjoy! It's a blast!



Support "Souper Supper" Buy Fair Trade
"Coffee by Design" Coffee!

Medium to robust coffees: Casco Bay, Black & Tan and Rebel Blend

"Coffee by Design" 12 oz. bags of ground fair-traded, organic, delicious coffees are on sale at Saint Mary's for \$10 a bag (Decaf is \$11). ...and support fair trade practices ...and a locally-owned business... and get GREAT organic coffee! Win! Win! Win!

Outreach Committee Seeks Ideas for Annual Grants

The Outreach Committee is charged with distributing the funds allocated from the Saint Mary's budget to be spent on community service programs and non-profit organizations, as well as our mission programs. This year the sum we have remaining to spend is about \$10,500.

Our practice is to concentrate the majority of our support to mission activities and those 501c3 organizations with whom St. Mary's volunteers directly. In 2018, these included a grant to the Falmouth Food Pantry, Souper Supper, Welcome, New Mainers, In Her Presence, Milestone Recovery, Saint Elizabeth's Jubilee Center and Long Creek. We also sent funds nationally and internationally, to Puerto Rico hurricane relief, to the American Friends of the Episcopal Diocese of Jerusalem and to Konbit Sante (Haiti support). Still other grants were made in response to parishioner requests, and we again solicit your suggestions for projects or grants you would like the committee to consider, particularly those on/with which you work individually.

Please contact jenniferanngregg@gmail.com with your suggestions before Oct. 30.



Realm is Saint Mary's new church database software program. It's how we track parishioners' address, emails, contributions, committees, meetings, and so much more. One of the features of **Realm** is **you** may have access to your own information or 'Profile' from address to donations.

But first, you have to accept the invitation ! It's in your email Inbox from

[Notifications @ onrealmmail.org](mailto:onrealmmail.org). If you haven't received the Invitation to join our online community, please contact Beth Shaw at admin@smary.org

Our Music at Saint Mary's

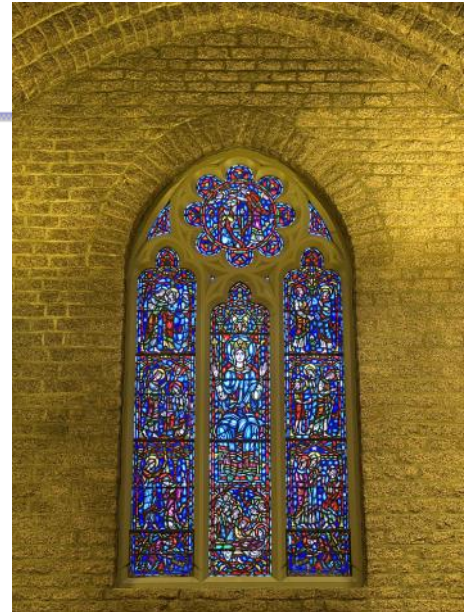
Evensong: October 27, 4pm

On Sunday
October 27

at 4:00 PM Saint Mary's will celebrate a choral evensong, one of the glories of the Anglican tradition. This service is uniquely built around contemplative prayers and anthems, beginning with the opening gentle hymn *'The day thou gavest, Lord, is ended,* whose beauty will be complemented by acolytes and incense.

The serene *Phos Hilaron*, 'O Gracious Light,' will be accompanied by shimmering handbells by the Saint Mary Handbell choir.

A beautiful setting of Mary's song, the Magnificat, will be offered by the choir. This piece, *The Portland Canticles*, was written in honor of Albert Melton's 20th anniversary as Organist/Choirmaster at Saint Luke's Cathedral. And a newly composed anthem by our choir member, David Vernier, *Christ In Me* will be offered at the conclusion of this beautiful service.



Constellation Compline: November 2, 7pm

On Sunday, November 3 at 7:00 PM, the superb men's ensemble from Chicago, Constellation, will be presenting a sublime compline themed concert at Saint Mary's. This professional Chicago-based vocal group is dedicated to creating distinct performances in unique spaces, empowering the next generation of singers through educational engagement, and expanding the repertoire



for men's vocal music by commissioning new works from both emerging and established composers.

Concert Spirituel: November 17, 4pm

On Sunday afternoon,
November 17 at 4:00

PM there will be a
'Concert Spirituel'

offered by the many talented folks from Saint Mary's. The concert will begin in the auditorium, where we will enjoy our youth's musical abilities, and then conclude in the church with music for organ and instruments. Anyone interested in participating in this happy gathering, please contact Bruce Fithian (bsfithian@aol.com)



Asylum Seekers Aid Concert Friday, October 11, 7pm

The Episcopal Church of Saint Mary, Falmouth
\$10 suggested donation



Bethany Perkins Hall
with

Sarah Bailey,
Liz Rollins,
Mary Johnson Letellier,
Scott Wheatley,
Sarah Cummings,
Scott Thurston,
Barry Saunders,
Katy Stetson, and
Bruce Fithian

Like Father, Like Son: Music of J.S. & C.P.E. Bach

Masterpieces by the Bach family featuring
Palaver Strings, Chamber Orchestra,
and Hidenori Inoue, bass

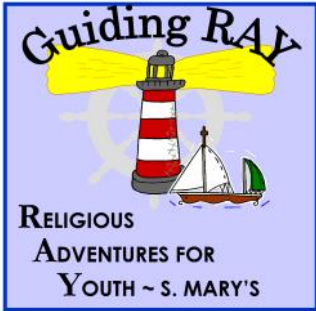
Saturday, October 5, 7pm, Saint Mary's



PORTLAND
BACH EXPERIENCE

For more info or
to buy tickets

Christian Formation- RAY Beams - October 2019



Guiding RAY started with a blast this fall...a Bible Blast! Our first rotation focused on learning about the Bible. We learned about the who, what, and where of the Good Book. We talked about how the Bible is the inspired Word of God, meaning it did not come from people, but from the Will of God. Special thanks go to Janet Bowne, Jim Kane and Sandy Couch-Kelly

for leading this rotation and helping kids become familiar with the Bible, how it came to be, and the importance of it in our lives.



Here is what is coming up for October! The Prophet Elijah

Thousands of years ago the Jewish people were God's chosen people. Then God sent Jesus to make us his chosen people too. During this rotation we will learn about the prophet Elijah. A prophet is a special person chosen by God to call the people back to the faithfulness of the covenants that God made with his people. God had a special plan for Elijah, and his obedience affected not only his family but the entire nation of Israel.

Hello Young Singers!

We have been having fun before church singing in one of the Guiding RAY classrooms. I start singing with any young person who wants to join me right at 9:35. We sing until 10. Everyone is welcome to walk in and join us no matter what time you arrive!

On September 29 (this coming Sunday), every singer and his/her family is welcome to join us for a Mission Morning trip to sing for the Veterans at the VA home in Scarborough. We sang there last spring, and it was fun and well received. Make this a family Mission Morning! We meet at church at 9 am to go over the music.

*Yours in Song,
Maria Belva*



Who picked the longest bean?
The Guiding RAY kids learn about Creation and Loving Our Neighbor as they harvest vegetables from the Saint Mary's Vegetable garden to share with the folks at the Falmouth Food Pantry.

Christian Formation - RAY Beams - October 2019



IGNITE

The Ignite Youth Group (grades 6th-8th) will be meeting twice in October. Please join us on

October 13th as we get together for fellowship and learning starting at 10 AM. We will also be discussing ways in which the group would like to give back to and get involved with our larger church community.

On Sunday, October 27th Michelle and Will are looking for volunteers to lead the group. This would be a great opportunity to get to know our amazing group and all lesson materials will be provided (unless you have an expertise you would like to share). Please reach out to Michelle and Will if you are interested (michellegrahchappell@gmail.com).

Special Bibles were presented to kindergartners and 6th graders on Sunday, September 22. Children are encouraged to bring their new Bibles with them weekly to Guiding RAY classes where they will learn how to use it and where to find the stories they are studying. Families are encouraged to keep the Bible available and to read from it during family time, before bedtime, or on occasions of quiet time.

What does a Senior Warden, a Junior Warden and a Priest's Wife all have in common?

They all volunteered in Guiding RAY!

Please contact Megan Akers if you too, would like to volunteer and share your love of God with the Guiding RAY kids!



Join our Nursery Ministry

We are in need of volunteers each Sunday to help care for our littlest Saint Marian's. The nursery is open each Sunday from 9:00- 11:30am. Anyone who enjoys reading stories, having tea parties and building amazing structures is encouraged to volunteer (teens, grandmas, grandpas, etc.). Please contact Megan Akers to sign up today!



Common Ground Thursday on October 31

Join us for a special Common Ground: Trunk or Treat! Bring some candy to pass out as kids of all ages in costumes trick or treat from car trunk to car trunk. Common Ground runs from 5-7. Bring a dish to share. The Trunk or Treating festivities will start at 5:45. We'll be sure the cars are backed into a parking space so the goblins and gremlins can easily go from car to car. All are welcome and the more, the merrier. If your family is trick or treating in other neighborhoods and want to come by at 5:45 to top off their bounty, you're welcome **to join us!**

Community Service Hours

Volunteering at Saint Mary's is a great way to earn community service hours.

- ◆ Volunteer in the Nursery
- ◆ Assist in a Guiding RAY classroom
- ◆ Weeding, raking, yard work
- ◆ Join Outreach (first Tuesday of each month at 4:30pm)
- ◆ Acolyte

Teen VOLUNTEER OPPORTUNITIES



How can I lend a hand?

Come to the Ministry Fair Sunday November 3 after each service and talk to representatives from each committee, ministry or guild.

Our Kickoff Sunday on September 8 was a great success!

We all enjoyed fun, food and especially FELLOWSHIP with each other!



Sparkles Gift Baskets
- For the past ten years, we have had beautiful themed gift boxes for sale, and we have those boxes in the auditorium for you to take home and fill. Please return them



Arnold Palmer? No...Len Taylor sharing advise with future LPGA members



Grill Masters Tom LaPlante and Adam Rana prepare tasty burgers! BAM!



Acolyte Flame Shoot Out



And the Corn Hole Champion is....

With All Your Mind

For the last few musings, I have been reflecting on the *Shema* (she-MAH), the great “creed” of Judaism. I’m sure Jesus learned it as a boy, just like all the other Jewish kids on the block. So he was prepared when a Pharisee (Matthew 22:34 ff.) or a scribe (Mark 12:28 ff.) later asked, “What is the greatest commandment?” He knew the answer by heart: “Love the Lord with all your heart, with all your soul and with all your strength.”

Yet in the gospels of Matthew and Mark, Jesus adds this: “Love the Lord with all your mind.” As children of the Enlightenment, we tend to put a very high premium on the mind . . . the stuff that goes on from the neck up. We rely on “truths” that are the product of scientific study; we reject “untruths” that can’t be proven to our satisfaction. This explains why science and religion so often seem at odds. This is also why we may have trouble “believing” in miracles. They can’t be proved empirically, so we doubt them. When we can’t “figure out” our faith, we may worry that we’ll start to lose it.

So if loving God with our whole mind is problematic for us, what could Jesus have meant? I think he means something like the note I recently saw in a church bulletin: “You don’t have to check your brain at the door to worship here.” Bible study, formation time, Guiding RAY, sermons and book groups are all opportunities to exercise our minds in the love of God. We simply have to give up the idea that the study will provide all the answers. In fact, study may surface our doubts along the way. Jesus must have known how closely doubt and faith are connected and that may be why he gave us this new nuance in the *Shema*. If we love God with all our mind, we will let our doubts lead us to new inquiries, new understandings, new ways of comprehending God.

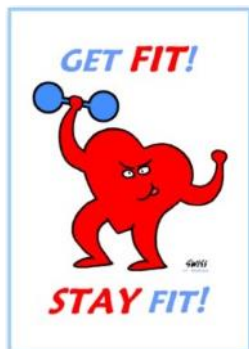
Jesus is encouraging us and giving us permission to love God with all our faculties – even the faculty that may bring us to the brink of doubt and beyond. Don’t be afraid, he seems to say. God can survive your doubt. Faith isn’t the opposite of doubt. Faith is our orientation toward God, turning in the direction of God with our heart, soul and strength even when we can’t explain rationally the “why” or the “how” of it. (If you have a comment or reaction, I would love to hear from you at merlemarietroeger@gmail.com).



Resolve to GET FIT! New Saint Mary’s offering!

Why wait until January 1st to make a resolution to get in better shape. Join us on Thursday in October from 11-11:45 for a self-paced fitness class in the auditorium. Instructor and personal trainer, Denise Curry, will lead the class. Whether you prefer to do the class seated or standing, Denise will guide us through a series of exercises suitable for all. She’ll work to help you find your level of ability so you are challenged sufficiently.

Come dressed to exercise, whatever is comfortable for you. Be sure to wear good shoes for exercising! We’re offering these classes on a trial, so come if you are interested so show this is something we’d like to continue. What we do next will depend on the participants’ interest. Cost: \$5 per class suggested donation. But don’t let that stop you from giving this a try. Please call or email Beth Shaw (admin@smary.org), 781-3366 to sign up.



Bakers, Set-up Hosts & Cleaners Needed.

Please sign up to help with Coffee Hour. There are three positions: **Baker** (bring a baked good and some fruit any-time during the week-end), **Set-up/Host** (put out the *already purchased* cheese and crackers, juice, coffee mugs, and the Baker’s contribution), **Clean-up** (tidy things up, put tables away and run the dishwasher). If you are an early bird, or need to head home after Church, maybe set-up is best for you. Not an early-bird? Maybe clean-up afterwards works better for you! :) We all love coffee-hour. Thanks for your time. Sign-up sheets are outside the Guild Room. Thank you. FMI contact Sarah or Tim Caven thcaven@gmail.com



Living With Grief:

beginning October 8 at 4 pm

A new "Living with Grief" group will begin meeting at Saint Mary's from 4 to 5:30 PM once a week for 8 weeks. Our spirituality has a tremendous role to play in our healing, and we will explore that. We will also learn to move forward in hope and to find acceptance and even joy in the midst of loss.

Anyone who has experienced the death of a loved one whether that death occurred 6 months ago or many years ago is welcome to be part of the group. If you are interested, please contact Deacon Christine at 653-2448 or Beth at the church office.



Community Harvest Dinner

**Join your neighbors for a delicious,
free turkey dinner with all the fixings**

Sign up to help NOW outside the
kitchen or contact John Brooks,
brooksjk@maine.rr.com

Thursday, October 24, 4:30-7pm

This is our Common Ground for this week.

Falmouth Congregational Church, 267 Falmouth Road

**Free-will donations gratefully welcomed at this annual fundraiser for
the Falmouth Food Pantry.**

Hosted by Falmouth's seven faith communities: Falmouth Congregational Church, Emmaus Lutheran Church, Foreside Community Church, The Episcopal Church of Saint Mary, Holy Martyrs Catholic Church, Falmouth Baptist Church, and the Falmouth Jewish Community

Be Still: Guided Centering Prayer: Monday evenings at 5:30pm

Recharge from the busyness of life, and leave the chapel at peace and calm.

See September AVE for more details or contact Jennifer Gregg, jenniferanngregg@gmail.com

Learning and Growing together

COMMON GROUND



An open time from 5 to 7 PM on Thursday evenings for “building authentic, vibrant, Christ-centered community.” Each week we share a potluck meal in the Auditorium and learn together through the experiences of others. The presentation time begins at 6 PM, but drop in anytime throughout the two hours for a free potluck dinner. Open to all ages and all people, no questions asked. We have some amazing October:

OCT 3: Where is away? Trash & Recycling – Katrina Venhuizen of EcoMaine will share strategies of sustainability and how we can be more involved.

OCT 10: 911 Responder's Experience – Our Own Pat Rogers will share her story of the days in NYC after Sept 11 and how it has shaped her life and choices.

OCT 17: Ask a Buddhist Abbess – Khenmo Drolma of the Vajra Dakini Nunnery, shares the goals to cultivate love, peace, compassion, harmony and happiness.

OCT 24: Turkey Dinner to benefit FFP, see page 12

OCT 31: Trunk or Treat, see page 9

FORMATION



Our Sunday Formation is a way to build in a time for Formation for all to better accomplish **our mission of “building authentic, vibrant, Christ-centered community” where we celebrate, honor and serve together.**

This fall, everyone is invited to gather in either of two groups – a prayerful group meeting in the Chapel, and a discussion group meeting in the Auditorium.

CURRENT EVENTS AND THE MIND OF CHRIST in the Auditorium: (led by Fr. Nathan & Dea. Christine)
Send Fr. Nathan current topics a couple days ahead.

BE STILL in the Fr James Chapel: Meditation, Prayer & Discussion (led by Merle Marie, Jennifer or Becky)

If you have a group that you would like to facilitate or to see offered, please send Fr. Nathan an email or reach out to your Wardens at any time of year.

All-Parish Hike!

Monday, October 14, 9AM departure

We will climb Pleasant Mountain located in Bridgton and Denmark (where Shawnee Peak is located). It is southern Maine's tallest mountain at 2,006 feet, and it has magnificent views over the Sebago Lake region and into the White Mountains.

EVERYONE is welcome to join us. All ages and families are welcome, as well as friendly dogs. We will hike about 4 miles, but we can break into groups as needed based on speed and ability. We will carpool from Saint Mary's. Bring your own lunch and water, and be ready to stop on the way back home to share dinner together.



Nominating Committee Update

To date, the Nominating Committee has accepted many nominations of parishioners to serve as Wardens, the 2020 Vestry, as well as delegates to the 2020 Diocesan Convention. Thank you to all who participated so far in this process by nominating parishioners to fill the openings. Nominations are open through September 30 and will be closed as of October 1, and the committee will begin their review. Thank you! With any questions or comments, please feel free to contact Peter Fitch, peterhfitch@gmail.com (Cell) 207-576-0346

For the Nominating Committee: Peter Fitch, chair; Ed Ainsworth, Maggie Gardner, Len Taylor



Sparkles Spirit

Join us and Bring your Friends for

***AN EVENING OF TASTING AND
PLANNING YOUR HOLIDAY GATHERINGS***



**Friday, November 1, 2019 6 - 8 PM
IN THE SAINT MARY'S GUILD ROOM**

*While sipping on a beverage of your choice,
appetizers will be presented, sampled and made available
to order for your holiday gatherings*

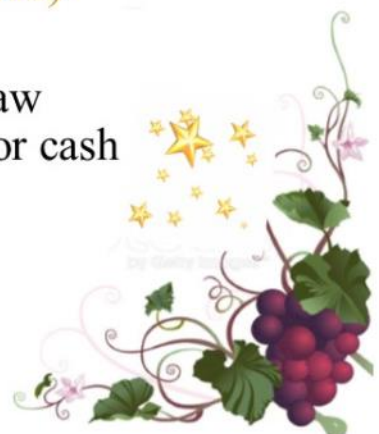
Pick-up date will be November 24

\$12 pre-event

\$15 at the door (up to 80 attendees)

The evening will include a chance draw
Pre-pay for orders that evening by check or cash

The Episcopal Church of Saint Mary
43 Foreside Road, Falmouth, Maine
207.781.3366 www.smary.org



Think Sparkles

Thanks to those who came to our first Sparkles 2019 meeting on September 1. Sparkles is such a community at Saint Mary's, and it was great to see the enthusiasm and creative ideas for a great Sparkles this year. We welcome everyone who wants to participate in Sparkles to join our meetings, so check the dates listed at the end.

Our first Sparkles event this year will be our appetizer tasting, **Sparkles Spirit on November 1!** Tickets will sell for \$12 in advance (\$15 at the door), and we'll offer wine and tastings of 10 different appetizers that you'll be able to pre-order. The appetizers will be frozen, and ready to thaw and cook in time for Thanksgiving or Christmas or whenever you need. Pick up your order on Sunday, November 24. Be ready for your holiday gatherings and unexpected guests by having some of these tasty appetizers in your freezer!



On Fair Day, our **Boutique**, the anchor of our Fair, will be in the Guild Room. We welcome a variety of gently-used treasures, such as china, crystal and silver, as well as kitchen and household items, decorative items, and Christmas decorations. Drop off your gifts anytime, but we'll also have special Drop-Off dates where we'll have volunteers available to help unload your car - October 12, 19, and November 9, 16 and 23.

Our **Knitting Corner** is always a huge attraction for shoppers, so we are hoping for lots of donations of hand knitted, crocheted, sewn or felted items. Please contact Barbara Murray (799-1326) for more information, to or drop off your completed items. We also welcome unused yarn and fabrics, and other items, such as knitting needles, crochet hooks, sewing notions, etc.

In the auditorium will be our **Cookie Walk and Bake Sale** – Please start baking and freezing now!!! We need many cookies and baked goods for these tables. We'll have pans for our traditional almond cakes available, as well. Please ask Jana Burke or Kathy Galen about borrowing those or if you need the recipe.

Saint Mary's Gems is also always a popular table offering new and vintage jewelry, both fine estate jewelry and costume jewelry, as well as fashion accessories, including scarves, belts, handbags, evening bags, shawls, etc. If you have jewelry or accessories to donate, we'd love you to bring them in anytime.

We are also again opening the downstairs Guiding Ray rooms for **Sparkles Toyland**. In the large main room, we'll welcome back Santa and Mrs. Claus fresh from the North Pole, and ready to take special Christmas requests from kids of all ages. There will also be popcorn and apple cider for kids and for weary shoppers who need a break. A second room will have children's books and toys, and sports equipment to purchase. A third room will be set aside for kids to shop for Christmas. It's the only room where grown-ups are not allowed, but it will be staffed with teens to help the kids select and wrap their gifts.

Gorgeous Boxwood Trees and Centerpieces will be provided by Val Kyros, Lynne Shepherd and friends. They'll be taking orders at the Sparkles Coffee Hour in November. If you want one of these beautiful creations, be sure to order one then.

Theme Gift Boxes - For the past ten years, we have had beautiful themed gift boxes for sale, and we have those boxes in the auditorium for you to take home and fill. Please return them back by November 10.

Saint Mary's Friendship Soup – We also need lots and lots and lots of beans donated to create this traditional favorite at Saint Mary's. There is a basket outside the Guild Room, so please help us fill it with beans – any color or type.

For more information, please contact Jana Burke (272-4535 call or text, or jana.burke@gmail.com) or Kathy Galen (603-723-5145 call or text, or kathleendaisy@aol.com).



SAVE THESE DATES:

Drop Off Dates: October 12, 19, and November 9, 16 and 23

Planning Meetings: October 13, and November 3 and 17

Sparkles Spirits: November 1

Garlanding for Sparkles and Sparkles Toyland: November 23

Pick Up Appetizers: November 24

Thanksgiving Service and Lighting of the Memorial Tree: November 27

News, Notes, Kudos, Dates & Reminders

(Send your 1-3 line notes, announcements or thanks to Beth at admin@smay.org by the 20th of the previous month)

Thank you to everyone that made Kickoff Sunday such an enjoyable success. It was a wonderful day for everyone!

Thanks to Jess Lewis for taking on the leadership of the Water Station during the Maine Marathon.

Thanks to the Sparkles Makers & Takers for meeting regularly this spring and summer to create items to sell at the Dec. 7 Fair.

Thanks to everyone who cooks and delivers food for the Meal Train who deliver meals to those healing, recouping or shut-in. Thanks also to the Prayer visitors who follow up and take care of the spiritual needs of those unable to come to church.

Merci

yay!

Thanks to the Mission Morning team for curating the projects for our Autumn Mission Morning.

THANKS!

Falmouth Congregational Church
(267 Falmouth Road, Falmouth, 781-3413)
invites all to their monthly

Side Door Coffee House

October 11, 6:30-9:00pm

featuring

Earthtone String Band

Eclectic blend of bluegrass, folk, rock, and country blues.

Have a great cup of coffee, hot chocolate, a snack and support the arts! Bring your neighbors for a relaxed evening out.

All welcome! Free, but donations accepted.

Thank you to the landscaping and Buildings & Grounds folks who volunteer regularly to keep the buildings in good working order as well as the ground kept up.

Gracias

To parishioners, Prayer Partners, and Casserole Ministry cooks,
Recently, I have been recovering from surgery and cancer treatment. Many parishioners have helped by providing me with meals, conversation and prayers.
Thank you for all you do.
Pat Studley.

Saint Mary's Operating Finances - as of Aug 31, 2019

(+ 7,475)

INCOME

General Plate & Pledge Support	214,975
Use of Parish House & Sanctuary	11,967
Fundraisers	8,151
Miscellaneous Gifts & Revenue	52,613
Dedicated Gifts	14,233
	\$ 301,939

EXPENSE

Diocesan Assessment	37,535
Personnel (includes, taxes, benefits, & pensions)	147,704
Maintenance, Capital	29,443
Operating (utilities, insurance, taxes, supplies)	49,722
Program	30,057
Countless volunteer donated hours of time	0
	\$ 294,461







Here are some important dates in our
Saint Mary's parish family

Happy October Birthdays to:




2	Lydia Stegemann	13	Isabelle Gale		
3	Jessica LaPlante	14	John Hale		
4	Garry Bowne IV	14	Tallulah Scott		
4	Erin Ferrell	16	Elise Kiely	27	Kate Gulliver
4	Carolyn Thomas	17	Savannah Talbert	28	Meg Hurdman
5	Caroline Bowne	18	Chris Edwards	29	Susan Dench
7	Karen Mynahan	19	Alex Robich	29	Elizabeth McIntosh
8	Emma Shannon	19	Curtis Isacke	29	Christos Orestis
9	Grace Robinson	20	Marti Galli	29	Anne Ter Weele
9	Amber Rose	20	Fritz Kendall	30	Edie Taylor
10	Gordon Oliver	23	Jo Ann Hetherington		
10	Winslow Robinson	25	James Bowen		
10	Lee Snow	26	Andrew Crocker		
12	Meghan Curran	26	Isabella Diamond		





We'd love to include good wishes on your birthday and anniversary. If we don't yet have the dates, please send your and your family's special dates into the parish office and we'll be sure to include them on your special month. admin@smary.org or call 781-3366 or drop a note to the church. Thanks!

Happy October Anniversary wishes to:

1	Megan & Mike Akers		12	Janet & Garrett Bowne
3	Janet & John Corey		19	Carolyn Thomas & Jenn Curran
6	Betsy & Jim Stoddard		22	Sarah & Chris Cameron
8	Emily & Ben Rodgers		31	Becky & Jimmy Costa
10	Allie & Walker Matthews			



BAPTISM ON ALL SAINTS' SUNDAY, NOVEMBER 3

Saint Mary's is baptizing Harleigh Clark at
the 10:15am service on Sunday, Nov. 3.

If you are interested in being or having your
child baptized, contact Fr. Nathan
nathanferrell@smary.or.



The Episcopal Church of Saint Mary Worship Leader Schedule: October - November 2019

	8am Ushers	8am EM/Lectors	10:15am Ushers	10:15am Lector	10:15am Euch Minister	10:15am Acolytes	Altar Guild	Altar Flowers	Flower Delivery	Coffee Hour Host
29-Sep Pent 16	Al A Len T	Elise	Mission Morning				Katie P Kathy G.	Jana B.	Ruth K	Mission
6-Oct Pent 17	Marathon Sunday									
	8am Ushers	8am EM/Lectors	10:15am Ushers	10:15am Lector	10:15am Euch Minister	10:15am Acolytes	Altar Guild	Altar Flowers	Flower Delivery	Coffee Hour Host
13-Oct Pent 18	Len T Tom L	Al	Tom L Ryan S	Jennifer	Maggie Will	tbd	tbd	Onnie H Jan W	The Hortons	SU = Stoddards B + Cl= Vereys
20-Oct Pent 19	Ed A Rayle A	Becky	Chuck H Dawn Y	Marian	Jim S Nadine	tbd	tbd	Katie P	The Stoddards	SU = Cavens B+Cl = Vereys
27-Oct Pent 20	Baer C Jim K	Al	Ron F Mark B	Andrea M-H	Andrea M-H Justice P	tbd	tbd	Jana B	Dawn & Noah	SU+Cl=Stoddards B = Christie R.
Nov 3 DST Pent 21	Rayle A Ed A	Mary Ann	Harry D Jack H	Dawn	Diane Terry	tbd	tbd	Helga	Ruth K.	B=Jan Andrews xx
10-Nov Pent 22	Charlie H Al A	Len	Ryan S Aaron S	Betsy S	Stan Maggie	tbd	tbd	Helga	The Hortons	Sparkles - All
17-Nov Pent 23	Len T Jim K	Elise	Dawn Tom L	Maureen	Will Jim S	tbd	tbd	Onnie & Katie	The Stoddards	Jan & Onnie-All
24-Nov Pent 24	Lee VD Baer C	Al	Ron F Mark B	Rod McGarry	Nadine Justice P.	tbd	tbd	Jan M. Thanks	~	B = Joyce V xx
28-Nov Thanks		6pm usher	6pm EM Becky			tbd	tbd	Thanks	Dawn & Noah	~

If unable to fulfill your scheduled duty on the assigned day, please find your own replacement and inform Beth in the office of the change, 781-3386



October

2019

The Episcopal Church of Saint Mary



Sun	Mon	Tue	Wed	Thu	Fri	Sat
29 16th Sun. after Pentecost 8am Contemplative Eucharist 9 am Mission Morning Doing God's work in our community 1-5pm Reception Retreat	30 St. Michael 12 Noonday Prayer 5:30pm Be Still resumes 7pm PCC rehearsal	10/1 7:30-9am BNI 9:30 am Art Group 10:30a Wisdom Seekers 12 Noonday Prayer 12:45 Staff meeting 7pm AA in Auditorium 7:30 AIAnon (6:30 beginners)	10/2 9:30a Mainely Weavers 9:30am GC Judges Council 12 Noonday Prayer 5-6:30 TOPS meeting 6pm - ORI 6pm - SinG rehearsal in Aud	10/3 Chapel Eucharist COMMON GROUND 5-7 pm Potluck 6pm Presentation <i>Recycle, Reuse-EcoMaine</i> 1pm CARE Group 3pm Merton Group 4:30pm Outreach 7pm SM Choir rehearsal	10/4 St. Francis Office closed 12 Play where you are 5:30pm Alanon	10/5 MARATHON WEEKEND 11am-4pm Paysonburg 5pm Outdoors Church with Foreside CC 7pm Bach family Concert
6 17th Sun. after Pentecost Maine Marathon No morning church services due to closure of Route 88 7:45am - Volunteer at water station and cheer on all the runners!	7 10am Garden Club 12 Noonday Prayer 5:30pm Be Still 7pm PCC rehearsal	8 7:30-9am BNI 9:30 am Art Group 10:30a Wisdom Seekers 12 Noonday Prayer 1-4pm College Club Tea in GR 12:45 Staff meeting in off 4-5:30pm Living with Grief 7pm AA in Auditorium 7:30 AIAnon (6:30 beginners)	9 12 Noonday Prayer 5-6:30 TOPS meeting 6pm - SinG rehearsal in Aud	10 Chapel Eucharist COMMON GROUND 5-7 pm Potluck 6pm Presentation <i>Responders' Experience</i> 3pm Merton Group 7pm SM Choir rehearsal	11 Office closed 12 Play where you are 5-7pm Souper 5:30pm Alanon 7pm Classic Cinema 7pm Asylum Aid Concert	12 9-11am AIAtteen Training 9am-12noon Sparkles Drop-off # 1
13 18th Sun. after Pentecost 8am Contemplative Eucharist 9:30am Formation for ALL 10am Guiding RAY classes 10:15am: Choral Eucharist <i>Wear your tartans!</i>	14 Office closed for Indigenous Persons Day 9am All Parish Hike 10-Garden Club 12 Play where you are 5:30pm Be Still 7pm PCC rehearsal	15 7:30-9am BNI 8:30-11 St. Elizabeth's 9:30 am Art Group 10:30a Wisdom Seekers 12 Noonday Prayer 12:45 Staff meeting 4-5:30pm Living with Grief 7pm AA in Auditorium 7:30 AIAnon (6:30 beginners)	16 12 Noonday Prayer 5-6:30 TOPS meeting 6pm Vestry meeting 6pm - SinG rehearsal in Aud	17 Chapel Eucharist COMMON GROUND 5-7 pm Potluck 6pm Presentation <i>Ask a Buddhist Abbess</i> 3pm Merton Group 7pm SM Choir rehearsal	18 St. Luke Office closed 12 Play where you are 5:30pm Alanon 6-8pm Recovery Chili Dinner	19 9am-12noon Sparkles Drop-off # 2
20 19th Sun. after Pentecost 8am Contemplative Eucharist 9am - Sparkles meeting 9:30am Formation for ALL 10am Guiding RAY classes 10:15am: Choral Eucharist	21 12 Noonday Prayer 5:30pm Be Still 7pm PCC rehearsal AVE deadline	22 7:30-9am BNI 9:30 am Art Group 10:30a Wisdom Seekers 12 Noonday Prayer 12:45 Staff meeting 4-5:30pm Living with Grief 7pm AA in Auditorium 7:30 AIAnon (6:30 beginners)	23 St. James 12 Noonday Prayer 5-6:30 TOPS meeting 6pm - SinG rehearsal in Aud	24 Chapel Eucharist COMMON GROUND 4:30 - 7pm Community Harvest Dinner at Falmouth Cong Church 3pm Merton Group 7pm SM Choir rehearsal	25 Office closed 11am Nancy Howell Mem Service & Recp 5-7pm Souper 5:30pm Alanon	26 9-12n Foreside Commons AM in Aud. 200th Dio Convention & Bishop's Installation
27 20th Sun. after Pentecost 8am Contemplative Eucharist 9:30am Formation for ALL 10am Guiding RAY classes 10:15am: Choral Eucharist 4pm - Evensong	28 St. Simon & Jude 12 Noonday Prayer 12:15pm AGB luncheon 5:30pm Be Still 7pm PCC rehearsal	29 7:30-9am BNI 9:30 am Art Group 10:30a Wisdom Seekers 12 Noonday Prayer 12:45 Staff meeting 4-5:30pm Living with Grief 7pm AA in Auditorium 7:30 AIAnon (6:30 beginners)	30 12 Noonday Prayer 5-6:30 TOPS meeting 6pm - SinG rehearsal in Aud	31 Chapel Eucharist COMMON GROUND 5-7 pm Potluck 6pm Presentation <i>Halloween: Trunk or Treat</i> 3pm Merton Group 6pm Dowisers - Guild Rm	11/1 All Saints' Day Office closed 12 Play where you are 6-8pm Sparkles Spirit in Guild Room 5:30pm Alanon	11/2 9-11am Fal. Colonial Village AM in Aud. 7:30pm Constellation Constellation Compline Concert



THE EPISCOPAL CHURCH OF SAINT MARY

43 Foreside Road
Falmouth, ME 04105

Our Worship Schedule

Sunday worship

8 AM - *Contemplative Eucharist*
9:30 - 10AM *Formation for All*
10:15AM - *Choral Eucharist*

MONDAY - WEDNESDAY

Noon Day Prayer in the Chapel
or wherever you find yourself

THURSDAYS

12NOON - *Chapel Eucharist*



2019 Autumn Scripture Plan Continues

We will diverge slightly from the Revised Common Lectionary with a different first Lesson throughout the autumn season. Please read ahead and follow along as we progress through three brief – but very important – letters (or epistles) in the New Testament. The Psalm and the Gospel will remain as appointed.

<i>Calendar</i>	<i>Lesson and Themes</i>
September 29 – Mission Morning	1 Timothy 3.1,8-16 8am ONLY <i>Bishops and deacons, proper behavior in God's household</i>
October 6 – Marathon Sunday	None – Maine Marathon relay teams and water station
October 13	1 Timothy 4.4-16 <i>Gratitude, training in godliness, discipline, perseverance</i>
October 20	1 Timothy 5.1-8,17-22 <i>Honoring elders and widows</i>
October 27	1 Timothy 6.6-19 <i>Contentment, dangers of wealth, true life found in God</i>
November 3 – All Saints' Sunday	2 Timothy 1.1-14 <i>Family heritage, boldness in the Gospel, steadfastness</i>
November 10	2 Timothy 2.1-15 <i>Work diligently, endure hardship, trust in God's faithfulness</i>
November 17	2 Timothy 3.1-7, 10-17 <i>Darkness of life apart from God, Scripture's importance</i>
November 24 – Christ the King	2 Timothy 4.1-8,16-18 <i>Christ's return and appearing, faithfulness to God's truth</i>

CELEBRATE & HONOR & SERVE

THE EPISCOPAL CHURCH OF SAINT MARY

43 Foreside Road
Falmouth, Maine 04105
Tel: 207-781-3366

E-mail: smary@smary.org
Website: www.smary.org

The Rev. Nathan Ferrell, *Rector*
nathanferrell@smary.org

The Rev. Christine Bennett, *Deacon*
deacab@maine.rr.com

Bruce S. Fithian, *Organist & Choirmaster*
bsfithian@aol.com

Megan Akers, *Director of Christian Formation*
GuidingRAY@smary.org

Beth Shaw, *Parish Manager*
admin@smary.org

Office Hours: Monday - Thursday
9:00 am to 4:30 pm

Copy deadline November AVE Oct 20

Your 2019 Saint Mary's Vestry

Nathan Ferrell, Rector, 310-0268, nathanferrell@smary.org

Jim Kane, Sr. Warden, 329-1764, kanejbabson@gmail.com

Janet Bowne, Jr. Warden, 318-7045, jmitchellbowne@gmail.com

Ben Parks-Stamm, Treasurer, 458-3151, ben.parks.stamm@gmail.com

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