



"The saints walk with their feet on the ground and their head in the clouds"



The Rev. Nathan W. Ferrell

November is such a fantastic month! It is a time to give thanks to God for the elders and saints who have blazed paths of holiness for us to follow, to give thanks for our veterans who were willing to face mortal danger in the defense of freedom and democracy, and to give thanks for the abundance of food and other blessings we receive from this beautiful land in which we are blessed to live. We all have many reasons to give thanks.

Now let's consider those elders and saints a bit more. With our feet firmly connected to the ground, we are always walking on paths that have been created by those who have gone before us. Spiritually, we follow the paths of the saints by praying their prayers, using their spiritual disciplines, chanting their psalms, singing their songs. The Church is inherently conservative in the best possible manner. We are always working to conserve the good, beautiful and powerful experiences of the elders and saints, so that we too might taste a bit of their profound union with God. More broadly, all human activities are conservative in one sense or another. We have schools because educators before us

built them. We drive cars because entrepreneurs from a century ago created them. We live in the United States of America because our ancestors worked hard to create and defend this nation. Even our human bodies are repositories of ancient DNA that we inherit from countless generations of humans who labored assiduously so that we can be alive today.

In contrast to their firmly-grounded feet, the heads of the saints are always in the clouds. We are always looking ahead for more – or as the Nicene Creed puts it, we "look for the resurrection of the dead." God is always calling us forward into the future because that is where the fullness of the kingdom of heaven is to be found. The saints are never content with what currently is. We know that God is not done with us yet and that each day brings countless opportunities to learn new things and to do good things. We are always dreaming of, and working toward, a better and brighter future.

How do we balance these two impulses - the need to look back and conserve the past, and the need to push forward and create the future? Different persons and different groups will lean more into one side of this equation than the other, and that is okay. I doubt any of us knows precisely where the ideal balancing point is in any scenario. This, too, is cause for gratitude because we know by faith that this world is God's project and God has a good future in store. So, with all the saints and the faithful departed, let us continue to pray day by day: "Your kingdom come, your will be done."

Thanksgiving Eve Wednesday 23 November at 6 PM Thankful Family Eucharist and Celebratory Tree Lighting

Bring your visiting family and friends to sing songs of thanksgiving and to celebrate the Great Thanksgiving before our national feast begins. Led by the husband-wife duo of Fr Jeff Turczyn and Kathleen Scott, all are encouraged to gather in recognition of GOD as the Giver of all good gifts.

Then stay for the lighting of our Kyros Advent tree and hear the names read of those we remember and celebrate. Share the names of your loved ones with the parish office by email or inserted form or page 19

Farewell & Godspeed

A letter written by Becky Pride and delivered on Deacon Christine's last day as our deacon, October 16

Christine,

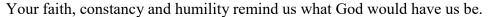
You have always been here for us through all the seasons of our lives. Often behind the scenes, you do honor to God by serving as his faithful servant. You are a most devoted pastoral care giver. You have listened to us, ministered to us and to God's children beyond our lichgate. You have tended the sick, visited the dying, and shed your steady and constant light at bedsides, nursing homes, hospitals and hospices.

Your sessions on coping with grief have helped those of us who have suffered deep losses to carry on with God's help ~ and yours.

Your prison ministries for the women incarcerated at Windham have been a Godsend to them and to those of us here have been blessed to go to the prison with you to meet the women for whom we prayed.

For years you have prepared our Eucharistic table, preached, conducted weddings and funerals and sent us forth to love and serve the Lord, always modeling for us what it is to do God's work in the world.

Christine, you have been the core of our faith community: your grace, sweetness, attentiveness, kindness and receptivity have opened the way for us to share deeply our life's concerns, joys and sorrows with you.



So much of your life has been freely given to caring for others while you had your beloved Larry, your sister Phyllis and Ben, and Laura, David and their families to care for as well ...not to mention a number of dogs who have relied on you for their well-being.

Micah would be so proud of you as you "do justice and love kindness and walk humbly with your God."

You have done all this for us and to serve the God in whom you have such faith.

We can never thank you enough for all you have given us nor can we put into words all you mean to us. We love you.

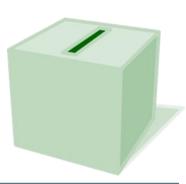
As written in Matthew's gospel, "Well done, Good and Faithful Servant."



The Nominating Committee has accepted many nominations of parishioners to serve as Sr. and Jr. Warden, members of the 2023 Vestry, and delegates to the 2023 Diocesan Convention. Thank you to all who participated in this process by nominating parishioners to fill these positions. Nominations closed as of October 31, and the committee has begun their review.

Thank you! With any questions or comments, please feel free to contact Darren Clark at ddclark@maine.rr.com or any member of the Nomination Committee: Darren Clark, Rick Hirschman, Tommy Pettingill, Marian McCue, or Nadine Timberlake.







Vestry Highlights from the Wardens

by Janet Bowne

The Vestry met on October 19. Fr Nathan led us in a multiple-choice learning activity about St Luke the Evangelist.

Fred Webber represented the Buildings and Grounds committee to share updates on the tower stair issue of rust and the need to act soon. Buildings and Grounds is gathering information on the best way to ensure the stairs are safe. The members of B&G checked the tower area during the last big rain storms to determine areas that might be leaking. They didn't see any obvious leaks but will work with the experts to make further assessments. Buildings and Grounds is organizing a campus clean-up for the morning of Nov 12; we will also have indoor projects like cleaning the kitchen.





Janet Bowne, Sr. Warden

Steve Conley, Jr. Warden

Jim Kane presented information he received at a training he attended on security in churches. We will pass it along to the ushers and take the security suggestions under advisement.

The 2023 Stewardship campaign has kicked off. Our theme is *More Than Enough* and features the kneeler designed by Hannah Russell and stitched by Helga Ryder. The theme is based on the parable of the loaves and fishes where Christ fed thousands with only a few loaves of bread and fish. Our pledge goal is \$290,000.

Treasurer Ben Parks-Stamm shared the recent financial reports. He is also working on the 2023 budget for the Vestry's review in November. We are exploring the possibility of moving our endowment funds out of the Diocesan program. We are not getting reliable information in a timely fashion. Ben contacted the Diocese to determine what we need to provide them if we decide to make this change. He is also developing a Request for Proposal to be sent to prospective investment management companies.

We discussed the program year and how things are going. We also discussed ideas to continue to the reopening process. Saint Mary's is extremely blessed with many active, engaged parishioners.

Stewardship 2023 Update

MORE THAN ENOUGH!

We've all heard the parable of the loaves and fishes. Christ called upon the assembled crowd to share whatever food they had. By the miracle of faith and action of love, there was more than enough, even leftovers were shared with those gathered! Stewardship is like that. We all share what we can to help our community, fund our operations and plan for the future. Every gift shared is supports our mission and ministries. Thank you all for

what you do to support Saint Mary's.

Thank you to those parishioners who have returned their completed pledge forms. If you didn't receive a pledge packet in the mail, you'll find one <u>HERE</u> Together we will reach our pledge goal of \$290,000 for 2023!

See pledge form on page 18 of this AVE or click here





Advent Lessons and Carols

On Sunday 27 November, the Saint Mary Choir will lead the congregation in a beautiful Advent Lessons and Carols service at 10:15. This will usher in a season of reflection and expectation, as we sing some favorite Advent hymns, listen to the readings tracing the salvation of all, and enjoy seasonal anthems sung by the choir.

The organ prelude will be the chorale by J.S. Bach 'Savior of the nations, come!' (hymn 54), followed by the great hymn 56 'O come, O come, Emmanuel.'

Other hymns will include the ancient chant 'Creator of the stars at night', 'Come, thou long expected Jesus' (hymn #66), 'People,

look east,' and the great hymn, 'Lo! He comes with clouds descending' (hymn #57).

The choir will sing haunting anthems: 'Adam lay abounden' by Peter Warlock, 'This is the truth sent from above - Traditional English carol, arranged by R. Vaughan Williams (this year we are celebrating the 150th birth of Vaughan Williams), 'E'en So, Lord Jesus, Quickly Come' by Paul Manz, and 'I Sing Of A Mayden' by David Vernier. A beautiful way to start the Advent season!



Saint Mary's Schola Concert

The Saint Mary Schola presents

Blow the Trumpet,

a concert of seasonal music for Advent, that includes a rousing medieval procession, sublime masterworks by Palestrina, Victoria



and William Byrd, as well as sparkling choruses from Bach cantatas, a charming pastorale by Marc-Antoine Charpentier and rarely heard pieces from the Mexican Baroque.

Concerts: Friday, Dec. 9, 7:30 PM at Saint Mary's

Saturday, Dec. 10, 3:00 PM at the Cathedral of Saint Luke

Sunday, Dec. 11, 3:00 PM at Saint Mary's

Saint Mary's Advent Giving

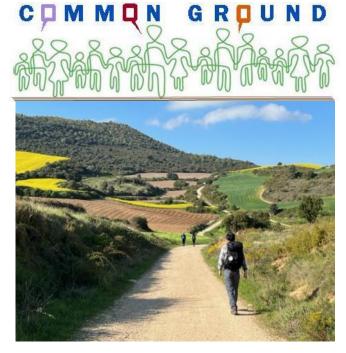


"Delivering Hope to Less Fortunate Children"

This is the goal of Toys for Tots since 1947! This year, all are invited to participate in this long-standing US Marine Corps holiday tradition. Saint Mary's will serve as a local collection station.

Please bring a NEW, UNWRAPPED TOY and deposit it in one of our collection boxes. Our last collection day will be SUNDAY 04 DECEMBER.

Fellowship in Formation



Thursdays from 5 – 7 PM

Potluck community dinners and talks. All ages are welcome. Bring a dish to share. The discussion follows the dinner and begins around 6. Come in at any time.

Thursday 3 November: Bruce Fithian shares his experience of walking with Kue John Lor (pictured to the right) as pilgrims on the Camino de Santiago in Spain. There will be a slide presentation of the beautiful journey, discussion of the history of the Camino, and a chance to enjoy some Gallician dishes: lentejas españolas (lentils with Spanish paprika) and zorza (marinated pork).

We will also be able to talk with Bruce about his plans after leaving Saint Mary's at the end of 2022. (see page 13 for more information.)



Sunday Morning between the services at 9:30

NOV 06 - Erin's Experience in Bahrain

What did Erin think of Bahrain when she visited for one month? Come, hear about her travels and see examples of her art projects while in the Kingdom of Bahrain.

NOV 13 – Thanks to Veterans

Be part of a hands-on project to write notes of thanks to those living at the Maine Veterans Home in Scarborough. All ages are encouraged to participate.

NOV 20 – What is happening in the Diocese of Maine?

Have you heard about our new connections with Vermont and New Hampshire? Hear a recap of our recent Diocesan Convention and all the other news about life in our Episcopal Church in Maine.

NOV 27 – The War on Advent

Forget about Christmas; the real war is on Advent! Why do most people reject the practices of Advent and jump straight into the Nativity celebration instead? Let's discuss!

Kneeler Coffee Hour

Do you know there is a series of Kneelers in the Sanctuary just for the Christmas Season? In fact, our own Hannah Russell designed a series for each of the church seasons.

Join us for Coffee Hour on Sunday 20 November to see the Christmas Series and learn their stories.

There will also be a special opportunity to support the on-going care and maintenance of these very special works of art.





SPARKLES 2022



On Friday, October 21, we kicked off 2022 Sparkles season with Sparkles Spirit. The auditorium was warm and welcoming, bustling with activity. Ten of our Saint Mary's chefs had prepared appetizers for our guests to enjoy and order to feed their families over the holidays. Jewelry cases were filled with treasures and the stylish accessories were arranged beautifully.

Patrons came and shopped, bought wine draw tickets, and anxiously awaited for their names to be called. It was a wonderful evening.

Thank you to everyone who donated jewelry, accessories and wine!

Our Chefs: Susan Conway, Kathy Galen, Carla Birt, Robin Webber, Jennifer Gregg, Beth Shaw, Mary Ann

McLean, Babs Bell, Jana Burke, and Onnie Hastings

Accessories: Lynne Shepherd

Jewelry: Jane Tholen and Meg Hurdman Greeters: Tom and Jessica LaPlante

Cashier: Garry Bowne

Hospitality: Darren Clark, Steve Constantino, Chris Martin and Allison Sears

Logistics: Harrison & William Rana, Saint Mary's Vestry members, Roy Packard, Alice Brock, Pat Peard,

Jana Burke, Robin Webber and Melissa Murray, Jan Mordarski and Onnie Hastings

Next up: Our Sparkles Fair on Saturday, December 3 from 9-1.

Postcards from the Soul

An Advent Quiet Morning on SATURDAY 10 DECEMBER



What in the world do we think we're doing when we set out to pray? Sometimes it's just a quick "Whoops!" "Wow!" or "Help!" Sometimes it's in church or even on a mountain top, but it's often at the bedside of a loved one or in the doctor's office. We might use words we've known since child-hood or make it up as we go along. During this Advent Quiet Morning, we'll take a look at what we mean by prayer, the ways we pray, and our expectations of prayer. We'll ask, "Does prayer 'work?' "How should I begin?" "Who's listening?" Join us for a morning of pondering the "postcards" we send to God. We'll gather at 9 AM in the Father James Chapel for light refreshments and will begin the program at 9:30.



SPARKLES 2022

Saturday 03 December from 9 AM - 1 PM

Join in to help with our biggest fundraiser and friend-raiser! It's fun, and there are lots of ways to help.

Merchandise:

We are collecting glassware, china, jewelry, accessories, cookware, art, toys and Christmas decor for our boutique. We also welcome home decor items but are not taking furniture this year as storage is in short supply! If you have items to donate, you can bring them to the Parish Hall during the week (Monday-Thursday, 9-4). You may take them down to the hallway outside of the storage room or leave them

on the first floor by the elevator. If you have time to help us sort things ahead of time, let us know! We can offer a quick training for this work at your own pace!!

<u>Friendship Soup:</u> We take donations of dried beans and spices that are combined to make a dried soup mix. It's a very popular item. The items we need are: dried beans, beans and more dried beans! Volunteers are needed to bag, label and tag all of the ingredients. We don't have a date yet for this gathering but will let everyone know. It's a fun assembly-line activity!

<u>Holy Smokes:</u> These popular fire starters are made from dried pinecones and the stubs of our altar candles. We need volunteers to help make and package them up. If you have pinecones to donate, please bag them up and leave them in the volunteer room at the Parish House in the designated box! We will collect them and plan a work day.

<u>Bakery and Cookie Walk:</u> Many of our patrons come to Sparkles because they know our cooks are the best! We have an array of baked items including our signature almond cakes, pies, quick breads, cakes etc. The Cookie Walk is very popular and is comprised of dozens of Christmas-themed & other cookies and bars. The patrons choose among the delectable array and pay by weight!

**We need bakers for both categories. We have the pans and recipe for our signature almond cakes for anyone interested in making them.

We have sign-up sheets available in the Parish Hall.

Volunteers are needed to help with all the logistics including:

Set up starting on Wednesday, November 30 and continuing Thursday and Friday, December 1 & 2. We set up tables, racks etc. Once that is completed, all the items are brought to the first level from storage and are arranged and priced for sale. On Friday, the baked items and cookie walk donations are dropped off by noon and then priced and displayed.

We also need help with promotion. Nadine Timberlake is coordinating our marketing. We have signs and flyers for distribution around the area. This work starts in mid November.

On December 3:

- Greeters to welcome and orient the patrons
- Volunteers to staff the various departments
- Floaters to assist patrons and help with security for jewelry and other high dollar areas
- Cashiers for checkout
- Baggers/runners to help with checkout

At the end of the sale, we consolidate what's left for sale on Sunday. The week of 12/5, we need people to help drop items at Goodwill, return the display racks to storage, etc.

Sparkles is a very fun event! Please consider how you can help. Check your calendars and sign up!!

Questions? Call or email Janet Bowne: <u>imitchellbowne@gmail.com</u> or 207-318-7045.

SAVE THESE DATES:

November 23: 6 PM Thanksgiving Service and Lighting of the Memorial Tree December 3: 9 AM - 1PM, Sparkles Fair

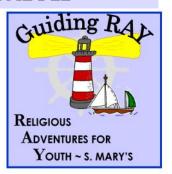
Youth Christian Formation



Jeff Morgan, Guiding RAY Coordinator Missing: Courtney Morgan

We've had a great first couple months in Guiding RAY! It has been exciting to welcome our children back for a time of friendship, fellowship, and activities.

Each week, the kids spend time making a craft or card for someone else, we sing, we read and study a biblical passage and make it applicable to their lives. When the weather is nice outside, it's been great to see the friendships forming as the kids enjoy God's creation!



If you feel led to do so, we need volunteers for Guiding

RAY! The time commitment is low, and the reward is high. If you are a parent or not, please consider signing up to volunteer. We will provide you with all the materials to ahead of time; you just need to show up. https://signup.com/go/QUouYQF You be a part of Guiding RAY from 9:30-11 and be able to join the congregation in the sanctuary for communion afterwards.

For those of you who might be new, here is more information on Guiding RAY.

What is Guiding RAY? Guiding RAY is what we call the children's education program at Saint Mary's. It's a time for children from birth to 6th grade to make friends, learn about Jesus, and grow in their faith. It takes place from 10am -11am each Sunday morning and then children (not in the nursery) join their parent (s) for communion in the sanctuary.

What should my child expect on Sunday mornings? Every Sunday, we hope to be able to share a little bit with your child about Jesus and how a relationship with him is an integral part of his/her life! Children can also expect to have a snack, sing, learn about the church calendar, make friends and when the weather is nice, play outside. Based on the number of children, after a short gathering time with all the school-aged kids, Pre-K-3rd grade will be together and 4th - 6th will be together.

How else can my child participate in the life of the church? During our Guiding RAY time, we will incorporate learning and opportunities to serve others - whether it's making cards for the home-bound or writing uplifting note to veterans. Additionally, for the older children, acolyting is an opportunity where they can plug in to the service on Sunday mornings. The children will also do a Christmas pageant in December.

Thank you for prayerfully considering how you can help this important ministry!



The Saint Mary's Christmas Pageant

will take place during the 10:15 a.m. service on Sunday 18 December. There is a role for anyone who wants to be involved in this beautiful retelling of the Nativity story in scripture and carols. Watch for details in the weekly eNews!

Our 2022 November Lectionary

All Saints Sunday 06 November: Daniel 7.1-3,15-18; Psalm 149; Luke 6.20-31

23rd Sunday after Pentecost 13 November: Malachi 4.1-6; Psalm 98; Luke 21.5-19

<u>Christ the King Sunday 20 November:</u> Jeremiah 23.1-6; Canticle 21 (Te Deum); Luke 23.33-43 <u>1st Sunday of Advent 27 November:</u> Advent Lessons and Carols (start of Lectionary Year A-1)

Outreach Ministry - All Ages Serving Near and Far

The Outreach Committee is reviewing non-profit organizations that it will recommend to the Vestry for funding at the end of the year. In 2021, we provided \$12,500 to 14 organizations --, including our own Souper Supper -- that fit our mission of loving our neighbor. The categories were Racial Justice, Food Insecurity, New Mainers, At-Risk Youth, Substance Use Disorder and International Aid. Saint Mary's disburses 5 % of our annual pledges for outreach.

If you volunteer with an organization that you would like to recommend to receive funding, please email Marian McCue at

marian.l.mccue@gmail.com. You are also invited to attend the next Outreach Committee meeting on Thursday, November 17 at 4 PM.



Falmouth Food Pantry - November Update

The Falmouth Food Pantry is currently serving just under 200 families (about 540 family members) a month, with the numbers increasing over the summer. As usually happens, when the weather becomes too cold to work outside, there will inevitably be additional requests for support. Volunteers continue to deliver boxes of non-perishable food, fresh vegetables, eggs, and meat to the homes of families who need food assistance. The Pantry has not yet returned to offering curbside assistance or to welcoming families inside the actual pantry.

The Falmouth Food Pantry is now accepting food donations from individuals. Our donation box is in he foyer of the guild room. The most helpful foods are soup in cans (but not cream soups), boxes of pasta, cold cereal, canned tuna fish, canned chicken, and granola bars.

The Outdoor Falmouth Community Cookout was held on October 6th, from 4:30-6. This was a fun, community building event that was a nice alternative to the pre-pandemic community dinner. The event was free but donations were accepted on behalf of the Falmouth Food Pantry.

Guiding RAY and volunteers worked on the church garden this summer and we were able to donate some veggies to the Falmouth Food Pantry. Particular thanks to Al Ahlers and Don Staples for "Growing a Row" and sharing their bountiful veggies with the Pantry. Souper Bowl Sunday did occur this year, with Guiding RAY donating cans of soup to the Pantry.







Thank you to everyone who baked apple crisps for the Falmouth Community Cookout! It was a beautiful evening for the event and it was a nice opportunity to catch up with friends and to make some new ones. The free cookout of chicken, pasta salad, apple crisp, ice-cream, and S'mores around fire pits, was hosted by several of the Falmouth faith communities and was held on the lawn of Falmouth's Congregational Church. About 200 community members attended the event and at least 38 volunteers provided food, welcomed guests, served, directed traffic and washed dishes. There was a free-will giving box that yielded over \$3,600 in donations to Falmouth's Food Pantry. Thank you to all who attended!

Outreach Ministry - All Ages Serving Near and Far

Welcome from St. Elizabeth's Jubilee Center



Adult Winter Coat Drive for St. Elizabeth's PLUS Pots & Pans

Every Tuesday morning, St. Elizabeth's Jubilee Center (St. E's) offers to our neighbors living in need, at no charge, basic daily non-food essentials that cannot be purchased with SNAP funds. We also connect people with other resources in the community for needs such as housing, furniture, language acquisition, job search assistance, and other social needs.

We give a big **Thank You** to the Saint Mary's community who have generously donated so many items over recent weeks! Each week this fall, **you**

have filled to over-flowing the Donations Box outside the Guild Room with coats, kitchenware (pots, pans, soup pots, bowls, kitchen tools [no knives, please], glasses, cups, etc.) and housewares (matched sets of sheets, blankets, towels, cloth napkins, etc.) which are clean and in good condition.



During November, all churches participating in St. E's are challenged to exceed the goal of 150 ADULT WINTER COATS AND BOOTS of all sizes as winter approaches.

Saint Mary's Episcopal Church's Presence!

Saint Mary's Episcopal Church's has a wonderful team of volunteers who serve at St. E's on the third Tuesday of the month. We are looking for additional volunteers willing to work 2-4 hours per month to assist with this ministry. There are a variety of tasks, ranging from sorting, delivering materials to the Jubilee Center, assisting neighbors, and more. For more information, please contact Stan Eaton at stan.eaton@gmail.com.

St. Elizabeth's Feast Day Celebration: Tuesday 15 November 7:30 AM



Critical Need Blood Drives: November 10, 12 - 5 PM and November 26, 9 AM - 2 PM

Together, we can save a life

There is a critical need for blood! It's safe for all healthy

people to give blood. Sign-up today to be a blood donor and help give to those who need your blood to survive!

Go to www.redcrossblood.org and use sponsor code "StMary" to make your donor appointment. PLEASE donate, if you can. The need is great.

Outreach Ministry - All Ages Serving Near and Far

Souper Supper: 2nd & 4th Fridays

Soup, salad, bread and a sweet treat ! In Person! between 5 - 7 PM. ALL are welcome!

Enjoy this community-wide fellowship offering, dining in a relaxed atmosphere. You will be feted with a complimentary main course, Homemade hearty soup, salad, rolls, dessert and beverage.

Wonderful for singles and families alike!

Offered twice each month on the 2nd and 4th Fridays from 5-7

PM in the parish house auditorium. No reservations required.

Just bring your family and friends and enjoy!



A DARK AND STORMY NIGHT--AND A CANDLELIGHT SOUPER SUPPER!

Saint Mary's was undaunted by the storm and power outage affecting the Auditorium on October



14!! With help from Janet Bowne, and Buildings and Grounds' Finest (thank you, Hugh Smith and Fred Webber) who provided lamps, extension cords and artistically placed the candelabras, we provided for beautiful and welcoming ambiance for our Souper Supper guests who were overjoyed! The Souper Supper crew did the rest---offering delicious soup, breads, salad and dessert, served at table. And many, many thanks to Dana Madison

and Chuck Horton who handwashed the MANY dishes--and came back in on Saturday morning to run them all through the sterilizer and put everything away!!

WHAT A TEAM!

Come join us anytime for a lovely supper--every bit as gracious and joyous (though probably not with candelabras!) on ANY Second or Fourth Friday of the month. Open to the parish and the greater community at no cost. Wonderful for families, groups and singletons!! FMI: Contact Jennifer Gregg; jenniferanngregg@gmail.com





Medium to robust coffees: Casco Bay and Rebel Blend
"Coffee by Design" 12 oz. bags of ground fair-traded, organic, delicious coffees are on sale at Saint Mary's for 35% less than suggested retail!

Regular is \$11; Decaf is \$12

Plus you can support fair trade practices ...and a locally-owned business... and get GREAT organic coffee! Win! Win!



Sacred Songs and Readings - The Lord's Prayer Sunday, November 13, 3:00 pm

There will be a Sacred Songs and Readings service on November 13, exploring the great prayer that Jesus taught us. The genesis of the program was contemplating a beautiful work by Felix Mendelssohn: his sixth or-



gan sonata. Whereas his other organ sonatas were purely instrumental and often based on Mendelssohn's inspiration for Bach, his sixth sonata is a theme and variations on a hymn that Martin Luther wrote to celebrate the Lord's Prayer, 'Our Father, God in heaven above.' We will sing this wonderful chorale just before hearing the Mendelssohn organ piece. Other hymns will include Hymn 615 "Thy kingdom come!" and Hymn 474 "When I survey the wondrous cross," (which is used in the last section of the Mendelssohn organ sonata), and a poem by Thomas Troeger "Let All Who Pray the Prayer Christ Taught," sung to the melody of Dundee. There will be readings and poetry that reflect upon the great

There will be readings and poetry that reflect upon the great prayer, including Becky Pride's 'Dear Father.'

The service will include a piece for reflection: Louange à l'Éternité de Jésus (Praise for the eternity of Jesus) from Olivier Messiaen's "Quartet for the end of time" for cello and organ, played by John Bennett and Bruce Fithian.

One of the many delights of the Camino that Bruce experienced in May was hearing (and trying to recite!) the Lord's Prayer during the pilgrims' mass in France and Spain. It is magical to hear these immortal words in French and Spanish. The prayer is truly universal, and our service aims at celebrating this.

All Desires Known

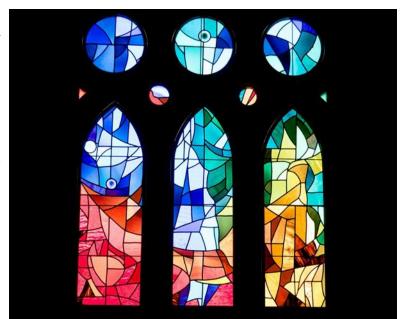
shared by Merle Marie Troeger

Whether you prefer Rite I or Rite II - or something else - the first prayer of the Holy Eucharist in the prayer book always catches my attention. It begins this way: "Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid." It reminds me that, as I get ready to worship, I am totally exposed before God. I have no secrets. Nothing is hidden, even the things about myself I try to conceal from myself, as well as from everyone else. And we are all in that same scandalous state.

For me, there is also a sense of incredible relief. I don't have to pretend that I am anyone other than who I am. My "true self" is disclosed to God. My secrets are in God's hands – both the ones that are healthy and those that need redeeming. My desires are well known to God. God sees that my yearning for God is also mixed up with yearnings that are unworthy of God.

The prayer acknowledges that I am not the well-integrated, "put-together" Christian I would like to be. We are real human beings. We have conflicting desires. We have secrets we hide even from ourselves.

So, I'm glad the prayer doesn't end there. We go on to ask God to cleanse the "thoughts of our hearts." Funny, I thought my thoughts were in my head. But whoever wrote the prayer knows something I often forget. My heart has secret thoughts that need to be attended to. For that there's therapy, counseling, spiritual direction, but perhaps the

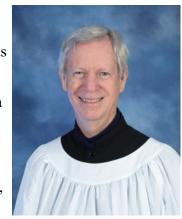


most immediate cure is the worship of God. The goal of the prayer is high: that we may perfectly love God and worship God worthily.

Bruce announces his resignation

It has been such a privilege for me to have served as choirmaster/organist at Saint Mary's since 2007, and I will truly miss this role when I step down from this position in January 2023. I want to especially thank all the people who have joined hands with me to complement the beauty of our services. First of all, the dear choir members, who have committed so much of their time and energy to this worthy ministry. I like to think that it has always been a labor of love, as music is never a chore, but a never-ending source of joy and fellowship. During these fourteen years, I have learned to truly appreciate the warm and caring community that Saint Mary's represents.

I will cherish the many happy memories of the services we have enjoyed over the years - the choral evensongs, the Fauré Requiem, the magical Great Vigils of Easter, the special celebrations - both happy and tearful (The 500th year anniversary of the Protestant Reformation, Father James' memorial service, the Advent Lessons and



Carols services, etc.), and the sheer joy of singing accompanied by one of the most beautiful organs in Maine (about the uniqueness of our organ, I am biased, of course, but Tom Troeger also felt that way!) As we recover from the challenges we faced in the last two years, I am fully confident that there is a bright and shining future for Saint Mary's, including the role music will play. I may not be around much this winter, as I will be living on Long Island, so as to be near Kue John Lor's work with the National Park System, as he works to restore the artifacts of the William Floyd Estate, but I will follow with interest from afar, and of course, look forward to seeing again the many friends I have made in this wonderful community.

Bruce Fithian

Be Still....and know that I am God.

BE STILL is a quiet time between the Sunday services for meditation, poetry, sometimes music, sometimes art, that touches on a theme. The current topic is "grace" and here's a sampling of the readings and art we've encountered recently. Join us from 9:30 to 10:15 live in the chapel or *via* zoom most Sundays. (To receive the zoom link, contact Jennifer Gregg at jenniferanngregg@gmail.com.)
All are welcome!

Here is a sample of what we have read recently:

The Peace of Wild Things

When despair for the world grows in me and I wake in the night at the least sound in fear of what my life and my children's lives may be.

I go and lie down where the wood drake rests in his beauty on the water, and the great heron feeds.

I come into the peace of wild things who do not tax their lives with forethought of grief. I come into the presence of still water. And I feel above me the day-blind stars waiting with their light. For a time I rest in the grace of the world, and am free.

~ Wendell Berry

Being Home

I am greater than I knew. This frail and vulnerable little biped has roots in the stars, and boundless black space. I am the effect of invisible cause that I can sense, and feel, and express, but I can never see. I dance with the galaxies, and swirl with the suns, as I sit at the breakfast table, eating my cornflakes.

~ Don C. Nix, Grace: A Relationship with the Cosmos

What is grace? I like to define grace as a fleeting experience in which God is clear and evident. With this broad definition, grace can be known in so many of life's moments.

~ John O'Donohue

"Do not be dismayed by the brokenness of the world. All things break. And all things can be mended. Not with time, as they say, but with intention. So, go. Love intentionally, extravagantly, unconditionally. The broken world waits in darkness for the light that is you." ~ L.R. Knost

"There is a really deep well inside me. And in it dwells God. Sometimes I am there, too ... And that is all we can manage these days and also all that really matters: that we safeguard that little piece of You, God, in ourselves." ~ Etty Hillesum, a young woman who died at age 29 in Auschwictz

Maine Diocesan Convention recap: October 22, 2022

Looking to Jesus Christ, the pioneer and perfecter of our faith

The 203rd Convention of the Episcopal Diocese of Maine Click for linked info



The 203rd Convention of the Diocese of Maine met via Zoom on Saturday, October 22, 2022 to conduct the diocese's third virtual convention. We elected diocesan leaders, approved the <u>2023 budget</u>, and adopted seven resolutions while rejoicing in being the Body of Christ.

New clergy were formally welcomed to the diocese and those whose ministries have concluded were celebrated. Departing Canon to the Ordinary, the Rev. Michael Ambler was celebrated as we learned about his new ministry, <u>Restoration Laos</u>.

Throughout convention, we participated in a prayerful and spirit-filled liturgy featuring the participation of the faithful throughout the diocese. It included Bishop Thomas Brown's Convention Address which focused on the theme of Jesus as the pioneer and perfecter of our faith. Click <a href="https://example.com/here-for-a-video-for-a-vide

The convention was blessed by incredible musicians sharing their gifts. The virtual choir offerings were "All Creation Danced" and "O Wondrous Souls of Light," a world premiere performance of this hymn written by the Rev. Victoria Sirota, a recently retired priest and professionally trained musician now living in Searsmont, Maine.

ELECTION RESULTS & APPOINTMENTS

General Convention Deputation for 2024 Clergy order: Rev. Joshua Hill, Rev. Cn. Lisa Fry, Rev. Kerry Mansir, Rev. Lauren Kay Standing Committee Member in the Lay Order: Patricia Ryan Registrar and Archivist: Barbara Martin Assistant Secretary for Resolutions: Lisa Lindsay Assistant Registrar for Credentials: Seth Stewart Lay Reps Elected to Diocesan Council: Acadie (A) - Ted Fletcher, Southwest Harbor Aurora Borealis (B) - Ben Barr, Millinocket The Heart of Maine (C) - Matt Bear-Fowler, Gardiner Midcoast (D) - Lucia Elder, Rockland Presumpscot (E) - Emma Bond, Portland The Southern Gateway (F) - Julie Littlefield, York Harbor

RESOLUTIONS

(Details can be found here)

- 1 Tribal Sovereignty (Adopted)
- 2 Native Residential Schools (Adopted)
 - 3 Deacons' Day (Adopted)
- 4 Celebrating Evangelism (Adopted)
- 5 Tribal Sovereignty Includes Gaming (Adopted)
- 6 Calculation of Lay Delegates to Convention (Withdrawn)
- 7 Clergy Compensation for 2023 (Adopted)
- 8 Minimum Lay Compensation for 2023 (Adopted)

 <u>Courtesy Resolutions</u>

Click here and here for links to the livestream recordings



Welcome to Ben McVety as our tenor leader.

Ben has a Bachelor of Arts in music from the College of William and Mary, and a Masters of Science in Music Education from Indiana University's Jacobs School of Music. He has been a high school choral director from

2013-2021 and has recently moved to Maine where the rest of his family resides. He has made a career shift to working in his family's stove shop business in Yarmouth. He loves performing and is excited to be able to sing again - despite the pandemic's best efforts to quell live performances. He enjoys teaching vocal lessons, playing piano and trombone, audio and video engineering and is currently learning how to play the Irish tin whistle. Welcome, Ben!

Fall Campus Clean-Up SAT 12 NOV, 8 - 12

Grab your rakes and gloves! We need "all hands on deck" to work together to clean up our campus and inside spaces too before winter.

Coffee, drinks and Snacks provided.
Questions?
Hugh Smith, hughsails@icloud.com
or Fred Webber Ask
webberonsebago@msn.com

Thanks, Kudos and Notes!

(Send your 1-3 line notes, announcements or thanks to Beth at admin@smary.org by the 20th of the previous month)

Thanks to Scott Reaves for coordinating the water stop for the Maine Marathon! It as a great day. Thanks also to Betsy Mead, Denise Curry, Judith Fergin, Anne Wood, Joan Drake and Kelsey Ross and the NYA student athletes who helped us out!

Thank to all who cooked, shopped, donated, helped with set up and clean up to make our Sparkles Spirit night so successful!

Blessings on you, Christine, for all you've given us. May the peace of the Lord be always with you.

Thanks to Susan Chapman for lovingly addressing all the Stewardship enve-

Thank you to Father Nathan for leading the wonderful formation program encompassing Bahrain and the Desert Elders.

Thank you to Bruce and the Choir for the lovely Evensong on October 2!



THANK YOU to ALL PARISHIONERS: for your remarkably generous gifts to Christine.

Kudos to our convention delegates for attending the virtual convention: Nathan Ferrell, Bonny Rodden, Nadine Timberlake and Janet Bowne.

> Thank you to Lynne Shepherd for picking up the Toys for Tots materials and delivering them to Saint Mary's

Low maintenance, older woman looking for housing, a roommate, a room rental, or small apt. No car, no stairs. Contact Beth in the parish office with any possibility.

Falmouth Congregational Church

HOLLY DAYS FAIR SAT, NOVEMBER 19, 2022

10am - 2pm

Pies, Cookies, Vintage treasures, stew, auction, handcrafts, wreaths, kid's corner

267 Falmouth, Rd, 781-3413

Send us your milestones, kudos and notes by the 20th of every month!!

GROW IN GOD EVERYDAY

ONLINE WORSHIP (Sunday worship videos are available on facebook)

WEEKDAY PRAYER: NOONDAY PRAYER AT 12 MON - WED in chapel and on Fb Live

CHAPEL EUCHARIST AT 12 NOON ON THURS Live and on Fb Live

<u>SUNDAY HOLY EUCHARIST: 10:15am</u> In person and on <u>Facebook Live</u>
<u>BE STILL: CENTERING PRAYER: Mondays at 5 PM</u> In person and <u>on ZOOM</u>

ONLINE SPIRITUAL FORMATION

BE STILL: Sundays at 9:30AM In person and on ZOOM and in Chapel ON HOLD for October A contemplative time of themed reflection on scriptural passages, poetry and prose. Contact Jennifer Gregg at jenniferanngregg@gmail.com

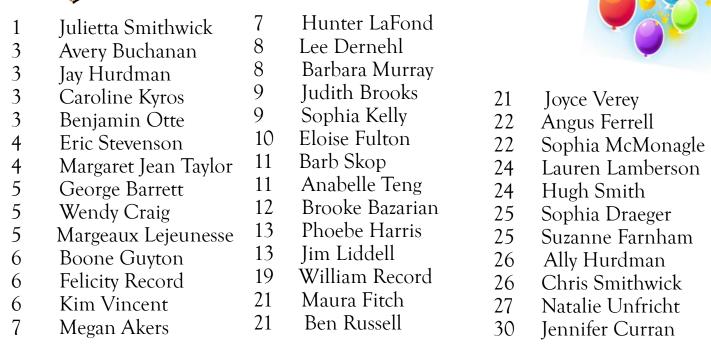
Wisdom Seekers: Tuesdays at 10:30am In Person and on ZOOM A group discussion of the Scriptures for the upcoming Sunday. A great way to learn and be prepared for worship. Contact Nadine Timberlake@aol.com

MERTON GROUP: Thursdays at 3 PM IN PERSON AND on ZOOM. During the small, spiritually diverse, inquisitive, tolerant, open-minded, and supportive group of "seekers" that each week pray, read aloud from a chosen book, reflect, question, and grow. FMI, jenniferanngregg@gmail.com



Here are some important dates in our Saint Mary's parish family

Happy November Birthdays to:



We'd love to include good wishes on your birthday and anniversary. If we don't yet have the dates, please send your and your family's special dates into the parish office and we'll be sure to include them on your special month. admin@smary.org or call 781-3366 or drop a note to the church. Thanks!

Happy November Anniversary wishes



10 Kelly & Michael Ianno

27 Gibson & Blake Wilkes

Worship Server Schedule

Be sure to let Beth in the office know if you have switched dates with someone. 781-3366 or admin@smary.org

Date	8am Usher	8am EM	10:15 Usher	10:15 EMs	10:15 Lector	Altar Flowers	Coffee Hour
Oct 30 Pent 21	Baer C Al A	Len T	Joyce & Len V	Stan E William Rana	Ginny S	Melissa K	S. Conway
Nov 6 All Saints	Chris M Steve R	Mary Ann	Tom L Alice B	Joyce V Jeff H	Marian M	Jan M	CC & Bryan
Nov 13 Pent 23	Baer C x	Al A	Chris M Steve C	Andrea MH Lynne S	Andrea MH	Jan A	Jan A
Nov 20 Last Pent	Len T x	Katie P	Dawn Y x	Nadine T Chris M	Neila B	Lynne & Onnie	Kneeler Guild
Nov 27 Advent 1	Baer C	Lad, Len, Al, Katie, MaryAnn, Greg	Joyce & Len V	Lectors: Erin, David R, Gin- ny, Marian,	Rebecca M, & Linda	Greens	Steve & Michele

November 20



e Episcopal Church of Saint Ma

Sat	11/5 9-4 Intuition workshop	12 8-12 B & G Clean -up 9-12 PCC rehearsal	1	26 9-2 Thankgiving Blood Drive	12/3 SPARKLES FAIR 9-1
H.	11/4 Office closed 5 AIA Book Study in Guild Room	11 Office closed Veteran's Day 5-7 Souper Supper Dine in!	18 Office closed	25 Office closed 5-7 Souper Supper Dine in	12/2 Office closed Guild Room
Thu	11/3 12 Healing Eucharist 3 Merton Group 5-7 CommonGround: Bruce Fithian 7 Choir rehearsal	10 12-5 Blood Drive 10 Sacred Ground 12 Healing Eucharist 3 Merton Group 7 Choir rehearsal	17 12 Healing Eucharist 3 Merton Group 4 Outreach meeting 7 Choir rehearsal	24 Office closed Thanksgiving DAY	Aby Prayer 12 Chapel Eucharist Meeting 7 Choir rehearsal Sparkles set-up in Auditorium & Guild Room
Wed	11/2 ALL SOULS 9-2 Mainely Weavers 12 Noonday Prayer 1-3 Staff meeting 5 - 8 HV rehearsal 5:30 ExCom meeting 6 ORI/Dowsers in GR	9 12 Noonday Prayer 3 CARE meeting 5 - 8 HV rehearsal	16 12 Noonday Prayer 1-3 Staff meeting 5 - 8 HV rehearsal 6 Vestry Meeting	23 12 Noonday Prayer 6 Thanksgiving Holy Eucharist 7 Tree Lighting	30 ST. ANDREW 12 Noonday Prayer 1-3 Staff meeting 5 - 8 HV rehearsal
Tue	11/1 ALL SAINTS 9:30 Art Group 12 Noonday Prayer 10:30 Wisdom Sækers 4 FLUKES rehearse in Aud 4:30 TOPS meeting 6/7 12-step in Aud & GR	8 ELECTON DAY 12 Noon day Prayer 10:30 Wisdom Seekers 4 FLUKEs rehearse in Aud 4:30 TOPS meeting 6/7 12-step in Aud & GR 7 Schola rehearsal in sanct	15 7:30-11 St. Elizabeth's 12 Noonday Prayer 10:30 Wisdom Seekers 4 FUKES rehearse in Aud 4:30 TOPS meeting 6/7 12-step in Aud & GR 7 Schola rehearsal	12 Noonday Prayer 12 Noonday Prayer 10:30 Wisdom Seekers 4 FLUKES rehearse in Aud 4:30 TOPS meeting 6/7 12-step in Aud & GR 7 Schola rehearsal in sanct	29 12 Noonday Prayer 10:30 Wisdom Seekers 4 FLUKEs rehearse in Aud 4:30 TOPS meeting 6/7 12-step in Aud & GR 7 Schola rehearsal in sanct
Mon A	10/31 (7 12 Noonday Prayer 4-6 HV rehearsal 5 Be Still 6 PCC rehearsal	9-2 Garden Club 12 Noonday Prayer 1 Sacred Ground 4-6 HV rehearsal 5 Be Still 6 PCC rehearsal	21 12 Noonday Prayer 4-6 HV rehearsal 5 Be Still 5 PCC board 6 PCC rehearsal	9-12 GC Boxwood wksp 12 Noonday Prayer 4-6 HV rehearsal 5 Be Still 6 PCC rehearsal
Alln	30 214 Sunday after Pentecost 8 Holy Eucharist 9:30 Formation groups N+ The Bible & the Qur'an 10:15 Holy Eucharist 11:30 Trunk or Treat! 7 12-step meeting	6 All Saints Sunday 8 Holy Eucharist 9:30 Formation groups Erin shares on Bahrain 10:15 Holy Eucharist 7 12-step meeting	13 23rd Sun after Pentecost 8 Holy Eucharist 9:30 Formation groups Cards to Veterans 10:15 Holy Eucharist 11:30 Kickoff Celebration 3:00 Sacred Songs Recital 7 12-step meeting	20 Christ the King Sunday Kneeler Coffee Hour 8 Holy Eucharist 9:30 Formation groups Diocese of Maine News 10:15 Holy Eucharist 4-6:30 OCrehearsal	27 First Sunday of Advent 8 Advent Lessons & Carols 9:30 Formation groups 10:15 Advent Lessons & Carols 4-6:30 OC rehearsal 7 12-step meeting



Saint Mary's Annual Pledge Campaign 2023

Name	(s)					
Addre	ss					
Phone	E-mail					
•	In gratitude for God's blessings, I/We pledge \$ to Saint Mary's for 2023					
	I/We will plan to pay this pledge: (please check one line)					
	weeklymonthlyquarterlyannually					
•	Ways to make pledge payments:					
_	I/We will send or bring the pledge payment(s) to office or place in the Sunday offering plate or mail					
to	Saint Mary's 43 Foreside Road, Falmouth, ME 04105.					
	I/We would like to receive offering envelopes to pay this pledge by check or cash.					
	I/We will set up direct payments to Saint Mary's church from my/our bank.					
100	I/We will make pledge payment(s) by giving electronically through Saint Mary's website (above).					
	I/We wish to make pledge payments through my IRA and need instructions on the way to do this.					
-	I/We wish to use Venmo to make pledge payments to @Churchof-SaintMary.					
٠	Information for making Annual Pledge payments with <i>stock</i> : Please ask your broker to contact Charles Schwab 1-800-435-4000 and Beth in the parish office so that your gift is credited correctly DTC: 0164 Code 40 Account: 80091830					
	I/We have considered a gift from my/our estate(s), and:					
	e have included Saint Mary's in our estate planning.					
□ I/W	e would like information on planned estate gifts to Saint Mary's.					

This Annual Pledge form is a prayer in action that you offer before God for the support of this parish family known as Saint Mary's, and for the needs of the wider world as well. We understand that circumstances may change after pledges are made. If you need to adjust your pledge, please contact our Parish Manager, Beth Shaw, in confidence.



SPARKLES' MEMORIALS CELEBRATIONS AND THANKSGIVINGS

Gather together on November 23, as we thank the Lord for our many blessings and the people who have made a mark on our lives as we light the Kyros Memorial and Celebration Tree honoring the memories of our departed loved ones and the blessings of our friends and family members.

Send the names of those you would like to celebrate with a blessing or memorial, complete

this form and send the form, via email, hand delivery or place in the offering plate, to the Parish Office by Monday, November 21 to have the name included in the celebration leaflet.

in iviemory of (please print):	
1	
2	
3	
4	
5	
In Celebration of (please print):	
1	
2	
3	
4	
5	
Your Name:	
Address:	
Phone:	

THE EPISCOPAL CHURCH OF SAINT MARY



43 Foreside Road Falmouth, ME 04105 207-781-3366 / www.smary.org

Worship Schedule

SUNDAY WORSHIP:

8:00 AM - Contemplative Eucharist 9:30 - 10 AM Formation for All 10:15 AM - Choral Eucharist

NOONDAY WORSHIP:

Monday - Wednesday

12 NoonDay Prayer in-person & on Facebook Live

THURSDAY

12 Chapel Eucharist in-person & on Facebook Live

BE STILL in October Mondays 5:00 PM









THE EPISCOPAL CHURCH OF SAINT MARY

www.smary.org

The Rev. Nathan Ferrell, Rector nathanferrell@smary.org Bruce S. Fithian, Organist bsfithian@gmail.com

Jeff Morgan, Guiding RAY Coordinator GuidingRAY@smary.org

Beth Shaw, Parish Manager admin@smary.org

Office Hours
MON - THU, 9 - 4

Copy deadline for December AVE: NOV 21

YOUR 2022 SAINT MARY'S VESTRY

Nathan Ferrell, Rector, 207-310-0268, nathanferrell@smary.org Janet Bowne, Sr. Warden, 318-7045, jmitchellbowne@gmail.com Steve Conley, Jr. Warden, 751-6738, Steve.Conley@point32health.org Ben Parks-Stamm, Treasurer, 458-3151, ben.parks.stamm@gmail.com

Darren Clark, 781-424-9905, ddclark@maine.rr.com
Rick Hirschman, 310-3800, rrhirschman@msn.com
Rudy Israel, 917-923-9444, rfisrael@aol.com
Tom LaPlante, 272-5621, laplante@maine.rr.com
Chris Martin, 814-758-2949, foodservicechris@yahoo.com
Pat Peard, 781-3710, peardpatricia@gmail.com
Tommy Pettingill, 781-2219, thomaspettingill@gmail.com
Steve Reeves, 615-440-2505, stevekreeves@gmail.com