



THE EPISCOPAL CHURCH
OF SAINT MARY

AVE

Monthly Newsletter

The Picnic Eucharist



No one knows exactly how our current public health crisis will be resolved – or when. The primary risk appears to come from gatherings of people, particularly in poorly ventilated indoor spaces. This aptly describes worship as we have become accustomed to offer it, and the CDC has now documented a number of cases where church gatherings have been a major source of transmission in a community. Therefore, out of love and care for one another, we do not anticipate meeting in person for worship in our beloved Church building until the danger is lessened. We will, however, begin a few tentative experiments at gathering together outdoors, where the risk of spreading the virus appears to be significantly lower. We at Saint Mary's are blessed with a fantastic campus. This seems like the ideal time to make more use of it, while continuing to follow responsible health guidelines. Bishop Thomas Brown has given his blessing to my idea of gathering for a Picnic Eucharist. This is how I think it will work.

Groups of less than fifty people will gather outside on our lawns or in the garden area for a simple celebration of the Holy Eucharist. Each household group will bring their own chairs or blanket and sit at least eight feet

away from other groups (we will have lines or markers on the ground to assist in maintaining safe distance). In addition, each household group needs to bring their own bread and wine (or juice, if you prefer). The liturgy will take place orally and from memory; there will be no books or papers handed out. We will pass the peace from a distance by waving to each other! When it is time in the Great Thanksgiving to consecrate the Body and Blood of Christ, each household group will join me in holding up their own bread and wine. We will all make the same gestures of blessing to signify that these simple elements are now becoming something more – visible signs of invisible grace. Each group will then receive their own elements, serving the members of their household group as appropriate. If there is extra, these can be returned to the earth by pouring the wine into the ground and by tossing the bread into the woods for the squirrels to enjoy!

An outdoor "Coffee Hour" can follow the Dismissal as each household group enjoys whatever other goodies they brought along with them. As time goes by, we may add some simple and quiet Taize chants that do not require any more exertion than normal speaking. Obviously, the weather is a major factor here, and we will all need to be flexible.

Our goal is to begin these experiments in June with four gatherings as follows:

Sunday 21 June at 10:15 AM and 5:30 PM

Sunday 28 June at 10:15 AM and 5:30 PM

Of course, no one is obligated to come (except for me!), and the morning Eucharists will continue to be available on Facebook Live as usual. We hope to give most people who feel comfortable doing so one opportunity to gather in this way during June. So please note that you will most likely not be able to attend each Eucharist or even each week. You will have to choose the best option for your household and register in advance, so that we can ensure the correct number of participants. Look for registration details on our website, on our Facebook page, and in the weekly eNews as we get closer to June 21.

God willing, together we will slowly figure out how to gather for the Holy Eucharist as the Body of Christ has always done while also protecting one another and keeping everyone safe. Thank you for your patience, compassion and understanding as we find our way forward.

Nathan W. Ferrell +

Communion Bread Recipe from the Cowley Fathers

When you have the opportunity to come for a Picnic Eucharist and would like to make Communion Bread to bring with you, here is a simple recipe to follow from our Episcopal monks in Cambridge, Massachusetts.

In a medium bowl, mix together the wet ingredients:

1/2 cup milk
1/2 cup oil (vegetable, canola, or other light oil)
1/2 cup water
8 oz. honey (or an alternative sweetener)

Then slowly mix in the dry ingredients:

4 cups whole wheat flour
4 teaspoons baking powder
2 teaspoons salt

The resulting dough should be stiff and moist, but not sticky. Adjust ingredients as needed.

Turn out onto lightly floured board and knead briefly, using additional flour as necessary. Then roll out to about 3/8" thick.

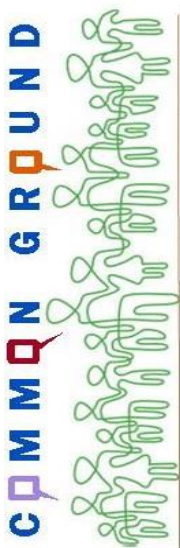
Cut into round shapes of your desired size. Use a knife to mark each loaf with a cross (into quarters).

Place on an oiled cookie sheet and bake at 400° F for 12 to 14 minutes (depending on your oven) or until lightly brown. Cool loaves on wire rack.

You can wrap them and refrigerate or freeze for future use. Or keep one for Communion and have the rest with dinner!



Common Ground continues! On ZOOM until June 11



From 6 to 7 PM on Thursdays, join Fr. Nathan for Bible Study and discussion. It's still a potluck (sort of), so feel free to bring your own food to the screen! No need to purchase or print any materials. We will use resources that everyone (hopefully) already has at home: a Bible and Prayer Book. All ages and all interests are invited. You do not have to know much of anything about the Bible. All you need to participate is an open mind and a desire to learn. The Great Fifty Days are a time to read through the Acts of the Apostles, so that's what we will study, reading a few passages in this order:

May 28: Acts 8.1-25 (Simon the Magician in Samaria)

June 4: Acts 15.1-35 (The Council of Jerusalem)

June 11: Acts 17.1-34 (Paul in Athens)

Click here to join the Zoom Common Ground: <https://us02web.zoom.us/j/82417417920?pwd=bjBiUDB0a1JrNnZBbDRJN1pyTGFWQT09>

Meeting ID: 824 1741 7920, Password: 612888 To join by telephone: call (929) 205-6099

Look for this link in each weekly eNEWS



Make a Joyful Noise: Stewardship 2020

Amid the restrictions, we are blessed! Saint Mary's is a strong parish. We will get through this, and we will tighten our belt as needed. Thank you also to those who have continued their gifting and to those who have sent supplemental gifts to

help see us through. For those in temporary questionable times, do not worry about helping Saint Mary's. We want everyone to focus on their family's needs and take care of themselves. We also want you to reach out if there is something we can do to help you. **That's what our family is for** - to be there in times of need.

Vestry Highlights from the Wardens

by Janet Bowne

The Vestry met on May 20, 2020 6 pm via Zoom

Ben Parks-Stamm, Treasurer, gave an update on our financial picture which continues to be steady, Loose offering is down but other sources of revenue like increased gifts and advanced pledge payments have been strong. Expenses are down slightly through April. We are very blessed to have such a positive financial situation at this point. We have received the money allocated to us from the SBA Paycheck Protection Program, which will be reflected on the May statements.

We discussed the potential work on the bell tower. We have two proposals, one from a company in Ohio and the other from a company in Freeport. We discussed if it was possible to divide the work between the two as it seems that the bell housing work is distinct from the bell timing system. We also discussed how quarantining and related Covid 19 implications might affect this project. We will review this again next month to determine the best path for this project.

Nathan asked the Vestry to share their thoughts about online worship. The consensus seemed to be that it's working well. Some among us have had some small technical issues but reported they usually end up seeing the service. The service offered by the Diocese is a nice way to mix up the options. Online streaming allows people to try a variety of services. But one thing is clear: online does not replace the in-person community that Saint Mary's offers.

Reopening Discussion:

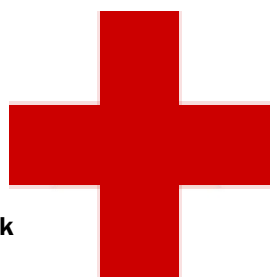
Decisions around reopening continue to be challenging because the Covid landscape changes constantly. Will Salomon offered several detailed graphs on the rate of infection by county in Maine and the virus' trend by county over the last few months. His analysis and the discussion led us to the consensus that we can begin to try opening but need to do so with caution and connection to the daily situation and guidelines from the Diocese and the state of Maine. Whatever plan we decide to follow, it is clear we also have to be willing to change our plans if the relative risk seems too great.

Souper Supper Curbside is starting on 5/22/2020 with many layers of protection.

The Book Sale (proceeds to benefit a nonprofit like the Falmouth Food Pantry) is tentatively scheduled for June 20 and will follow all CDC recommendations. It will be held outside, and the rain date is June 21. The team is planning to offer books by the bag w/one price. The nature of the Book Sale also allows us to cancel it should the landscape change.

Church Services—Nathan is tentatively planning to start Sunday services outside on June 21st and 28th. Parishioners will be asked to bring their own lawn chairs, and he is working on a meaningful Eucharist with the Bishop that will include bringing our own bread. We'll manage to CDC guidelines and social distancing. He recognizes that this may not be for everyone and streaming will still happen for those who want to remain at home.

Thanks to the Building and Grounds, The Last Supper wood sculpture was installed near the church by the B & G Committee.



Click

**American
Red Cross**

Together, we can save a life

Critical Need Blood Drive

July 25 9 AM - 2 PM

Due to the coronavirus outbreak, there is a critical need for blood. Sign-up today to be a blood donor and help give to those who need your blood to survive! Go to www.redcrossblood.org and use sponsor code "StMary" to make your donor appointment.

CELEBRATE



HONOR



SERVE

Outreach Ministry - All Ages Serving Near and Far

“Once we have found the God within...become connected to everything to every one, We carry the whole world in our hearts... Then, action and prayer are one.” *Richard Rohr*

In May and June, the Outreach Committee is devoting time to reassess and adjust our Outreach initiatives in view of the pandemic and post-pandemic world in which we now live.

Although much has changed, the WHY of what we do has not. Outreach at Saint Mary's will continue to be a source, an extension, and a product of our developing relationship with God, as we marry prayer and action to nurture relationships with those outside our gates, most particularly the marginalized.

In 2020 and 2021, we are focusing on building connections and community with the at-risk and marginalized through personal involvement, with a focus on those who have been especially affected by this pandemic. This will include:

- The immigrant population,
- The recovery community,
- The isolated, including the elderly,
- The unemployed,
- The hungry

Building and nurturing personal relations in an environment of illness, fear and distancing will be challenging, but we pray that with conviction, energy and imagination, we can overcome the obvious HOW obstacles. Surely, newly-learned technology will be a useful tool.

We need and invite all parishioners to offer ideas to help build Saint Mary's Outreach in new ways, in this new environment. The need is so great. Please reach out to a member of the Outreach Committee for a virtual coffee to exchange ideas: Maggie Gardner (maggie@imagardnerr.net), Jennifer Gregg (jenniferanngregg@gmail.com), Anne LaFond (akblafond@gmail.com), Dana Madison (danamadison21@aol.com), Justice Pollard (jbqpollard@gmail.com), Bonny Rodden (brodden1.br@gmail.com)



Parish 2020 Victory Gardens! Start Planting Now!

Help the Falmouth Food Pantry Feed the Vulnerable During the Pandemic

The Outreach Committee is joining forces with Guiding Ray in an initiative to provide fresh produce to the Falmouth Food Pantry this summer for local families who are the most nutritionally vulnerable due to the effects of the pandemic.

We invite all Parish families who already have vegetable gardens to consider sharing some of their harvest with the Food Pantry, and we invite those who don't yet have vegetable gardens at home to create a “Victory Garden” for this purpose. We will add your produce to that of the Guiding RAY garden donation!

Your garden need not be large—it could even be just one container! If you need help shopping or building or digging, let us know! The Outreach Committee and Helping Hands at Home ministry can provide labor (in a CDC- approved safe manner) to help you. Bobbi MacCallum is a Master Gardener and will be pleased to offer her guidance and expertise to anyone who wishes to start, or needs advice tending, their own gardens.



Beginning in June, date to be determined, the Falmouth Food Pantry plans to reopen and operate once again from its location underneath Town Hall. The hope is that food will be distributed twice per month. In the meantime, Food Pantry volunteers will deliver food to the homes of the most needy. The Pantry is well supplied with canned and dry goods but is anxious to supplement this with fresh produce.

For all those who wish to participate, the Outreach Committee will organize regular pickup of your donated produce for delivery to the Food Pantry.

To help us plan and assist, please advise if you wish to participate in planting, donating and/or helping other plant a garden and/or transport donations to the Food Pantry. Please contact Bonny Rodden, brodden1.br@gmail.com or Jennifer Gregg, jenniferanngregg@gmail.com

Outreach Ministry - All Ages Serving Near and Far

Souper Supper *To Go*: 2nd & 4th Fridays

Dining In is temporarily suspended.

Soup, bread and a sweet treat will be handed out *To Go* between 5 – 6 PM. ALL are welcome!



Support "Souper Supper" Buy "Coffee by Design" Coffee!

Medium to robust coffees: Casco Bay and Rebel Blend

"Coffee by Design" 12 oz. bags of ground fair-traded, organic, delicious coffees are on sale at Saint Mary's for \$10 a bag (Decaf is \$11). ...and support fair trade practices ...and a locally-owned business... and get GREAT organic coffee! Win! Win! Win!

St. Elizabeth's Jubilee Center 'Essentials Pantry' resumes June 2

St. Elizabeth's Essential Pantry is tentatively scheduled to reopen on Tuesday, June 2 unless the Governor extends her stay at home order. The plan is to distribute only pre-bagged essential items (soap, detergent, toilet paper, diapers and feminine hygiene products) outside St. Luke's Cathedral. If St. E's is allowed to continue, we need volunteers from Saint Mary's on the 3rd Tuesday of each month (June 16). Volunteers can help with pre-bagging on either Monday or Tuesday mornings. They can also help with distribution on Tuesdays beginning at 8:30 AM. All volunteers as well as neighbors will wear masks and gloves and maintain 6 foot distancing. FMI, contact Betsy Elliman at 207-400-6871 or betsyelliman@msn.com



Falmouth Food Pantry thanks all and hopes for our continued help

Families in need of food are invited to come to the Falmouth Food Pantry/ Town Hall site on the **first and third Friday during June, July and August**. Food will be distributed to cars from 9:00-10:30. Managers will continue packing food cartons for delivery to doorsteps of families in need- in April alone over 400 families received food from our Pantry and a number of unemployed families have received rent and medical bill assistance. It is because of the compassion and generosity of so many in our community that we are able to provide help to so many. In the event of a need please call 632-2687 or 781-2996.



Helping Hands at Home

Help for Parishioners During the Pandemic

Saint Mary's seeks to be of assistance to parishioners who are confined during the Coronavirus crisis. Do you need help with grocery shopping? Are you able to help others with grocery shopping? Please contact Jennifer Gregg, jenniferanngregg@gmail.com or Beth Shaw, admin@smary.org with your needs.



CELEBRATE

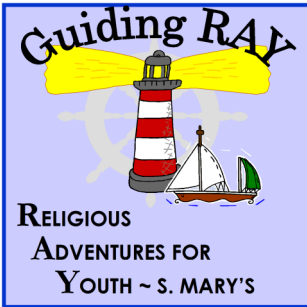


HONOR



SERVE

Christian Formation-RAY Beams - June 2020



I look forward with great anticipation to the day we can reconnect in person! I know that many of us are disappointed at the cancelation of summer camps and programs. But as we all navigate our way toward the end of this pandemic, we must trust in our faith leaders and God to guide us safely to a time when we can re-gather. Until that time, let us notice the presence of the Holy Spirit as we continue to grow, worship, and delight in God. I encourage you to get outside and observe something new every day. And let us remember that each day is a day that God has made. Each and everyone of you is in my prayers! Peace, Megan



Our Guiding RAY garden is growing!

Kids may have only planted the marigolds...but there will be plenty to harvest and share come fall. Last year, the Guiding RAY vegetable garden



provided over 50lbs of fresh veggies to the Falmouth Food pantry. This year, we are joining forces with the Outreach Committee to assist in providing fresh food for local families who are nutritionally vulnerable this summer.

Who has a guess as to how many pounds of veggies we can ALL donate this year?



Be sure to Like us on Facebook

<https://www.facebook.com/ChurchofSaintMary/>, there is a Guiding RAY group with resources for family worship at home.

Family-friendly worship activities and resources for the summer

[Salt Project Devotionals](#) - Salt Project offers print resources such as “Great and Small” Guide to the Most Okayest Summer Ever!, “Find Your Slow Summer,” and “Guide to Self-Care for Families Together at Home.”

[Camp In A Box](#) - From Ferncliff Summer Camp, “Camp in a Box is designed with the elementary camper in mind, grades K-5th or 6th. Each box provides 5 days’ worth of activities that are screen-free, encourage outdoor activity, and minimize demands on parents.”

[Compassion Camp](#) - A virtual camp/VBS curriculum from Illustrated Ministries

[Superbook children’s Bible app](#) - This FREE Kid's Bible app brings the Bible to life for the entire family with a full Bible, videos, images and engaging interactive games.

How to teach children to stay 6 feet apart: [PRACTICAL](#) information to share. I love “Bubble up!”

Christian Formation - RAY Beams - Summer 2020

Maine Episcopal Youth



Join us for prayer, song and community. Email Sara at sdangio-white@episcopalmaine.org for login information.



Though this trip is postponed, if we are able to safely gather this summer, there will be an outdoor opportunity for middle and high school youth.



The Mission Exchange to South Dakota for [High school youth and young adults](#) has been postponed until 2021



Mike Douglass, Exec. Dir.
98 Bishopswood Rd.
Hope, Maine 04847
mike@bishopswood.org
www.bishopswood.org

“... we feel it is time to make the responsible decision to cancel camp for the summer.”

For more information,
www.bishopswood.org



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Family
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changing hero in
a child's story.

**You can be a
Foster Parent.**

**Did you know you could
change an entire community?**

Now more than ever, Maine children need you. With more than 2,200 children in care and only 1,500 licensed foster homes, the need for assistance is great. Open your heart and home and become a resource parent today!

**Taking the first step is now
easier than ever!**

Viewing our new online informational presentation is the first step toward becoming licensed.

It will explain the differences between the various options of care, the process toward becoming licensed, and the supports that DHHS can offer resource families.

Start Today!

Call: 1.844.893.6311 or [CLICK HERE](#) to complete our short form. Like us on [Facebook](#).

**Find out how you
can be the life
changing hero in a
child's story.**

Contact [A Family for ME](#)

**A
Family
for ME**

Call us at 1-844-893-6311
Visit us at AFamilyForMeMaine.org

SPURWINK



Feed your Mind and Warm your Heart

Please join us for :

Saint Mary's Annual BOOK SALE

Saturday, June 20, 2020

(Rain date: June 21, Noon – 3pm)

9 am – 1 pm

**All proceed will go directly to the Falmouth Food Pantry.
Everything will be outside. All will wear masks and gloves.**

All books - \$1

Looking for something to do to fill your time NOW?

We have a few **puzzles**, DVDs, CDs, games - even books (for children and adults!) in the Auditorium with an honor box if you want to stop in during business hours and grab one (or drop one off!) **Only \$1 each.**

Music Ministry

by Bruce Fithian

Due to the fact that we can not presently meet in Saint Mary's sanctuary, I think a lot of us miss absorbing the beautiful Norman chapel, with its splendid stained-glass windows, and of course, hearing our wonderful organ. With this in mind, I thought it would be nice to present an organ recital in June that will be available on our web site. With the aid of Kue John Lor, the video will highlight the organ as well as the chapel. I have chosen music that is particularly suitable for our noble instrument and will include some comments about the organ, its builder, and the musical compositions.

The program will consist of a chorale phantasy by Dietrich Buxtehude, 'Nun lob, mein Seel, den Herren,' (Now praise the Lord, my soul). The first part of this chorale will be very familiar to all, as it is the opening melody of our doxology 'praise God, from whom all blessings flow.'

A meditative chorale prelude by Bach will feature another chorale melody based on the Lord's prayer.

Then, to show that our organ is suitable for later music, I will play a very expressive work by the contemporary British composer, Andrew Fletcher.

I have had lots of time to practice at home on my Johannes organ, so it will be a special treat for me to share with you an enchanting work by Bach that I have wanted to learn for a long time: 'Herr Jesu Christ, dich zu uns wend' (Lord Jesus Christ, to thee we turn.)

And the recital will conclude with 'Pageant,' a brilliant work by another contemporary British composer, Philip Moore, who was Organist and Master of Music at the great York Minster from 1983 to 2008.



We come together in Prayer

A Prayer from Dietrich Bonhoeffer

Shared by Merle Marie Troeger

You probably know something of Dietrich Bonhoeffer's story. He came from a very well-to-do German family and became a minister in the German Reformed Church. Because Hitler required an oath of allegiance from the clergy, Bonhoeffer broke away and became a pastor in the Confessing Church, a group of ministers who opposed Nazi interference in church matters. He was known internationally as a theologian, a teacher and preacher. In 1943, he was accused of participating in an organization that plotted to assassinate Hitler. He was arrested, imprisoned and then hanged in 1945. This 20th century Christian martyr wrote prolifically and one of his most famous works is *Letters and Papers from Prison*. Here is a portion of a prayer he wrote while he was in Tegel Prison in Berlin.

O God, early in the morning I cry to you.
 Help me to pray and gather my thoughts to you,
 I cannot do it alone.
 In me it is dark, but with you there is light;
 I am lonely, but you do not desert me;
 My courage fails me, but with you there is help;
 I am restless, but with you there is peace;
 In me there is bitterness, but with you there is patience;
 I do not understand your ways, but you know the way for me.
 God in Heaven,
 whatever this day may bring,
 your name be praised.



Since we know how Bonhoeffer's life ended, the prayer is especially poignant. But I offer it to you as a prayer any of us could pray in difficult times, whenever we feel alone, timid, restless, bitter or confused. I love the way the prayer lays it all out before God. There's no holding back. There's no false piety. Bonhoeffer simply puts himself before God with complete honesty. He gives us permission to do the same thing in our challenging time.

STILL GROWING TOGETHER

ONLINE WORSHIP (*worship videos are available a day later on the website*)

NOONDAY PRAYER: Monday – Friday 12noon on [Facebook Live](#)

Tuesdays and Thursdays will be chanted in June. See next page.

SUNDAY WORSHIP: each Sunday 10:15 AM on [Facebook Live](#)

ONLINE SPIRITUAL FORMATION

BE STILL: Sundays at 9:30 AM online via ZOOM *A contemplative time of themed reflection on scripture passages or poems.*

BE STILL: Mondays at 5 PM online via ZOOM *A guided practice of Centering Prayer with touches of Taizé, contemplation, scripture, poems and peace.*

MERTON GROUP: Thursdays at 3 PM online via ZOOM *A small, spiritually diverse, inquisitive, tolerant, open-minded, and supportive group of “seekers” that each week pray, read aloud from a chosen book, reflect, question, and grow.*

We come together in Prayer

Learn to Chant Noonday Prayer: Tuesdays and Thursdays in June

Why not join Fr Nathan in chanting the [Noonday office](#) on Tuesdays and Thursdays in June? The text of Noonday Prayer begins on p. 103 in the Prayer Book. Here is one set of simple chant settings for you to follow.

Opening

Officiant

O God, make speed to save us.

People

O Lord, make haste to help us.

Gloria

Officiant and People

Glory to the Father, and to the Son, and to the Holy Spi - rit:

as it was in the beginning, is now, and will be for ever. A - men.

Except in Lent, add:

Al - le - lu - ia.

The Psalm - Anglican chant tone



Psalm 119: 105-112 *Lucerna pedibus meis*

Your word is a lantern to my f^éet *
and a/light up - ón my path.
I have sworn and am det^érmined *
to keep your / righteous júdgments.
I am deeply tróubled; *
preserve my life, O LORD, ac-/cording to yóur word.
Accept, O LORD, the willing tribute of my líps, *
and teach / me your júdgments.
My life is always in my hánd, *
yet I do / not forgét your law.
The wicked have set a tráp for me, *
but I have not strayed from / your commándments.
Your decrees are my inheritance for éver; *
truly, they are the / joy of m^y heart.
I have applied my heart to fulfill your státutes *
for ev- / er and to the end.

Psalm 121 *Levavi oculos*

I lift up my eyes to the hílls; *
from where / is my h^élp to come?
My help comes from the LÓRD, *
the ma-/ ker of héaven and earth.
He will not let your foot be móved *
and he who watches over you / will not fáll asleep.
Behold, he who keeps watch over Ísrael *
shall neither / slumber nór sleep;
The LORD himself watches óver you; *
the LORD is your shade / at your ríght hand,
So that the sun shall not strike you by dáy, *
- / nor the móon by night.
The LORD shall preserve you from all évil; *
it is he / who shall k^éep you safe.
The LORD shall watch over your going out and
your cóming in, *
from this time / forth for évermore.

We come together in Prayer

Psalm 126 *In convertendo*

When the LORD restored the fortunes of Zíon, *
 then were / we like thóse who dream.
 Then was our mouth filled with laúghter, *
 and our / tongue with shóuts of joy.
 Then they said among the nátions, *
 "The LORD has / done great things for them."
 The LORD has done great thíngs for us, *
 and /we are glád indeed.

Restore our fortunes, O LÓRD, *
 like the watercourses / of the Négev.
 Those who sowed with téars *
 will / reap with sóns of joy.
 Those who go out weeping, carrying the séed,*
 will come again with joy, / shouldering
 their sheaves.

The Lessons *The Lesson will be drawn from those appointed for each day in the Forward Day by Day booklets. A meditation, silent or spoken, may follow.*

The Prayers

Officiant *People* *Officiant and People*

Lord, have mercy. Christ, have mercy. Lord, have mer - cy.

The Lord's Prayer - contemporary form

Officiant and People

Our Father in heaven . . . deliver us from e - vil.

Our Father in heaven, hallowed be your Name,
 your kingdom come, your will be done, on earth as in heaven.
 Give us today our daily bread.
 Forgive us our sins as we forgive those who sin against us.
 Save us from the time of trial, and deliver us from ev - il.

The Collect

Officiant *People*

Lord, hear our prayer; And let our cry come to you.

Officiant

Let us pray.

A Collect from p. 107, one appointed for the day, or another from the Prayer Book may be used. Our own prayers, intercessions, praises and thanksgivings follow the Collect.

The Noonday Office concludes with the following:

Officiant *People*

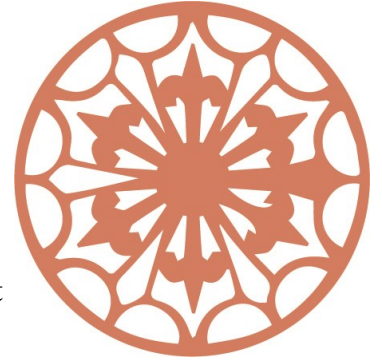
Let us bless the Lord. Thanks be to God.

A Saint Mary's Symbol

by Ben Rodgers

“Emanating.” Here, we live a community life of intertwined shapes and distinctions, all crowded together, bursting outward in song and light! Some of us have opposing views, and yet, we are bound together as one church body.

This shape is taken from the light fixtures in the sanctuary. Look up during a service, and you will see this shape staring right back at you, right there! Mentions of the similar floral pattern are scattered around the millwork and even on our stone Altar. It is formation and expression. Many parts are working in a beautiful order, yet one of them is darkened, it's directional, pointing the way. We don't just sit here; we move and lead. The primary font selected is orderly, strong and yet sensitive, with thin lines and thick lines mixed among the letters. It welcomes all shapes and sizes. It is subtly familiar. Indicative of the architecture of the place. It's not a rock 'n' roll church: it's stately, and old and beautiful, but alive and emanating. Museums use a similar, updated and yet old-world style.



“Enwrapped” is another main concept. Generations of people are caring for one another here. It's not an old or a young church; there is diversity of shape, direction and “ideas”: something we recognize in the community here. There is an inherent physical action to this imagery. Shouldn't we all be looking around and looking up? Notice how many times during the service we raise our eyes to heaven, wouldn't we notice these shapes? SHOULDN'T we? Where is our focus? What do we notice? Others? Are we outward? The images asks a lot of questions “OF Saint Mary.” We are all of this church, so it's emphasized. We are a membership, a body that belongs to one another and to God. Let's not ever forget that this is a “We” scenario.

Sparkles News

A lot of things are feeling very different now, but one thing hasn't changed.

It's June, and that means it's time to think about and prepare for Sparkles 2020, on **December 5** this year. Even Sparkles may look a little different this year, however, we are one of Saint Mary's largest fundraisers (and friendraisers), and this year, we will need those funds and friends even more than usual.



While we are currently meeting to explore how to Sparkle safely this year, there are things we could all do now to help make her a success.

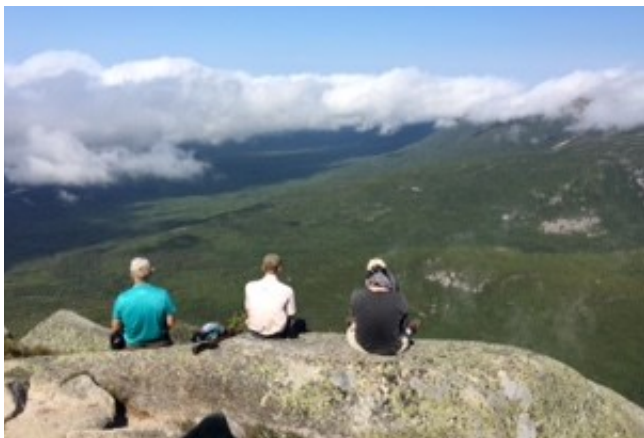
KNITTERS/CROCHETERS/SEWERS/WEAVERS/EMBROIDERERS – begin now making things for the Knitting Corner. Mittens, hats, scarves and felted bags are always big sellers. If you're cleaning out your “stash” of yarns or fabrics or notions, please save those to donate as well. For more information, call Barbara Murray (799-1326)

SAINT MARY'S GEMS – If you have vintage (antique or costume) jewelry, please save those for donation. They will be cleaned, repaired or reworked into other wearable pieces. If you make jewelry, we'd love to have some of your handmade pieces, too, as well as any beads, charms, clasps, etc.

DONATIONS FOR THE BOUTIQUE – Please, if you have items to donate, think Sparkles first! If you are selling your home, moving, closing an estate or just cleaning out, please consider donating your items to the Sparkles boutique. We accept donations year-round and offer pick up service if needed. Please call Jana Burke (272-4535) to make arrangements.

The Sparkles Committee is made up of some of the most wonderful people in Maine. If you have any interest in joining us, please contact Jana or Kathy. We especially welcome your ideas for how we might re-think Sparkles to respond to the changing environment.

Sparkles Co-Chairs, Jana Burke and Kathy Galen



Katahdin Pilgrimage: August 20 -22

Every Mainer should visit Baxter State Park and reach the summit of Katahdin, the zenith of Maine, if he or she is able. Join this group of 12 people for a summer-time adventure in this amazing natural treasure. We carpool, spend 2 nights in lean-to's and eat delicious camp food! Space is limited, so speak soon with Fr Nathan or Portia Hirschman, revpor-tial@msn.com or Jim Kane, 329-1764 or kanejbab-son@gmail.com.

The Trek Will Go On!

This will be the third consecutive year a group of S. Mary's Parishioners have pedaled together as team "Godspeed" in support of the American Lung Association.

2020 will not be "Trekking as Usual" as a result of the Coronavirus pandemic and corresponding social distancing requirements. **But the Trek and its critical fundraising efforts will go on!**

This year, each rider participating in the Trek Across Maine will log their riding miles on their own time and routes by a June 30th deadline. The COVID-19 Pandemic highlights the importance of the American Lung Association and its efforts. **In fact, the ALA is launching a new \$25M initiative to help bring an end to COVID-19 and defend against future respiratory virus pandemics.**

We each have our reasons for participating - whether it's a personal fight with lung disease, the struggle or loss of a loved one, or a deep commitment to the cause.

Please consider one of two ways to support our efforts:

We'd love more pedalers -- join our Godspeed

"2020 Virtual Team" ranks. Contact Greg Fergin or Charlie Hurdman for more information and details about how to do so.

Make a donation in support of the American Lung Association. Details about how to make an easy and secure online donation directly to the ALA are

provided on our Godspeed Team Trek page <http://action.lung.org/goto/godspeed>

We recognize that the current Coronavirus pandemic has, in addition to its core health threat, created financial hardship for many. **But, we will be most grateful for any contributions you may be able to make to support the important work of the American Lung Association.**

Thank you in advance for whatever support you may be able to provide, and stay healthy and safe!



2019 Godspeed Team Members



Maine Marathon: Sunday 4 October

Saint Mary's Godspeed Relay Team is looking for runners!

All of you have the time to go running. NOW you have the motivation! Everyone is invited to participate in this fun community event. There are no requirements to join the team except for your desire and interest. In miles, the relay legs are 5.9, 8.9, 5.7, 5.7. Which one is your leg? Reach out to Fr Nathan now to sign up (nathanferrell@smary.org).

News, Notes, Kudos, Dates & Reminders

(Send your 1-3 line notes, announcements or thanks to Beth at admin@smary.org by the 20th of the previous month)

To the Building and Grounds Committee and Katie Porter for permanently installing The Last Supper carving on the grounds. It looks fantastic. We hope all will have a chance to see it (safely, from a distance with all the proper protections.)

Kudos to our staff for their devotion to our daily operations and for their innovation in how to get their projects completed.

yay!

Thanks to the Prayer and CARE Team for their steadfast ministry of lifting up all who need prayer.

Thanks to Cuddledown, the Timberlakes, the Smiths and Outreach for providing grants to supply or reimburse mask makers for supplies used to make face-masks. Thanks to the many sewers for their time and talent!

Thanks to Bobbi MacCallum for her gardening expertise with the Guiding RAY garden.

Merci

WOW! OMG! Saint Mary's grounds look amazing! To the many who have tended to the grounds by raking, weeding, picking up sticks, removing old stumps, planting new grass, watering new plants, cleaning the labyrinth, etc—**THANK YOU!**

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Special thanks to those making 'check-in' calls and sending cards to parishioners. It makes such a difference! A special shout out to Lee Snow and Marge Devine who are exceedingly spreading that grace around.

Many thanks are due to all of you who have been generous in continuing your support of Saint Mary's. It is quite humbling and remarkable to see how your pledges have remained so constant over the last few months. Thank you! As always, if you have ideas for how we can better accomplish our God-given mission in these challenging times, please reach out and share them with me.

Nathan+

Thanks to Janet, Aaron and the Vestry who, with Nathan, are making the tough decisions and policies to keep us connected, spiritually fed and safe. Blessings!

Gracias

Thanks to Jennifer and the Outreach Committee for working overtime on multiple fronts during these times of need.

Congratulations to our own Katie Clark

Katie has been named the new Director of Communications for the [Episcopal Diocese of Maine](https://www.episcopalnewsservice.org/pressreleases/katie-clark-named-director-of-communications-for-episcopal-diocese-of-maine/?fbclid=IwAR08qNLvf9SDRh6vM7Odk5sizpDueRSG3MMMKFEX7F6hjMyoGxoZOnt9ZeE), a member of Bishop Thomas J. Brown's staff. Katie and her husband Darren are active members of Saint Mary's and the Guiding RAY program since adopting Hope and Lily five years ago.

In this position, Clark's duties include managing public and media relations, managing the diocese's messaging across digital, print, and social media, working with diocese staff to assist with special events, and serving as a communications consultant and resource to the churches, congregations and groups within the diocese. Read the full Episcopal News Service article [here](https://www.episcopalnewsservice.org/pressreleases/katie-clark-named-director-of-communications-for-episcopal-diocese-of-maine/?fbclid=IwAR08qNLvf9SDRh6vM7Odk5sizpDueRSG3MMMKFEX7F6hjMyoGxoZOnt9ZeE):

<https://www.episcopalnewsservice.org/pressreleases/katie-clark-named-director-of-communications-for-episcopal-diocese-of-maine/?fbclid=IwAR08qNLvf9SDRh6vM7Odk5sizpDueRSG3MMMKFEX7F6hjMyoGxoZOnt9ZeE>






Here are some important dates in our
Saint Mary's parish family

Happy June Birthdays to:

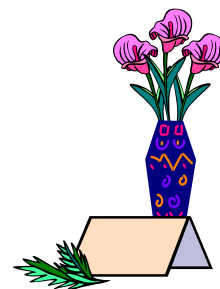


1	Brianna Young	13	Kim Wing		
2	Anders Hesson	15	Carla Birt		
2	Robby Hurdman	15	Darren Clark		
3	Emily Stinneford	15	Michael Ianno		
4	Joel Harris	15	Sarah Kelly		
4	Alison Hayward	15	Helga Ryder		
5	Irwin Gratz	16	Annie Johnson		
5	Jennifer Kane	17	Ellie Bryant		
5	Julie Otte	17	Andrew Edwards		
8	Tommy Bazarian	17	Celia Funk		
8	Kitty Babson	18	Peter Kyros	22	Marge Devine
9	John Edwards	19	Jan Andrews	22	TJ Frongillo
9	Anna Vigue	19	Oliver Perry	23	Evelyn Carr
10	William Gale	20	John Isacke	23	Charlie Cott
10	Chance Guyton	20	Julia Splint	23	Sheila Donaldson
13	Stuart Whittier	21	Kevin Browne	23	Fiona Ferrell
				24	Mamie Whittier
				25	Christine Davik
				30	Margaret Fenderson

We'd love to include good wishes on your birthday and anniversary. If we don't yet have the dates, please send your and your family's special dates into the parish office and we'll be sure to include them on your special month. admin@smary.org or call 781-3366 or drop a note to the church. Thanks!

Happy June Anniversary wishes to:

1	Katherine & Bernie Echavarri	19	Nadine & Bob Timberlake
3	Kayla & Jared Horihan	20	Rayle & Ed Ainsworth
7	Emily & Tim Kearins	22	Kathy & Mike Edwards
8	Carla & Arthur Birt	24	Missy & Chris Smithwick
8	Lucy Ellis & George Bokinsky	25	Erin & Nathan Ferrell
12	Kim & Michael Wing	26	Linda & Stan Eaton
14	Melissa & Jim Kane	29	Al & Mary Ahlers
17	Ginny & Lincoln Stelk		



Caring for God's Creation - A Tip for Saving Energy and Cash from the Outreach Committee



Plant-based milks like soy, almond or oat milk are easy to make and a great way to save money (alternative milks are harder to find these days and the prices have jumped.) Also, plant-based milks can help reduce your personal carbon footprint and use less water.

The production of dairy products accounts for almost 4 percent of planet-warming emissions worldwide each year. For recipes, contact Jennifer Gregg, jenniferanngregg@gmail.com (<https://www.nytimes.com/2020/05/13/climate/nyt->



THE EPISCOPAL CHURCH OF SAINT MARY

43 Foreside Road
Falmouth, ME 04105
207-781-3366 www.smary.org

Our Temporary Worship Schedule

Sunday Worship

10 :15 AM - Liturgy of the Word
on Facebook Live
5:30 PM - outside on 6/21 & 6/28

MONDAY - FRIDAY

12 Noonday Prayer on Facebook Live

BE STILL Live on Zoom

Sundays 9:30 AM

Mondays 5 PM

CELEBRATE & HONOR & SERVE



THE EPISCOPAL CHURCH
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43 Foreside Road
Falmouth, Maine 04105
207-781-3366 / smary@smary.org
www.smary.org

The Rev. Nathan Ferrell, *Rector*
nathanferrell@smary.org

The Rev. Christine Bennett, *Deacon*
deacab@maine.rr.com

Bruce S. Fithian, *Organist & Choirmaster*
bsfithian@aol.com

Megan Akers, *Director of Christian Formation*
GuidingRAY@smary.org

Beth Shaw, *Parish Manager*
admin@smary.org

Office Hours: TBD

Copy deadline for July AVE - June 20

YOUR 2020 SAINT MARY'S VESTRY

Nathan Ferrell, Rector, 310-0268, nathanferrell@smary.org

Janet Bowne, Sr. Warden, 318-7045, jmitchellbowne@gmail.com

Aaron Splint, Jr. Warden, 838-2708, asplint@yahoo.com

Ben Parks-Stamm, Treasurer, 458-3151, ben.parks.stamm@gmail.com

Darren Clark, 781-424-9905, ddclark@maine.rr.com

Sandy Couch-Kelly, 233-7994, scouchkelly@gmail.com

Stan Eaton, 317-6097, stan.eaton@gmail.com

Matt Fulton, 617-833-0987, mfult825@gmail.com

Rick Hirschman, 310-3800, rrhirschman@msn.com

Jessica LaPlante, 650-7977, jessica@locationsinmaine.com

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Thom Pettingill, 781-2219, thomaspettingill@gmail.com

Will Salomon, 240-1646, wsalomon@clinical-metrics.com

Jan Wentling, 400-9904, janwentling@hotmail.com