



# THE EPISCOPAL CHURCH OF SAINT MARY

# AVE

Monthly Newsletter



## "Sing God's Praise in the Congregation of the Faithful" (Psalm 149.1)

Time and time again, Scripture commands us to worship God through the acts of singing and making music. This is not optional, and it is not dependent upon the perceived quality of our vocal ability! After all, worship is about God, not about us. Thankfully, our Anglican and Episcopal heritage is replete with resources by which we can fulfill this command. Hopefully you have heard by now that James Kennerley will be joining us as our Music Minister. James brings with him a lifetime of experience and knowledge of our Anglican music heritage, in addition to a remarkable artistic ability to create new music. It will be fun and exciting to work with James to create beautiful music together for the glory of God.



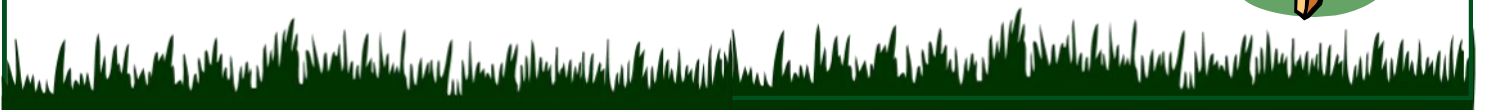
The Rev. Nathan W. Ferrell

Perhaps you noticed a change in title here, since Bruce Fithian previously served as our Organist and Choirmaster. The primary tasks remain the same, but I felt that a change in title to Music Minister is important. This position is about more than simply playing the organ and leading the choir. Those are technical skills which are highly important. But what we do here at Saint Mary's is about far more than technical proficiency. Ministry is the heart of all we do, and it is the lifestyle of every Christian: praising God and serving the needs of people. At the most basic level, each member of our staff must help to lead us all in a lifestyle of ministry. I believe that this change in title more clearly reflects this necessary emphasis on shared ministry at the heart of our parish community. Right now, James is scheduled to join us in the parish office on Tuesday 15 August and to begin ministering with us at the Eucharist on Sunday 20 August. However, we all know that the end of August is a less than ideal time to plan a parish event, so our parish-wide welcome of James will wait until Kickoff Sunday on September 10. Furthermore, James and Emily are expecting the birth of their baby girl on August 8. Flexibility will be necessary as the Kennerleys manage all these major changes in their lives. So put a big star on your calendar for September 10 and get ready for a truly exciting start to a new program year. And if you see James or Emily before then, please give them a heartfelt "welcome home" to Saint Mary's.

*Nathan W. Ferrell +*

## *Mass on the Grass: Wednesdays at 6pm*

Our summer Wednesday evening service will happen July 5 - August 23. Outdoors, casual, interactive, with Communion, and brief! It typically lasts around 30 mins. We'll meet in the Saint Mary's Gardens (or in the Chapel when raining). Bring a lawn chair or a blanket, or just sit on the stone wall. Bring your neighbors and house guests as well.





## Let us welcome James Kennerley

Dear parishioners and friends of Saint Mary's, It is with a joyful heart that I announce the hiring of James Kennerley to serve as our new Music Minister. James is an internationally renowned musician who has served as the Municipal Organist of the City of Portland since 2017, performing periodically on the historic Kotschmar Organ. His work on the Kotschmar Organ will continue while also serving in the same role as the one held by Bruce Fithian here at Saint Mary's. Under James' leadership, we will build upon the already strong musical tradition established at Saint Mary's.

This would not have been possible without the efforts and dedication of our Music Minister Hiring Committee: Debby Hammond, Kerry Bennett, Chris Martin, Linda Eaton, Maria Belva and Rick Hirschman. This group worked quickly and diligently to fill this important position. They deserve thanks and appreciation from all of us. We also need to thank Kathleen Scott for serving with such energy and grace as our interim Music Minister.

James, a native of the United Kingdom, holds degrees from Cambridge University and The Juilliard School. Working with choirs has been a singular purpose of his career since beginning as a boy chorister at Chelmsford Cathedral northeast of London. After this, James studied as an Organ Scholar at Jesus College of Cambridge, then at Saint Paul's Cathedral in London, and served as Music Director at three influential Episcopal churches in New York and Connecticut. To join us at Saint Mary's, he is leaving his most recent position at St. Paul's Catholic School and Parish in Harvard Square.

James' work as a conductor ranges from directing Early Music and performing on the harpsichord, to symphonic repertoire and contemporary music. As a prize-winning organist and composer, James is firmly rooted in the incredible music tradition of the Anglican Church world while also having remarkable gifts for improvisation and new creative expression.

Perhaps most importantly, James is married to Emily Kennerley who has close ties to Maine. Together they are parents to their son Noah and to a baby girl expected in early August. The prospect of raising their children in our great state of Maine played an important part in their discernment process.

This is a big step for Saint Mary's and for the Kennerley family, and we are all excited to make beautiful music together to the glory of God. In the meantime, if you are eager to learn more, please peruse James' website here: <https://www.jameskennerley.com/>

With deep gratitude for the goodness of God,  
Nathan+

### **FAB FILM MUSIC** featuring our new Music Minister, James Kennerley: July 15 at 7 PM

James Kennerley plays the Kotschmar Organ and welcomes the Kotschmar Brass and Percussion to Merrill Auditorium in this fun and touching tour through the greatest music in film history. It will be a concert of music that has the power to move and thrill all audiences - kids and adults alike!



Interested? It would wonderful to have a Saint Mary's presence at this fun concert! Here's the link for tickets.

<https://boxoffice.porttix.com/kotschmar-organ-fab-film-music-james-kennerley/3848>

Email Beth ([admin@smary.org](mailto:admin@smary.org)) and let her know if you're planning to attend. We'll share the list with others who are going. Since it's general seating, we can plan to sit together!



## Zenith Journey to Katahdin: August 24 - 26



Every Mainer, if one is able, should visit

Katahdin and reach the

summit of Baxter Peak, the zenith of Maine. Join this group of 12 people for a summertime adventure in amazing Baxter State Park. Two nights in lean-to's or tents. Space is limited, so reach out soon to Portia Hirschman at [revportia1@msn.com](mailto:revportia1@msn.com) or to Jim Kane at 329-1764 or [kanejbabson@gmail.com](mailto:kanejbabson@gmail.com).



## **Maine Marathon: Sunday 1 October Saint Mary's Godspeed Relay Teams are looking for runners!**

All of us can make the time to go running. Now YOU have the motivation! Everyone is invited to participate in this fun community event. There are no requirements to join the teams except for your desire and interest. In miles, the relay legs are 5.9, 8.9, 5.7, 5.7. Which one is your leg? Reach out to Fr. Nathan now to sign up ( [nathanferrell@smary.org](mailto:nathanferrell@smary.org) ).

**VOLUNTEERS ALSO NEEDED!** Saint Mary's is in charge of the water station on Foreside Road. We need help to serve drinks and to cheer on the runners and walkers! FMI, contact the parish office at 781-3366 or [admin@smary.org](mailto:admin@smary.org)

## ***SUMMER SINGERS!***

You like to sing, but singing with the Choir has seemed impossible due to life's demands.... then Summer Singers is for you!

No risk, no commitment. Sunday mornings at 9 AM for a 20-minute rehearsal of an easy anthem (or hymn!) to sing at the 9:30 service. All welcome; no experience required. This is a great way to have some fun and contribute to the richness of our worship service!

**Sundays: July 9, July 23, and August 6**

FMI contact Kathleen Scott 207-222-432





## Summer Soiree!

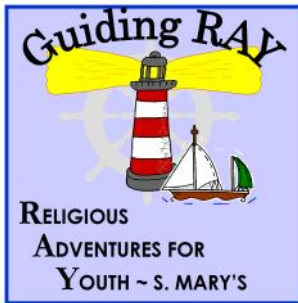
Reserve your tickets today! Our Summer Soiree is shaping up to be a wonderful event on Sunday, August 13th from 5-7. Enjoy delicious appetizers and bid on an array of one-of-a-kind auction items. Don't have a sitter? No problem, we're offering child care!

Here is a sampling of items we've received at press time:

- Dinner for Six at the Episcopal Residence: Join Bishop Brown and his spouse, Thomas Mousin, at their home in Portland's Back Cove neighborhood for a curated menu tailored for you and your five guests. The evening begins with cocktails, Glidden Point oysters, house-baked crackers and locally sourced cheeses. Enjoy beef tenderloin with basil mayonnaise or seared halibut in a thyme demiglace, fresh vegetables, potatoes dauphinoise, followed by a salad of mixed greens. Dessert will feature individual baked Alaskas or pineapple upside down cakes with house-made ice creams, and custom-made Dean's Sweets truffles. Each course will be paired with carefully selected wines from New Zealand, Bordeaux, and Canada. Equally attractive non-alcoholic drinks will be available. The date will be set for a mutually agreeable time, excluding Saturdays, between January and August of 2024.
- An adorable table and two chairs perfect for a small porch or patio.
- Several bottles of Old Vine Chardonnay from Enfield Wine Company.
- A dinner for 8 featuring home-grown lamb or pork curated by Melissa and Jim Kane at their home in Falmouth on a mutually agreeable date after October 1, 2023.
- A day on the bay aboard the motor vessel *Patience* skippered by Garry Bowne and first mate, Janet, on a mutually agreeable date Summer 2024.
- A classic lighthouse print - perfect for a sun porch, family room or cabin!
- Signed Hockey Stick by Ray Bourque, Boston Bruin Legend...priceless!!



# Youth Christian Formation



**Guiding RAY: It's a fun, fellowship-oriented time on Sunday mornings for kids through the age of 13. During the program year ( September - mid June),** we offer our children an opportunity to learn Bible stories and to develop their relationship with God. Our hope is to guide them to the safe harbor of God's everlasting love where they can grow in the grace and knowledge of our Lord Jesus Christ. Please come for Kickoff Sunday on September 10 (and bring a friend!) for a time of fellowship and fun. If you feel led

to do so, we need volunteers in Guiding RAY for the fall! The commitment is low, and the reward is high.



**Meg Hurdman,**  
Interim Guiding RAY Coordinator

## Nursery

Thank you to Nursery sitters, Grace and Mary Belanger, and to their mom Abby Belanger and our substitute Allie Schmitt. Also, thanks to new volunteer Melissa Roland who was willing to help on several occasions in May.

## Garden update

Our garden grows! Anyone interested in helping over the summer, please contact Bobbi MacCallum at 207-776-9915 or [bmaccallum43@gmail.com](mailto:bmaccallum43@gmail.com).



## Summer Wish List

Most of our wish list has been fulfilled. Thank you to everyone who donated supplies and toys. And thank you to Merle Marie Troeger for sorting and filing all the loose curriculum.

## Save-the-Date

Save-the-Date of Thursday, July 20th from 5:30 until 7:00 pm for a Guiding RAY parent and volunteer reception. Meg & Charlie Hurdman will be hosting at 8 Carroll Street in Falmouth. Bring an appetizer and beverage to share...perhaps your favorite micro-brew or sparkling wine. Find a babysitter and enjoy evening out for parents . Invitation with details to follow.

Have a great summer, and I look forward to seeing everyone in the fall.

Meg Hurdman FMI, Please reach out to Meg at 207-400-9011 or [meghurdman@gmail.com](mailto:meghurdman@gmail.com)



## REGISTER NOW FOR SUMMER 2023 AT CAMP BISHOPSWOOD

Located on the shores of Lake Megunticook in the Camden Hills, Bishopswood is one of the best kept secrets among Maine summer camps. Camp Bishopswood is a min-

istry of the Episcopal Diocese of Maine located in Hope. It is intentionally open to all at a reasonable cost, so that each child can experience summer camp in Maine. Scholarships are available. FMI on these weekends and summer camp weeks, visit

<https://bishopswood.org/>



### **Traditional Youth Camp** (Ages 8-16)

One or more week programs. Learn new skills and meet friends that will last a lifetime.

### **Mini Camp** (Ages 6-8) 3 days at camp with a 4:1 staff ratio. Great for first extended stay away from home.

### **Counselor in Training** (Ages 15-17) A four-week program to develop essential leadership skills and the many facets of being a camp counselor.

## Outreach Ministry - All Ages Serving Near and Far

### **Last Sunday Offering** **Saint Mary's Monthly MISSION**



Our July & August Summer Mission focus



**RECYLING   EARTH CARE   REFUGEE SUPPORT   FUNDRAISING**

During the months of July and August, go out and hunt for old sneakers which we'll be collecting in a church-wide fundraising drive. Everyone is invited to collect old sneakers (your own and your neighbors - no matter the condition) and bring them to a box in the Parish House. We'll mail them to GotSneakers (a company that pays \$1.00 for every wearable pair of sneakers). On Kickoff Sunday on September 10, we'll all vote for where to donate the money we receive.

#### **How can you help? We need volunteers to:**

1. set up and monitor the box for shoes
2. collect shoes (all ages can participate!)
3. mail the shoes to GotSneakers when it is full
4. come to Kickoff Sunday on September 10 to celebrate and vote for the non-profit to receive the funds!

#### **Did You Know?**

Most people throw away their used sneakers every 125-200 days without ever thinking about recycling. Since sneakers are manufactured with materials that are not biodegradable, they remain in landfills or are incinerated, which leads to toxic chemicals in our air and soil.

The process of manufacturing sneakers produces large amounts of CO<sub>2</sub>, which contributes to the serious effects of climate change and global warming. Recycling and reusing sneakers keeps sneakers out of landfills, reduces the need for manufacturing new shoes and sneakers, and supports a growing circular economy.

Plus, by sending our sneakers to GotSneakers, we support refugees and others who need shoes, AND we raise funds to give to a nonprofit which we choose together.

**CELEBRATE**

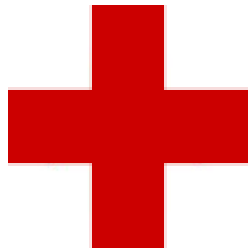


**HONOR**



**SERVE**

## Outreach Ministry - All Ages Serving Near and Far



**American  
Red Cross**

*Together, we can save a life*

# Critical Need Blood Drive Thursday, July 13, 12 - 5

*Special Incentive to Donors who give between July 12<sup>th</sup> and July 16<sup>th</sup> will be sent a \$15 gift card by email and be entered into a drawing for a trip to New York.*

**There is a critical need for blood! It is safe for all healthy people to give blood.** Sign-up today to be a blood donor and give to those who need your blood to survive! Go to

[www.redcrossblood.org](http://www.redcrossblood.org) and use sponsor code "StMary" to make your donor appointment.

**PLEASE donate, if you can. The need is great.**



## Helping Hands at Home

If you are in need of indoor or outdoor odd-job help at your home, please reach out. The 'Helping Hands at Home' ministry will try to assist! Contact Beth Shaw, [admin@smary.org](mailto:admin@smary.org) or Jennifer Gregg, [jenniferanngregg@gmail.com](mailto:jenniferanngregg@gmail.com)

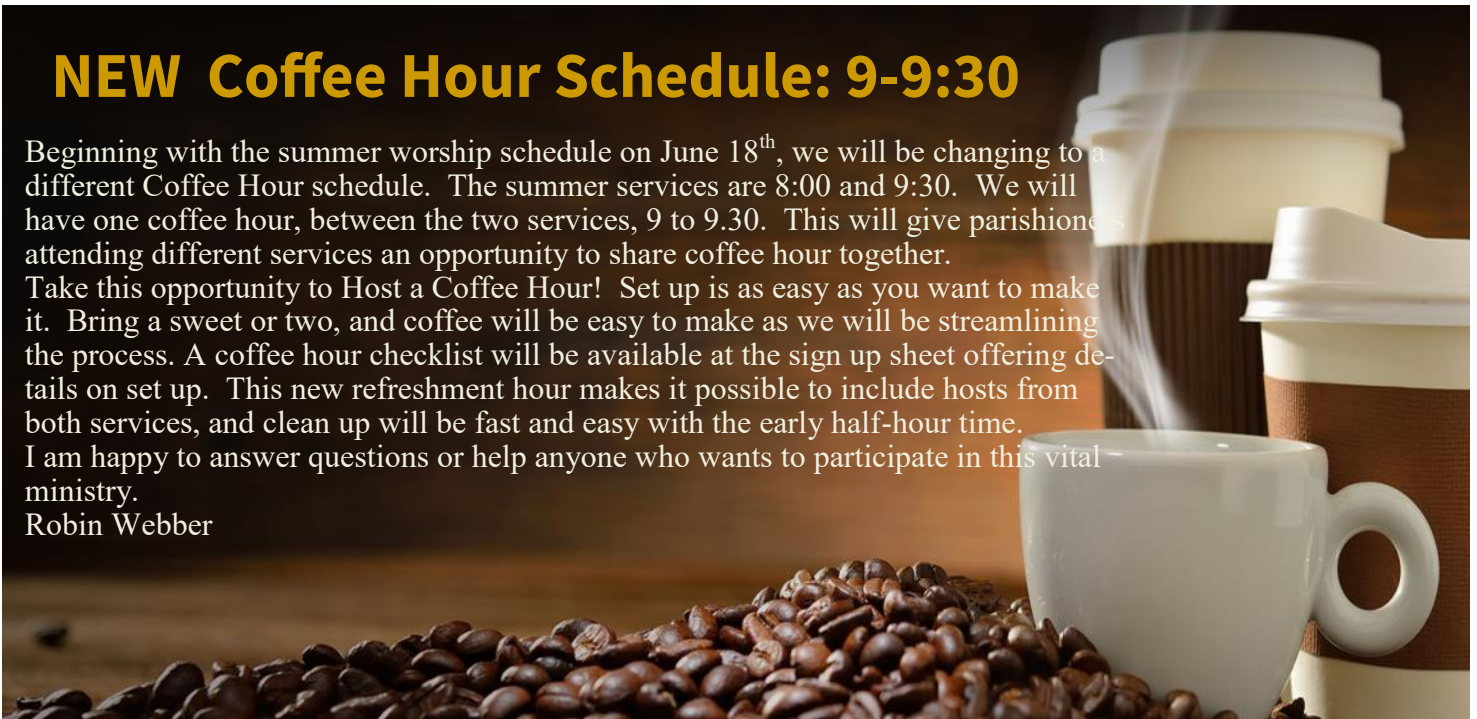
## NEW Coffee Hour Schedule: 9-9:30

Beginning with the summer worship schedule on June 18<sup>th</sup>, we will be changing to a different Coffee Hour schedule. The summer services are 8:00 and 9:30. We will have one coffee hour, between the two services, 9 to 9:30. This will give parishioners attending different services an opportunity to share coffee hour together.

Take this opportunity to Host a Coffee Hour! Set up is as easy as you want to make it. Bring a sweet or two, and coffee will be easy to make as we will be streamlining the process. A coffee hour checklist will be available at the sign up sheet offering details on set up. This new refreshment hour makes it possible to include hosts from both services, and clean up will be fast and easy with the early half-hour time.

I am happy to answer questions or help anyone who wants to participate in this vital ministry.

Robin Webber





## Outreach Ministry - All Ages Serving Near and Far



St. Elizabeth's  
— Essentials Pantry —

### And the Beat Goes On ... !

The work of St. Elizabeth's Jubilee Center has reached a very significant point in its efforts to meet the needs of our new neighbors. TV news programs, newspaper features, and personal observations all point to the expanding needs of new immigrants who are arriving in Portland, Maine in increasing numbers.

And the needs are **BASIC**: toilet paper, body soap, feminine hygiene products, laundry soap, oral care products ... current needs include **diapers** size 1, 2, & 3, baby wipes, and **kitchen** / small **household** items of all kinds (pots, pans, dishes, cups, kitchen utensils / bedding, towels, etc., all clean and in good condition) for distribution in July. Please keep your eyes peeled for yard sales, 'down-sizing' of friends & relatives, recycling center swap shops - all great sources for restocking our shelves. Donations are collected in the **marked box** in the hallway outside the GuildRoom.

**No Clothing is being accepted at this time!**

Financial donations are also **critical** at this time, and can be left at St. Mary's Parish Office to be forwarded to St. E's! As important as donations of materials are, sometimes monetary gifts allow St. E's to multiply their value through purchases at special sources/wholesalers. For more information, please contact Stan Eaton at [stan.eaton@gmail.com](mailto:stan.eaton@gmail.com).

**Thanks for all you do to support this vital ministry!**

## Souper Supper: 2nd & 4th Fridays

Soup, salad, bread and a sweet treat.

**5 – 7 PM.** ALL are welcome!

*July Soups: July 14: Pasta Fagirole*

*July 28: Cream of Tomato & Rice Soup*

Enjoy this free, sit-down dinner and this community-wide fellowship meal in a relaxed atmosphere.

You will be feted with a homemade soup, salad, rolls, dessert and beverage.

Wonderful for singles and families alike. Gather in the Auditorium.

No reservations required. Just bring your family and friends and enjoy!



**Support "Souper Supper" Buy "Coffee by Design" Coffee!**

*Medium to robust coffees: Casco Bay and Rebel Blend*

"Coffee by Design" 12 oz. bags of ground fair-traded, organic, delicious coffees are on sale at Saint Mary's for **35% less than suggested retail!**

**Regular is \$11; Decaf is \$12**

Plus you can support fair trade practices ...and a locally-owned business... and get GREAT organic coffee! Win! Win! Win!



# Vestry Highlights from the Wardens

by Janet Bowne

The Vestry met on Wednesday, June 21.

We began the meeting with a presentation from the Buildings and Grounds team concerning various capital projects that need attention, especially involving masonry work on the church tower and long overdue renovations to the Rectory. The total for these projects is just under \$1 million. The work is needed to maintain the history, integrity and safety of the church building and tower and the Rectory.

There was general agreement that everything on the list is important and discussion followed regarding fundraising.

There are a number of options available, which include drawing the start-up money from out investments, seeking a few major donors and possibly some grant money, and going to the congregation.

The Vestry voted to review the proposed contracts with Thornton Tomasetti for engineering services and construction services provided by Knowles Industrial Services Corporation. This will help us gain a better understanding of the stages and timing of the projects. We also discussed various funding sources. We will work with parishioner development professionals to discern a path to funding.

We also discussed our plan to move our endowment funds from the Diocesan Trustees. We have our new investment manager established. We have not received our May statements from the Trustees and are hopeful we can structure a process to ensure that we receive the proper balance for our accounts and that we are not out of the market any longer than absolutely necessary.

Plans for our Summer Soiree are moving along. The date is Sunday, August 13th from 5-7 pm. We are receiving many wonderful auction items and plan to serve savory appetizers. We also hope to offer child care for our patrons.

All expressed their enthusiasm about James Kennerley becoming our new Music Minister. His reputation, creativity and passion for liturgical music will build on our strong musical tradition. We are also pleased to report



Janet Bowne, Sr. Warden



Steve Conley, Jr. Warden

## Organ Recital *by Bruce Fithian*

On August 6 at 3:00 pm, Bruce Fithian will present an organ recital here at Saint Mary's. The program will consist of works from the Baroque era: Bach's A minor fugue and chorale prelude on 'Vater unser im Himmelreich', and a Duo by Clémenceau, as well as the Romantic era: Mendelssohn's Organ Sonata No. 6, and contemporary works by Vaughan Williams, Gordon Young, Paul Manz, Andrew Fletcher and David N. Johnson.



## Our Upcoming Sunday Lectionary

**July 2: Independence Day: Deuteronomy 10.12-21; Psalm 145.1-9; Matthew 5.43-48**

**July 9: Zechariah 9.9-12; Psalm 145.8-15; Matthew 11.16-19,25-30**

**July 16: Genesis 25.19-34; Psalm 119.105-112; Matthew 13.1-9,18-23**

**July 23: Genesis 28.10-19a; Psalm 139.1-11,22-23; Matthew 13.24-30,36-43**

**July 30: 1 Kings 3.5-12; Psalm 119.129-136; Matthew 13.31-33,44-52**

# Congratulations to all our 2023 Graduates

O Living God,

Thanks and praise we give to you for these young people who have worked and grown through the course of their education. May they continue to learn and grow, and continue to give their best efforts, as they prepare for the next chapter of their lives. Protect them, O God, wherever they may go. Keep them from forgetting that they are made in your image and are ever walking in your sight. Empower them to serve others and the common good just as you have served us in Christ. Surround them always in your love, O God, we pray. Amen.



**Caroline Grace** - Caroline is headed to Mount Holyoke College this fall as an undeclared Humanities major. She is very much looking forward to it.

**Chance Guyton** - Chance graduated Valedictorian at Falmouth HS and will be attending University of Southern California (USC) in August. He will study economics and mathematics and hopes to keep going in the sport of competitive rock climbing.

**Congratulations to all the graduates  
who will also be heading off to new adventures.**

**AND...our congratulations and our prayers for strong and fulfilling futures those who have completed undergraduate programs and are starting new lives, such as:**

**Amber Rose** - Michele and Steve are celebrating Amber's graduation in May from Babson College. She succeeded both in the classroom and on the field hockey field, helping the team win back-to-back conference titles and making it to the Division III Elite 8. Amber started a job in June with a technology company in the Seaport district of Boston named PTC. She lives with her sister, Kayla, in the NorthEnd section of Boston.

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## No Time to Go Away on Retreat? Not Feeling Monastic? No worries!

The Ignatian Partnership of Maine will offer the Retreat in Everyday Life again in 2022-2023. Developed over 500 years ago by St. Ignatius, the prayer practices and spiritual strategies are surprisingly modern.

"Finding God in All Things" is the primary mantra of the Ignatian Exercises. We use all our faculties including the experiential, the imaginative and the rational. The Retreat in Everyday Life allows us to move through the Exercises over a nine-month period, allocating a dedicated time of prayer and reflection each day. This ancient/modern retreat provides a series of tools for exploring scripture, making decisions, growing closer in authentic friendship with Jesus, and finding a greater awareness of God working in our lives. Bring all of yourself - your imagination, memories, heart, and intellect. These practices are meant to be engaged with, not studied.

The Retreat in Everyday Life is being offered from October to June. All participants meet as a group from 6:30 -8:30 p.m. on the First Wednesday of each month. In addition, each retreatant meets with a spiritual director at least once a month. Merle Marie Troeger has served as a spiritual director in this program for the last three years. If you are interested in this unique experience, contact Merle Marie at [merlemarietroeger@gmail.com](mailto:merlemarietroeger@gmail.com). To find out more and apply go to [www.IgnatianME.org](http://www.IgnatianME.org) or [ignatianme@gmail.com](mailto:ignatianme@gmail.com).





## Eucharistic Visitors and Sunday Rides

We have launched a new effort to send out at least one Eucharistic Visitor each Sunday to those who are unable to gather with us for the Holy Eucharist. A Eucharistic Visitor (EV) is one who is trained and prepared to bring Communion to the ill or the homebound. There are also some who would prefer a ride from another parishioner to Saint Mary's on a Sunday. If you or someone you know is in either of these situations, either due to acute or long-term situations, please contact our Parish Office and let us know so that we can make plans to support as appropriate.

## MARK YOUR CALENDARS: SAINT MARY'S SPARKLES CHRISTMAS FAIR December 2, 2023



It may seem a long way off, but planning for our 2023 Christmas Fair is underway. This year, we are delighted to welcome a new chairperson, Mary Sullivan. Mary is a new parishioner who comes to Saint Mary's from Chapel Hill, NC where she was active in her Episcopal church's annual rummage sale. She usually attends the 10:15 service, so please say hello. Her email is: mlsull2nc@gmail.com.

### Donations to the Fair: Would You Give It to a Friend?

We accept gently used household items and décor, holiday decorations, and jewelry. We don't accept clothing, books, furniture, and general rummage. We will accept donations September through November on certain Saturdays only.

**Volunteer!** It takes a large number of parishioners to bring the Sparkles Fair to life. Consider volunteering – there are jobs of every size, ability and time involvement for everyone to join in the fun. It's the best way to meet fellow parishioners and share in this fun event.

The Sparkles Christmas Fair has been a highly anticipated event in our community for many years. **Let's make 2023 a year to remember!**

### OUR MISSION

### *At The Episcopal Church of Saint Mary,*

we are building authentic,  
vibrant, Christ-centered  
community as we ...

**Celebrate** the goodness of God and the gift of life,  
**Honor** the presence of Christ in one another, and  
**Serve** the world in the power of the Holy Spirit.

## Be Still.....and know that I am God.

This summer Sunday mornings from 9:30 to 10:15 is another time to encounter the divine in meditation, the written word, conversation, and especially in community. Please feel free to join the *Be Still* group either by Zoom or in person in the Chapel to partake in the sharing. Everyone is invited. For more information contact Jennifer Gregg (jenniferanngregg@gmail.com).

Here is a sample of what we have been reading and discussing:

### A WORLD OF LIGHT.

Sunrise is our banner, unfurled in a rising wind, the bright beacon of all our hopes, flying in the face of darkness, an old faith reborn, a new faith emerging, not for a few, but for all, the great tribes of life assembled, beneath the single blessing, a circle of light, light within light, healing the scars of shadows, releasing the soul of every captive, welcoming the stranger, honoring the elders, a world of light, spreading warmth to arms grown weary, lifting spirits to sing once more, uniting our family once again and forever, light flowing like a river, hope beating like a drum, up and out into the fields of harvest, unafraid and always thankful, the small light in a single heart, that became the morning sun.

~ from *Ladder to the Light* by Steven Charleston, Choctaw elder and Episcopal priest

### III

To sit and look at light-filled leaves  
May let us see, or seem to see.  
Far backward as through clearer eyes  
To what unsighted hope believes:  
The blessed conviviality  
That sang Creation's seventh sunrise,

Time when the Maker's radiant sight  
Made radiant every thing He saw,  
And every thing He saw was filled  
With perfect joy and life and light.  
His perfect pleasure was sole law;  
No pleasure had become self-willed.

For all His creatures were His pleasures  
And their whole pleasure was to be  
What He made them; they sought no gain  
Or growth beyond their proper measure,  
Nor longed for change or novelty.  
The only new thing could be pain.  
~ Wendell Berry

## SPRING AND SUMMER TAI CHI AT ST. MARY'S Tuesdays and Thursday Mornings in the Garden - all summer long!

Beginner Tai Chi (**no experience needed**) is happening in our Garden behind the Chapel on Tuesday and Thursday mornings, 8:30-9:30. For June through September, rates are \$25 a month for 1 class per week and \$50 a month for 2 classes per week.

***Saint Mary's parishioners and friends are welcome to drop by any time this summer for one complimentary class. So why not give it a try?***

Join Chris Bouchard, certified personal trainer and Tai Chi Instructor, as she leads the group in Yang style 24 Short Form. Participants will be able to actively feel the stress-reducing benefits as she teaches the individual movements along with the underlying principles, such as weight shift, posture & rotation.

Tai Chi is gentle on the joints and easy to learn for all abilities. Clinical studies have shown that regular TC practice has a variety of benefits, including decreased stress and anxiety, increased flexibility, balance and agility, enhanced quality of sleep, and improved focus and concentration.





# Thanks, Kudos and Notes!

(Send your 1-3 line notes, announcements or thanks to Beth at [admin@smary.org](mailto:admin@smary.org) by the 20th of the previous month)

**Merci**

Thank you to the Alice Brock, Pat Peard, Dana Madison and Janet Bowne for helping with the Retired Clergy lunch we hosted for the Diocese on June 20th.

Special thanks to Dana Madison for also helping with nearly every Memorial Reception. Dana is a great gift to all of us!

**THANK**

Thank you to the Office Angels for taking extra shifts in recent weeks!



Thank you to everyone who has donated items and is planning to attend our Summer Soiree on Sunday, August 13th.

Thank you to the Buildings and Grounds team for their continued effort to rejuvenate the lawns, manage the long list of repairs, and assess our larger capital needs.

Thanks to everyone who accommodated and welcomed members for the Portland Bach Experience in June. It was appreciated!

**Send us your milestones, kudos and notes by the 20th of every month!!**

## WELCOME TO OUR NEWLY BAPTIZED:

**Baptism on Sunday 25 June**

**Hope HanWei Clark**

and

**Lily HanJing Clark**

*Both born on August 11, 2013*

*and both Daughters of Katie & Darren Clark*



## WEEKLY SPIRITUAL RESOURCES

*All worship videos remain available on Facebook.*

### **PRAYER AND WORSHIP**

**NOONDAY PRAYER AT 12 MON - WED** in the Chapel and on [Facebook Live](#)

**HEALING EUCHARIST AT 12 ON THURS** in the Chapel and on [Facebook Live](#)

**SUNDAY HOLY EUCHARIST: 10:15 AM** available on [Facebook Live](#)

### **INTERACTIVE SPIRITUAL FORMATION**

**BE STILL CENTERING PRAYER:** Mondays at 5 PM In the Chapel and [on ZOOM](#)

**BE STILL SUNDAY MORNING:** Sundays at 9:30 AM In the Chapel and [on ZOOM](#)

**WISDOM SEEKERS:** TUESDAYS AT 10:30 AM In the Guild Room and [on ZOOM](#)

**MERTON GROUP:** Thursdays at 3 PM [on ZOOM](#)



Some important dates in our  
Saint Mary's parish family

## Happy July Birthdays to:

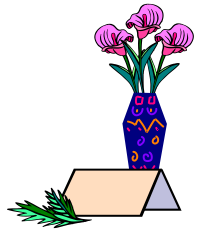


1	Andrea Smith	12	Thomas Fast		
2	Marcia Willock	12	Nick Horton		
3	Mallory Herrold	12	Raughley Nuzzi		
3	David Robinson	14	Sean Burke	24	Jamie Akers
4	Tim Follo	14	Ron Frye	24	Cameron DeSorbo
4	Jim Stoddard	14	Charlie Hurdman	25	George Holt
6	Ike Kiely	17	Hannah Kiely	25	Allie Wilkes Matthews
6	Gibson Wilkes	17	Laura O'Neill	26	William Rana
8	Peter Stegemann	18	Bob Cerf	29	Finn Blake
9	David Chadwick	18	Amanda Henson	29	Maddie Blake
9	Chris Hurdman	20	Mary Hyland	29	Johanna Frissell
9	Tom LaPlante	20	Julia Stinneford	29	Maggie Gardner
11	Maureen Hale	21	Ella Buchanan	31	Hope Duchin
11	Doug Pride	21	Sarah Delaney	31	Margaret Fenderson

**We'd love to include good wishes on your birthday and anniversary. If we don't yet have the dates, please send your and your family's special dates into the parish office and we'll be sure to include them on your special month. [admin@smary.org](mailto:admin@smary.org) or call 781-3366 or drop a note to the church. Thanks!**

## Happy July Anniversary wishes to:

June 30	Jeannette & Harry Duvall
July 9	Jessica & Peter Kenlan
July 12	Ann & Robert Wood
July 14	Nancy & Vinny Licata



## Worship Server Schedule

Be sure to let Beth in the office know if you have switched dates with someone. 781-3366 or [admin@smary.org](mailto:admin@smary.org)

Date	8am Usher	8am EM	9:30 Usher	9:30 Lector	9:30 EM	Altar Flowers	Coffee Hour
<b>July 2</b> Pentecost 5	Baer C Al A	Len T	Dawn Y Noah Y	Steve or Jeff	Steve C or Jeff H	Lynne	9-9:30 x
<b>July 9</b> Pentecost 6	Rayle & Ed A	Greg U	Alice B Pat P	Erin MF	Nadine T	Onnie H	9-9:30 Hugh & Mary Smith
<b>July 16</b> Pentecost 7	Baer C Len T	John B	Tricia W Ryan S	David R	Jeff Herrold	Carolyn D	<u>9-9:30</u> x
<b>July 23</b> Pentecost 8	Steve R Charlie H	Al A	Alice B Pat P	Andrea MH	Andrea MH	Jessica L	9-9:30 x
<b>July 30</b> Pentecost 9	Steve R Baer C	Baer C	Joyce & Len V	Joyce V	Joyce V	x	





# JULY 2023

The Episcopal Church of Saint Mary

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>2 Independence Day observed</b> <b>8 Quiet Eucharist</b> <b>9:30 Choral Eucharist</b> 7 12-step meeting	<b>3</b> <i>Office closed for holiday</i> 12 Pray where you are	<b>4 Independence Day</b> <i>Office closed</i> 12 Pray where you are 6/7 12-step in Aud & GR	<b>5</b> 9 - 1 Mainly Weavers 12 Noonday Prayer <b>6 Mass on the Grass</b>	<b>6</b> 12 Noonday Prayer 3 Merton Group	<b>7 Office closed</b> <b>11 Lee Faulkner Memorial Service &amp; Reception</b>	<b>8</b> <b>11 Althea Pederesen Memorial Service &amp; Reception</b>
<b>9 Pentecost 6</b> <b>8 Quiet Eucharist</b> <b>9:30 Baptism &amp; Eucharist</b> 7 12-step meeting	<b>10</b> 9 Staff meeting 12 Noonday Prayer 4 CARE meeting 5 Be Still	<b>11</b> 12 Noonday Prayer 6/7 12-step in Aud & GR	<b>12</b> 12 Noonday Prayer <b>6 Mass on the Grass</b>	<b>13</b> <b>12 - 5 Blood Drive</b> 12 Noonday Prayer 3 Merton Group	<b>14 Office closed</b> <b>5-7 Souper Supper</b>	<b>15</b> Erin Art in Auditorium
<b>16 Pentecost 7</b> <b>8 Quiet Eucharist</b> <b>9:30 Choral Eucharist</b> 7 12-step meeting Erin Art in Auditorium	<b>17</b> 12 Noonday Prayer 5 Be Still	<b>18</b> <b>8:30-11 St. Elizabeth's</b> 12 Noonday Prayer 6/7 12-step in Aud & GR	<b>19</b> 12 Noonday Prayer <b>6 Mass on the Grass</b>	<b>20</b> 12 Noonday Prayer 3 Merton Group	<b>21 Office closed</b>	<b>22 St Mary Magdalene</b> 9 - 2 Horizon Voices
<b>23 Pentecost 8</b> <b>8 Quiet Eucharist</b> <b>9:30 Baptism &amp; Eucharist</b> 7 12-step meeting	<b>24</b> 12 Noonday Prayer 5 Be Still	<b>25 St James the Apostle</b> 12 Noonday Prayer 6/7 12-step in Aud & G	<b>26</b> 12 Noonday Prayer <b>6 Mass on the Grass</b>	<b>27</b> 12 Noonday Prayer 3 Merton Group	<b>28 Office closed</b> <b>5-7 Souper Supper</b>	<b>29</b>
<b>30 Pentecost 9</b> <b>8 Quiet Eucharist</b> <b>9:30 Eucharist &amp; Baptisms</b> 7 12-step meeting	<b>31</b> 9 Staff meeting 12 Noonday Prayer 5 Be Still	<b>8/1</b> 12 Noonday Prayer 6/7 12-step in Aud & GR	<b>8/2</b> 12 Noonday Prayer <b>6 Mass on the Grass</b>	<b>8/3</b> 12 Noonday Prayer 3 Merton Group	<b>8/4 Office closed</b>	<b>8/5</b>



## THE EPISCOPAL CHURCH OF SAINT MARY

43 Foreside Road  
Falmouth, ME 04105  
207-781-3366 / [www.smary.org](http://www.smary.org)



### **Sunday Worship**

8 AM - *Contemplative Eucharist*  
9:30 - *Choral Eucharist (June 18 - Sept 3)*

### **Monday - Thursday**

*Noonday Prayer in the Chapel  
or wherever you find yourself*

### **Wednesdays in July and August**

*6 PM - Mass on the Grass*



THE EPISCOPAL CHURCH  
**OF SAINT MARY**



## THE EPISCOPAL CHURCH OF SAINT MARY

The Rev. Nathan Ferrell, *Rector*  
[nathanferrell@smary.org](mailto:nathanferrell@smary.org)

The Rev. Matthew Simpson, *Deacon*  
[deaconmatthew@smary.org](mailto:deaconmatthew@smary.org)

Kathleen Scott, *Interim Organist*  
[kathleenscott.7@gmail.com](mailto:kathleenscott.7@gmail.com)

Meg Hurdman, *Guiding RAY Coordinator*  
[GuidingRAY@smary.org](mailto:GuidingRAY@smary.org)

Beth Shaw, *Parish Manager*  
[admin@smary.org](mailto:admin@smary.org)

### **Office Hours**

**MON - THU, 9 - 4**

Copy deadline for July AVE: June 20

## YOUR 2023 VESTRY

Nathan Ferrell, Rector, 207-310-0268, [nathanferrell@smary.org](mailto:nathanferrell@smary.org)

Janet Bowne, Sr. Warden, 318-7045, [jmitchellbowne@gmail.com](mailto:jmitchellbowne@gmail.com)

Steve Conley, Jr. Warden, 751-6738, [Steve.Conley@point32health.org](mailto:Steve.Conley@point32health.org)

Peter Guyton, Treasurer, 409-0782, [peter.guyton@3dogyard.com](mailto:peter.guyton@3dogyard.com)

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