



## *Extra Mundum Nulla Salus*



What exactly is this Creation Season that we have been celebrating? The Season of Creation is a time to renew our relationship with our Creator and all creation through celebration, conversion, and shared commitment. During the Season of Creation, we join our fellow disciples of Jesus as the ecumenical family in prayer and action for our common home.

Ecumenical Patriarch Dimitrios I (of Constantinople) proclaimed 1 September as a Day of Prayer for Creation by Orthodox Christians in 1989. In fact, the Orthodox ecclesiastical year starts on that day with a commemoration of how God created the world. The World Council of Churches (WCC) was instrumental in expanding this day of prayer into a season, extending the celebration from 1 September until 4 October. Following the leadership of Ecumenical Patriarch and the WCC, many Christians worldwide have embraced this season as part of their annual calendar. Pope Francis made the Roman Catholic Church's warm welcome of this season official in 2015. The Anglican Communion Environmental Network has become a key partner in this growing ecumenical effort.

In recent years, statements from religious leaders around the world have also encouraged the faithful to take time to care for creation in tangible ways during the month-long celebration. The season starts on 1 September with the World Day of Prayer for Creation, and it ends on 4 October with the Feast of St. Francis of Assisi, who is beloved and honored as the patron saint of ecology by many Christians. Throughout the month-long celebration, the world's 2.2 billion Christians come together to focus our care and love on our common home.

For many centuries, the Church pronounced this assertion: *extra ecclesiam nulla salus*. Translated from Latin, it says "outside the Church there is no salvation." But many of us have come to realize that a far more basic assertion needs to be made and to be understood by each human: *extra mundum nulla salus*. That is, apart from this earth there is no salvation! Like it or not, our Creator has placed humanity on this earth, with all of its remarkable gifts and its frustrating limitations. God wants us to learn how to control ourselves and to live within the limits of this earth, and particularly the limits of our very thin atmosphere without which no human can survive. THIS reality must be considered in every decision we make, whether as individuals, organizations or nations. Are we contributing to the health and salvation of the earth by living within its limits, or are we ignoring these out of greed, pride or laziness? The surface of this earth and its razor thin atmosphere are the only home we have in this entire universe. Any claim to love God is proved false if that person does not love the world God has made. This is why Creation Season matters, and why Saint Mary's will continue to celebrate it until everyone truly understands what is at stake.

*Nathan W. Ferrell +*

## **Baptisms on All Saints Sunday: November 7**

This will be the final opportunity to be baptized or to have one of your little ones baptized by Fr Nathan before he leaves for Bahrain. If you have been considering this, now is a good time to reach out and start a conversation. Contact Nathan at 207-310-0268 or [nathanferrell@smary.org](mailto:nathanferrell@smary.org).



## Greetings from Rev Jane:

I am delighted to be starting at Saint Mary's on November 8th. Fortunately, Fr Nathan and I will have some overlapping time before he goes on deployment. I hope to move to the Falmouth area sometime at the end of October when my current work at St Anne's, Damascus, Maryland concludes.

I am from the Diocese of Washington but have served in different ministries in Annapolis, Maryland, Hanover, New Hampshire, and Washington DC. I graduated from Virginia Theological Seminary. I am a certified Interim Minister and hold numerous certifications in topics related to ministry.

Before my ordination in 2011, I was a professional gardener and founded 'Garden Grooming', a company which maintains civic and residential gardens in the Washington area.

I am looking forward to exploring the various walking trails around southern Maine. My golf is pitiful, and I will wait until next spring to unearth my golf clubs.

Jane Milliken Hague



## A Coat of Paint

If you haven't been in the church since August, you may not know that the chancel, sacristy, and robing room have been painted. Estimates vary, but it's probably been at least 35 years since they were last painted. It was time! The paint offsets the beautiful altar. The colors in the stained-glass windows are more vivid. The painting project is one example of how our parishioners' support helps us maintain our buildings and grounds. It's a visible, tangible illustration of your pledge dollars at work.

Most of what we do is hard to see, but it's even more important. Doing the work that Christ calls us to do is not something we can see and measure. Our outreach programs, our formation programs, support for the community and the work we do on an individual level to help others are critical and can be transformative. The common thread is the financial support we receive from all our parishioners. All of our contributions combined enable us to do the tangible and the intangible. In a few weeks we will roll out our pledge program for 2022. Thank you for what you've shared in the past and for what you can share in the future.

**See what will grow if we  
look after what we have**



# Vestry Highlights from the Wardens

by Janet Bowne

The Vestry met on **Wednesday, September 15, 2021**. Father Nathan led with a teaching moment on the Veneration of the Cross Church of the Holy Sepulcher which is the feast day lesson for September 14.

Treasurer Ben Parks-Stamm shared the financial update. We are ahead on pledges and other income is over expectation as well. Buildings and Grounds are over budget as are capital expenses. We've been doing a number of necessary repairs. We are currently showing a surplus, but we are not sure of the impact of hiring the new interim.

The Audit Committee: They have completed the audit and apparently all is well. Their official report is not yet complete, and we hope to hear from the Audit Team in October.

Buildings and Grounds: The chancel painting is complete and looks fantastic. Thanks to all who made it possible! The bell repair is still in progress and should be completed in early October. The lychgate needs repair or replacement; Tom and Jessica LaPlante are gathering information, but so far all the possible tradespeople are extremely busy.

Hiring Committee Update: Pat Peard reports the committee has met regularly and thanked committee for all the hard work. The committee plans to have the final candidate for Vestry approval within the next 10 days. This will require a special Vestry meeting which may be a combination of in-person and ZOOM.

Nominating Committee: Stan Eaton will assume the chair role this year, and working with him are Darren Clark, Jan Wentling, Alice Brock, and Matt Fulton.

Rector's Report: Nathan is trying to get as many projects organized and set up before he leaves in eight (8!) weeks. We have some important positions that need to be filled including:

- Christmas pageant director
- Hospitality
- Sparkles, Chair
- Buildings and Grounds, Chairman

Stan Eaton is chairman of our relationship with St. Elizabeth's Jubilee Center and contact. He has four people working with him but would like two or three more. St E's is a dynamic place to volunteer with 175 to 180 people coming in weekly for clothing or household supplies on Tuesdays at St. Luke's.



Janet Bowne, Sr. Warden



Aaron Splint, Jr. Warden

The Maine Marathon is Sunday October 3 (no morning services,) and we will again host a water station - anyone can volunteer. Evening service will be held outside at Foreside Community Church.

Kickoff Sunday was quite successful with food provided by Bueno Loco. Thank you to all who helped with the Kickoff event!

The Vestry met in a special session on **Thursday, September 23 at 6 pm**. The purpose of this meeting was to vote on the proposed interim as presented by the Hiring Committee. The Hiring Committee was formed in May by the Vestry upon hearing that Father Nathan was being deployed to Bahrain to serve as a chaplain with the United States Navy, from 11/2021-8/2022.

The Hiring Committee developed a profile/job description and, working with the Diocese, posted the 10-month position nationally. Six very qualified candidates applied, and the Hiring Committee undertook interviewing the candidates, checking references, watching sermons, reading blogs, writings, and other teachings.

The Hiring Committee presented Reverend Jane Hague, currently the interim at St. Anne's in Damascus, MD for its selection. The Vestry voted unanimously to accept her as the interim to start on November 8th. Please see the prior page of this AVE for more information on Reverend Hague.

## Did You Know?

### Frederick McKinley Jones, inventor, 1893-1961

Jones pioneered an invention we still rely on to this day: the modern refrigeration system. In 1940, he patented a refrigeration system for vehicles, a concept that suddenly opened a global market for fresh produce and changed the definition of seasonal foods. It also helped open new frontiers in medicine because hospitals could get shipments of blood and vaccines. He earned more than 60 patents before his death.



## From Deacon Christine:

shared by Deacon Christine Bennett

Dear Ones,

If you watch the news, you have seen countless images of suffering and heard stories about suffering here in our own country and community and around the world.

Whether it is caused by the pandemic, war, political corruption, natural disasters or simple neglect of the needs of others, it can feel overwhelming. I do not spend a lot of time ingesting news, but I do want to know what is happening in the world and feel called to pray as best I can for God's mercy and intervention and for the wisdom and will to know how I as one person might make a difference.

In addition to prayer, I feel called to take some kind of action even if it is a donation to a reputable charity where my small resources may be shared in the best way possible. Most recently my heart has gone out to Haitian refugees who are coming by the thousands to our southern border with Mexico. These poor strangers have traveled on foot for hundreds of miles counting on the misinformation they were given that they will be welcomed into the United States. They come from one of the poorest countries in the world where political corruption and lack of resources keeps them in extreme poverty. Now the country adds an earthquake to its burden of suffering. Many who have traveled here have been deported back to Haiti where more suffering awaits them and the ones who struggle across the Rio Grande have been turned back by Border Agents on horseback. Those videos are gut wrenching, and may I suggest that these Border Agents also need and deserve our prayers.

I have no answers to the immigration crisis. While all of it has political ramifications, for me there is only one thing that matters and that is what my response needs to be as a member of the Jesus Movement, the Body of Christ. I have prayed about this and want to share with you that in addition to prayer, which I know makes a difference, I feel compelled to share the resources with which I am blessed with my brothers and sisters who are suffering in Haiti. It's a drop in the proverbial bucket, but it is what I am able to do and what I must do. I encourage you to do the same or to consider which situation calls to your heart for a prayerful response from you. Haiti, contributions to Episcopal Relief and Development or Doctors without Borders or Konbit Sante, which is a local organization, will be most welcome.

Faithfully,

Deacon Christine



## October is Nomination Month

The Nominating Committee is seeking names of parishioners to serve in the following positions:

Jr: Warden - 2 year term

Vestry members - 3 openings for 2022, 3-years terms

Delegates to the 2022 Diocesan Convention

You can submit your own name or someone else's. We are seeking 3-4 Diocesan Convention delegates to serve along with a wardens and treasurer, as well as 2-3 alternates.

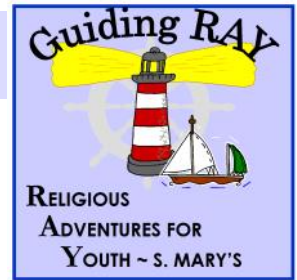
Nominations are open through October 31, at which time the Nominating Committee will review names and make recommendations to the parish for a slate to be voted on at the Annual Meeting in late January. Nomination forms are available in the narthex, outside of the Guild Room, [on our website](http://www.smary.org/nomination) (www.smary.org/nomination), the insert or end of this AVE, or [click here for online form](#)

For the Nominating Committee: Darren Clark, Stan Eaton (chair), Jan Wentling, Matt Fulton and Alice Brock  
Chairs contact info: [stan.eaton@gmail.com](mailto:stan.eaton@gmail.com) (Cell) 207-317-6097



# Christian Formation

**Guiding RAY** is our ministry to all young people up to age 14. We offer our children an opportunity to learn Bible stories and to develop their relationship with God. Our hope is to guide them to the safe harbor of God's everlasting love where they can grow in the grace and knowledge of our Lord Jesus Christ.



## From Jeff Morgan, our GR Coordinator

**We have had a great first few weeks at Guiding RAY!** It has been exciting to welcome your children back for a time of friendship, fellowship and activities.

Each week, the kids spend time making a craft or card for someone else, we sing, we read a study a biblical passage and make it applicable to their lives. When the weather is nice outside, it's been great to see the friendships forming as the kids enjoy God's creation!

**If you feel led to do so, we need volunteers in Guiding RAY!** The commitment is low, and the reward is high. If you are a parent or not, please consider signing up to volunteer. We will provide you with all of the materials to ahead of time; you just need to show up. <https://signup.com/go/kdBtgeu>. You be a part of Guiding RAY from 9:30-11 and be able to join the congregation in the sanctuary for communion afterwards.

**For those of you who might be new, here is more information on Guiding RAY.**

**What is Guiding RAY?** Guiding RAY is what we call the children's education program at Saint Mary's. It's a time for children from birth to 6th grade to make friends, learn about Jesus, and grow in their faith. It takes place from 10am-11am each Sunday morning and then children (not in the nursery) join their parent(s) for communion in the sanctuary.

**What should my child expect on Sunday mornings?** Every Sunday, we hope to be able to share a little bit with your child about Jesus and how a relationship with him is an integral part of his/her life! Children can also expect to have a snack, sing, learn about the church calendar, make friends and when the weather is nice, play outside. Based on the number of children, after a short gathering time with all the school aged kids, Pre-K-3rd grade will be together and 4-6th will be together.

**How else can my child participate in the life of the church?** During our Guiding RAY time, we will incorporate learning and opportunities to serve others - whether it's making cards for the home-bound or writing an uplifting note to veterans. Additionally, for the older children, acolyting is an opportunity where they can plug in on Sunday mornings. The children will also do a Christmas pageant in December.

Thank you for prayerfully considering how you can help this important ministry!

Jeff Morgan

## AUTUMN 2021 SUNDAY SCHEDULE

**Beginning on Kickoff Sunday 12 September, we will use the same basic schedule as in 2019, but with some minor adjustments. Here are the details:**

- ♦ 8:00 Holy Eucharist - followed by coffee and tea in the Auditorium
- ♦ 9:30 Formation for all ages - Adults, Youth, Choir, and Nursery
- ♦ 10:00 Guiding RAY begins (classes by age group)
- ♦ 10:15 Choral Eucharist
- ♦ 11:00 GR Youth are brought over for Communion with their families
- ♦ 11:30 Coffee Hour in the Auditorium

## Outreach Ministry - All Ages Serving Near and Far

### CASCO BAY CAN – *TABLE TALKS* - Thursday, October 14 at 6 PM for Saint Mary's Families & Friends – Prevent Illegal Substance Use



A grant funded project sponsored by  
Cumberland County Government  
Cumberland County

Saint Mary's welcomes Casco Bay CAN back for what is always a very popular and highly informative "Table Talk" evening designed for parents, grandparents, and mentors of Middle and High School youth seeking to prevent illegal substance use among those they love.

This is a great opportunity both for Saint Marians and your friends, so please feel free to invite other parents (from sports teams, extra-curricular activities, neighborhood etc.)

You will:

- Learn new information and trends about underage drinking and youth substance use prevention
- Share challenges and ideas for preventing youth substance use
- Learn how to look for signs of youth substance use
- Get strategies for communicating effectively with other parents on youth substance use
- Learn the protective factors that influence youth to make positive choices
- Get resources and practical tips to use at home and share with other parents

This gathering will either be outside at Saint Mary's or via Zoom, depending on the weather! Save the Date and **Reserve your spot:** Email Jennifer Gregg, [jenniferanngregg@gmail.com](mailto:jenniferanngregg@gmail.com) or Beth Shaw, [Admin@smary.org](mailto:Admin@smary.org).

**Casco Bay CAN together with**  
**Town of Falmouth**  
**The Episcopal Church of Saint Mary**  
**Falmouth Rotary Club**

**Virtual Community Overdose Response Training**  
**October 20, 2021 - 5:30 PM**

To register, email Maggie Fleming, [m Fleming@falmouthme.org](mailto:m Fleming@falmouthme.org)

## A Welcome from St. Elizabeth's Jubilee Center!

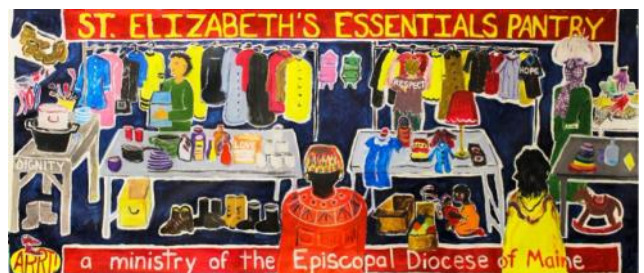
Every Tuesday morning St. Elizabeth's Jubilee Center (St. E) offers to our neighbors living in need, at no charge, basic, daily non-food essentials that cannot be purchased with SNAP funds. We also connect people with other resources in the community for needs such as housing, furniture, language acquisition, job search assistance, and other social needs.

Saint Mary's Episcopal Church's volunteers serve at St. E's on the third Tuesday of each month. The special area of concern on those Tuesdays is Kitchenware and Housewares (pots, pans, bowls, kitchen tools [no knives, please], glasses, cups, etc.), and we give a big Thank You to the Church members who have generously donated so many items over this summer! Keep us in mind as you close summer camps/cottages and reduce stock for the winter.

The month of October will continue to focus on ADULT WINTER COATS AND BOOTS also. All churches participating in St. E's encouraged to focus donations on this special need as winter approaches.

### Let's increase Saint Mary's Episcopal Church's Presence at St. E's!

We are looking for 3-5 volunteers from Saint Mary's willing to work 2-4 hours per month to assist with this ministry. There are a variety of tasks, ranging from sorting, delivering materials to the Jubilee Center, assisting neighbors, and more. For more information, please contact Stan Eaton at <mailto:stan.eaton@gmail.com>.





## **TWO new volunteer opportunities:**

**Outreach would like to introduce the parish to two new volunteer opportunities:**

The **Foster Grandparent Program** and **The Senior Companion Program**. Both are nationally funded and sponsored locally by The Opportunity Alliance in York & Cumberland counties.

### **1. The Foster Grandparent Program:**

Foster Grandparents serve as tutors and mentors to young people with special needs in schools, Head Starts and child development centers. Foster Grandparent Volunteers read with children, support their academic learning and social development, and help teachers by giving each child the time and attention they need. In return, they develop rich, meaningful relationships in the community. So often, a young child doesn't have the benefit of having a grandparent, or older person in their lives to nurture, guide, and give them the individual help they might need. This program provides the emotional and educational support to children in the classroom. In turn, it provides an opportunity for volunteers 55 and older to stay active by giving between 10 and 40 hours a week, connecting and sharing wisdom with young learners.

The following video is a wonderful interview of two Foster Grandparents describing how meaningful their experience has been:

<https://www.youtube.com/watch?v=Y8adRcga5L8>

What is the Foster Grandparent Program? Check it out here

### **2. Senior Companion Program:**

Senior Companions help older adults who have difficulties with tasks of daily living that allow them to remain living independently. Some examples of Senior Examples of Senior Companion activities include visiting clients in their homes to provide socialization and companionship, and/or respite for caregivers. Offering transportation to essential errands such as medical appointments and grocery shopping. Assisting with accessing community resources or just sharing a meal together and/or taking a walk in the neighborhood.

During COVID-19, Senior Companions are conducting wellness calls, writing notes/letters to help decrease isolation and providing information and assistance with accessing essential services and resources.

These two volunteer programs have COVID-adapted opportunities, whether it is teaching through zoom or contacting seniors over the phone. They also offer orientation and training. For more information, please contact Anne LaFond (akblafond@gmail.com).

## **Caring for God's Creation - Insight from the Outreach Committee**

Ecomaine, is known for their efficient waste-to-energy plan that creates energy by burning our trash. But wet, gooey, heavy food waste reduces this efficiency. The less food waste that is included in trash bags, the more efficiently energy will be produced. It also saves on the number of trash bags that you'll need to purchase as well! Lastly, by composting, disposal isn't the last step in the food lifecycle. It goes on to become nutrient-rich fertilizer that helps to grow more food! So what do you do with compostable material?

In Falmouth:

Free Food Waste Kiosks: At the Transfer Station (during opening hours); Community Park on Winn Rd. (anytime!); Village Park, next to Casco Bay Ice Arena (anytime!)

Or, use backyard composting bins – available for purchase at Public Works. The beauty of creating your own compost is that then you have it easily available when your lawn and gardens need it.

Or, use a Fee-based subscription collection - Check local listings for companies. Saint Mary's uses Garbage-to-Garden!



## Outreach Ministry - All Ages Serving Near and Far

### Falmouth Food Pantry

The Falmouth Food Pantry continues to be unable to accept food donations from individuals, but rest assured the Pantry is busy serving our community using a doorstep delivery distribution system. Boxes of food are being packed at the Pantry and delivered by volunteers to area families. **If you know a Falmouth family with an urgent need, please call Nancy Lightbody at the Pantry at 776-0081.** At this time, the best way to support the Pantry is through monetary donations. Donations should be made payable to the Falmouth Food Pantry and mailed to: 271 Falmouth Road, Falmouth, ME 04105. Donations may also be made online via PayPal at: <https://www.paypal.com/fundraiser/charity/1807575>



If you have any questions about the ways in which Saint Mary's supports the Pantry, please feel free to reach out to Saint Mary's outreach coordinator for the pantry, Vanessa Record, at [recordvanessa@gmail.com](mailto:recordvanessa@gmail.com).

### Parish 2021 Victory Gardens! We are loving your produce for the Food Pantry! Contact Vanessa Record: [Recordvanessa@gmail.com](mailto:Recordvanessa@gmail.com)

The Outreach Committee joined forces with the Food Pantry again to assist in providing fresh food for local families who are nutritionally vulnerable this summer. Flowers are also a welcome contribution. *We invite all parishioners who have vegetable gardens or containers to donate part of their fall harvest to the Falmouth Food Pantry. Even a small share of your harvest will mean the world to those for whom fresh vegetables are a very scarce and treasured commodity.*

You can leave your contributions in the Parish Hall kitchen on Sunday after church or on Monday from 9 am- 12 noon. To help with transporting vegetables to the Food Pantry or to arrange for pick-up at your home, please contact Vanessa Record at [recordvanessa@gmail.com](mailto:recordvanessa@gmail.com).



### Helping Hands at Home: Help for Parishioners

Saint Mary's seeks to be of assistance to parishioners who need help staying in their homes. Can you assist with light yard work or housework? Please contact Jennifer Gregg, [jenniferanngregg@gmail.com](mailto:jenniferanngregg@gmail.com) or Beth Shaw, [admin@smary.org](mailto:admin@smary.org) with your needs or offers of help.



### Garbage to Garden

#### Composting In Saint Mary's Kitchen

In response to our call to be responsible stewards of God's creation, Saint Mary's composts!! Through a cost-effective contract with Garbage to Garden, we have four moderately sized tubs delivered each week in which to collect compostable material. These are picked up and the new tubs delivered on trash day. Special thanks to our recycling crew, Marian McCue, John Henson and Jennifer Gregg for ensuring that the full tubs are put out with the recycling each week. And thanks in advance to ALL parishioners for *composting and recycling responsibly* at Saint Mary's. Check out the list of compostable items that is displayed in the kitchen next to the tubs--and the list of recyclable items that is taped to the top of the recycling bins. Any questions? Please contact Jennifer Gregg, [jenniferanngregg@gmail.com](mailto:jenniferanngregg@gmail.com), or any member of the Outreach Committee.



## Maine Marathon Sunday 3 October

**SERVE:** Volunteer at our Water Station on Foreside Road. We need help to serve drinks and to cheer on the runners and walkers. Anytime from 7:30 to 10:30 AM.

**HONOR:** Cheer on our GODSPEED runners and other Saint Mari-ans participating in this fun community event. Runners start at 7:45 AM.

**CELEBRATE:** Gather for an ecumenical Outdoor Eucharist at Foreside Community Church on Sunday afternoon at 5 PM. Bring a chair and an expectation to worship God with a broader portion of the Body of Christ.



## Souper Supper *To Go*: 2nd & 4th Fridays

Soup, bread and a sweet treat will be *CURBSIDE TO GO* between **5 – 6 PM**. ALL are welcome!

*With the evolving virus, curbside delivery will continue through October. We will review any in-person possibilities on a month-by-month basis. Stay tuned!*



**Support "Souper Supper" Buy "Coffee by Design" Coffee!**

*Medium to robust coffees: Casco Bay and Rebel Blend*  
"Coffee by Design" 12 oz. bags of ground fair-traded, organic, delicious coffees are on sale at Saint Mary's for \$10 a bag (Decaf is \$11). ...and support fair trade practices ...and a locally-owned business... and get GREAT organic coffee! Win! Win! Win!



**American  
Red Cross**

*Together, we can save a life*

## ***Critical Need Blood Drives***

***at the Saint Mary's auditorium, 43 Foreside Rd, Falmouth  
October 13 and 28***

There is a critical need for blood! It's safe for all healthy people to give blood. Sign-up today to be a blood donor and help give to those who need your blood to survive! Go to [www.redcrossblood.org](http://www.redcrossblood.org) and use sponsor code "StMary" to make your donor appointment.

**PLEASE donate, if you can. The need is great.**

# Be Still.....and know that I am God.

Dear Saint Mary's community,

We, the facilitators of Be Still on Sunday Morning, encourage and welcome you to join us on at 9:30 for 45 minutes of reflection, response, and short segments of silence. We currently meet [only through Zoom](#), but are preparing to "go hybrid," offering in-person gathering in the Father James' Chapel concurrently with Zoom attendance—as public health permits.

Each week's facilitator brings their choice of readings related to the particular theme for each season. We begin with 5 minutes of quiet meditation and then explore the readings with wide-ranging conversations, reactions, stories, and feelings. Please [feel free to join](#) us at anytime to see what comfort or food for thought, or what insights you may share and harvest. If you have questions or wish to express your interest, please don't hesitate to reach out to any of us: Becky Pride, John Bennett, Jennifer Gregg, Merle Marie Troeger

*Here are some of the poems and prose we've looked at, and we pass them along for your enjoyment.*



When I am among the trees,  
especially the willows and the  
honey locust,  
equally the beech, the oaks  
and the pines,  
they give off such hints of  
gladness.  
I would almost say that they  
save me, and daily.

I am so distant from the hope of myself,  
in which I have goodness, and discernment,  
and never hurry through the world  
but walk slowly, and bow often.

Around me the trees stir in their leaves  
and call out, "Stay awhile."  
The light flows from their branches.

And they call again, "It's simple," they say,  
"and you too have come  
into the world to do this, to go easy, to be filled  
with light, and to shine." Mary Oliver

**What is the difference  
Between your experience of Existence  
And that of a saint?**

**The saint knows  
That the spiritual path  
Is a sublime chess game with God  
And the Beloved  
Has just made such a Fantastic Move**

**That the saint is not continually  
Tripping over Joy  
And bursting out in Laughter  
And saying, "Surrender!"  
Whereas, my dear,  
I am afraid you still think  
You have a thousand serious moves.  
Hafiz**

Joy is both a decision and a surrender. Eventually we stop being preoccupied with creating a fault free environment that will ensure our own happiness, and we discover that joy is much more like falling into an objective Presence, a Larger Body, Love it-self, a unified field, that many of us would call God. You do not create love, you "fall" into it. You do not attain God, you fall into God. You do not manufacture joy, you collapse into it when you give up trying to make it happen.

Richard Rohr

**HELLO**  
my name is

## WHAT IS YOUR CHRISTIAN NAME?

This is your first name, the one given or used in your baptism.

## CAN YOU TELL US YOUR NAME?

On Sunday mornings, when you enter the Sanctuary, PLEASE grab one, write your name, and stick it on. It's been a while since we've seen one another, masks are on, and there are new faces all the time. This is vitally important to demonstrate respect and care for one another.

For now, we've given up on the permanent name tags. If you would rather use one of those each Sunday, just ask Beth and she can get you one.



# 2021 SAINT MARY'S SPARKLE IN OCTOBER

781-3366

[WWW.SMARY.ORG](http://WWW.SMARY.ORG)**OCTOBER 29 & 30***CLICK for Sparkle in October info & more!*

**October 29** (5:30 - 8pm) Sparkles Spirit Appetizer Event, Re-fashion Show and sale, Holiday décor & Furniture ( limited to 50 attendees)

**October 30** (9 - 12noon) Sparkles Fair: Men's & Women's fashion, jewelry & accessories, Holiday décor, small furniture, & other treasures

## *Sparkles Spirit Appetizer Event and Re-Fashion Show*

We have a very special event planned for Sparkles on October 29 (5:30-8pm) and 30 (9-12noon). In addition to our traditional Sparkles Spirit Appetizer Tasting (and ordering) on Friday evening, we'll have a Re-Fashion Show of donated clothing and accessories. Some of our own fashionistas will narrate the show, and they'll also give easy tips on how to update our wardrobes. Items will be for sale Friday evening and Saturday morning.

Could you help? (Come sit by me)

**Raid your closets!** We need your gently-used clothing and accessories, any style any size. Don't worry if you don't think your items are fashion show worthy.

We'll need lots of items in addition to the ones in the show. *Things like:*

**Clothing:** Tops, Pants, Skirts, Dresses, Sweaters, Jackets, Outerwear (coats, hats and gloves), Shoes and Boots

**Accessories:** Jewelry, Scarves, Belts, Handbags, Totes, Wallets

Leave your items in the basement storeroom, or the hall outside the storeroom. If you'd like to help with modeling, sorting, and setting up for the sale, or if you have any questions, please let me know. [Jana.burke@gmail.com](mailto:Jana.burke@gmail.com)

## 2021 SAINT MARY'S SPARKLES

Sparkles began seventeen years ago on the First Sunday of Advent 2004 with the lighting of a Memorial Tree and reading of the names of those we wanted to memorialize and celebrate. It was followed by a fundraising event, which included decorating the Parish House for a Falmouth Home Tour. Our mission is to welcome the greater community to Saint Mary's and to provide an opportunity for members of the parish to come together in work and play. And many of the events continue to serve as fundraisers in support of parish programs.



**Friday, October 29**

**5:30 - 8pm Special Appetizer Event and Sale**  
**7:00 pm Re-Fashion Show**

**Saturday, October 30**

**9am - 12noon Sparkle in October**

**Wednesday, November 24**

**6:00pm Thanksgiving Eucharist followed by the Memorial and Celebration Tree Lighting**

**Saturday, December 4**

**9am-Noon Sparkle in December**



## Announcing Saint Mary's Zoom Cart

Thanks to a gift from a parishioner, Saint Mary's now has a means to hold hybrid meetings and gatherings.

This will allow those who cannot attend in person due to health concerns, inclement weather or any other reason, the ability to participate virtually with their fellow parishioners. The cart is in the office and is available for any who would like to make use of it. Please check with the office for availability and instruction.



## OUR MISSION

At The Episcopal Church of Saint Mary, we are building authentic, vibrant, Christ-centered community as we ...

### Celebrate

the goodness of God and the gift of life,

### Honor

the presence of Christ in one another, and

### Serve

the world in the power of the Holy Spirit.



## Give Thanks for sharing within the community

Maria Belva, director of Horizon Voices—the youth program of Classical Uprising, has received a grant for two large room HEPA air purifiers to use during her rehearsals and has offered to share these valuable assets with groups that meet at Saint Mary's.

These units are designed to accommodate large room sizes up to 1,560 square feet and cleans the air at least two times per hour when used as recommended.

They have a combined activated carbon and a True HEPA filter which captures and reduces up to 99.99 percent of particles 0.01 microns in the air, including pollen, pollutants, and other allergens and microbes. It also reduces more than 99 percent of volatile organic compounds and reduces fumes.



The St Mary Schola will be presenting Handel's Messiah (Parts I and II) at St. Luke's Cathedral

**December 10 & 11 at 7:30 pm and  
December 12 at 3:00 pm.**

Saint Marians! We are looking for host families to house three Boston musicians: two natural trumpet players and a baroque bass player. This would only entail lodging for Dec. 9, 10 and 11. In appreciation for helping us present this wondrous work, free tickets to the concert will be offered to hosts.





## The Veranda Bridge Project

Third week in October

[Click to left for video](#)

[Click on logo below for project details and detour maps](#)



For more info, photos and plans, Visit [Verandaplan.org](http://Verandaplan.org)

### Saint Mary's Operating Finances - as of 30 August 2021

( + 24,448)

#### INCOME

General Plate & Pledge Support	201,403
Use of Parish House & Sanctuary	7,367
Fundraisers	9,958
Miscellaneous Gifts & Revenue	5,346
Invested Funds Revenue	53,172
Dedicated Gifts	7,175
<b>\$</b>	<b>284,421</b>

#### EXPENSE

Diocesan Assessment	39,575
Personnel ( <i>includes, taxes, benefits, &amp; pensions</i> )	126,232
Maintenance, Capital	35,759
Operating ( <i>utilities, insurance, taxes, supplies</i> )	48,307
Program	10,100
Countless volunteer donated hours of time	0
<b>\$</b>	<b>259,973</b>



## Our 2021 Autumn Lectionary

**19<sup>th</sup> Sunday after Pentecost, Oct 3:** No morning worship due to Maine Marathon

**20<sup>th</sup> Sunday after Pentecost, Oct 10:** Job 28:12-28 Rev; Psalm 90:12-17; Mark 10:17-27 Rev

**21<sup>st</sup> Sunday after Pentecost, Oct 17:** Job 38:1-7, (34-41); Psalm 104:1-9, 25, 37b; Mark 10:35-45

**22<sup>nd</sup> Sunday after Pentecost, Oct 24:** Job 42:1-6, 10-17; Psalm 126; Mark 10:46-52

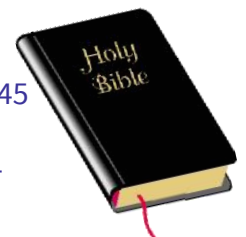
**23<sup>rd</sup> Sunday after Pentecost, Oct 31:** Proverbs 3.11-20 Rev; Psalm 119:1-12 Rev; Mark 12:28-34

**24<sup>th</sup> Sunday after Pentecost, Nov 7:** Wisdom of Solomon 3:1-9; Psalm 24; John 11:32-44

( Fr Nathan's last Sunday before Deployment)

**25<sup>th</sup> Sunday after Pentecost, Nov 14:** Hebrews 10:11-14, 19-25; Psalm 16; Mark 13.1-8

**Last Sunday after Pentecost, Nov 21:** Daniel 7:9-10, 13-14; Psalm 93; John 18:33-37





## Thanks and Kudos!

(Send your 1-3 line notes, announcements or thanks to Beth at [admin@smary.org](mailto:admin@smary.org) by the 20th of the previous month)

Thanks to Paul Jones for painting various sections of the Parish House.

Thank you to everyone who helped set up and clean up the garden area for Kickoff Sunday.

Merci

To Canon Michael Ambler, Canon to the Ordinary, for his advice and assistance to the Hiring Committee.

Kudos to Jess Lewis for serving as our coordinator for the Maine Marathon water stop.

yay!

Thank you to The Incredible Sparkles team for maintaining online sales on Facebook marketplace all year and for gearing up for the Sparkle in October

To everyone, adult and child, who helped set up and clean up the garden area for Kickoff Sunday, THANK YOU!

Thanks to parishioners Katie Clark and Matt Fulton for sharing their digital expertise about our various platforms. We so appreciate their help on managing our online presence.

Thanks to the Hiring Committee for their diligence, professionalism, and mindfulness in finding our temporary priest in

Big thanks to our Buildings & Grounds members who drop everything so often to help with plumbing, carpentry, waste management, snipping, organizing - well just about everything!

Thanks to Maria Belva and Classical Uprising for sharing their HEPA air purifiers with all of us who use the Parish House.

Our appreciation to all who have kept their contribution and giving of time plentiful through the pandemic times, It has enabled our good works and worship to continue.

THANKS!

### NOONDAY PRAYER - in our Chapel and Online

**Mondays – Thursdays**: everyone is welcome to gather once again in our Chapel for a few minutes of meditation and prayer at noon. These sessions are also streamed live on Facebook and recorded for future viewing. (Full disclosure: there may be some days over the summer when it will only be online, due to vacation schedules.) **Fridays**: gather together at our Facebook page to meditate on scripture and to pray for a few minutes each Friday at noon.



## GROW IN GOD EVERYDAY

**ONLINE WORSHIP** (worship videos are available a day later on the website)

**NOONDAY PRAYER: Monday – Friday 12noon** on [Facebook Live](#)

**SUNDAY HOLY EUCHARIST: Sundays at 10:15 AM** on [Facebook Live](#)

**BE STILL: CENTERING PRAYER: Mondays at 5 PM** [online via ZOOM](#)

### ONLINE SPIRITUAL FORMATION

**BE STILL: Sundays at 9:30 AM** [online via ZOOM](#)

A contemplative time of themed reflection on scriptural passages, poetry and prose. Contact Jennifer Gregg at [jenniferanngregg@gmail.com](mailto:jenniferanngregg@gmail.com)

**WISDOM SEEKERS: IN PERSON AND ON ZOOM** A group discussion of the Scriptures for the upcoming Sunday. A great way to learn and be prepared for worship. Contact Nadine Timberlake at [ntimberlake@aol.com](mailto:ntimberlake@aol.com)

**MERTON GROUP: Thursdays at 3 PM** [online via ZOOM](#). During the small, spiritually diverse, inquisitive, tolerant, open-minded, and supportive group of “seekers” that each week pray, read aloud from a chosen book, reflect, question, and grow. FMI, [jenniferanngregg@gmail.com](mailto:jenniferanngregg@gmail.com)





Here are some important dates in our  
Saint Mary's parish family



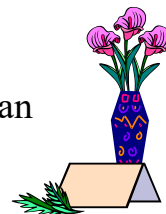
## Happy October Birthdays to:

1	John Bennett	10	Winslow Robinson	20	Marti Galli
2	Lydia Stegemann	10	Lee Snow	20	Fritz Kendall
3	Jessica LaPlante	12	Meghan Curran	22	Kim Diamond
4	Garry Bowne IV	13	Isabelle Gale	25	James Bowen
4	Erin Ferrell	14	John Hale	26	Isabella Diamond
4	Carolyn Thomas	14	Tallulah Scott	27	Kate Gulliver
5	Caroline Bowne	16	Elise Kiely	28	Meg Hurdman
7	Karen Mynahan	17	Savannah Talbert	29	Susan Dench
8	Emma Shannon	18	Chris Edwards	29	Elizabeth McIntosh
9	Grace Robinson	19	Curtis Isacke	29	Christos Orestis
9	Amber Rose	19	Alex Robich	29	Anne Ter Weele
10	Gordon Oliver	19	Luke Wilkinson	30	Edie Taylor

**We'd love to include good wishes on your birthday and anniversary. If we don't yet have the dates, please send your and your family's special dates into the parish office and we'll be sure to include them on your special month. [admin@smary.org](mailto:admin@smary.org) or call 781-3366 or drop a note to the church. Thanks!**

## Happy October Anniversary wishes to:

1	Megan & Mike Akers	10	Allie & Walker Matthews
3	Janet & John Corey	12	Janet & Garrett Bowne
6	Betsy & Jim Stoddard	19	Carolyn Thomas & Jenn Curran
6	Emily & Mark Legere	22	Sarah & Chris Cameron
8	Emily & Ben Rodgers	31	Becky & Jimmy Costa



## Worship Server Schedule

Be sure to let Beth in the office know if you have switched dates with someone. 781-3366 or [admin@smary.org](mailto:admin@smary.org)

Date	8am Usher	8am EM	10:15 Usher	10:15	Lector	Altar Flowers
Oct 3	XX	Maine	Marathon	NO morning		services
Oct 10	Lee VD	Lee VanD	The Vereys	Maggie G		Jessica L
Oct 17	Chris M	Al A	The Yerkes	Betsy S		Jan A
Oct 24	Al A	Lad T	Tom L	Jim S		Jan M
Oct 31	Steve Conley	Len T	Aaron S	Ginny S		Melissa K
Nov 7	tbd	Mary Ann	tbd	Stan E		Helga R
Nov 14	tbd	Becky	Tom L	Betsy P-S		Katie P



## THE EPISCOPAL CHURCH OF SAINT MARY

43 Foreside Road  
Falmouth, ME 04105  
207-781-3366 [www.smary.org](http://www.smary.org)

### Our Worship Schedule

#### Sunday Worship

*8 AM - Contemplative Eucharist*

*9:30 - 10AM Formation for All*

*10:15AM - Choral Eucharist*

#### MONDAY - FRIDAY

*12 Noonday Prayer on Facebook Live*  
*(In-person in Chapel: most Mon - Thurs)*

**BE STILL** Live on Zoom

*Sundays 9:30 AM*

*Mondays 5 PM*



THE EPISCOPAL CHURCH  
**OF SAINT MARY**



## THE EPISCOPAL CHURCH OF SAINT MARY

43 Foreside Road  
Falmouth, Maine 04105  
207-781-3366 / [smary@smary.org](mailto:smary@smary.org)  
[www.smary.org](http://www.smary.org)

The Rev. Nathan Ferrell, *Rector*  
[nathanferrell@smary.org](mailto:nathanferrell@smary.org)

The Rev. Christine Bennett, *Deacon*  
[deacab@maine.rr.com](mailto:deacab@maine.rr.com)

Bruce S. Fithian, *Organist*  
[bsfithian@aol.com](mailto:bsfithian@aol.com)

Beth Shaw, *Parish Manager*  
[admin@smary.org](mailto:admin@smary.org)

#### Office Hours

**MON - THU, 9 - 4:30**

Copy deadline for Nov AVE: Oct 20

## YOUR 2021 SAINT MARY'S VESTRY

Nathan Ferrell, Rector, 310-0268, [nathanferrell@smary.org](mailto:nathanferrell@smary.org)

Janet Bowne, Sr. Warden, 318-7045, [jmitchellbowne@gmail.com](mailto:jmitchellbowne@gmail.com)

Aaron Splint, Jr. Warden, 838-2708, [asplint@yahoo.com](mailto:asplint@yahoo.com)

Ben Parks-Stamm, Treasurer, 458-3151, [ben.parks.stamm@gmail.com](mailto:ben.parks.stamm@gmail.com)

Darren Clark, 781-424-9905, [ddclark@maine.rr.com](mailto:ddclark@maine.rr.com)

Stan Eaton, 317-6097, [stan.eaton@gmail.com](mailto:stan.eaton@gmail.com)

Rick Hirschman, 310-3800, [rrhirschman@msn.com](mailto:rrhirschman@msn.com)

Rudy Israel, 917-923-9444, [rfisrael@aol.com](mailto:rfisrael@aol.com)

Tom LaPlante, 272-5621, [laplante@maine.rr.com](mailto:laplante@maine.rr.com)

Pat Peard, 781-3710, [peardpatricia@gmail.com](mailto:peardpatricia@gmail.com)

Thom Pettingill, 781-2219, [thomaspettingill@gmail.com](mailto:thomaspettingill@gmail.com)

Will Salomon, 240-1646, [wsalomon@clinical-metrics.com](mailto:wsalomon@clinical-metrics.com)

Jan Wentling, 400-9904, [janwentling@hotmail.com](mailto:janwentling@hotmail.com)





# October 2021

The Episcopal Church of Saint Mary



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>3</b> Maine Marathon <b>NO Morning Services</b> 7:30 SM Volunteers arrive - H <sub>2</sub> O 7:45 SM runners begin 10 Break down H <sub>2</sub> O station 5 Ecumenical Eucharist - FCC 7 12-step meeting	<b>4</b> St. Francis Day 12 Noonday Prayer 5 Be Still 6:30 PCCR Rehearsal <i>Beth Shaw</i>	<b>5</b> 10:30 Wisdom Seekers 12 Noonday Prayer 1 CARE meeting 4:30 TOPS in GR 6/7 12-step in Aud, GR, LL <i>on vacation</i>	<b>6</b> 9 Mainly Weavers 12 Noonday Prayer 1 Staff meeting 4-8 OC Horizon Voice 6 ORI in Guild Rm.	<b>7</b> 9 Falmouth Clergy mtg 12 Noonday Prayer 3 Merton Group 4:30 Outreach 6 SM Bells rehearse 7 SM Choir in Aud	<b>10/1</b> Office closed 12 Noonday Prayer 10/8 12 NDP 4 Rehearsal 5-6 Souper Supper TOGO	<b>10/2</b> 3 Babirak Sullivan Wedding
<b>10</b> 20 <sup>th</sup> Sunday of Pentecost <b>8</b> Holy Eucharist 9:30 Formation groups 10 Guiding RAY 10:15 Holy Eucharist 1 Anne Hilliard Funeral	<b>11</b> Indigenous Peoples Day <i>Office closed</i> 12 Noonday Prayer 5 Be Still	<b>12</b> 10-3 GC Judges Council 12 Noonday Prayer 2 Staff meeting 4:30 TOPS in GR 6/7 12-step in Aud & GR	<b>13</b> <b>9-2 Blood Drive</b> 12 Noonday Prayer 6-7:30 Horizon Voice Auditions in Aud	<b>14</b> 11-1 OC Tune-up 12 Noonday Prayer 3 Merton Group 6 Casco Bay CAN Table Talk	<b>15</b> Office closed 12 Noonday Prayer	<b>16</b>
<b>17</b> 21 <sup>st</sup> Sunday of Pentecost <b>8</b> Holy Eucharist 9:30 Formation groups 10:00 Guiding RAY begins 10:15 Holy Eucharist 7 12-step meeting	<b>18</b> St. Luke's Day 12 Noonday Prayer 4-6 Horizon Voice 5 Be Still 6:30 PCCR Rehearsal & Board meeting in GR	<b>19</b> <b>8:30-11 St. Elizabeth's</b> 9:30-11 Art Group 10:30 Wisdom Seekers 12 Noonday Prayer 4:30 TOPS in GR 6/7 12-step in Aud & GR	<b>20</b> 12 Noonday Prayer 1 Staff meeting 4-8 OC Horizon Voice 6 Vestry meeting	<b>21</b> 12 Noonday Prayer 3 Merton Group 6 SM Bells rehearse 7 SM Choir in Aud	<b>22</b> Office closed 12 Noonday Prayer 5-6 Souper Supper TO GO	<b>23</b> St. James 202 nd Diocesan Convention (virtual)
<b>24</b> 23 <sup>rd</sup> Sunday of Pentecost <b>8</b> Holy Eucharist 9:30 Formation groups 10 Guiding RAY 10:15 Holy Eucharist 7 12-step meeting	<b>25</b> 12 Noonday Prayer 5 Be Still 6:30 PCCR Rehearsal	<b>26</b> 9:30-11 Art Group 10:30 Wisdom Seekers 12 Noonday Prayer 2 Staff meeting 4:30 TOPS in GR 6/7 12-step in Aud & GR	<b>27</b> <b>9-5 Lifeline Screening</b> 12 Noonday Prayer 4-8 OC Horizon Voice	<b>28</b> St Simon & Jude <b>9-2 Blood Drive</b> 12 Noonday Prayer 3 Merton Group 6 SM Bells rehearse 7 SM Choir in Aud	<b>29</b> Office closed 12 Noonday Prayer <b>Sparkles 5:30-8</b> <b>6-8 pm Spirit Apparelz (S12)</b> <b>7pm Re-Fashion Show</b>	<b>30</b> <b>Sparkle in October</b> 9 - 12 noon
<b>31</b> 24 <sup>th</sup> Sunday of Pentecost <b>8</b> Holy Eucharist 9:30 Formation groups 10 Guiding RAY 10:15 Holy Eucharist 7 12-step meeting	<b>11/1</b> All Saints Day 12 Noonday Prayer 5 Be Still 6:30 PCCR Rehearsal	<b>11/2</b> Election Day 9:30-11 Art Group 10:30 Wisdom Seekers 12 Noonday Prayer 2 Staff meeting 4:30 TOPS in GR 6/7 12-step in Aud & GR	<b>11/3</b> 9 Mainly Weavers 12 Noonday Prayer 1 Staff meeting 4-8 OC Horizon Voice 6 ORI in Guild Rm.	<b>11/4</b> 12 Noonday Prayer 3 Merton Group 6 SM Bells rehearse 7 SM Choir in Aud	<b>11/5</b> Office closed 12 Noonday Prayer	<b>11/6</b> 2:30 Evans-Maden Wedding



# NOMINATIONS

## For 2022 Vestry Members, Jr. Warden, and Diocesan Convention Delegates

*Deadline: October 31, 2021*

The Nominating Committee requests you to submit nominations for various positions within parish governance (see below). The committee will screen names, propose a slate of candidates, and publish the slate well before the Annual Parish Meeting on January 30, 2022.

**All nominees shall be baptized,  
regular participants in worship,  
and stated financial supporters of the Parish.**

Please feel free to nominate yourself! We have an exciting year of growth and opportunity ahead as we begin 2022.

You can submit a vestry nomination at <http://smary.org/nomination>  
or place a completed form in the nomination box in the church narthex, the nomination box outside the Guild Room,

OR mail to Saint Mary's, 43 Foreside Road, Falmouth, ME 04105 [smary@smary.org](mailto:smary@smary.org)  
OR email Stan Eaton, chair at [Stan.Eaton@gmail.com](mailto:Stan.Eaton@gmail.com)

**Jr. Warden** (two-year term) \_\_\_\_\_

**Three Vestry members** (three-year terms)

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### **Diocesan Convention Delegates for 2022:**

Four Delegates:

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Three Alternates:

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