



“Train children in the way they should go; when they grow old, they won’t depart from it” (Proverbs 22.6).

Religious education is not a luxury item that can be added or overlooked without consequences. It is not an extracurricular activity like violin or karate lessons. Such activities are good and helpful, but religion provides a deep framework for understanding and making sense of the mysteries of life which each person will eventually experience. Unfortunately, in my humble opinion, it is becoming ever more common for parents to say that they will forgo religious education and will allow their children to discover religion for themselves as they mature. This is similar to saying that children should not be taught to speak English but should discover language for themselves as they mature. It’s akin to saying, “Let’s not teach our children any language to speak. There are so many options in the world! They can choose for themselves which language is right for them.”



The Rev. Nathan W. Ferrell

Hopefully, the absurdity of this argument is immediately clear. Children must learn a mother tongue so they can learn how to communicate. Of course, when they come of age, they can choose another primary language, or speak many languages if they wish, but they will always have the facility of that first language on which to build their lives.

Religion and language function in similar ways. Both provide a means to understand our human experience and to communicate about it. Contrary to the suggestion of the proverb cited above, your children or grandchildren can “depart from the way” and change their religion when they come of age, but it does not help them to enter adulthood with no framework or facility by which they can understand the mysteries of life, or without a spiritual language by which to communicate about such things.

This is the kind of training we hope to provide for young people at Saint Mary’s through our Guiding RAY program. The goal is never indoctrination nor ideological conformity, but the development of a spiritual language which allows them to name and understand the deep realities of life. I hope that all of you will be mindful and intentional about the religious training of your children and grandchildren. When offered in love from a sincere heart, this kind of spiritual education can provide a lifetime of comfort, guidance, and support for living in a troubled world, even “when they grow old.”

Nathan W. Ferrell +



All are welcome

Bishopswood Summer Finale: August 25 - 27

Come to Summer Finale! This is the Episcopal Diocese of Maine’s annual celebration at Camp Bishopswood in Hope, ME, located on Lake Megunticook, about five miles from Camden.

All are welcome ... we really mean it! Although Camp Bishopswood serves our youth during its regular season, Summer Finale is a time when everyone joins the fun! That means households or individuals, that means friends and family, and that means YOU, whoever you are!

From check in at 5 p.m. on Friday, August 25 and an optional pizza dinner on Friday night to a farewell breakfast on the morning of Sunday, August 27, you

are invited to spend the weekend with us.

There is also a one day-only option that begins at 10 and ends at 4 on Saturday, with lunch included.

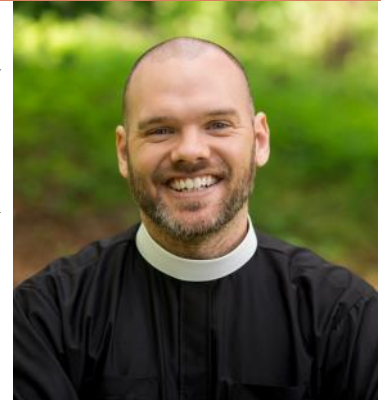
It’s a chance to meet Episcopalians from around the diocese and to be with God in an intergenerational community. The food is great, and different housing options are available. Come and join the fun!

Go here for FAQs, the schedule, and registration: <https://episcopalmaine.org/event/summer-finale-at-bishopswood/>

The Gospel Is Inside Us All

by Deacon Matthew Simpson

Our liturgy as Episcopalians is often beautiful; it can sometimes be silly, but it should always be meaningful. One of the small liturgical changes you may (or may not) have noticed is that, after Pentecost, I no longer carry the Gospel book out during the Recessional. This is a very small liturgical change, but a meaningful one: the bearer of the Gospel into the world is not the role of the Deacon alone, but the role of all the baptized. We are in the season after Pentecost and the celebration of the Holy Spirit coming to dwell in us. And so, during this season, we remember this after coming to worship on Sunday to sing God's praises, to listen and meditate on God's Word, and to receive the Holy Sacrament: the Gospel of Jesus Christ dwells within us. We are all the bearers of the Gospel of Jesus Christ. And as we are sent out into the world at the blessing and dismissal, we carry within ourselves the Good News of God our Savior.



In Advent, I will start carrying the Gospel Book out during the recessional hymn again as we begin a new liturgical cycle: This won't mean we are off the hook with sharing the Good News in the world. But, as we walk with Jesus' story again, we will remember that the Gospel of Jesus Christ is something that originates outside us; it is something that is given to us by God through grace. And as the Cross and the Gospel book are carried out in the Recessional Hymn, we remember that the Good News is to be shared and spread to the outside world. In Jesus Christ, God initiates the plan of salvation and the spreading of the Gospel; and after Pentecost we remember the continuation of that mission is given to us, the Church.

And so, a small change in the liturgy can remind us of two very important truths: The Gospel of Jesus Christ along with the plan and hope of salvation is something that originates outside us; it is given to us in grace. AND, when we "continue in the apostles' teaching and fellowship, in the breaking of bread, and in the prayers" the Gospel dwells in us. But as with any gift from God, it is to be shared with others.

The Gospel of Jesus Christ now dwells in you: how will you share it with the world around you?

Mass on the Grass: Wednesdays at 6pm

Our summer Wednesday evening service will happen July 5 – August 23. Outdoors, casual, interactive, with Communion, and brief! It typically lasts around 30 mins. We'll meet in the Saint Mary's Gardens (or in the Chapel when raining). Bring a lawn chair or a blanket, or just sit on the stone wall. Bring your neighbors and house guests as well.



SUMMER SINGERS! Last chance!

You like to sing, but singing with the Choir seems impossible due to life's demands.... then Summer Singers is for you!

No risk, no commitment. Sunday mornings at 9 AM for a 20-minute rehearsal of an easy anthem (or hymn!) to sing at the 9:30 service. All welcome; no experience required. This is a great way to have some fun and contribute to the richness of our worship service!

Last opportunity on Sunday, August 6

FMI contact Kathleen Scott 207-222-432





Farewell and Welcome: August 6 and 20

On Sunday 6 August, please join us as we say “thank you” and “farewell” to Kathleen Scott who has served so adeptly as our Interim Organist and Choirmaster. She will also be with us on August 13, but Nathan+ will be away that day, and our focus will be on our Patronal Feast. August 6 will also feature another opportunity to be a Summer Singer, which would be another excellent way to give Kathleen a joyful and grateful send-off.



On Sunday 20 August, join us to say “hello” and “welcome” to James Kennerley as he helps to lead us in worship at Saint Mary’s for the very first time! We will welcome James as our new Music Minister more formally on Kickoff Sunday 10 September, so this will be a more informal time to speak with him and introduce yourself to him.



**RUNNERS
NEEDED!
SUNDAY
OCTOBER 01**

SAINT MARY’S HAS 2 RELAY TEAMS IN THIS EVENT, BUT WE NEED MORE RUNNERS TO PARTICIPATE! WE DO NOT RUN TO WIN, BUT TO SUPPORT OUR COMMUNITY, SO ALL ARE WELCOME. WE ALSO NEED VOLUNTEERS TO STAFF OUR BUSY WATER STATION IN FRONT OF SAINT MARY’S. IF THE SPIRIT IS CALLING YOU TO EITHER VENTURE, CONTACT FR NATHAN AT NATHANFERRELL@SMARY.ORG .



A Mighty River
Amos 5: 24

Season of Creation: September 1 through October 4

Get ready to celebrate the Season of Creation! This is an ecumenical Christian effort to pray for the wellbeing of the Earth and to further our commitment to action on behalf of our shared environment. Believers from the Anglican Communion, the Roman Catholic Church, the Eastern Orthodox churches, the Lutheran World Federation, and many Protestant associations participate each year in this shared effort to love our neighbors by loving God's creation.

It begins with a World Day of Prayer for Creation on Friday 01 September. Below is the prayer written for this day and this season. Mark your calendars for this worldwide observance and find a minute when your entire household can pray this together:

Creator of All: From your communion of love, life sprung forth like a mighty river and the whole cosmos came into being. On this Earth of overflowing love, the Word was made flesh and went forth with life-giving waters, proclaiming peace and justice for all creation.

You called human beings to till and keep your garden. You placed us into right relationship with each creature, but we failed to listen to the cries of the Earth and the cries of the most vulnerable. We broke with the flowing communion of love and sinned against you by not safeguarding the conditions for life.

We lament the loss of our fellow species and their habitats, we grieve the loss of human cultures, along with the lives and livelihoods that have been displaced or perished, and we ache at the sight of an economy of death, war and violence that we have inflicted on ourselves and on the Earth.

Open our ears to your creative, reconciling and sustaining Word that calls to us through the book of Scripture and the book of creation. Bless us once again with your life-giving waters so that the Creator Spirit may let justice and peace flow in our hearts and overflow into all creation.

Open our hearts to receive the living waters of God's justice and peace, and to share it with our suffering brothers and sisters, all creatures around us, and all creation. Bless us to walk together with all people of good will so that the many streams of the living waters of God's justice and peace may become a mighty river all over the Earth.

In the name of the One who came to proclaim good news to all creation, Jesus the Messiah. Amen.

No Time to Go Away on Retreat? Not Feeling Monastic? No worries!

The Ignatian Partnership of Maine will offer the Retreat in Everyday Life again in 2022-2023. Developed over 500 years ago by St. Ignatius, the prayer practices and spiritual strategies are surprisingly modern.

"Finding God in All Things" is the primary mantra of the Ignatian Exercises. We use all our faculties including the experiential, the imaginative and the rational. The Retreat in Everyday Life allows us to move through the Exercises over a nine-month period, allocating a dedicated time of prayer and reflection each day. Bring all of yourself - your imagination, memories, heart, and intellect. These practices are meant to be engaged with, not studied.

The Retreat in Everyday Life is being offered from October to June. All participants meet as a group from 6:30-8:30 p.m. on the First Wednesday of each month. In addition, each retreatant meets with a spiritual director at least once a month. Merle Marie Troeger has served as a spiritual director in this program for the last three years. If you are interested in this unique experience, contact Merle Marie at merlemarietroeger@gmail.com. To find out more and apply go to www.IgnatianME.org or ignatianme@gmail.com.





Summer Soiree!

A fun fund-raiser and friend-raiser on Saint Mary's Feast weekend!

Join us on Sunday August 13 from 5-7 for our Summer Soiree featuring deliciously hearty appetizers, featuring the best of Maine including oysters and lobster as well as delicious bite size desserts! And lots of wonderful auction items ranging from spa and dining experiences to home decor, jewelry, sports memorabilia, performances, and much more.

Tickets are \$30 each. You can register with Beth Shaw at admin@smary.org and pay at the door. Don't have a sitter? We have child care. Be sure to mention when you register that you'll need childcare!

Some of our donations will be featured in a short live auction including a dinner donated by Bishop Brown and his spouse, Thomas Mousin, at their home in Portland's Back Cove neighborhood for a curated menu tailored for you and your five guests. The evening begins with cocktails, Glidden Point oysters, house-baked crackers and locally sourced cheeses. Enjoy beef tenderloin with basil mayonnaise or seared halibut in a thyme demiglace, fresh vegetables, potatoes dauphinoise, followed by a salad of mixed greens. Dessert will feature Individual Baked Alaskas or pineapple upside down cakes with house-made ice creams, and custom-made Dean's Sweets truffles. Each course will be paired with carefully selected wines from New Zealand, Bordeaux, and Canada. Equally attractive non-alcoholic drinks will be available. The date will be set for a mutually agreeable time, excluding Saturdays, between January and August of 2024.

Watch the eNEWS for a complete list of our donations.



**American
Red Cross**

Together, we can save a life

Critical Need Blood Donations

There is a critical need for blood! It is safe for all healthy people to give blood. Sign-up today to be a blood donor and give to those who need your blood to survive! Go to www.redcrossblood.org to make your donor appointment.

PLEASE donate, if you can. The need is great.

Outreach Ministry - All Ages Serving Near and Far



St. Elizabeth's
— Essentials Pantry —

Summer is here! Temperatures are rising!
Humidity is soaring!
The sun is even making occasional appearances!



This picture is a reminder of the constant need to replenish basic supplies such as kitchenware and housewares.

The seasons change, but the basic needs of our neighbors continue. We are reminded weekly of just how much these needs are growing; we have seen a 79% increase in the number of neighbors visiting St. E's during the first six months of this year compared to first six months of 2022.

At our last Board meeting it was reported that, with the reduction in funding after the pandemic, our cost to participate in the Diaper Agreement for 2023-2024 will double to \$7,000. Our three most costly essential items we distribute each month: 4,500 diapers; 1,140 bars of soap; 2,400 rolls of toilet paper; total cost: \$2,750 per month.

Fortunately, contributions of kitchen wares (pots, pans, plates, cups, etc.) and house wares (matching sets of sheets, blankets, towels, etc.) continue to be received from the 8 member churches supporting St. E's ministry. Financial contributions from individuals and organizations are critical and allow St. E's to purchase items in bulk at reduced prices. FMI, contact Stan Eaton at stan.eaton@gmail.com

Thanks for your continued support !

Souper Supper: 2nd & 4th Fridays

Soup, salad, bread and a sweet treat.

5 – 7 PM. ALL are welcome!

August Soups: August 11: Tuscan Bean with Chicken Sausage

August 25: Hearty Hamburger

Enjoy this free, sit-down dinner and this community-wide fellowship meal in a relaxed atmosphere.

You will be feted with a homemade soup, salad, rolls, dessert and beverage.

Wonderful for singles and families alike. Gather in the Auditorium.

No reservations required. Just bring your family and friends and enjoy!



Support Souper Supper! Buy Coffee By Design coffee!

Medium to robust coffees: Casco Bay and Rebel Blend

Coffee By Design 12 oz. bags of ground fair-traded, organic, delicious coffees are on sale at Saint Mary's for **35% less than suggested retail!**

Regular is \$11; Decaf is \$12

Plus you can support fair trade practices ...and a locally-owned business... and get GREAT organic coffee! Win! Win! Win!

Outreach Ministry - All Ages Serving Near and Far

Falmouth Food Pantry - Update

The Falmouth Food Pantry is currently serving just under 200 families (about 540 family members) a month. It is very appreciative of the generous donation from St. Mary's Last Sunday Offering at the end of February! Volunteers continue to deliver boxes of non-perishable food, fresh vegetables, eggs, and meat to the homes of families who need food assistance (the pantry has not yet returned to offering curbside assistance or to welcoming families inside the actual pantry).

The Falmouth Food Pantry is asking for certain food donations. The most helpful foods are soup in cans (but not cream soups), boxes of pasta, cold cereal, canned tuna fish, canned chicken, and granola bars.

If you know a Falmouth family with an urgent need, please call Nancy Lightbody at the pantry at 776-0081.

You may make a **monetary donation** to the pantry 1) by a check made payable to the Falmouth Food Pantry and mailed to: 271 Falmouth Road, Falmouth, ME 04105 or 2) online via PayPal at: <https://www.paypal.com/fundraiser/charity/1807575>

If you have any questions about ways in which Saint Mary's supports the pantry, please feel free to reach out to Saint Mary's outreach coordinator for the pantry, Vanessa Record, at recordvanessa@gmail.com.



Have a Garden? "Grow a Row" for the Falmouth Food Pantry! A share of your harvest will mean the world to those for whom fresh vegetables are a scarce and treasured commodity. Suggestions for veggies include: radishes, carrots, squashes, beans, cucumbers, peas, onions, etc. If you have any questions or wish to help with the church vegetable garden this summer, please contact Vanessa Record (see above.)



Last Sunday Offering

Saint Mary's Monthly **MISSION FOCUS**



Our Summer
Mission focus

gotsneakers?
A Sneaker Recycling Organization

RECYCLING EARTH CARE REFUGEE SUPPORT FUNDRAISING

During the months of July and August, go out and hunt for old sneakers which we'll be collecting in a church-wide fundraising drive. Everyone is invited to collect old sneakers (your own and your neighbors' - no matter the condition) and bring them to a box in the Parish House. We'll mail them to GotSneakers (a company that pays \$1.00 for every wearable pair of sneakers). On Kickoff Sunday on September 10, we'll all vote for where to donate the money we receive.

How can you help? We need volunteers to:

Set up and monitor the box for shoes Collect shoes (all ages can participate!) Mail full bags to GotSneakers
Then come to Kickoff Sunday on September 10 to celebrate and vote for the non-profit to receive the funds!

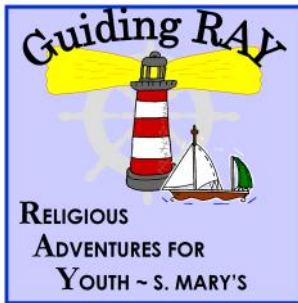
Did You Know?

Most people throw away their used sneakers every 125-200 days without ever thinking about recycling. Since sneakers are manufactured with materials that are not biodegradable, they remain in landfills or are incinerated, which leads to toxic chemicals in our air and soil.

The process of manufacturing sneakers produces large amounts of CO2, which contributes to the serious effects of climate change and global warming. Recycling and reusing sneakers keeps sneakers out of landfills, reduces the need for manufacturing new shoes and sneakers, and supports a growing circular economy.

Plus, by sending our sneakers to GotSneakers, we support refugees and others who need shoes, AND we raise funds to give to a nonprofit which we choose together.

Youth Christian Formation



Guiding RAY: It's a fun, fellowship-oriented time on Sunday mornings for kids through the age of 13. During the program year (September - mid June), we offer our children an opportunity to learn Bible stories and to develop their relationship with God. Our hope is to guide them to the safe harbor of God's everlasting love where they can grow in the grace and knowledge of our Lord Jesus Christ. Please come for Kickoff Sunday on September 10 (and bring a friend!) for a time of fellowship and fun. If you feel led

to do so, we need volunteers in Guiding RAY for the fall! The commitment is low, and the reward is high.

Workshop Rotation to begin at Saint Mary's this Fall.

Beginning in September, we will be using the Workshop Rotation Model for teaching Bible stories. The overall theme for the 2023-24 program year will be **God's Covenants**, and each month will have a story theme related to the yearly focus. Our classes will be creatively inspired workshops that teach Bible stories. The workshops will include arts & crafts, cinema & drama, games, geography, and music.

The Workshop Rotation Model has grown successfully since first developed in 1990 and is now being used in hundreds of congregations nationwide. This program allows us to develop our own curriculum, considering our own history and theological point of view, as the Episcopal Church and as Saint Marians. Father Nathan is working with me (Miss Meg) to refine a six-year scope & sequence covering the most important Bible stories and lessons for children. Ideas, information, and lesson plans are shared between churches through the website www.rotation.org.

The Rotation Model is practical for teachers because they choose an area of interest or strength and teach in monthly blocks of 3-4 weeks. The workshops are fun for kids because they emphasize the learning environment and use a variety of teaching methods to create child-friendly interactive classrooms.

We plan to make the most of our available resources. I want to thank Merle Marie Troeger who has been working diligently this summer to organize all our existing curriculum and file it according to Bible story themes. I also want to welcome Melissa Roland who has volunteered to assist on a regular basis with our Guiding RAY program.

We are seeking out Parishioners (of all ages) who have time and talent to offer. Do you have a particular skill or interest in art, drama, music, or storytelling? Are you a woodworker or seamstress? Are you a techie...or a movie buff? Most importantly, are you interested in teaching the Bible to the next generation of children? Our program is designed to take advantage of the many individual skills of parishioners. If you would like to help, please e-mail Meg Hurdman at GuidingRAY@smary.org or reach out to me at 207-400-9011. We look forward to hearing from you.



**Meg Hurdman,
Saint Mary's Family Minister**

Organ Recital *by Bruce Fithian*

On August 6 at 3 PM, Bruce Fithian will present an organ recital here at Saint Mary's. The program will consist of works from the Baroque era: Bach's A minor fugue and chorale prelude on 'Vater unser im Himmelreich', and a Duo by Clérambault, as well as the Romantic era: Mendelssohn's Organ Sonata No. 6. Bruce will also perform contemporary works by Vaughan Williams, Gordon Young, Paul Manz, Andrew Fletcher and David N. Johnson.



Vestry Highlights from the Wardens

by Janet Bowne

The Vestry takes a break from its regular meeting in July. However, many Vestry members and the leadership continue to work on projects. The slower summer days also provide time to reflect and thank the parish for its support.

We are pleased to report that we have almost completed the transition of our endowment funds from the Diocesan Trustees to Harpswell Capital Advisors (HCA). We expect the transition to be complete soon. Many thanks to Deacon George Cooper, Interim CFO of the Diocese for his diligence in stewarding our funds out of the Diocesan Funds. Thank you to Peter Guyton, Garry Bowne and Ben Parks-Stamm for providing expertise and context around the process. And thank you to the staff at HCA for onboarding us so seamlessly. Jack Moore, HCA's Managing Partner, is joining us for the Summer Soiree and has attended a service or two recently. I hope everyone has a chance to meet him.



Janet Bowne, Sr. Warden



Steve Conley, Jr. Warden

Many of you may recall from previous Vestry highlight articles that the Buildings and Grounds Committee identified some issues with the church masonry and the Rectory that need our attention. To that end, they are working with local, experienced companies to help us understand the scope and related costs of these projects. You'll be hearing more as we get a clearer picture of the costs and timing. This work will be outside of our annual budget and will require additional fundraising efforts.

We are all looking forward to welcoming James Kennerley and his growing family to Saint Mary's. They are expecting their second child in early August. We anticipate James will start before Labor Day. James' incredible virtuosity and creativity will enhance our liturgy. But it is important to remember that our strong musical tradition, dating back decades, led us to this point. Thanks to parishioner support for the music program and our cohesive and hard working collective of ministries and programs, Saint Mary's is a viable, thriving community thanks to all of you!

We are also grateful to Meg Hurdman for leading our Guiding RAY program again this fall. Melissa Roland will assist Meg in this effort. Both women bring a tremendous amount of energy and experience to this important program. Offering a fun and enriching children's program is necessary to support our young families.

Finally, check your closets, and ask your friends and neighbors to do the same. Grab those sneakers that still have life in them and drop them at Saint Mary's. In addition to our ongoing outreach programs, this summer, we are collecting sneakers which will be sent to people who will get a lot of wear from them. In return, we get a fee for each pair donated. On Kick Off Sunday, we'll vote on where we should send the money raised! It's a win win!

Our Upcoming Sunday Lectionary

August 6: Transfiguration: Exodus 34:29-35; Psalm 99; Luke 9:28-36

August 13: Feast of Saint Mary: Isaiah 61:10-11; Psalm 34:1-9; Luke 1:46-55

August 20: Pentecost 12: Genesis 45:1-15; Psalm 67; Matthew 15: (10-20), 21-28

August 27: Pentecost 13: Exodus 1:8-2:10; Psalm 124; Matthew 16:13-20

September 3: Creation 1: Exodus 3:1-15; Psalm 105:1-6, 23-26, 45c; Matthew 16:21-28

September 10: Creation 2: Philippians 1.1-11; Psalm 149; Matthew 18:15-20

September 17: Creation 3: Philippians 2.1-11; Psalm 103.1-4,8-12; Matthew 18:21-35

September 24: Creation 4: Philippians 1:21-30; Psalm 145:1-8; Matthew 20:1-16

October 1 is Marathon Sunday - NO morning liturgy



Helping Hands at Home

If you are in need of indoor or outdoor odd-job help at your home, please reach out. The 'Helping Hands at Home' ministry will try to assist! Contact Beth Shaw, admin@smary.org or Jennifer Gregg, jenniferanngregg@gmail.com

NEW Summer Coffee Hour at 9:00 between services June 18 - Sept 3, 2023

The summer services are 8:00 and 9:30, and will have **ONE** coffee hour between the two services **at 9am**. This will give parishioners attending different services an opportunity to share coffee hour together.

Take this opportunity to Host a Coffee Hour! Set up is as easy as you want to make it. Bring a sweet or two, and coffee will be made. We are streamlining the process so try it!

FMI, Robin Webber can be reached by email, webberonsebago@msn.com, or cell 202-302-9554



SUMMER TAI CHI: TUE & THU Mornings in the Garden

Beginner Tai Chi (**no experience needed**) is happening in our Garden behind the Chapel on Tuesday and Thursday mornings, 8:30-9:30, through September. Rates are \$25 a month for 1 class per week and \$50 a month for 2 classes per week.

Saint Mary's parishioners and friends are welcome to drop by any time this summer for one complimentary class. So why not give it a try?

Join Chris Bouchard, certified personal trainer and Tai Chi Instructor, as she leads the group in Yang style 24 Short Form. Participants will be able to actively feel the stress-reducing benefits as she teaches the individual movements along with the underlying principles, such as weight shift, posture & rotation.

Tai Chi is gentle on the joints and easy to learn for all abilities. Clinical studies have shown that regular TC practice has a variety of benefits, including decreased stress and anxiety, increased flexibility, balance and agility, enhanced quality of sleep, and improved focus and concentration.



OUR MISSION

At The Episcopal Church of Saint Mary,

we are building authentic, vibrant, Christ-centered community as we ...

Celebrate the goodness of God and the gift of life,
Honor the presence of Christ in one another, and
Serve the world in the power of the Holy Spirit.

MARK YOUR CALENDARS: SAINT MARY'S SPARKLES CHRISTMAS FAIR December 2, 2023



The 2023 Sparkles Christmas Fair will be here before you know it! Our new Sparkles Chair, Mary Sullivan, is excited about working with everyone on this year's Fair. Fall cleaning is a great time to set aside items you may want to donate but please review the guidelines below. Our storage space in the church is limited and our sorting teams work hard to get donations organized for the Fair. Mary's best guideline is **"Would You Give It to a Friend?"**

Donation Guidelines:

We accept gently used household items and décor, holiday decorations, and jewelry. We don't accept clothing, books, furniture, and general rummage.

**We will accept donations on certain Saturdays in
September, October, and November .**

Volunteer!

It takes a large number of parishioners to bring the Sparkles Fair to life. Consider volunteering – there are jobs for everyone. It's the best way to meet fellow parishioners and share in this fun event.

The Sparkles Christmas Fair has been a highly anticipated event in our community for many years. **Let's make 2023 a year to remember.**

Saint Mary's Operating Finances - as of June 30, 2023 (+42,214)

INCOME

General Plate & Pledge Support	194,034
Use of Parish House & Sanctuary	8,178
Fundraisers	735
Miscellaneous Gifts & Revenue	1,252
Invested Funds Revenue	60,561
Dedicated Gifts	10,531
	<u>\$ 275,290</u>

**Remember to keep
your pledges and
gifts current!**



EXPENSES

Diocesan Assessment	30,275
Personnel (<i>includes, taxes, benefits, & pensions</i>)	112,538
Maintenance, Capital	22,248
Operating (<i>utilities, insurance, taxes, supplies</i>)	47,081
Program	20,934
Countless volunteer donated hours of time	0
	<u>\$ 233,076</u>

CELEBRATE

HONOR

SERVE

Be Still.....and know that I am God.

This summer, Sunday morning from 9:30 to 10:15 is another time to encounter the divine in meditation, the written word, conversation, and especially in community. Please feel free to join the *Be Still* group either by Zoom or in person in the Chapel to partake in the sharing. Everyone is invited. For more information contact Jennifer Gregg (jenniferanngregg@gmail.com).

Here is a sample of what we have been reading and discussing: ONENESS

It is precisely the individuals we find difficult who can well be the agents of our conversion. Just like rocks pounded by the sea on the seashore slowly lose their rough edges and get smoothed – so living in community can mold us and form us and help us grow up in Christ. Perhaps above all, community life draws out of us compassion, forgiveness, and love for the other.

~ Br. Geoffrey Tristram

We all have our weaknesses and failings, and in community life they do not remain hidden for long. But such revelations need not discourage us. Instead, our weaknesses, failures, and sins should all the more turn us towards God, whose work it is in the first place, and who is our hope and our strength.

~ Br. David Vryhof

Father, we pray for your holy Catholic Church; That we all may be one. ~ Book of Common Prayer

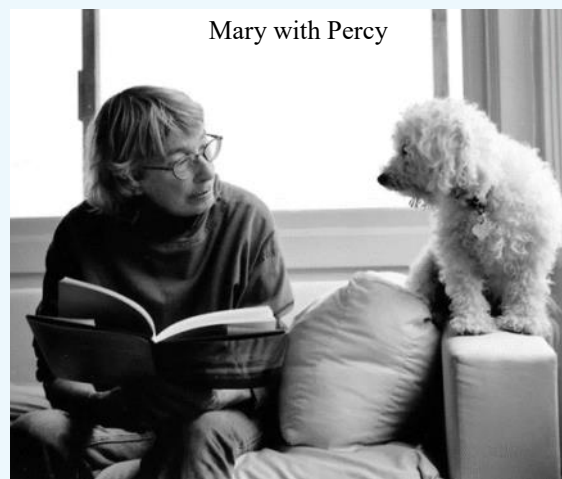
When the world comes crashing at your feet
it's okay to let others help pick up the pieces
If we're present to take part in your happiness
when your circumstances are great we are more than capable of sharing your pain.
~ Rupik Kaur

The First Time Percy Came Back

The first time Percy came back
he was not sailing on a cloud.
He was loping along the sand as
though he had come a great way.
“Percy,” I cried out, and reached to
him - those white curls - but he was
unreachable.
As music is present yet you can't
touch it.
“Yes, it's all different,” he said.
“You're going to be very surprised.”
But I wasn't thinking of that. I only
wanted to hold him. “Listen,” he
said, “I miss that too.
And now you'll be telling stories
of my coming back
and they won't be false, and they
won't be true,
but they'll be real.”
And then, as he used to, he said,
“Let's go!”
And we walked down the beach to-
gether.
~ Mary Oliver

I Asked Percy How I Should Live My Life

Love, love, love, says Percy.
And hurry as fast as you can
along the shining beach, or the rubble, or the dust.
Then, go to sleep.
Give up your body heat, your beating heart.
Then, trust.
~ Mary Oliver



Thanks, Kudos and Notes!

(Send your 1-3 line notes, announcements or thanks to Beth at admin@smary.org by the 20th of the previous month)

Merci

Dana Madison for making coffee and cleaning up after so many St. Mary's events!

Kathleen Scott for creating the Summer Singers and to all who have joined in to share their talents with us!

Gratitude to all the auction donors...Thank you!

THANK

To Robin and Fred Webber for stewarding coffee hour so wonderfully.

The Souper Supper crew and the St. Elizabeth's team for volunteering at a very busy time.

Deacon Matthew...just because!

Yay!

Thank you to everyone who covered in the office while Beth was sick. She's back to normal and is so appreciative of the support and prayers!

Note: Wisdom Seekers will be taking a vacation for a few weeks. This break will give our participants an opportunity to travel and to enjoy the remaining summer season before the Fall activities begin. We will gather again in the Guild Room starting on Tuesday September 12 at 10:30am. Everyone is welcome to join our merry band whether you can attend on a regular basis or occasionally. You don't have to be a Biblical scholar to join the discussions. We are all learning together. For further information, please contact Nadine Timberlake at ntimber125@gmail.com.

Send us your milestones, kudos and notes by the 20th of every month!!

WELCOME TO OUR NEWLY BAPTIZED:

Baptism on Sunday 09 July

Elsa May Rodgers *born on June 19, 2020*

Daughter of Emily & Ben Rodgers and sister of Neils Rodgers

Baptism on Sunday 23 July

Loretta Melhado Foote *born on August 8, 2021*

Daughter of Katie & Chris Foote and sister of Liam Foote



WEEKLY SPIRITUAL RESOURCES

All worship videos remain available on Facebook.

PRAYER AND WORSHIP

NOONDAY PRAYER AT 12 MON - WED in the Chapel and on [Facebook Live](#)

HEALING EUCHARIST AT 12 ON THURS in the Chapel and on [Facebook Live](#)

SUNDAY HOLY EUCHARIST: 10:15 AM available on [Facebook Live](#)

INTERACTIVE SPIRITUAL FORMATION

BE STILL CENTERING PRAYER: Mondays at 5 PM In the Chapel and [on ZOOM](#)

BE STILL SUNDAY MORNING: Sundays at 9:30 AM In the Chapel and [on ZOOM](#)

WISDOM SEEKERS: REGULARLY TUESDAYS AT 10:30 AM On Hiatus beginning Aug 1 - Sep 5

MERTON GROUP: Thursdays at 3 PM [on ZOOM](#)



Some important dates in our
Saint Mary's parish family

Happy August Birthdays to:



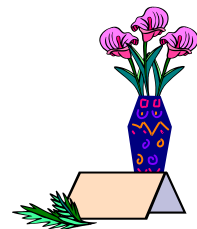
1	Alex Thomas	10	Juliette Teng		
2	Harleigh Clark	11	Hope Clark		
2	Ayden Henson	11	Lily Clark		
2	Bryce Henson	12	Pat Rogers	24	Blake Wilkes
2	Straughan Orestis	13	Aleece Herlihy	25	Marlena Fulton
2	Scott Searway	13	Kyle Lamberson	26	Linda Eaton
2	Marcia Willock	13	Harrison Rana	26	Kevin Lamberson
6	Quinton Hastings	14	Julia Morgan	26	Becky Pride
7	Sé Ferrell	16	Henry Musacchio	28	Ellie Holt
8	George Brown	19	Harrison Rhoades	28	Miles Isacke
8	Loretta Foote	20	Lucy Ellis	28	John Morgan
8	Kathy Galen	21	Babs Bell	28	Mary Smith
8	Eli Gratz	21	Charlie Holm	29	Tacie Dougan
9	Calia Browne	22	Rob Wood	29	Faye Frongillo
10	Nathan Ferrell	23	Margo Hesson	31	Grace Buckspan
		24	George Fitton	31	Melissa Cott

We'd love to include good wishes on your birthday and anniversary. If we don't yet have the dates, please send your and your family's special dates into the parish office and we'll be sure to include them on your special month. admin@smary.org or call 781-3366 or drop a note to the church. Thanks!

Happy August Anniversary wishes to:



3	Connie & Mark Stimson	12	Penny Daborn & Brian Duffy
5	Kitty & Brad Babson	18	Kim & Ron Vincent
5	Angie & Charlie Hesson	20	Becky & Doug Pride
11	Priscilla & Rod McGarry	21	Shelly & John Maher



Worship Server Schedule

Be sure to let Beth in the office know if you have switched dates with someone. 781-3366 or admin@smary.org

Date	8am Usher	8am EM	9:30 Usher	9:30 Lector	9:30 EM	Altar Flowers	Coffee Hour
July 30 Pentecost 9	Steve R Baer C	Baer C	Joyce & Len V	Joyce V	Joyce V	Onnie H	<u>9-9:30</u> Ed & Rayle Ainsworth
Aug 6 Transfigura- tion	Len T Charlie H	Mary Ann M	Dawn Y Larry R	Ginny S	Nadine T	Jan M	<u>9-9:30</u> Steve & Michele
Aug 13 Feast of S. Mary	tbd	tbd	Steve Conley Larry R	Betsy S	Jim S	Onnie H	<u>9-9:30</u> Sue & Paul Jones
Aug 20 Pentecost 12	Rayle & Ed A	Lad T	Larry R Tom L	Chris M	Chris M & Steve C	Carolyn D	<u>9-9:30</u> Melissa & Pat Murray
Aug 27 Pentecost 13	Baer C Len T	Becky P	Alice B Pat P	David R	Joyce V	Jan A	<u>9-9:30</u> Joyce & Len V



August 2023

The Episcopal Church of Saint Mary



Sun	Mon	Tue	Wed	Thu	Fri	Sat
7/30 Pentecost 9 8 Quiet Eucharist 9:30 Choral Eucharist 7 12-step meeting	7/31 9 Staff meeting 12 Noonday Prayer 5 Be Still	8/1 12 Noonday Prayer 6/7 12-step in Aud & GR	8/2 12 Noonday Prayer 6 Mass on the Grass	8/3 12 Noonday Prayer 3 Merton Group	8/4 Office closed	8/5
6 Transfiguration 8 Quiet Eucharist 9:30 Choral Eucharist - Kathleen Scott farewell 3 Fithian Organ Recital 7 12-step meeting	7 12 Noonday Prayer 5 Be Still	8 12 Noonday Prayer 6/7 12-step in Aud & GR	9 12 Noonday Prayer 6 Mass on the Grass	10 12 Noonday Prayer 3 Merton Group 5:30 Sound Healer	11 Office closed 4:00 Wedding rehearsal 5-7 Souper Supper	12 3:30 Sé & Tommy's Wedding
13 Feast of Saint Mary <i>Rev Sara D'Angio White</i> Kathleen's last Sunday 8 Quiet Eucharist 9:30 Choral Eucharist 7 12-step meeting 5 - 7 Summer Soiree	14 9 Staff meeting 12 Noonday Prayer 5 Be Still	15 8:30-11 St. Elizabeth's 12 Noonday Prayer 6/7 12-step in Aud & GR	16 12 Noonday Prayer 6 Mass on the Grass 6:30 Vestry	17 12 Noonday Prayer 3 Merton Group	18 Office closed	19
20 Pentecost 12 8 Quiet Eucharist 9:30 Choral Eucharist - James Kennerley welcome 7 12-step meeting	21 12 Noonday Prayer 5 Be Still	22 12 Noonday Prayer 3 CARE meeting 6/7 12-step in Aud & G 7 Schola rehearsal—Sanct.	23 12 Noonday Prayer 6 Mass on the Grass	24 12 Noonday Prayer 3 Merton Group	25 Office closed Katahdin Pilgrimage 5-7 Souper Supper	26 Bishopswood
27 Pentecost 13 8 Quiet Eucharist 9:30 Contemplative Eucharist 7 12-step meeting Summer Finale	28 9 Staff meeting 12 Noonday Prayer 5 Be Still	29 12 Noonday Prayer 6/7 12-step in Aud & GR 7 Schola rehearsal—Sanct.	30 12 Noonday Prayer	31 12 Noonday Prayer 3 Merton Group	9/1 Office closed World Day of Prayer for the Care of Creation	9/2



THE EPISCOPAL CHURCH OF SAINT MARY

43 Foreside Road
Falmouth, ME 04105
207-781-3366 / www.smary.org

Summer Worship

8 AM - *Quiet Eucharist*

9:30 - *Choral Eucharist (thru Sept 3)*

Monday - Thursday

Noonday Prayer in the Chapel
or wherever you find yourself

Wednesdays (thru August 23)

6 PM - *Mass on the Grass*



THE EPISCOPAL CHURCH
OF SAINT MARY



THE EPISCOPAL CHURCH OF SAINT MARY

The Rev. Nathan Ferrell, *Rector*
nathanferrell@smary.org

The Rev. Matthew Simpson, *Deacon*
deaconmatthew@smary.org

Kathleen Scott, *Interim Organist*
kathleenscott.7@gmail.com

James Kennerley, *Music Minister*
james@smary.org

Meg Hurdman, *Family Minister*
GuidingRAY@smary.org

Beth Shaw, *Parish Manager*
admin@smary.org

Office Hours

MON - THU, 9 - 4

Copy deadline for Sept AVE: Aug. 21

YOUR 2023 VESTRY

Nathan Ferrell, Rector, 207-310-0268, nathanferrell@smary.org

Janet Bowne, Sr. Warden, 318-7045, jmitchellbowne@gmail.com

Steve Conley, Jr. Warden, 751-6738, Steve.Conley@point32health.org

Peter Guyton, Treasurer, 409-0782, peter.guyton@3dogyard.com

Darren Clark, 781-424-9905, ddclark@maine.rr.com

Kathy Galen, 603-723-5145, kathleendaisy@aol.com

Rudy Israel, 917-923-9444, rfisrael@aol.com

Tom LaPlante, 272-5621, laplante@maine.rr.com

Chris Martin, 814-758-2949, foodservicechris@yahoo.com

Patrick Murray, 228-5558, patrickmurray1948@gmail.com

Pat Peard, 781-3710, peardpatricia@gmail.com

Steve Reeves, 615-440-2505, stevekreeves@gmail.com

Ben Russell, 883-6544, blr@maine.rr.com