



Jesus Christ is the Wisdom of Creation



The Rev. Nathan W. Ferrell

History can only be understood with the benefit of hindsight, but it may now be true that humanity has recently crossed a threshold into a full-blown global climate crisis. The fact that we here in Maine are somewhat shielded from the most visceral impacts of this climate crisis does not alter the fundamental reality that we currently are – and will be much more – impacted by it. For our own sakes and for the sake of our shared human future, we must act.

Meeting in 2022, the 80th General Convention of The Episcopal Church recognized climate change as “an all-encompassing social crisis and moral emergency that impacts and interconnects every aspect of pastoral concern including health, poverty, employment, racism, social justice, and family life, and that can only be addressed by a Great Work involving every sector of society, including the Church.”

As a Christian community, our primary contribution to this Great Work is our embodiment of the Way of Jesus. As the Incarnate One, Jesus demonstrates once and for all that God chooses to get involved in the problems of Creation, and to craft a solution through the voluntary power of Love. Jesus does not hide himself away or protect himself from the fractured reality of human experience. In the same manner, he calls us to “take up our cross” and follow him. This means we must be willing to sacrifice at least some (and perhaps most) of our comforts and pleasures for the wellbeing of others. We do this gladly and willingly for the sake of the love of God, not out of fear or guilt, not because we are forced to do so. Just as the apostle Paul considered it a great joy to suffer for the sake of Christ, we too consider it a great joy to suffer for the sake of Christ whom we find in the lives of the poor and the vulnerable. They are the ones whom we must always consider first whenever we vote, act, decide and shop – and even when we gather for worship.

The annual Season of Creation is from September 1 through October 4. This year, Saint Mary's observance of this Season will include special liturgies and prayers, focused Sunday Formation opportunities, online Anglican gatherings, and an opportunity for hands-on involvement on Saturday 30 September. I hope you will approach this Season with an open heart and mind, and a willingness to listen for how God is calling you to respond with the love of Christ to the reality of our climate crisis.

Nathan W. Ferrell +



A Mighty River
Amos 5: 24

Our Anglican Communion Cares for God's Creation

Want to be part of the Anglican Communion's worldwide discussion about caring for God's Creation? You can! Register here for the Lambeth Conference webinar on the Environment and Sustainable Development on 20 or 21 September (two different options): <https://www.lambethconference.org/phase-3/register-for-phase-3/>

Saint Mary's Kickoff Sunday

September 10, 2023

- 8:00** Holy Eucharist
9:15 Formation – for youth, adults, and choir
10:00 Guiding RAY registration begins
10:15 Choral Eucharist *with blessing of students and educators*



Cinnamon Girl food truck is coming!



ALL ARE WELCOME!!

Invite your neighbors & friends!

RUNNERS NEEDED to complete our relay teams!
Sunday, October 1

No morning worship, so

Contact Fr Nathan if you can:

- ◆ Run a portion of the relay
- ◆ Help staff our water station
- ◆ Cheer on & support runners

nathanferrell@smary.org



Music Ministry

by James Kennerley

Worship the Lord in the Beauty of Holiness

It's an honor and a privilege to serve as your Minister of Music. Music is one of the most focused, direct ways of expressing our love for God and for each other. It enables us, even for a brief moment, to direct our thoughts towards the Divine and join together in the pursuit of joy and peace as Jesus himself taught us.

The congregational singing at Saint Mary's is phenomenal! I was blown away by the fullness and beauty of the sound this past Sunday, and look forward to more of that as the season continues.



Choirs are particularly prized in the Anglican/Episcopal tradition. When many Christian denominations sought to disband them during the course of the Reformation, the English reformers understood that the Christian choral tradition offered a uniquely powerful way of expressing the Holy Mysteries. Choirs have two principal roles in the church: to encourage strong singing by the congregation, and to inspire beauty during the liturgy. Our

world is increasingly in desperate need for the kind of beauty that a choir of faithful voices can provide, and the ministry of a chorister is a profound one.

Speaking of which...we are always looking for new choir members! Please reach out to me at James@smary.org if you have any questions. Our first rehearsal is this coming Thursday, August 31 at 6:30 PM in the Choir Room.

Emily, Noah, Agatha and I are very much looking forward to getting to know our new family.

To conclude, here is a beautiful quote from Rowan Williams, 104th Archbishop of Canterbury from his book, *A Ray of Darkness*:

To listen seriously to music and to perform it are among our most potent ways of learning what it is to live with and before God.



Thanks for the Coffee Hour Fellowship

Thank you to everyone who has hosted a coffee hour this summer. It was a nice change to have the joint coffee hour between the services and so many new faces hosting them. "It is so rewarding hosting a coffee hour!" reports a summer host.

Hosts Needed for the Autumn

Think about hosting just one coffee hour this fall. Much of set-up is done ahead of time. Set out the plates, cups and napkins, bring a few treats - savory and/or sweet - to share with the rest of the Saint Mary's family.

Clean-up is relatively easy and people are around to help.

To find out how to host, contact Robin Webber, Coffee Hour Coordinator webberonsebago@gmail.com, (207) 536-0274



SUNDAY FORMATION @ 9:15 AM

FORMATION

SUNDAY

Our Sunday Formation is a method for all to grow together as we build “**authentic, vibrant, Christ-centered community**” in this place. Everyone is invited to gather at 9:15 for any group – a prayerful group in the Chapel, and a discussion group in the Auditorium and youth activities in lower level Guiding RAY area.



Guiding RAY for Youth

Lessons, crafts, and fun every Sunday following the lectionary and church calendar, before classes begin. Volunteers needed!



Be Still in the Chapel

Everyone is invited to gather for times of silence, for contemplation of poetry and spiritual writings, and for shared response. The only thing needed is an open heart and a beginner's mind. See p.11 for a sample of reflective selections.



Coffee & Discussion in the Auditorium

At 9:15, grab a cup of coffee and a bite from the coffee hour table and join Fr Nathan and Deacon Matthew in informal and informational discussions on what's happening around us. (see below!)

Sunday Formation in the Fall: 9:15 - 10 AM

September 10: Welcome back with Fr Nathan and Deacon Matthew - summer stories and dad jokes

September 17: Faith-based Advocacy for Climate Justice with Maine Council of Churches

September 24: Earth-friendly End-of-life Plans with Fr Nathan

October 1 at 2 PM: Together - Ecumenical Prayer for the Healing of Creation at Holy Martyrs

October 8: 60 Things You Can Do to Help the World with Sydney Patten

October 15: Q&A with the Bishop of Vermont

October 22: "Until Help Arrives" FEMA emergency training for all



American
Red Cross

Together, we can save a life

***Critical Need
Blood Donations
Thursday, Sept 21, 9 - 2
In the Saint Mary's Auditorium***

There is a critical need for blood! It is safe for all healthy people to give blood. Sign-up today to be a blood donor and give to those who need your blood to survive! Go to www.redcrossblood.org to make your donor appointment. Location code: StMary

PLEASE donate, if you can. The need is great.

Outreach Ministry - All Ages Serving Near and Far

Last Sunday Offering Saint Mary's Monthly **MISSION FOCUS**



Our September Focus is: **Maine Council of Churches**

In a time when we often feel helpless about climate change, poverty, and hunger, the Maine Council of Churches does what one single person, church, or denomination cannot do alone. Through the work it does and the networks it builds, MCC embodies the core value of our faith, our Episcopal denomination and Saint Mary's outreach efforts: love of neighbor.

Saint Mary's funds specific non-profit organizations that independently work for social and racial justice, but MCC, a non-partisan umbrella organization, provides a unique collective voice of faith that amplifies the voices of those too often marginalized or ignored - people who are poor, vulnerable, and outcast - and gives voice to our fragile planet.

It also provides a voice for many of us who are afraid or unable to speak out on our own.

Join us at both services on Sunday, September 17 when Rev. Jane Field, Maine Council of Churches executive director, and John Hennessy, the Episcopal Diocese's director of public policy, will give a joint sermon about our calling as Episcopalians to love our neighbor.

They will also be at the Sunday Formation and both coffee Hours to answer any questions or discuss the sermon more fully.



The photo shows Deacon Matthew with parishioners John Bennett, Paul Jones, and Bonny Rodden advocating for the homeless

MCC is a coalition of seven mainline Protestant denominations in Maine (including the Episcopal Diocese of Maine) that have more than 430 congregations with 55,000 parishioners in their care. But the Council's reach extends outside the church to the "nones" and the "dones" through its mission of connecting people "within, through, *and beyond* the church" so that together we can create a more just, compassionate and peaceful world.

MCC carries out this mission through advocacy at the Statehouse and speaking with the voice of faith in the public sphere; through educational programs, such as a recent on-line talk with an author who wrote about white Christian nationalism; and by connecting people across denominations, faith traditions, public policy interests, races, ethnicities, sexual orientations, and gender identities.

Some Saint Marians have already participated in one of MCC's programs, Advocacy Days, which provides training to communicate effectively with legislators from the perspective of faith.

For more information, contact Bonny Rodden at brodden1.br@gmail.com or 781-4978.

HOW CAN YOU HELP?

- ⇒ Attend the Formation session on Sept. 17 between services to learn more about MCC.
- ⇒ Participate in Faith-Based Advocacy training in 2025 or attend an upcoming lecture or discussion.
- ⇒ Connect to MCC on its website, <https://mainecouncilofchurches.org>
- ⇒ Email info@mainecouncilofchurches.org to sign up for the print newsletter and e-news.
- ⇒ Like, share, follow, and subscribe to MCC's social media: Facebook, YouTube, and Instagram.
- ⇒ **Make a Last Sunday Offering on September 24 to support MCC's important work!**



Outreach Ministry - All Ages Serving Near and Far



St. Elizabeth's
— Essentials Pantry —

Thank you for your generous support! The overflowing boxes of donated pots, pans, cups, plates, sheet sets, blankets, towels, and other kitchenware and houseware has been very appreciated by the neighbors of St. E's through the summer!

FALL DRIVE BEGINS!

St. Elizabeth's Jubilee Center (St. E's) is a low-barrier pantry serving non-food essentials to all those in need. Every Tuesday morning (8:15-11:00am), we provide (at no charge) basic daily non-food essentials that cannot be purchased with federal SNAP funds. The Center is located at the rear of St. Luke's Cathedral, at 134 Park Street, Portland, ME.

As Fall approaches, here is an update on what is happening at St. E's:

We distribute the following items in a typical week. Can you imagine doing without these essentials?

Toilet paper: 600 rolls [\$375]; 31,200 rolls annually [\$9,000]

Soap bars: 285 bars of bath soap [\$163]; 14,820 bars annually [\$8,476] Infant diapers: 4,500 diapers weekly [\$600]; 54,000 diapers annually [\$7,200]

As well as: Eco-friendly laundry detergent (enough for 724 loads weekly / 37,650 loads annually), Feminine pads (875 weekly / 45,500 pads annually), and monthly distribution of dental products, bedding, towels, kitchen wares. Other special products seasonally.

There are several ways you can help. In addition to Volunteering your time and/or helping to keep our collection Box full with needed items, critically-needed monetary donations can be made by mailing a check to: St. Elizabeth's Jubilee Center, PO Box 4036, Portland, ME 04101 or by making a payment online - see www.stelizabethsmaine.org/give. Our Amazon Wish List is at this link too. Your generosity gives hope and love to neighbors who are facing hard times.

For more information, please contact Stan Eaton at stan.eaton@gmail.com.

Souper Supper: 2nd & 4th Fridays

Soup, salad, bread and a sweet treat. 5-7 PM. ALL are welcome!

September Soups: Sep 8: Vegetable Barley

Sep 22: Minestrone

Enjoy this free, sit-down dinner and this community-wide fellowship meal in a relaxed atmosphere.

You will be feted with a homemade soup, salad, rolls, dessert and beverage.

Wonderful for singles and families alike. Gather in the Auditorium.

No reservations required. Just bring your family and friends and enjoy!



Support Souper Supper! Buy Coffee By Design coffee!

Medium to robust coffees: Casco Bay and Rebel Blend

Coffee By Design 12 oz. bags of ground fair-traded, organic, delicious coffees are on sale at Saint Mary's for **35% less than suggested retail!**

Regular is \$11; Decaf is \$12

Plus you can support fair trade practices ...and a locally-owned business... and get GREAT organic coffee! Win! Win! Win!

Outreach Ministry - All Ages Serving Near and Far

Falmouth Food Pantry - Update

The Falmouth Food Pantry is currently serving just under 200 families (about 540 family members) a month. It is very appreciative of the generous donation from St. Mary's Last Sunday Offering at the end of February! Volunteers continue to deliver boxes of non-perishable food, fresh vegetables, eggs, and meat to the homes of families who need food assistance (the pantry has not yet returned to offering curbside assistance or to welcoming families inside the actual pantry).

The Falmouth Food Pantry is asking for certain food donations. The most helpful foods are soup in cans (but not cream soups), boxes of pasta, cold cereal, canned tuna fish, canned chicken, and granola bars.

If you know a Falmouth family with an urgent need, please call Nancy Lightbody at the pantry at 776-0081.

You may make a **monetary donation** to the pantry 1) by a check made payable to the Falmouth Food Pantry and mailed to: 271 Falmouth Road, Falmouth, ME 04105 or 2) online via PayPal at: <https://www.paypal.com/fundraiser/charity/1807575>

If you have any questions about ways in which Saint Mary's supports the pantry, please feel free to reach out to Saint Mary's outreach coordinator for the pantry, Vanessa Record, at recordvanessa@gmail.com.



Have a Garden? "Grow a Row" for the Falmouth Food Pantry! A share of your harvest will mean the world to those for whom fresh vegetables are a scarce and treasured commodity. Suggestions for veggies include: radishes, carrots, squashes, beans, cucumbers, peas, onions, etc. If you have any questions, please contact Vanessa Record (see above.)



Helping Hands at Home

If you are in need of indoor or outdoor odd-job help at your home, please reach out. The 'Helping Hands at Home' ministry will try to assist! Contact Beth Shaw, admin@smary.org or Jennifer Gregg, jenniferanngregg@gmail.com

Update on our Adopted Family

Shared by Anne LaFond

The Vembas are doing very well and looking forward to the start of the school year. Erica will be in 2nd grade and Nicholas in kindergarten. Baby Jasmine is 6 months old!

Joao is working, and Belinda is at home with Jasmine. She has had several job offers, but of course childcare is an obstacle so she can't work now.

With the new school year, here are some of their needs:

Erica: 7 yrs

shoe size - 4
jacket (M, 7/8)
jeans (8)
leggings (m)
socks
t-shirt/shirts (7/8)

Nico: 5 yrs

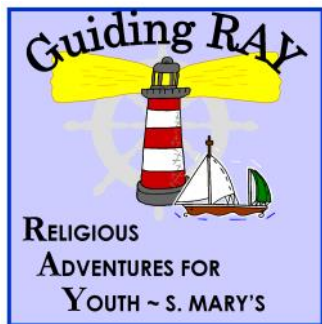
shoes (kids 13)
All clothes (5T)
socks
jacket (5/6)



GIFT CARDS from Target or Walmart would also be welcomed!

As always, they are so appreciative of Saint Mary's generosity!!

Youth Christian Formation



Guiding RAY: It's a fun, fellowship-oriented time on Sunday mornings for kids through the age of 13. During the program year (September - mid June), we offer our children an opportunity to learn Bible stories and to develop their relationship with God. Our hope is to guide them to the safe harbor of God's everlasting love where they can grow in the grace and knowledge of our Lord Jesus Christ. Please come for Kickoff Sunday on September 10 (and bring a friend!) for a time of fellowship

and fun. If you feel led to do so, we need volunteers in Guiding RAY for the fall! The commitment is low, and the reward is high.

Dear Families,

September begins our Christian Formation program. Guiding RAY: Religious Adventures for Youth identifies our children's program as a unique and exciting part of S. Mary's. We hope to beam light out to the greater community. We hope others will see our light and be guided to the source... God's love in Christ.



**Meg Hurdman,
Saint Mary's Family Minister**

Guiding RAY classrooms will be creatively inspired workshops that teach Bible stories. Our workshops will include arts & crafts, drama, geography, music and storytelling. Each month will be focused on one Bible theme. Please refer to the calendar which includes 9 Rotations as well as other events specifically planned for children and families. WELCOME BACK is Sunday, September 10th with an OPEN HOUSE. This will include registration from 9-10 AM with activities and refreshments.

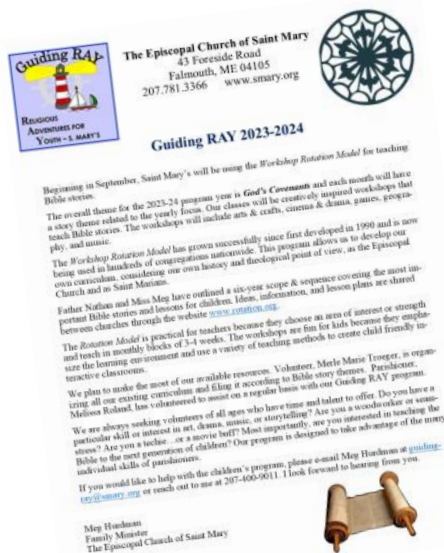
Our regular Sundays will begin with free play or a special program at 9:15 am. Programs may include guests, such as members of our guilds & committees, as well as outreach visitors. Classes will begin promptly at 10:00 am in the Parish House with the children divided into 2 or 3 groups by age. At 10:40 am children will join their parents in the church building to celebrate the Eucharist. Childcare for infants and toddlers (up to 4 years) is provided in the Nursery. We also have a "Quiet Box" in the rear of the church filled with books, puzzles, coloring, etc. We hope everyone will join in the fellowship enjoyed at Coffee Hour, held after the 10:15 am service, also in the Parish House.

We expect parents will volunteer in some way. Whether you choose to teach, or help with a special event, your efforts will be greatly appreciated. Please contact me at 207-400-9011 or guidingray@smary.org. I look forward to the coming year which will be filled with spiritual learning and growth for adults and children alike.

Meg Hurdman, Family Minister

Saint Mary's Children's Garden News

It's hard to believe that the summer has gone by so quickly. It hasn't been a great summer for vegetables with a great deal of rain and not much sun. Things have been slow to ripen. We have donated several pounds of snap peas to the Falmouth Food Pantry. Onions, green beans and tomatoes are on their way. As the children come back, we should be harvesting more tomatoes, cucumbers, potatoes and other vegetables. Just a reminder that everything we grow is donated to the Falmouth Food Pantry. Happy September! Bobbi



Vestry Highlights from the Wardens

by Janet Bowne

The vestry met on Wednesday, August 16 after Mass on the Grass on a beautiful August evening.

Buildings and Grounds reports the engineering contract with Thornton Tomasetti has been signed to move forward with planning for repairs to our beautiful church.

We are waiting for the final write up of the Knowles contract for the contractor side of the project. The design portion will take place in September and October, and the physical repairs are scheduled to begin in the spring.

A Building Committee is being formed of 5 to 8 people; contact Steve if interested. We are still looking for the chairperson for the Fund-



Janet Bowne, Sr. Warden



Steve Conley, Jr. Warden



August 13
Summer
Soiree
set-up
ready for
guests
and
fun!

raising committee which will include 5 to 8 people. Financial Review by Peter G. reflected that we continue to do well on the revenue side, although expenses are a bit over budget. Peter also reported that the transfer of our investment funds has been completed to Harpswell, and we have much more control over our funds as well as access to daily balance reporting. Nathan provided an update regarding the ongoing hope to host a childcare/ preschool center in the fall of 2024. Pat Peard has carefully investigated the rules and regulations regarding offering a Child Care Center at Saint Mary's. We do need approval from both the Town and the State. The State requirements are quite straightforward. Difficult issues have arisen with the ordinances of the Town of Falmouth as Saint Mary's is in a restricted zone and as such would not be approved for such a use. The way the ordinance is written, many current uses of the Parish Hall are not allowed. Nathan and Pat will continue to work on the issue in conjunction with Pastor Amelia Edson of the Falmouth Congregational Church.

Summer Soiree was held inside due to rain throughout the day. Steve C reported on the good turnout, the wonderful evening filled with excellent food and a very lively auction. No final count on the funds raised, but we know it has exceeded expectations.

Kickoff Sunday, September 10th. Plans are not yet finalized but the Cinnamon Girl Truck will be here to serve food. James Kennerly will be starting as Music Minister on Sunday, August 20th. Meg Hurdman will continue as Family Minister, and the Nominating Committee will get started early in September as slate needs to complete in December.



The Ferrell and Martin Wedding on August 12

Our Upcoming Sunday Lectionary

September 3: Creation 1: Exodus 3:1-15; Psalm 105:1-6, 23-26, 45c; Matthew 16:21-28

September 10: Creation 2: Philippians 1:1-11; Psalm 149; Matthew 18:15-20

September 17: Creation 3: Philippians 2:1-11; Psalm 103:1-4, 8-12; Matthew 18:21-35

September 24: Creation 4: Philippians 1:21-30; Psalm 145:1-8; Matthew 20:1-16

October 1 is Marathon Sunday - NO morning liturgy 2PM Ecumenical Taize at Holy Martyrs

SAINT MARY'S SPARKLES CHRISTMAS FAIR DECEMBER 2, 2023

The 2023 Sparkles Christmas Fair will be here before you know it! Fall cleaning is a great time to set aside items you may want to donate, but please review the guidelines below. Our best guideline is “Would you give it to a friend?”

DONATION GUIDELINES:

We accept gently used household items and décor, holiday decorations, and jewelry. We don't accept clothing, books, furniture, and general rummage. Donations will only be accepted on the following dates and times: September 9 and 16, October 7 and 28, November 4 and 18 from 9AM until 12 NOON.

VOLUNTEER!

It takes a large number of parishioners to bring the Sparkles Fair to life. Consider volunteering – there are jobs for everyone. It's the best way to meet fellow parishioners and share in this fun event.

The Sparkles Christmas Fair has been a highly anticipated event in our community for many years. Let's make 2023 a year to remember.

MARK YOUR CALENDARS

Friday October 20 from 5-8 is our annual Sparkles Spirits!

Plan to bring your friends and join us for some fabulous food, opportunity to make your holiday entertaining easier, and some much needed socializing too.

Please consider:

- Donating a favorite bottle of wine (priced at \$14 and up) for the wine raffle.
- Inviting your neighbors and family to a fun informal evening that can help get you ready for holiday entertaining.
- Volunteering to help the event flow well.



Saturday December 2, from 9-1, we will again host our Christmas fair which will include our delicious cookie walk and bakery items as well as our famous treasure.

Remember the 9am - noon Sparkles Donation Drop-off Dates:

September 9 and 16

October 7 and 28

November 4 and 18

We are looking for:

- Glassware, home decor items, dishes, seasonal decor, small art pieces and knitted items. (No furniture or items that need repair.)
- Beans of all types for our *Friendship Soup*
- Volunteers to help with setting up the week prior, cooking, baking, pricing, and staffing on 12/2.



Come to Kickoff Sunday, Sep 10, to learn more and sign up to help out!!

Thank you for considering donating and volunteering. Sparkles is a wonderful event for Saint Mary's, and it helps us raise considerable funds to support our operating budget allowing us to meet our mission!

Questions? Call or email Mary Sullivan, mlsull2nc@gmail.com

Be Still.....and know that I am God.

BE STILL is a quiet time between services from 9:15-10:00 each Sunday for meditation, poetry, sometimes music, sometimes art - all of which touches on a theme. The current topic is "Light" and here's a sampling of the readings and images we've encountered recently. A wonderful addition to your regular worship service! All are welcome! Join us in the chapel or via zoom (To receive the zoom link, contact Jennifer Gregg at jenniferanngregg@gmail.com.)

The Sun All colors come from the sun.
And it does not have Any particular color, for it contains them all.
And the whole Earth is like a poem
While the sun above represents the artist.
Whoever wants to paint the variegated world
Let him never look straight up at the sun
Or he will lose the memory of things he has seen.
Only burning tears will stay in his eyes.
Let him kneel down, lower his face to the grass,
And look at light reflected by the ground.
There he will find everything we have lost:
The stars and the roses, the dusks and the dawns.
~ Czeslaw Milosz (1911- 2004)

Dawn

Dawn enters
easily,
not shy,
just discreet,
then swelling,
light rising,
even on a cloudy morning
inevitable,
confident,
bearing an alreadiness
I covet.
She bends to me,
smiles,
whispers,
this rising is in you.
~ Steve Garnaas-Holmes

I Wake Close To Morning

Why do people keep asking to see
God's identity papers
when the darkness opening into morning
is more than enough?
Certainly any god might turn away in disgust.
Think of Sheba approaching the kingdom of Solomon.
Do you think she had to ask,
"Is this the place?"
Mary Oliver

Let It Shine

I hear the admonition to let it shine,
to not hide it under a bushel,
which I assume is a basket of a certain size,
supposedly quite large.
I also think of that kind of basket
as having cracks or openings
that would allow some light to shine through at times.
I'm then reminded of the cracks
I most surely have in myself,
openings that allow love to enter
as well as exit to others I meet.
My light exists in how I smile,
how I offer words of encouragement,
how I help others in a loving way,
how I support worthwhile causes
without expecting rewards
other than knowing I'm making
at least a small difference when I do.
I also need to look for the same light
in anyone and everyone I meet.
~ Terry Waggle



OUR MISSION

At The Episcopal Church of Saint Mary,

we are building authentic,
vibrant, Christ-centered
community as we ...

Celebrate the goodness of God and the gift of life,
Honor the presence of Christ in one another, and
Serve the world in the power of the Holy Spirit.



Nominating Committee

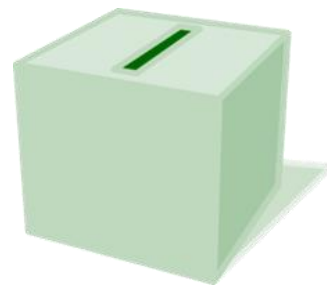
The Nominating Committee is seeking nominations of parishioners to serve in the following positions:

- **Sr. Warden, 1-year term**
- **Jr. Warden, 2-year term**
- **Vestry, three 3-year openings for 2023**
- **Delegates to the 2024 Diocesan Convention**

Vestry Members share in responsibility for parish governance and management, oversee financial resources, and should be available for the monthly meetings on the 3rd Wednesday of most months, as well as the Annual Meeting on the last Sunday of January. You can submit your own name or someone else's. We are seeking 4 Diocesan Convention delegates to serve, as well as 2-3 alternates.

Nominations are open through October 31, at which time the Nominating Committee will review names, consult the nominated, and make recommendations to the parish for a slate to be voted on at the Annual Meeting in late January.

Nomination forms are available [online from our website](#), in the narthex, outside the Guild Room, or in the parish office. Thank you! With any questions or comments, please feel free to contact Pat Peard or any member of the Nomination Committee: Pat Peard, Tom LaPlante, Rudy Israel and a parish member at large.




SUMMER TAI CHI CONTINUES INTO FALL! TUE & THU Mornings in the Garden


As weather permits, we will continue gathering in St. Mary's Garden through October!

Join us Tuesday and Thursday mornings 8:30-9:30 for Beginner Tai Chi (no experience needed) in our Garden behind the Chapel. Rates are \$25 a month for 1 class per week and \$50 a month for 2 classes per week. Saint Mary's parishioners and friends are welcome to drop by for one complimentary class. So why not give it a try? Join Chris Bouchard, certified personal trainer and Tai Chi Instructor, as she leads the group in Yang style 24 Short Form. Participants will be able to actively feel the stress-reducing benefits as she teaches the individual movements along with the underlying principles, such as weight shift, posture & rotation. Tai Chi is gentle on the joints and easy to learn for all abilities. Clinical studies have shown that regular TC practice has a variety of benefits, including decreased stress and anxiety, increased flexibility, balance and agility, enhanced quality of sleep, and improved focus and concentration.





ST MARY SCHOLA



presents
Dido and Aeneas
the earliest English opera
by Henry Purcell

St Luke's Cathedral, Portland,
Sept 23, 2023 at 4:00pm

—
St Mary's Church, Falmouth,
Sept 24, 2023 at 4:00pm

Dr. Christina Scott Edelen,
guest director

There will be a preconcert talk at 3:30pm.

Tickets available at www.stmaryschola.org

Thanks, Kudos and Notes!

(Send your 1-3 line notes, announcements or thanks to Beth at admin@smary.org by the 20th of the previous month)

Merci

Our sincere and heartfelt thanks are sent out to all who went above and beyond to make Saint Mary's look as beautiful as possible for Sé and Tommy's wedding. It was an event which our families will never forget. So many Saint Mari-ans had a small part to play in preparation. Everyone did an amazing job. Thank you! - Nathan & Erin Ferrell

THANKS!

Thank you to Meg Hurdman and Melissa Roland for leading Guiding RAY.

Thank you to the Eucharistic Visitors for bringing communion to those who can't make it to Saint Mary's.

Thank you to the Be Still team for the ministry they offer.

Yay!

Thank you to the Memorial Reception Committee for providing so many wonderful receptions over the summer giving grieving families the opportunity to gather during difficult times.

Thank you to the St E's team for volunteering during the busy summer months to work at St. Elizabeth's and for Stan Eaton's leadership on this important ministry.

Thank you to all who donated sneakers for our summer outreach program.

Thank you to the following for hosting coffee hour during our summer worship schedule.

Steve Conley & Michele Duvall (2X)

Hugh & Mary Smith

Robin & Fred Webber

Rayle & Ed Ainsworth

Paul & Sue Jones

Melissa & Pat Murray

Joyce & Len Verrey

Ask these folks how fun and easy it is
Sign up to host! It's fun!

After 13 years completed at the end of September, Roy Packard is retiring from Saint Mary's as our parish house and sanctuary cleaner. Roy has been reliable, thorough, and flexible - often working around funerals and weddings. We will miss him, and he leaves a hole that needs filling. We are looking for recommendations for a 6-8 hour per week cleaning job with floors and bathrooms being a major part of the job. If you have any recommendations or know of anyone looking for such a position, please contact the parish office admin@smary.org 207-781-3366

Send us your milestones, kudos and notes by the 20th of every month!!

WEEKLY SPIRITUAL RESOURCES

All worship videos remain available on Facebook.

PRAYER AND WORSHIP

NOONDAY PRAYER AT 12 MON - WED in the Chapel and on [Facebook Live](#)

HEALING EUCHARIST AT 12 ON THURS in the Chapel and on [Facebook Live](#)

SUNDAY HOLY EUCHARIST: 10:15 AM available on [Facebook Live](#)

INTERACTIVE SPIRITUAL FORMATION

BE STILL CENTERING PRAYER: Mondays at 5 PM In the Chapel and [on ZOOM](#)

BE STILL SUNDAY MORNING: Sundays at 9:15 AM In the Chapel and [on ZOOM](#)

WISDOM SEEKERS: REGULARLY TUESDAYS AT 10:30 AM On Hiatus beginning Aug 1 - Sep 5

MERTON GROUP: Thursdays at 3 PM [on ZOOM](#)



Some important dates in our
Saint Mary's parish family



Happy September Birthdays to:

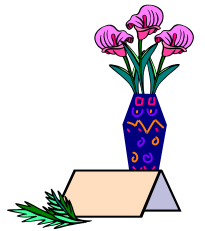
1 Christine Bennett	14 Grace Wiley	
2 Grace Leschey	15 Ben Parks-Stamm	
3 Helena Corbett	16 Jennifer Gregg	
4 Lottie Chappell	16 Justice Pollard	24 Chuck Horton
5 Chelsea Scott	17 Neils Rodgers	24 Alexis Madigan
8 Robert Bowen	18 Emily Follo	25 John Maher
8 Mike Edwards	18 Jessica Mellon	26 Anne Wood
8 Debby Hammond	18 Lad Taylor	27 David Andrews
8 Jean Lloyd-Rees	19 Nate Smithwick	27 Cindy Horton
9 Sam Brown	20 Angela Kase	28 Celia Keefer
9 Geoff LaFond	20 Kathy Stimson	28 Emily Otte
10 Meredith Winter	21 Myles Nuzzi	29 Julia Bisson
11 Sammy Rae Means	22 Jana Burke	30 Bryan Dench
12 Matthew Grace	22 Kim Diamond	30 Ibe Mokeme
	22 Maribel Reaves	

We'd love to include good wishes on your birthday and anniversary. If we don't yet have the dates, please send your and your family's special dates into the parish office and we'll be sure to include them on your special month. admin@smary.org or call 781-3366 or drop a note to the church. Thanks!

Happy September Anniversary wishes to:



3 Elise & Neil Kiely	24 John & Elizabeth Musacchio
9 Ana Cairns & Rich Bazarian	24 Grace & David Robinson
19 Tricia Wheeler & Ryan Stinneford	25 Judy & Gordon Oliver
24 Talie & Joel Harris	29 Jamie & Lisa Conway



Worship Server Schedule

Be sure to let Beth in the office know if you have switched dates with someone. 781-3366 or admin@smary.org

Date	8am Usher	8am EM	9:30/10:15 Usher	9:30/10:15 Lector	9:30/10:15 EM	Acolytes	Altar Flowers	Coffee Hour
Sep 3 Pentecost 14	Al Ahlers	Lee Dernehl	Len & Joyce V	Nadine	Nadine Andrea	~	tbd	9-9:30 OPEN
Kickoff Sun Sep 10 Pent 15	Steve Conley X	Len T	tbd	Linda E	Stan E Z	tbd	Onnie H	Cinnamon Girl Food truck
Sep 17 Pentecost 16	tbd	Lee Van Dyke	tbd	Jeff H	Jeff H Andrea MH	tbd	tbd	Maine Council of Churches
Sep 24 Pentecost 17	tbd	Greg U	Alice Brock & Pat Peard	Andrea MH	Andrea MH Joyce V	tbd	Lynne S	OPEN
Oct 1 Pentecost 18	Maine	Marathon	Closes	Foreside Rd	in the	morning	- No AM	liturgies



September 2023

The Episcopal Church of Saint Mary



Sun	Mon	Tue	Wed	Thu	Fri	Sat
27 Pentecost 13 8 Quiet Eucharist 9:30 Choral Eucharist 7 12-step meeting	28 9 Staff meeting 12 Noonday Prayer 3-7 HV auditions in Chapel	29 12 Noonday Prayer 6/7 12-step in Aud & GR 7 Schola rehearsal—Sanct.	30 12 Noonday Prayer 3-7 HV auditions in Chapel	31 12 Noonday Prayer 3 Merton Group 6 AIAnon in GR 6:30 SM Choir rehearsal	9/1 Office closed World Day of Prayer for the Care of Creation	9/2
3 Creation 1 <i>With Rev Jeff Turczyn</i> 8 Quiet Eucharist 9:30 Choral Eucharist 4-6:30 OC rehearsal 7 12-step meeting	4 Labor Day Parish Office closed 12 Noonday Prayer 5 Be Still	5 12 Noonday Prayer 4 FLUKES rehearsal 4 ExCom meeting 6/7 12-step in Aud & GR 7 Schola rehearsal—Sanct.	6 9 Mainly Weavers 12 Noonday Prayer 6 ORI meeting	7 12 Noonday Prayer 3 Merton Group 6 AIAnon in GR 6:30 SM Choir rehearsal	8 Office closed 5-7 Souper Supper	9 9-2 HV auditions in Chapel 12-5 Schola in Auditorium
10 Creation 2 / Kickoff 8 Quiet Eucharist 9:15 Formation groups 10 Guiding RAY begins 10:15 Choral Eucharist 11:30 Kickoff Celebration 2-3:30 HV Cupcake social	11 9 Staff meeting 10 Garden Club meeting 12 Noonday Prayer 4-6 Horizon Voice 5 Be Still 6 PCC rehearsal	12 11 Lois Coleman Mem Serv 12 Noonday Prayer 4 FLUKES rehearsal 6/7 12-step in Aud & GR 7 Schola rehearsal—Sanct.	13 8-5 Garden Club Wkshp 12 Noonday Prayer 4-8 Horizon Voices 5-7	14 Holy Cross Day 8-5 Garden Club Wkshp 12 Healing Eucharist 3 Merton Group 6 AIAnon in GR 6:30 SM Choir rehearsal	15 Office closed	16
17 Creation 3 <i>Maine Council of Churches Day</i> 8 Quiet Eucharist 9:15 Formation groups 10 Guiding RAY begins 10:15 Choral Eucharist 3-6 HV rehearsal 4-6:30 OC rehearsal 7 12-step meeting	18 12 Noonday Prayer 12 Noonday Prayer 4-6 Horizon Voice 5 Be Still 6 PCC rehearsal	19 8:30-11 St. Elizabeth's 11 Alice Harding Mem Serv 12 Noonday Prayer 3 CARE meeting 4 FLUKES rehearsal in Aud 6/7 12-step in Aud & G	20 12 Noonday Prayer 4-8 Horizon Voices 6:00 Vestry	21 St. Matthew 9 - 2pm Blood Drive 12 Healing Eucharist 3 Merton Group 5:30 Sound Healer 6 AIAnon in GR 6:30 SM Choir rehearsal	22 Office closed 5-7 Souper Supper	23
24 Creation 4 8 Quiet Eucharist 9:15 Formation groups 10 Guiding RAY begins 10:15 Choral Eucharist 2-4 OC rehearsal in Aud 4 Schola Concert 7 12-step meeting	25 9 Staff meeting 12 Noonday Prayer 4-6 Horizon Voice 5 Be Still 6 PCC rehearsal	26 12 Noonday Prayer 4 FLUKES rehearsal in Aud 6/7 12-step in Aud & GR	27 12 Noonday Prayer 4-8 Horizon Voices 	28 12 Healing Eucharist 1-5 Class of 1958 3 Merton Group 6 AIAnon in GR 6:30 SM Choir rehearsal	29 Michaelmas <i>Office closed</i> 3 Wed rehearsal	30 11-2 Mission Day 3:30 Wedding <hr/> Sun. 10/1 ME Marathon NO AM services 2PM Ecumenical



THE EPISCOPAL CHURCH OF SAINT MARY

43 Foreside Road
Falmouth, ME 04105
207-781-3366 / www.smary.org

SEP 3 SUNDAY WORSHIP:

8:00 - *Quiet Eucharist*
9:30 - *Choral Eucharist*

SUNDAY WORSHIP: (SEP 10 - JUN 9)

8:00 - *Quiet Eucharist*
9:30 - *Formation groups*
10:15 - *Choral Eucharist*

WEEKDAYS IN THE CHAPEL:

MONDAY - WEDNESDAY

12 Noon Day Prayer—also on Facebook Live

THURSDAY

12 Healing Eucharist—also on Facebook Live

BE STILL CENTERING PRAYER

5:00 Mondays



THE EPISCOPAL CHURCH
OF SAINT MARY



YOUR 2023 VESTRY

THE EPISCOPAL CHURCH OF SAINT MARY

The Rev. Nathan Ferrell, *Rector*
nathanferrell@smary.org

The Rev. Matthew Simpson, *Deacon*
deaconmatthew@smary.org

James Kennerley, *Music Minister*
james@smary.org

Meg Hurdman, *Family Minister*
GuidingRAY@smary.org

Beth Shaw, *Parish Manager*
admin@smary.org

Office Hours

MON - THU, 9 - 4

Copy deadline for Oct AVE: Sep. 21

Nathan Ferrell, Rector, 207-310-0268, nathanferrell@smary.org

Janet Bowne, Sr. Warden, 318-7045, jmitchellbowne@gmail.com

Steve Conley, Jr. Warden, 751-6738, Steve.Conley@point32health.org

Peter Guyton, Treasurer, 409-0782, peter.guyton@3dogyard.com

Darren Clark, 781-424-9905, ddclark@maine.rr.com

Kathy Galen, 603-723-5145, kathleendaisy@aol.com

Rudy Israel, 917-923-9444, rfisrael@aol.com

Tom LaPlante, 272-5621, laplante@maine.rr.com

Chris Martin, 814-758-2949, foodservicechris@yahoo.com

Patrick Murray, 228-5558, patrickmurray1948@gmail.com

Pat Peard, 781-3710, peardpatricia@gmail.com

Steve Reeves, 615-440-2505, stevekreeves@gmail.com

Ben Russell, 883-6544, blr@maine.rr.com