



THE EPISCOPAL CHURCH
OF SAINT MARY

AVE



Monthly Newsletter

For the Common Good



"That it may please thee to inspire us, in our several callings, to do the work which thou givest us to do with singleness of heart as thy servants, and for the common good"

(from The Great Litany, BCP p.151).

Debates are raging across this nation about the best way to start a school year while the coronavirus pandemic continues to infect and kill thousands of Americans each week. Now that a vaccine has been approved by the FDA for regular use, conflicts over vaccine mandates by private and public employers have become a regular occurrence. All of this is perhaps inevitable in a culture that prizes individual expression and personal freedom above all else. But those of us who have promised to follow and obey Jesus Christ as our Lord see this scenario in a very different light. We never treasure our personal freedoms above the needs of others. We see everything we do in society as an opportunity to serve God and the common good. Our freedoms are vitally important, of course. But they are important, not so that we can protect our fearful selves and indulge our selfish instincts, but so that we can freely choose to serve the good of all as the Holy Spirit leads us.

Whatever you do when you leave your home on a regular weekday, that is your God-given ministry. You are an ambassador of Christ, whether you are in a school or in a garden or in an office or in a supermarket. But how do you go about representing Christ well in those situations? First of all, with prayer. Pray and ask God to guide you and inspire you before each class or each meeting. Then reflect and consider which course of action will result in the most benefit for the most number of people. Does this decision benefit primarily me and my family, or is it intended to benefit others?

The great privilege we have of being the Body of Christ in society is that everything we do is imbued with meaning and purpose. Nothing is unimportant because each action is an opportunity to demonstrate love for God and our neighbors. This requires awareness, of course. So wherever your ministry takes you this autumn, and whatever debates you find yourself embroiled in, may the Holy Spirit inspire you and give you the grace needed to maintain this awareness and to serve the common good in all things.

Nathan W. Ferrell +

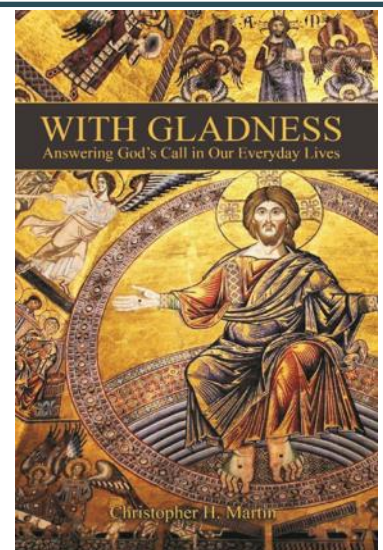
WITH GLADNESS: Answering God's Call in Our Everyday Lives

Do you recognize the title of this book? It comes from our regular Prayer of Thanks and Mission in the Book of Common Prayer, found on page 365. Here is the complete sentence:

Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart.

Father Martin, a friend of Bishop Brown, offers this book as a resource for all members of the Body of Christ to grow in doing exactly this in our regular lives. There are 7 practical exercises that we will try together.

Join Nathan on Sunday mornings at 9:30 in the Parish House to explore these practices over a cup of coffee, and to discuss the growth of our lives in Christ. Introduction on September 12; discussion begins on September 19. A few books are available or you may purchase your own. No experience is necessary; all are welcome!



From Deacon Christine:

shared by Deacon Christine Bennett

Living with Grief

On Thursday, September 30 a new "Living with Grief" group will begin and will meet from 5:00PM to 6:30 PM. There will be eight sessions each one building on the previous session moving participants from the pain of grief to hope and even joy in everyday living. The death of a loved one whether recent or many years in the past creates a deep sorrow that needs healing. The group provides mutual support and the sharing of experience through tears and laughter.

Yes, even laughter! The group will be led by Suanne Williams-Lindgren of Emmaus Lutheran Church and Deacon Christine of Saint Mary's. There is no cost, and the group may meet in person at Saint Mary's Church and / or on zoom. If you are interested, please call Deacon Christine at 653-2448.



Saint Mary's Kickoff Celebration

Sunday, September 12, 11:30

- 8:00** Holy Eucharist
- 9:30** Formation – for youth, adults, and choir
- 10:00** Guiding RAY classes begin
- 10:15** Choral Eucharist
- 11:30** Kickoff Picnic - catered lunch & lawn games



ALL
ARE WELCOME!!
 Invite your neighbors & friends!



Vestry Highlights from the Wardens

by Janet Bowne

Ben Parks-Stamm presented the financial review. Our parishioners have done a wonderful job of keeping current on their pledge payments. We have also seen an increase in parish house usage. Sparkles continues to bring in revenue due to sales from Facebook marketplace. Our Buildings and Grounds expenses are higher than expected but we need to maintain the property.

The Audit Committee has completed their work and are working on their report.

Building and Grounds update: The chancel will be painted the week of 8/30. The bell will be repaired, which will ring the bell by striking it from the outside rather than rolling it. We don't have a date for the work to be done yet.

We discussed the need to balance priorities. Coming out of COVID-19, whenever that may be, we need to be mindful that we need to work to attract parishioners. Our priority should be to build programs to support this effort, ie to focus on mission.

The Hiring Committee is working diligently to vet six candidates for the temporary position.



Janet Bowne, Sr. Warden



Aaron Splint, Jr. Warden

Jeff Morgan is our new Guiding RAY Coordinator. He is getting organized for the GR program although the recent surge in the Delta variant is going to affect our program.

The Vestry Nominating committee needs to get started on recruiting the next class of vestry members. The Nominating Committee: Darren Clark, Stan Eaton, Jan Wentling, Matt Fulton, Alice Brock.

Hiring Committee Update:

The Hiring Committee has been working diligently to find a Temporary Priest In Charge (TPIC) to serve at Saint Mary's while Father Nathan is deployed to Bahrain for 10 months. We have interviewed 6 excellent candidates. We are now at the point of reference checking and narrowing the field with the goal of presenting a candidate to the Vestry in late September.

Keep the prayers of support coming! Watch the weekly E-news for additional updates.



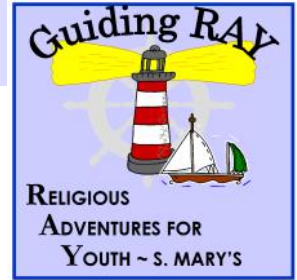
Fritz Pollard, NFL player and coach, 1894-1986

Did You Know?

At 5 feet, 9 inches and 165 pounds, Pollard was small for football. Still, he bulldozed barriers on and off the field. He joined the Akron Pros of the American Professional Football Association, which later became the NFL. In 1921, while still a player, the team also named him its coach – the first African American head coach in league history. He would go on to coach four different teams and launch a Chicago football team of all-African American players. Pollard was inducted into the Pro Football Hall of Fame in 2005.

Christian Formation

Guiding RAY is our ministry to all young people up to age 14. We offer our children an opportunity to learn Bible stories and to develop their relationship with God. Our hope is to guide them to the safe harbor of God's everlasting love where they can grow in the grace and knowledge of our Lord Jesus Christ.



From Jeff Morgan, our GR Coordinator



It's time to kick off a new year with the Guiding RAY children's ministry at Saint Mary's! We are excited to welcome your children back for a time of friendship, fellowship, and activities after a long break because of COVID.

If you haven't done so already, and you have children who would attend Guiding RAY, we have a short two-minute survey to see what your priorities are for the Fall - here's the link: <https://www.surveymonkey.com/r/BCSVJHH>

What is Guiding RAY? Guiding RAY is what we call the children's education program at Saint Mary's. It's a time for children from birth to 6th grade to make friends, learn about Jesus, and grow in their faith. It takes place from 9:30am-11am each Sunday morning and then children (except those in the nursery) join their parent(s) for communion in the sanctuary.

What should my child expect on Sunday mornings? Every Sunday, we hope to be able to share a little bit with your child about Jesus and how a relationship with him is an integral part of their life! From 9:30-10am, we will have Formation time for all ages. This will be an informal time where the kids can do crafts, play, have a snack, and perhaps play outside if the weather is nice! At 10 am, children can expect a short gathering time with all the school-aged kids where we sing and learn about the church calendar. After that, based on the number of children we have, Pre-K - Grade 3 will be together and Grades 4 - 6 will be together for an age-appropriate Bible lesson.

Are masks required? Yes! As we begin this new school year, masks will be required to be worn by all those not in the Nursery. We will monitor the practices of local school districts and adjust as the year progresses.

How else can my child participate in the life of the church? During our Guiding RAY time, we will incorporate learning and opportunities to serve others - whether it's making cards for the home-bound or writing an uplifting note to veterans. Additionally, for the older children, acolyting is an opportunity where they can plug in on Sunday mornings. The children will also do a Christmas pageant in December.

How can I help? Can anyone volunteer? YES! We need volunteers every Sunday to help Guiding RAY run smoothly! The commitment is low, and the reward is high. Whether you are a parent or not, please consider signing up to volunteer. We will provide all of the materials; you just need to show up. <https://signup.com/go/kdBTgeu>

Thank you for prayerfully considering how you can help this important ministry!

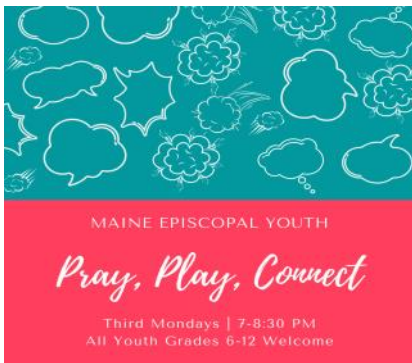
AUTUMN 2021 SUNDAY SCHEDULE

Beginning on Kickoff Sunday 12 September, we will use the same basic schedule as in 2019, but with some minor adjustments. Here are the details:

- ♦ 8:00 Holy Eucharist - followed by coffee and tea in the Auditorium
- ♦ 9:30 Formation for all ages - Adults, Youth, Choir, and Nursery
- ♦ 10:00 Guiding RAY begins (classes by age group)
- ♦ 10:15 Choral Eucharist
- ♦ 11:00 GR Youth are brought over for Communion with their families
- ♦ 11:30 Coffee Hour in the Auditorium

Pray, Play, Connect

Episcopal Diocese of Maine Youth Event
for Grades 6 thru 12



Questions? Email
[The Rev. Cn. Sara D'Angio White](mailto:The.Rev.Cn.Sara.D'Angio.White)

Ease Back to School Stress

Tip of the Month

ENCOURAGE HEALTHY HABITS

- Create routines and time to be active
- Support new experiences to build healthy coping skills
- Promote technology-free time prior to sleep

STAY CONNECTED

- Get to know the parents of your pre-teen/teens friends

KEEP TALKING, KEEP LISTENING

- Data shows ongoing conversations with youth reduce the risks of drug and alcohol use at every age



Casco Bay CAN
CREATE AWARENESS NOW
TOGETHER, PREVENTING YOUTH SUBSTANCE USE
f www.cascobaycan.org t

A grant funded project sponsored by
Cumberland County Government
Maine
Cumberland County

Music Ministry

update from Bruce Fithian

The Saint Mary Choir is looking for new members

Please join us for musical fellowship, with rehearsals Thursdays 7:00-8:00 pm in the auditorium (starting Sept. 2) and safely placed in the sanctuary on Sunday mornings. We envision wearing masks.

The Handbell choir is also looking for new members. The ability to read music would be appreciated. Rehearsals in the auditorium (time and day to be arranged by the members) Please contact Bruce Fithian 831-7113 (bsfithian@gmail.com)



Children's Choir at Saint Mary's

We hoped to launch a children's choir at Saint Mary's in September, but upon the advice and input from families, we believe that we will have to wait until all children can be vaccinated and better conditions allow us to offer such a program. Meanwhile, it is worth reflecting on how such a program could benefit our children. Our goal would be to foster a happy fellowship of singing together, in which young people would learn how to develop their voices in harmony with others. It is the cooperative aspect of singing in an ensemble that can offer children the joy of working together and experiencing the sheer happiness of song. I ultimately would like to restart the Royal School of Church Music that our dear departed Priscilla Riggs introduced. One of the things I especially liked about the RSCM program, was the notion of mentorship, in which older children help the younger children learn the fundamentals of music and how to flourish in a musical community. As one parent commented: 'Children are so often served, that they need to know about the joy of serving.' Please stay tuned, and we look forward to the days when we can offer such a musical program.

Outreach Ministry - All Ages Serving Near and Far

CASCO BAY CAN – *TABLE TALKS* - Thursday, October 14 at 6 PM for Saint Mary's Families & Friends – Prevent Illegal Substance Use



A grant funded project sponsored by
Cumberland County Government
Cumberland County

Saint Mary's welcomes Casco Bay CAN back for what is always a very popular and highly informative "Table Talk" evening designed for parents, grandparents, and mentors of Middle and High School youth seeking to prevent illegal substance use among those they love.

This is a great opportunity both for Saint Marians and your friends, so please feel free to invite other parents (from sports teams, extra-curricular activities, neighborhood etc).

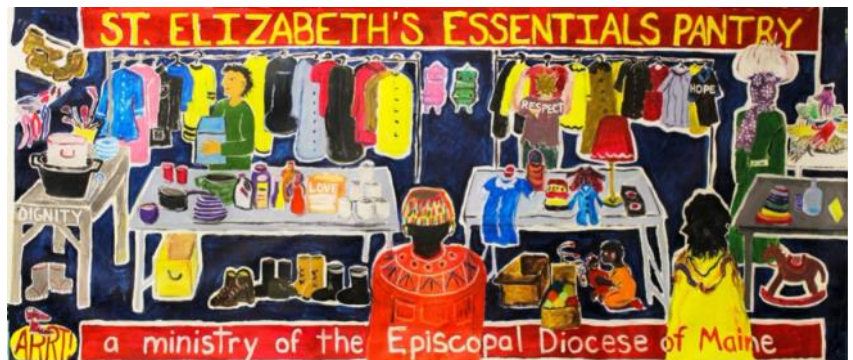
You will:

- Learn new information and trends about underage drinking and youth substance use prevention
- Share challenges and ideas for preventing youth substance use
- Learn how to look for signs of youth substance use
- Get strategies for communicating effectively with other parents on youth substance use
- Learn the protective factors that influence youth to make positive choices
- Get resources and practical tips to use at home and share with other parents

This gathering will either be outside at St. Mary's or via Zoom, depending on the weather! Save the Date and **Reserve your spot:** Email Jennifer Gregg, jenniferanngregg@gmail.com or Beth Shaw, Admin@smary.org.

A Welcome from St. Elizabeth's Jubilee Center!

Every Tuesday morning St. Elizabeth's Jubilee Center (St. E) offers to our neighbors living in need, at no charge, basic, daily non-food essentials that cannot be purchased with SNAP funds. We also connect people with other resources in the community for needs such as housing, furniture, language acquisition, job search assistance, and other social needs.



Saint Mary's Episcopal Church's volunteers serve at St. E's on the third Tuesday of each month. The special area of concern on those Tuesdays is Kitchenware and Housewares (pots, pans, bowls, kitchen tools [no knives, please], glasses, cups, etc.), and we give a big Thank You to the Church members who have generously donated so many items over this summer! Keep us in mind as you close summer camps/cottages and reduce stock for the winter.

September is a good month to focus on ADULT WINTER COATS AND BOOTS also. All churches participating in St. E's encouraged to focus donations on this special need as winter approaches.

Let's increase Saint Mary's Episcopal Church's Presence at St. E's!

We are looking for 3-5 volunteers from Saint Mary's willing to work 2-4 hours per month to assist with this ministry. There are a variety of tasks, ranging from sorting, delivering materials to the Jubilee Center, assisting neighbors, and more. For more information, please contact Stan Eaton at <mailto:stan.eaton@gmail.com>.

Ready to run? Be part of our **GODSPEED TEAMS** to run on **Sunday 3 October**

Join this enormous community event. Runners of ALL ABILITIES are invited to join us. Distances are 5.9, 8.9, 5.7 and 5.7 miles. There is so much energy along the entire course. For us, this is NOT a race, but a fun community event. If you are even **a little bit interested**, contact Nathan at 310-0268 or nathanferrell@smay.org.



VOLUNTEERS ALSO NEEDED! Saint Mary's is in charge of one water station on Foreside Road. We need help to serve drinks and to cheer on the runners and walkers! Contact Jess Lewis if you can help out: jalewis7904@gmail.com

Souper Supper To Go: 2nd & 4th Fridays

Soup, bread and a sweet treat will be *CURBSIDE TO GO* between **5 – 6 PM**. ALL are welcome!

With the evolving virus, Curbside delivery will continue through September. We will review any in-person possibilities on a month-by-month basis. Stay tuned!



Support "Souper Supper" Buy "Coffee by Design" Coffee!

Medium to robust coffees: Casco Bay and Rebel Blend
"Coffee by Design" 12 oz. bags of ground fair-traded, organic, delicious coffees are on sale at Saint Mary's for \$10 a bag (Decaf is \$11). ...and support fair trade practices ...and a locally-owned business... and get GREAT organic coffee! Win! Win! Win!

Caring for God's Creation - Insight from the Outreach Committee

Fall Healthy Lawn Care Made Easy Workshops



The Cumberland County Soil and Water Conservation District will offer multiple workshops on healthy lawn care this fall. Learn how to grow a beautiful lawn that's *safe for families, pets, and the environment while saving money, time, and effort*. All classes are \$15 and run from 6-8 PM. Questions? Call Cumberland County SWCD at (207) 892-4700. For the following dates, register online at: www.cumberlandswcd.org/workshops
Wednesday, August 25, Westbrook Public Services Thursday, September 23, Riverton Community Center, Portland



Outreach Ministry - All Ages Serving Near and Far

Falmouth Food Pantry

The Falmouth Food Pantry continues to be unable to accept food donations from individuals, but rest assured the Pantry is busy serving our community using a doorstep delivery distribution system. Boxes of food are being packed at the Pantry and delivered by volunteers to area families. **If you know a Falmouth family with an urgent need, please call Nancy Lightbody at the Pantry at 776-0081.** At this time, the best way to support the Pantry is through monetary donations. Donations should be made payable to the Falmouth Food Pantry and mailed to: 271 Falmouth Road, Falmouth, ME 04105. Donations may also be made online via PayPal at: <https://www.paypal.com/fundraiser/charity/1807575>



If you have any questions about the ways in which Saint Mary's supports the Pantry, please feel free to reach out to Saint Mary's outreach coordinator for the pantry, Vanessa Record, at recordvanessa@gmail.com.

Parish 2021 Victory Gardens! We Are Ready to Receive Your Produce for the Food Pantry! Contact Vanessa Record: Recordvanessa@gmail.com

The Outreach Committee joined forces with the Food Pantry again to assist in providing fresh food for local families who are nutritionally vulnerable this summer. Flowers are also a welcome contribution. *We invite all parishioners who have vegetable gardens or containers to donate part of their fall harvest to the Falmouth Food Pantry. Even a small share of your harvest will mean the world to those for whom fresh vegetables are a very scarce and treasured commodity.*

You can leave your contributions in the Parish Hall kitchen on Sunday after church or on Monday from 9 am- 12 noon. To help with transporting vegetables to the Food Pantry or to arrange for pick-up at your home, please contact Vanessa Record at recordvanessa@gmail.com.



Helping Hands at Home: Help for Parishioners

Saint Mary's seeks to be of assistance to parishioners who need help staying in their homes. Can you assist with light yard work or housework? Please contact Jennifer Gregg, jenniferanngregg@gmail.com or Beth Shaw, admin@smary.org with your needs or offers of help.



Garbage to Garden

Composting In Saint Mary's Kitchen

In response to our call to be responsible stewards of God's creation, Saint Mary's composts!! Through a cost-effective contract with Garbage to Garden, we have four moderately sized tubs delivered each week in which to collect compostable material. These are picked up and the new tubs delivered on trash day. Special thanks to our recycling crew, Marian McCue, John Henson and Jennifer Gregg for ensuring that the full tubs are put out with the recycling each week. And thanks in advance to ALL parishioners for *composting and recycling responsibly* at Saint Mary's. Check out the list of compostable items that is displayed in the kitchen next to the tubs--and the list of recyclable items that is taped to the top of the recycling bins. Any questions? Please contact Jennifer Gregg, jenniferanngregg@gmail.com, or any member of the Outreach Committee.

No Time to Go Away on Retreat? Not Feeling Monastic? No worries!



The Ignatian Partnership of Maine will offer the Retreat in Everyday Life again in 2021-2022. Developed over 500 years ago by St. Ignatius, the prayer practices and spiritual strategies are surprisingly modern.

"Finding God in All Things" is the primary mantra of the Ignatian Exercises. We use all our faculties including the experiential, the imaginative and the rational. The Retreat in Everyday Life allows us to move through the Exercises over a nine-month period, allocating a dedicated time of prayer and reflection each day. This ancient/modern retreat provides a series of tools for exploring scripture, making decisions, growing closer in authentic friendship with Jesus, and finding a greater awareness of

God working in our lives. Bring all of yourself - your imagination, memories, heart, and intellect. These practices are meant to be engaged with, not studied.

The Retreat in Everyday Life is being offered from October to June. All participants meet as a group from 6:30-8:30 p.m. on the First Wednesday of each month. Each retreatant is asked to dedicate 3/4 hour of daily prayer and meets at least once a month with a spiritual director. Merle Marie Troeger has served as a spiritual director in this program for the last two years. If you are interested in this unique experience, contact Merle Marie at merlemarietroeger@gmail.com. To find out more and apply go to www.IgnatianME.org or ignatianme@gmail.com.

IGNATIAN
SPIRITUALITY
PARTNERSHIP
OF MAINE



**American
Red Cross**

Together, we can save a life

Critical Need Blood Drives

at the Saint Mary's auditorium, 43 Foreside Rd, Falmouth

September 2 and 30

There is a critical need for blood! It's safe for all healthy people to give blood. Sign-up today to be a blood donor and help give to those who need your blood to survive! Go to www.redcrossblood.org and use sponsor code "StMary" to make your donor appointment.

PLEASE donate, if you can. The need is great.

Miles for Milestone 2020: Fri, Sept 17 - Sun, Sept 26

YOUR MILES FOR MILESTONE CHALLENGE



Milestone Recovery ([map](#))

Go the distance to support Milestone and the clients we serve. Run, walk, bike, ride... you make the choice! Participate in this virtual fundraiser, do your miles by yourself or with friends, and share your mileage to see how far we can all go when we work together!

Be Still.....and know that I am God.

Dear Saint Mary's community,

We, the facilitators of Be Still on Sunday Morning, encourage and welcome you to join us on at 9:30 for 45 minutes of reflection, response, and short segments of silence. We currently meet [only through Zoom](#), but are preparing to "go hybrid," offering in-person gathering in the Father James' Chapel concurrently with Zoom attendance—as public health permits.

Each week's facilitator brings their choice of readings related to the particular theme for each season. We begin with 5 minutes of quiet meditation and then explore the readings with wide-ranging conversations, reactions, stories, and feelings. Please [feel free to join](#) is at anytime see what comfort or food for thought, or what insights you may share and harvest. If you have questions or wish to express your interest, please don't hesitate to reach out to any of us: Becky Pride, John Bennett, Jennifer Gregg, Merle Marie Troeger

Here is sample of what we have been exploring:

Reduced to Joy - Mark Nepo

I was sipping coffee on the way to work, the back road under a canopy of maples turning orange. In the dip of woods, a small doe gently leaping. I pulled over, for there was no where else to go. She paused as if she knew I was watching. A few orange leaves fell around her like blessings no one can seem to find. I sipped some coffee, completely at peace, knowing it wouldn't last. But that's alright.

We never know when we will blossom into what we're supposed to be. It might be early. It might be late. It might be after thirty years of failing at a misguided way. Or the very first time we dare to shed our mental skin and touch the world.

They say, if real enough, some see God at the moment of their death. But isn't every fall and letting go a death? Isn't God waiting right now in the chill between the small doe's hoof and those fallen leaves?

Joy Unspeakable – Barbara A. Holmes

Joy Unspeakable
erupts when you least expect it,
when the burden is greatest,
when the hope is gone
after bullets fly.
It rises
on the crest of impossibility,
it sways to the rhythm
of steadfast hearts,
and celebrates
what we cannot see.

Joy – Henri Nouwen

People who have known the joy of God point each other to flashes of light here and there, and remind each other that they reveal the hidden but real Presence of God. They discover that there are people who heal each other's wounds, forgive each other's offenses, share their possessions, foster the spirit of community, celebrate the gifts they have received, and live in constant anticipation of the full manifestation of God's Glory.

Joy – Richard Rohr

"...You do not create love, you "fall" into it. You do not attain God, you fall into God. You do not manufacture joy, you collapse into it when you give up trying to make it happen."

HELLO
my name is

WHAT IS YOUR CHRISTIAN NAME?

This is your first name, the one given or used in your baptism.

CAN YOU TELL US YOUR NAME?

On Sunday mornings, when you enter the Sanctuary, PLEASE grab one, write your name, and stick it on. We haven't seen one another in many months, and there are new faces all the time. This is vitally important to demonstrate respect and care for one another.

For the time being, we've given up on the permanent name tags. But if you would rather use one of those each Sunday, just ask Beth and she can get you one.



Sparkles News - 2021

Save the Dates for a very special
Sparkles Spirit & Re-Fashion Show
October 22 and 23



October 22, Friday evening, is our annual Sparkles Spirit Appetizer Event with 10 delicious appetizers from some of Saint Mary's best cooks. Tickets \$12 in advance, \$15 at the door. Sip a beverage of your choice, and view all 10 appetizers; we are working on a safe way to sample these delectable morsels. Place an order this weekend for a frozen pickup on November 21 - just in time for Thanksgiving and Christmas. They will be ready to thaw, cook and enjoy when you need it.

During the evening, we'll also have a special narrated **Re-Fashion Show** where we'll preview some of the clothes donated to Sparkles, including commentary and tips on how to update your wardrobe with scarves, jewelry, and other accessories. Gently-used clothing and fashion accessories will be for sale Friday evening, and again October 23, Saturday morning. To help us with this special and fun evening, we are asking everyone to:

Please Raid your Closets! We need your gently used clothing and accessories, any style any size. Don't worry if you don't think your items are fashion show worthy. We'll need lots of items in addition to the ones in the show. Things like:

Clothing:

Tops, pants, skirts
Dresses
Sweaters and jackets

Outerwear (coats, hats and gloves)
Shoes and Boots

Accessories:

Jewelry
Scarves
Belts

Handbags, Totes
Wallets

Leave your items in the basement storeroom or the hall outside the storeroom. If you'd like to help with modeling, sorting, and setting up for the sale, or if you have any questions, please let me know.

The Sparkles Committee is made up of some of the most wonderful people in Maine. If you have any interest in joining us, please contact Jana or Kathy.
Sparkles Co-Chairs, Jana Burke and Kathy Galen



2 Cords of Wood for Sale for Sparkles

Sparkles Firewood - Keep Warm in Winter, and Support Saint Mary's Sparkles

2 Cords Hardwood (Red Oak, White Oak, Ash, Maple) cut this Spring. \$225 for each cord
Free delivery within 5 miles of Saint Mary's. All proceeds support Sparkles!



Announcing Saint Mary's Zoom Cart

Thanks to a gift from a parishioner, Saint Mary's now has a means to hold hybrid meetings and gatherings.

This will allow those who cannot attend in person due to health concerns, inclement weather or any other reason, the ability to participate virtually with their fellow parishioners. The cart is in the offices and is available for any who would like to make use of it. Please check with the office for availability and instruction.



OUR MISSION

At The Episcopal Church of Saint Mary, we are building authentic, vibrant, Christ-centered community as we ...

Celebrate

the goodness of God and the gift of life,

Honor

the presence of Christ in one another, and

Serve

the world in the power of the Holy Spirit.

Our 2021 Autumn Lectionary

15th Sunday after Pentecost, Sep 5: Proverbs 22:1-11, 22-23 Rev; Psalm 125; Mark 7:24-37

Autumn Creation Season: Pursuing Wisdom

16th Sunday after Pentecost, Sep 12: Proverbs 1:20-33; Psalm 19:7-14 Rev; Mark 8:27-38

17th Sunday after Pentecost, Sep 19: James 3:13-4:3, 7-8a; Psalm 1; Mark 9:30-37

18th Sunday after Pentecost, Sep 26: James 5:13-20; Psalm 124; Mark 9:38-50

19th Sunday after Pentecost, Oct 3: No morning worship due to Maine Marathon

20th Sunday after Pentecost, Oct 10: Job 28:12-28 Rev; Psalm 90:12-17; Mark 10:17-27 Rev

21st Sunday after Pentecost, Oct 17: Job 38:1-7, (34-41); Psalm 104:1-9, 25, 37b; Mark 10:35-45

22nd Sunday after Pentecost, Oct 24: Job 42:1-6, 10-17; Psalm 126; Mark 10:46-52

23rd Sunday after Pentecost, Oct 31: Proverbs 3:11-20 Rev; Psalm 119:1-12 Rev; Mark 12:28-34

24th Sunday after Pentecost, Nov 7: Wisdom of Solomon 3:1-9; Psalm 24; John 11:32-44

(Fr Nathan's last Sunday before Deployment)

25th Sunday after Pentecost, Nov 14: Hebrews 10:11-14, 19-25; Psalm 16; Mark 13:1-8

Last Sunday after Pentecost, Nov 21: Daniel 7:9-10, 13-14; Psalm 93; John 18:33-37



Did You Know?

Jane Bolin, judge, 1908-2007

Bolin made history again and again. She was the first Black woman to graduate from Yale Law School. The first Black woman to join the New York City Bar Association. The nation's first Black female judge. But she didn't dwell on those achievements. "I wasn't concerned about (being) first, second or last," she said in 1993. "My work was my primary concern."

Thanks and Kudos!

(Send your 1-3 line notes, announcements or thanks to Beth at admin@smary.org by the 20th of the previous month)

HUGE thank you to Peter Guyton for donating his time and remarkable talents for taking photos for our new parish directory.

www.peterguyton.com



Thanks to Father Nathan for bringing to fruition the vision of a Mobile Zoom Cart for parishioners' use in conducting "hybrid" (zoom and in-person) meetings and gatherings in the Parish House--during COVID and beyond!

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K
S!

Thanks to the Hiring Committee for working throughout the summer to find a temporary priest-in-charge to fill in while Father Nathan is deployed to Bahrain.

yay!

Merci

A grateful thank you to everyone, young and not so young, who helped clear the chancel area following the 8/29 service so the painting could begin on Monday morning, 8/30.

Thanks to Alice Brock for coordinating the memorial reception for Connie Dayton's funeral and to all who helped serve, bake, set up and clean up. It was our first reception since the beginning of the pandemic, AND the first reception held in the newly redesigned garden.

Blessed thanks to all who joined in for the Saint Mary's Patronal Celebration, especially the lively bidders on the decadent desserts.

Note: We have a parishioner looking for a paid helper to grocery shop, general household clean with her cleaning products, and perhaps perform light errands. If you or you know someone interested, please contact the parish office.

NOONDAY PRAYER - in our Chapel and Online

Mondays – Thursdays: everyone is welcome to gather once again in our Chapel for a few minutes of meditation and prayer at noon. These sessions are also streamed live on Facebook and recorded for future viewing. (Full disclosure: there may be some days over the summer when it will only be online, due to vacation schedules.) **Fridays:** gather together at our Facebook page to meditate on scripture and to pray for a few minutes each Friday at noon.



GROW IN GOD EVERYDAY

ONLINE WORSHIP (worship videos are available a day later on the website)

NOONDAY PRAYER: Monday – Friday 12noon on [Facebook Live](#)

SUNDAY HOLY EUCHARIST: Sundays at 9:30 AM on [Facebook Live](#)

BE STILL: CENTERING PRAYER: Mondays at 5 PM [online via ZOOM](#)

ONLINE SPIRITUAL FORMATION

BE STILL: Sundays at 9:30 AM [online via ZOOM](#)

A contemplative time of themed reflection on scriptural passages, poetry and prose. Contact Jennifer Gregg at jenniferanngregg@gmail.com

WISDOM SEEKERS: IS ON SUMMER HIATUS. SEE YOU IN THE AUTUMN A group discussion of the Scriptures for the upcoming Sunday. A great way to learn and be prepared for worship. Contact Nadine Timberlake at ntimberlake@aol.com

MERTON GROUP: Thursdays at 3 PM [online via ZOOM](#). During the small, spiritually diverse, inquisitive, tolerant, open-minded, and supportive group of "seekers" that each week pray, read aloud from a chosen book, reflect, question, and grow. FMI, jenniferanngregg@gmail.com



Here are some important dates in our
Saint Mary's parish family



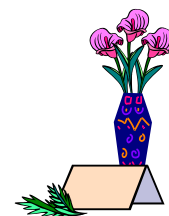
Happy September Birthdays to:

1 Christine Bennett	11 Sammy Rae Means	
2 Grace Leschey	12 Matthew Grace	24 Nate Buchanan
3 Helena Corbett	12 Ben Velek	24 Chuck Horton
4 Lottie Chappell	14 Grace Wiley	24 Alexis Madigan
5 Anne Hyland	16 Jennifer Gregg	25 John Maher
5 Chelsea Scott	16 Justice Pollard	26 Malia Pelletier
8 Robert Bowen	17 Neils Rodgers	26 Anne Wood
8 Mike Edwards	18 Emily Follo	27 David Andrews
8 Robin Gauvreau	18 Lad Taylor	27 Cindy Horton
8 Debby Hammond	19 Nate Smithwick	28 Celia Keefer
8 Jean Lloyd-Rees	20 Kathy Stimson	28 Emily Otte
9 Sam Brown	21 Myles Nuzzi	29 Julia Bisson
9 Geoff LaFond	22 Jana Burke	30 Bryan Dench
10 Meredith Winter	22 Kim Diamond	30 Ibe Mokeme

We'd love to include good wishes on your birthday and anniversary. If we don't yet have the dates, please send your and your family's special dates into the parish office and we'll be sure to include them on your special month. admin@smary.org or call 781-3366 or drop a note to the church. Thanks!

Happy September Anniversary wishes to:

3 Elise & Neil Kiely	24 Talie & Joel Harris
9 Ana Cairns & Rich Bazarian	24 John & Elizabeth Musacchio
10 Sheila & Tom Donaldson	24 Grace & David Robinson
13 Mike & Cara Pelletier	25 Judy & Gordon Oliver
19 Tricia Wheeler & Ryan Stinneford	29 Jamie & Lisa Conway



Worship Server Schedule

Be sure to let Beth in the office know if you have switched dates with someone. 781-3366 or admin@smary.org

Date	8am Usher	8am Lector	9:30/10:15 Usher	9:30/10:15 Lector	Altar Flowers	
Sept 5	Al A	Len T	Aaron S	Erin MF	Jan A	
Sept 12	Charlie H	Greg U	Ron & Mark	Will S	Onnie H	
Sept 19	Jim K	Mary Ann M	Ryan S	Stan E	Melissa K	
Sept 26	Steve Conley	Lee Dernehl	Tom L	Linda E	Katie P	
Oct 3	XX	Maine	Marathon	NO morning	services	
Oct 10	Lee VD	Lee VanD	The Vereys	Maggie G	tbd	
Oct 17	Chris M	Al A	The Yerkes	Betsy S	tbd	



September 2021



The Episcopal Church of Saint Mary

Sun	Mon	Tue	Wed	Thu	Fri	Sat
8/29 14th Sunday after Pentecost 8 Holy Eucharist 9:30 Be Still on ZOOM 9:30 Holy Eucharist In-person and on Facebook 7 12-step meeting	8/30 12 Noonday Prayer 5 Be Still 6:30 PCC Rehearsals Aud & GR	8/31 12 Noonday Prayer 2 Staff meeting 4:30 TOPS in GR 6/7 12-step in Aud & GR	9/1 World Day of Prayer for Creation 9 Mainely Weavers 12 Noonday Prayer 6 ORI	9/2 9-2 Blood Drive 12 Noonday Prayer 3 Merton Group 4:30 Outreach 7 SM Choir in Aud	9/3 <i>Office closed</i> 12 Noonday Prayer 4-8 CU Youth Horizon Voices Auditions	9/4 11 Sydney Clerk Memorial Service & repation
5 Creation 1 8 Holy Eucharist 9:30 Be Still on ZOOM 9:30 Holy Eucharist In-person and on Facebook 7 12-step meeting	6 Labor Day <i>Office closed</i> 12 Noonday Prayer 5 Be Still	7 9:30-1 Art Group 12 Noonday Prayer 2 Staff meeting 4 CARE meeting 4:30 TOPS in GR 6/7 12-step in Aud & GR	8 10-3 GC Judges Council 12 Noonday Prayer 6-7:30 Horizon Voice Auditions in Aud	9 11-1 OC Tune-up in Aud 12 Noonday Prayer 3 Merton Group 7 SM Choir in Aud	10 <i>Office closed</i> 12 Noonday Prayer 5-6 Souper Supper TO GO	11
12 Creation 2 Kickoff Sunday 8 Holy Eucharist 9:30 Formation classes 10:00 Guiding RAY begins 10:15 Holy Eucharist 11:30 Kickoff Picnic— food and games outside! 7 12-step meeting	13 12 Noonday Prayer 4-6 CU Youth 5 Be Still 6:30 PCC Rehearsal	14 Holy Cross Day 9:30-1 Art Group 10:30 Wisdom Seekers 12 Noonday Prayer 4:30 SM Bells rehearse 4:30 TOPS in GR 6/7 12-step in Aud & GR	15 12 Noonday Prayer 4-8 OC Horizon Voice 6 Vestry meeting	16 12 Noonday Prayer 3 Merton Group 7 SM Choir in Aud	17 <i>Office closed</i> 12 Noonday Prayer 4 Wedding rehearsal	18 9-1 HVoice Auditions 4 Smith, Marden Wedding
19 Creation 3 8 Holy Eucharist 9:30 Formation classes 10 Guiding RAY 10:15 Holy Eucharist 7 12-step meeting	20 12 Noonday Prayer 5 Be Still 6:30 PCC Rehearsal & Board meeting in GR Oct. AVE deadline	21 St. Matthew's Day 8:30-11 St. Elizabeth's 9:30-1 Art Group 10:30 Wisdom Seekers 12 Noonday Prayer 2 Staff meeting 4:30 TOPS in GR 6/7 12-step in Aud & GR	22 12 Noonday Prayer 4-8 OC Horizon Voice	23 12 Noonday Prayer 3 Merton Group 7 SM Choir in Aud	24 <i>Office closed</i> 12 Noonday Prayer 5-6 Souper Supper TO GO	25
26 Creation 4 8 Holy Eucharist 9:30 Formation classes 10 Guiding RAY 10:15 Holy Eucharist	27 12 Noonday Prayer 5 Be Still 6:30 PCC Rehearsal	28 9:30-1 Art Group 10:30 Wisdom Seekers 12 Noonday Prayer 2 Staff meeting 4:30 TOPS in GR	29 Michaelmas 10-2 Clergy Day 9 Mainely Weavers 12 Noonday Prayer 4-8 OC Horizon Voice 6 ORI in Guild Rm.	30 9-2 Blood Drive 12 Noonday Prayer 3 Merton Group 7 SM Choir in Aud	10/1 <i>Office closed</i> 12 Noonday Prayer	10/2 Maine Marathon - weekend - no Sunday AM services



THE EPISCOPAL CHURCH OF SAINT MARY

43 Foreside Road
Falmouth, ME 04105
207-781-3366 www.smary.org

Our Worship Schedule

Sunday Worship

8 and 9:30 - Holy Eucharist - Sept 5

Sunday worship beginning Sept 12

8 AM - Contemplative Eucharist
9:30 - 10AM Formation for All
10:15AM - Choral Eucharist

MONDAY - FRIDAY

12 Noonday Prayer on Facebook Live
(In-person in Chapel: most Mon - Thurs)

BE STILL Live on Zoom
Sundays 9:30 AM
Mondays 5 PM



THE EPISCOPAL CHURCH
OF SAINT MARY



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43 Foreside Road
Falmouth, Maine 04105
207-781-3366 / smary@smary.org
www.smary.org

The Rev. Nathan Ferrell, *Rector*
nathanferrell@smary.org

The Rev. Christine Bennett, *Deacon*
deacab@maine.rr.com

Bruce S. Fithian, *Organist*
bsfithian@aol.com

Beth Shaw, *Parish Manager*
admin@smary.org

Office Hours

MON - THU, 9 - 4:30

Copy deadline for Oct AVE: Sept 20

YOUR 2021 SAINT MARY'S VESTRY

Nathan Ferrell, Rector, 310-0268, nathanferrell@smary.org

Janet Bowne, Sr. Warden, 318-7045, jmitchellbowne@gmail.com

Aaron Splint, Jr. Warden, 838-2708, asplint@yahoo.com

Ben Parks-Stamm, Treasurer, 458-3151, ben.parks.stamm@gmail.com

Darren Clark, 781-424-9905, ddclark@maine.rr.com

Stan Eaton, 317-6097, stan.eaton@gmail.com

Rick Hirschman, 310-3800, rrhirschman@msn.com

Rudy Israel, 917-923-9444, rfisrael@aol.com

Tom LaPlante, 272-5621, laplante@maine.rr.com

Pat Peard, 781-3710, peardpatricia@gmail.com

Thom Pettingill, 781-2219, thomaspettingill@gmail.com

Will Salomon, 240-1646, wsalomon@clinical-metrics.com

Jan Wentling, 400-9904, janwentling@hotmail.com