

# The Episcopal Church of Saint Mary

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Our Leader: *The Lord Jesus Christ*  
Our Presiding Bishop: *The Most Rev. Michael Curry*  
Our Bishop: *The Right Rev. Thomas Brown*  
Our Rector: *The Rev. Nathan Ferrell*  
Our Deacon: *The Rev. Christine Bennett*  
Our Organist and Choirmaster: *Bruce Fithian*  
Our Director of Christian Formation: *Megan Akers*  
Our Parish Manager: *Beth Shaw*  
**Our Ministers: All baptized members!**



**22 March 2020**

**The Fourth Sunday in Lent: Laetare Sunday**

10:15 AM: The Holy Eucharist

# **WELCOME TO EVERYONE WHO HAS GATHERED THIS MORNING!**

*Even though it is through the internet, it is GOOD for us to be together at this time,  
because GOD has brought us together.*

*This is the Lord's Day! Let us be glad and rejoice in it!*

*Here is some important information to guide you through this Sunday morning.*

- **Tithes and Offerings** are gratefully received to the glory of God and in support of our parish community. These may be given at our website, through EFT donations at your banks website, through your phone on VENMO ([@Churchof-SaintMary](https://www.venmo.com/Churchof-SaintMary)), or through the post. Whatever method you choose, please consider a generous offering to support this parish community in our mission to celebrate, honor and serve God together.
- **Prayer Concerns** can be shared via comments on our Facebook page, or via email ([smary@smary.org](mailto:smary@smary.org)). We will be diligent to include these in our daily prayers as quickly as we can.
- In the outline that follows, each text in ***BOLD AND ITALICS*** is intended to be spoken by all in unison.

## **10:15 AM – THE HOLY EUCHARIST**

### **Liturgy of the Word**

#### **Acclamation for the Season of Lent**

*Presider:* Blessed be the God of our salvation.

*People:* ***Who bears our burdens and forgives our sins.***

#### **The Decalogue**

Book of Common Prayer p. 350

Hear the commandments of God to his people:

I am the Lord your God who brought you out of bondage.

You shall have no other gods but me. ***Amen. Lord have mercy.***

You shall not make for yourself any idol. ***Amen. Lord have mercy.***

You shall not invoke with malice the Name of the Lord your God.

***Amen. Lord have mercy.***

Remember the Sabbath Day and keep it holy. *Amen. Lord have mercy.*

Honor your father and your mother. *Amen. Lord have mercy.*

You shall not commit murder. *Amen. Lord have mercy.*

You shall not commit adultery. *Amen. Lord have mercy.*

You shall not steal. *Amen. Lord have mercy.*

You shall not be a false witness. *Amen. Lord have mercy.*

You shall not covet anything that belongs to your neighbor.

*Amen. Lord have mercy.*

## **Confession of Sin**

BCP p. 352

Let us confess our sins against God and our neighbor.

*Silence is kept to confess our sins before God.*

*Most merciful God, we confess that we have sinned against you  
in thought, word, and deed, by what we have done,  
and by what we have left undone.*

*We have not loved you with our whole heart;  
we have not loved our neighbors as ourselves.*

*We are truly sorry and we humbly repent.*

*For the sake of your Son Jesus Christ, have mercy on us and forgive us;  
that we may delight in your will, and walk in your ways,  
to the glory of your Name. Amen.*

## **Assurance of Pardon**

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. Amen.

## **Kyrie**

Lord, have mercy upon us.

*Christ, have mercy upon us.*

Lord, have mercy upon us.

## Collect of the Day

The Lord be with you.

***And also with you.***

Let us pray      (*a moment of silence is kept, then the Collect*)

Gracious Father, whose blessed Son Jesus Christ came down from heaven to be the true bread which gives life to the world: Evermore give us this bread, that he may live in us, and we in him; who lives and reigns with you and the Holy Spirit, one God, now and for ever. ***Amen.***

## Lesson: A reading from the book of Samuel (16:1-13)

The LORD said to [the prophet] Samuel, “How long will you grieve over Saul? I have rejected him from being king over Israel. Fill your horn with oil and set out; I will send you to Jesse the Bethlehemite, for I have provided for myself a king from among his sons.” Samuel said, “How can I go? If Saul hears of it, he will kill me.” And the LORD said, “Take a heifer with you, and say, ‘I have come to sacrifice to the LORD.’ Invite Jesse to the sacrifice, and I will show you what you shall do; and you shall anoint for me the one whom I name to you.”

Samuel did what the LORD commanded, and came to Bethlehem. The elders of the city came to meet him trembling, and said, “Do you come peaceably?” He said, “Peaceably; I have come to sacrifice to the LORD; sanctify yourselves and come with me to the sacrifice.” And he sanctified Jesse and his sons and invited them to the sacrifice.

When they came, he looked on Eliab and thought, “Surely the Lord’s anointed is now before the LORD.” But the LORD said to Samuel, “Do not look on his appearance or on the height of his stature, because I have rejected him. For the LORD does not see as mortals see; they look on the outward appearance, but the LORD looks on the heart.” Then Jesse called Abinadab, and made him pass before Samuel. He said, “Neither has the LORD chosen this one.” Then Jesse made Shammah pass by. And he said, “Neither has the LORD chosen this one.” Jesse made seven of his sons pass before Samuel, and Samuel said to Jesse, “The LORD has not chosen any of these.” Samuel said to Jesse, “Are all your sons here?” And he said, “There remains yet the youngest, but he is keeping the sheep.” And Samuel said to Jesse, “Send and bring him; for we will not sit down until he comes here.” He sent and brought him in.

Now he was ruddy, and had beautiful eyes, and was handsome. The LORD said, “Rise and anoint him; for this is the one.” Then Samuel took the horn of oil, and anointed him in the presence of his brothers; and the spirit of the LORD came

mightily upon David from that day forward. Samuel then set out and went to Ramah.

*Reader:* The Word of the Lord.

*People:* ***Thanks be to God.***

**Response:** Psalm 23 *from the Book of Common Prayer*

BCP p.612

1 The Lord is my shepherd; \*

I shall not be in want.

2 He makes me lie down in green pastures \*

and leads me beside still waters.

3 He revives my soul \*

and guides me along right pathways for his Name's sake.

4 Though I walk through the valley of the shadow of death, I shall fear no evil; \*

for you are with me; your rod and your staff, they comfort me.

5 You spread a table before me in the presence of those who trouble me; \*

you have anointed my head with oil, and my cup is running over.

6 Surely your goodness and mercy shall follow me all the days of my life, \*

and I will dwell in the house of the Lord for ever.

Gospel Hymn: Lead me, guide me

Wonder, Love and Praise 756

Lead me, guide me, a - long the way,

This system contains the first four measures of the hymn. The vocal line begins with a treble clef, a key signature of two flats (B-flat and E-flat), and a 3/4 time signature. The lyrics are "Lead me, guide me, a - long the way,". The piano accompaniment consists of three staves: a right-hand treble staff, a left-hand bass staff, and a grand staff. The piano part features a steady bass line and chords in the right hand, with several triplet markings (indicated by a '3' over a group of notes) in both hands.

For if you lead me, I can - not stray.

This system contains the next four measures. The vocal line continues with the lyrics "For if you lead me, I can - not stray.". The piano accompaniment continues with similar harmonic support and triplet markings.

Lord, let me walk each day with Thee.

This system contains the next four measures. The vocal line continues with the lyrics "Lord, let me walk each day with Thee.". The piano accompaniment continues with similar harmonic support and triplet markings.

Lead me, Oh Lord, lead me.

**Fine**

This system contains the final four measures of the hymn. The vocal line concludes with the lyrics "Lead me, Oh Lord, lead me.". The piano accompaniment concludes with a final chord and a triplet marking. The word "Fine" is written above the final measure of the vocal line.

1. I am weak and I need thy strength and power to  
 2. Help me tread in the paths of right - eous - ness, be my  
 3. I am lost if you take your hand from me, I am

help me o - ver my weak - est hour; Help me  
 aid when sa - tan and sin op - press; I am  
 blind with - out thy light to see; Lord, just

through the dark - ness thy face to see,  
 put - ting all my trust in thee.  
 al - ways let me thy ser - vant be.

*D.C.*

Lead me, Oh Lord, lead me.  
 Lead me, Oh Lord, lead me.  
 Lead me, Oh Lord, lead me.

## Holy Gospel of our Lord Jesus Christ according to John (from chapter 9)

**People: *Glory to you, Lord Christ***

As Jesus walked along, he saw a man blind from birth. His disciples asked him, "Rabbi, who sinned, this man or his parents, that he was born blind?" Jesus answered, "Neither this man nor his parents sinned; he was born blind so that God's works might be revealed in him. We must work the works of him who sent me while it is day; night is coming when no one can work. As long as I am in the world, I am the light of the world." When he had said this, he spat on the ground and made mud with the saliva and spread the mud on the man's eyes, saying to him, "Go, wash in the pool of Siloam" (which means Sent). Then he went and washed and came back able to see. The neighbors and those who had seen him before as a beggar began to ask, "Is this not the man who used to sit and beg?" Some were saying, "It is he." Others were saying, "No, but it is someone like him." He kept saying, "I am the man." But they kept asking him, "Then how were your eyes opened?" He answered, "The man called Jesus made mud, spread it on my eyes, and said to me, 'Go to Siloam and wash.' Then I went and washed and received my sight." They said to him, "Where is he?" He said, "I do not know."

They brought to the Pharisees the man who had formerly been blind. Now it was a sabbath day when Jesus made the mud and opened his eyes. Then the Pharisees also began to ask him how he had received his sight. He said to them, "He put mud on my eyes. Then I washed, and now I see." Some of the Pharisees said, "This man is not from God, for he does not observe the sabbath." But others said, "How can a man who is a sinner perform such signs?" And they were divided. So they said again to the blind man, "What do you say about him? It was your eyes he opened." He said, "He is a prophet." They answered him, "You were born entirely in sins, and are you trying to teach us?" And they drove him out.

Jesus heard that they had driven him out, and when he found him, he said, "Do you believe in the Son of Man?" He answered, "And who is he, sir? Tell me, so that I may believe in him." Jesus said to him, "You have seen him, and the one speaking with you is he." He said, "Lord, I believe." And he worshiped him. Jesus said, "I came into this world for judgment so that those who do not see may see, and those who do see may become blind."

The Gospel of the Lord

**People: *Praise to you, Lord Christ***

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father.

Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man.

For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. Who with the Father and the Son is worshiped and glorified. Who has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

### **Prayers of the People**

O God, our refuge and strength, a very present help in trouble. In this challenging and uncertain time, we come before you offering our prayers on behalf of those in need, the Church and the world.

For the Church, that it may not grow weary of proclaiming the gospel of Christ and serving as a beacon of hope to a suffering world. We pray for Justin the Archbishop of Canterbury, for Michael, the Presiding Bishop, for Thomas our Bishop, for all who minister in your name, and for all the people of the Diocese of Maine. We especially pray for the parishes of St. Peter in Portland, and of the Trinity in Portland.

God of mercy: *Hear our prayer.*

For all affected by the coronavirus around the world. For the leaders of the nations, that they may work together for the common good as the outbreak spreads. May barriers that divide us be brought down so that bonds of trust may be strengthened to benefit the entire human family.

God of mercy: *Hear our prayer.*

Grant public health and government officials in our nation the strength and will to act swiftly and decisively, with wisdom and compassion in service to all. We pray especially for our President Donald, for Congress, for our Governor Janet, and for elected officials in our local municipalities.

God of mercy: ***Hear our prayer.***

Heal those who are sick with the virus. May they have access to medical care to regain their strength and health; grant them your healing grace. Give strength to all who are caring for loved ones. We pray for all who are suffering in body, mind or spirit, wherever they live, especially Butch, Brent, Tim, Tyler, Bill, Cory, Roxann, Allen, Will, Hunter, Wayne, Stewart, and for all those we name before you now. *PAUSE*

God of mercy: ***Hear our prayer.***

For healthcare workers, first responders, doctors and nurses who are standing on the front lines with hearts of service and providing care. Grant them courage and protection as they put the needs of public safety before their own.

God of mercy: ***Hear our prayer.***

Bless scientists and researchers around the world as they combat the virus, that their work may yield knowledge to develop a vaccine, treatments, and improved measures to reduce its spread.

God of mercy: ***Hear our prayer.***

Remove the presence of fear and anxiety from our hearts, that confident in your providence we may be generous in sharing our resources.

God of mercy: ***Hear our prayer.***

Grant that this parish community may reflect your love and care for the most vulnerable among us. Fill us with your Holy Spirit to be your healing hands and feet to all in need. This week, we pray especially for Rich Bazarian & Ana Cairns; Craig, Grace, Mary, Brad & Caroline Belanger; Barbara Bell; Maria Belva & David Vernier; Christine Bennett; and John Bennett.

God of mercy: ***Hear our prayer.***

We pray for those who mourn the loss of loved ones. We ask that all who have died may enter the full light of your Presence. We remember ALL those we name before you now. *PAUSE*

God of mercy: ***Hear our prayer.***

Keep us, good Lord, under the shadow of your mercy. Sustain and support the anxious, be with those who care for the sick, and lift up all who are brought low; that we may find comfort in the knowledge that nothing can separate us from your love in Christ Jesus our Lord. *AMEN.*

**Peace:** The peace of Christ be always with you.

**People:** *And also with you.*

## Liturgy of the Table

**Doxology:** *As we gather at the Lord's Table, we sing together:* Hymnal 380

*Praise God from whom all blessings flow!*

*Praise God, all creatures here below.*

*Praise God above, ye heavenly host.*

*Praise Father, Son, and Holy Ghost. Amen.*

**Great Thanksgiving: Eucharistic Prayer A** (*all stand*)

BCP p. 361

The musical notation consists of four staves, each with a treble clef and a key signature of one flat (B-flat). The lyrics are as follows:

*Celebrant* The Lord be with you. *People* And al - so with you.

*Celebrant* Lift up your hearts. *People* We lift them to the Lord.

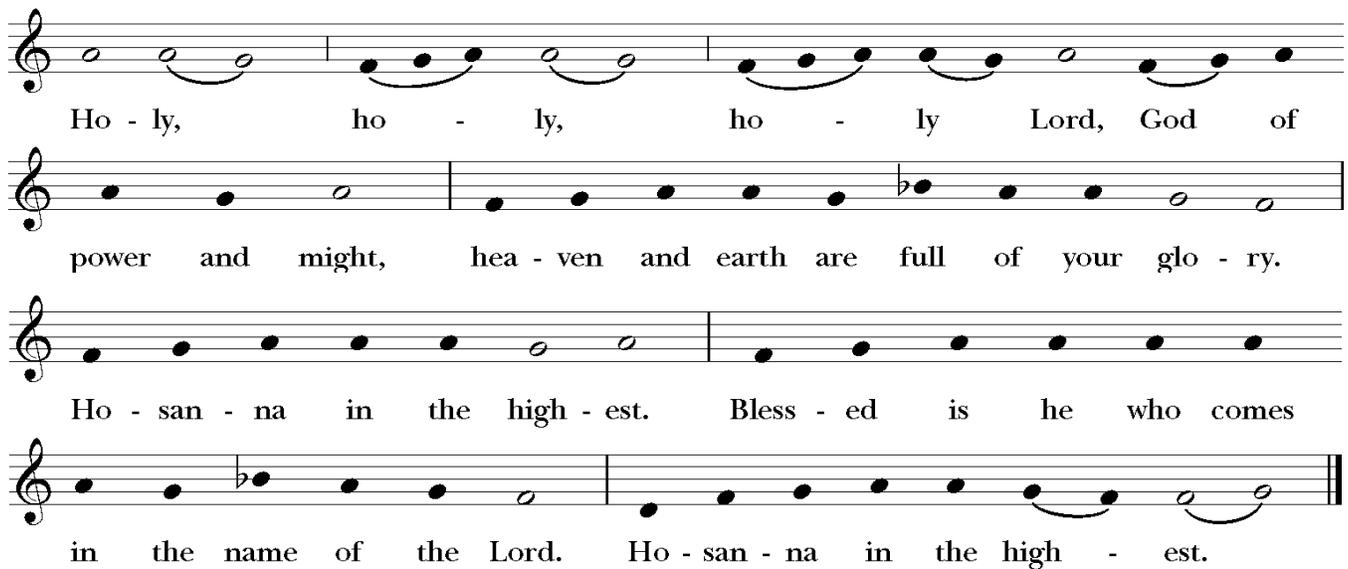
*Celebrant* Let us give thanks to the Lord our God.

*People* It is right to give God thanks and praise.

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

You bid your faithful people cleanse their hearts, and prepare with joy for the Paschal feast; that, fervent in prayer and in works of mercy, and renewed by your Word and Sacraments, they may come to the fullness of grace which you have prepared for those who love you.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:



Ho - ly, ho - ly, ho - ly Lord, God of  
power and might, hea - ven and earth are full of your glo - ry.  
Ho - san - na in the high - est. Bless - ed is he who comes  
in the name of the Lord. Ho - san - na in the high - est.

Holy and gracious Father: In your infinite love you made us for yourself; and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all.

***ALL He stretched out his arms upon the cross, and offered himself, in obedience to your will, a perfect sacrifice for the whole world.***

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, “Take, eat: This is my Body, which is given for you. Do this for the remembrance of me.”

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, “Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me.”

Therefore we proclaim the mystery of faith: *(All together)*

***Christ has died. Christ is risen. Christ will come again.***

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him.

**ALL** *Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace.*

And at the last day bring us with Mary the God-bearer and all your saints into the joy of your eternal kingdom. All this we ask through your Son Jesus Christ. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **AMEN.**

### The Lord's Prayer

And now, as our Savior Christ has taught us, we are bold to say,

*Our Father, who art in heaven, hallowed be thy Name,  
thy kingdom come, thy will be done, on earth as it is in heaven.*

*Give us this day our daily bread.*

*And forgive us our trespasses,*

*as we forgive those who trespass against us.*

*And lead us not into temptation, but deliver us from evil.*

*For thine is the kingdom, and the power, and the glory,  
for ever and ever. Amen.*

### Breaking of the Bread

Hymnal S.160

*Silence is kept in awe of Christ's self-offering on the Cross. Then all sing*

Lamb of God, you take a - way the sins of the world:  
have mer - cy on us. Lamb of God, you take a - way the  
sins of the world: have mer - cy on us. Lamb of God,  
you take a - way the sins of the world: grant us peace.

### The Communion of God's People

## **Prayer for Spiritual Communion**

*A spiritual communion is a personal devotion that anyone can pray at any time to express their desire to receive Holy Communion at that moment, but in which circumstances impede them from actually receiving Holy Communion.*

*The presider invites the following prayer to be said by all:*

***My Lord Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire You deep in my soul. Since I cannot at this moment receive You sacramentally, I invite You now spiritually into my heart. I embrace You as if You were already here and unite myself entirely to You. Never permit me to be separated from You. Amen.***

*(St. Alphonsus de Liguori, 1696-1787)*

## **The Prayer of Thanks and Mission**

***Faithful God, in the wonder of your wisdom and love  
you fed your people in the wilderness with the bread of angels  
and you sent Jesus to be the Bread of Life.  
We thank you for feeding us with this bread.  
May it strengthen us that by the power of the Holy Spirit  
we may embody your desire and be renewed for your service;  
through Jesus Christ our Savior. Amen.***

## **Lenten Prayer over the People of God**

**Dismissal:**     *The People reply: Thanks be to God!*

Music & lyrics reprinted under OneLicense.net A-723923

# Saint Mary's Weekly News

22 March 2020 – The Fourth Sunday in Lent

## Like us on Facebook and Twitter!

While we await the restoration of regular activities, our webpage, our Facebook page and Twitter feed are the best ways to keep up with parish news on the internet. Like us, follow us and be up to speed on our parish life!

[www.smary.org](http://www.smary.org) / [www.facebook.com/ChurchofSaintMary](https://www.facebook.com/ChurchofSaintMary) / [@SMaryFalmouth](https://twitter.com/SMaryFalmouth)

## Book, Bread & Soup Sale: Rescheduled for May 30

Please hang on to books until the first of May. Thanks!

FMI, please contact Betsy Stoddard ([jbstod@myfairpoint.net](mailto:jbstod@myfairpoint.net))

or Jan Mordarski ([janmordarski@gmail.com](mailto:janmordarski@gmail.com)).

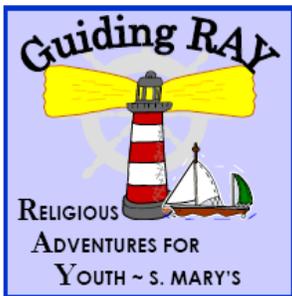


## St Mary Schola Lenten Concerts have been canceled

## Souper Supper Takeout: every Fridays during COVID crisis starting March 27

Dining In is temporarily suspended. Soup, bread and a sweet treat will be handed out To Go between 5 – 6pm.

## YOUTH MINISTRY



### Guiding RAY (Religious Adventures for Youth)

During normal programming, our Guiding RAY programs, for all young people ages 0 to 14, are designed to both appeal to and offer our children an opportunity to learn key bible stories and to develop their relationship with God. FMI Please contact Megan

[GuidingRAY@smary.org](mailto:GuidingRAY@smary.org)

### Our Children and Youth Programs are temporarily suspended

At Home with Guiding RAY we will be having Guiding RAY at home. [Click here](#) for some children's worship suggestions for this Sunday.



As our faith in God continues to grow...so do our Guiding RAY marigolds

## **Lent Madness: Who will win the Golden Halo?**

Join in the fun and learning! Lent Madness began in 2010 as the brainchild of the Rev. Tim Schenck. This is a fun, engaging way for people to learn about the men and women comprising the Church's Calendar of Saints. The format is straightforward: 32 saints are placed into a tournament-like single elimination bracket. Each pairing remains open for a set period of time and **people vote for their favorite saint**. 16 saints make it to the Round of the Saintly Sixteen, then to the Elate Eight, the Faithful Four and finally the Golden Halo is awarded on Holy Wednesday. You can cast YOUR vote and follow the bracket at [www.lentmadness.org](http://www.lentmadness.org).

**Be sure to grab your Lent in a Bag** in the Parish House, outside the Chapel. *Lent in a Bag* contains small items to be used as symbols to focus individual along with readings for family meditations and conversations during the season of Lent.

## **COMMUNITY CARE & NURTURE**

**COMMON GROUND Thursday: ON HOLD for the time being**

### **ONLINE WORSHIP**

**NOONDAY PRAYER: Monday – Friday 12noon** on facebook Live

**SUNDAY WORSHIP: Sunday 10:15AM** on facebook Live

### **ONLINE SPIRITUAL FORMATION**

**BE STILL: Sundays at 9:30 AM** online via ZOOM

**BE STILL: Mondays at 5 PM** online via ZOOM

**Merton Group: Thursdays at 3PM** online via ZOOM

These three groups will continue to meet online via ZOOM. If you would like to participate, send an email to Jennifer Gregg ([jenniferanngregg@gmail.com](mailto:jenniferanngregg@gmail.com)) to receive the meeting login information.

**Communicating with Nathan+** Feel free to contact Fr. Nathan at any time if you need advice, guidance or prayer. You can call or text his cell at 207-310-0268 or e-mail him directly at [nathanferrell@smary.org](mailto:nathanferrell@smary.org). Texting always works best.

**Prayer Concerns this week:** Butch Turner, Brent Snow, Roxann Gregory, Julian Mastrine, Allen Graftam, Hunter Barr, Wayne Bullewell, Stewart Stalneckner.

IF YOU WANT TO ADD NAMES TO THIS LIST, contact our Parish Office (781-3366 or [smary@smary.org](mailto:smary@smary.org)).

# THIS WEEK at Saint Mary's

Sunday	22	<b><i>Fourth Sunday in Lent</i></b>	
	9:30	Be Still – online meeting	
	10:15	Choral Eucharist from the Chapel on <i>Facebook Live</i>	
Monday	23	12:00	Noonday Prayer on <i>Facebook Live</i>
		5:00	Be Still – online meeting
Tuesday	24	12:00	Noonday Prayer on <i>Facebook Live</i>
Wednesday	25	12:00	Noonday Prayer on <i>Facebook Live</i>
Thursday	26	12:00	Noonday Prayer on <i>Facebook Live</i>
		3:00	Merton Group – online meeting
Friday	27	<i>Parish Office is closed</i>	
		12:00	Noonday Prayer on <i>Facebook Live</i>
		5:00	Souper Supper – free Take-Out (Soup, roll, & sweet-treat)
Sunday	29	<b><i>Fifth Sunday in Lent</i></b>	
		9:30	Be Still – online meeting
		10:15	Choral Eucharist on <i>Facebook Live</i>